

TOP 10 FAVORITE CEREALS

BY: NATHAN COHEN

10. REESE'S PUFFS



PEANUT BUTTA CHOCOLATE FLAYVA

9. SPECIAL K



“Hey, what do they do with the Regular K?”
—Peter Griffin

8. COOKIE CRISPS





FAMILY SIZE 21 OZ

Cheerios

Toasted Whole Grain Oat Cereal

made with **100% WHOLE GRAIN OATS**



CAN HELP
lower
CHOLESTEROL*
AS PART OF A HEART-HEALTHY DIET

Serving Suggestion
Sponsored by
Heart-Healthy

SIMPLY MADE
Gluten Free
TRUSTED MILLING PROCESS

NO ARTIFICIAL FLAVORS
NO ARTIFICIAL COLORS

*THREE SERVINGS OF 30 G (1.5 CUPS) PER DAY FROM WHOLE GRAIN OAT FOODS LIKE CHEERIOS®
CEREAL, IN CORRELATION WITH LOWERED CHOLESTEROL, MAY REDUCE THE RISK OF
HEART DISEASE. CHEERIOS CEREAL PROVIDES 1 GRAM PER SERVING.

NET WT 1 LB 5 OZ (21 OZ) (595g)

PER 1 CUP SERVING

| | | | |
|------------------------|-----------------------|-------------------------|---------------------|
| 100 CALORIES | 0.5 g SUGAR | 140 mg SODIUM | 1 g FIBER |
|------------------------|-----------------------|-------------------------|---------------------|

SEE BACK OF BOX FOR NUTRITIONAL INFORMATION

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6. FRUIT RINGS



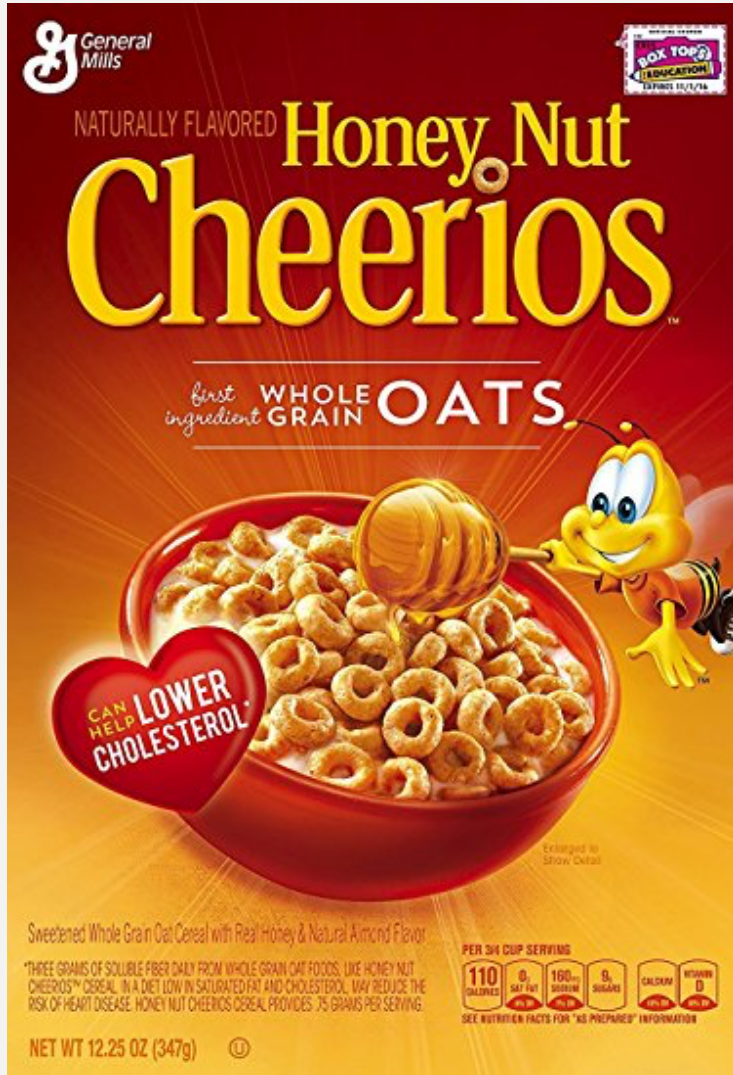
Fun Fact: All colors taste the same

5. FRUIT LOOPS



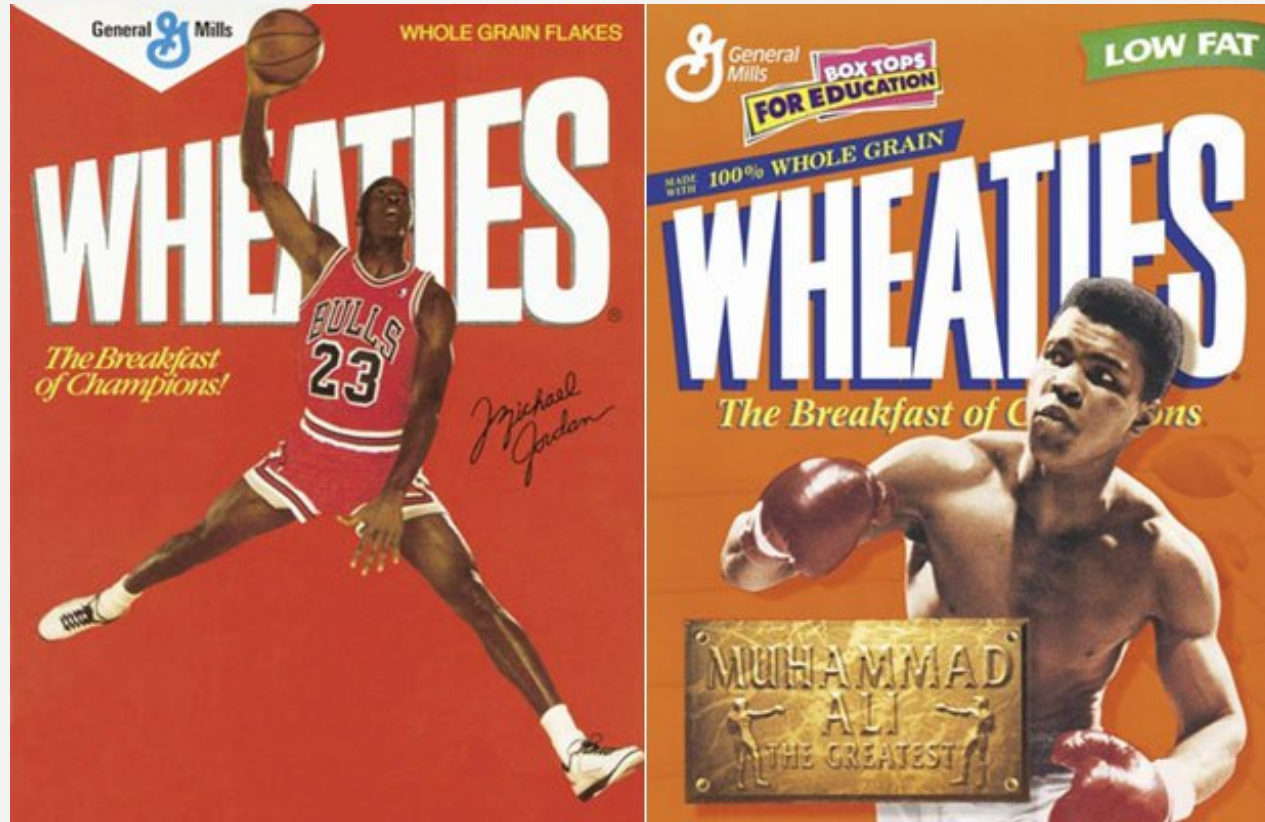
“Just Follow Your
Nose”
-Toucan Sam

4. **HONEY** NUT CHEERIOS



Over the last decade, more than 30% of the Honey Bee population has disappeared. **Honey Bees are dying at an alarming rate.**

3. WHEATIES



“Looks like Nate-Dog didn’t eat his Wheaties this morning!”
–My high school football coach

2. HONEY COMB



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1. FROSTED FLAKES



Why you may ask?

Because
“They’re GR-R-
REAT!”