


Pantry Pal

username

password

Pantry Pal

my Fridge 

 Cookbook

My Ingredients

- ☐ milk
- ☐ eggs
- ☐ chicken
- ☐ honey
- ☐ pasta
- ☐ spinach
- ☐ lettuce

Shopping List

- ☐ onions
- ☐ salmon
- ☐ butter
- ☐ bread

type ingredients to add:

Cook book

6/10 ingredients

2/5 ingredients

6/7 ingredients

Salmon Salad

- ☒ salmon
- ☒ lettuce
- ☐ lemon
- ☐ dressing
- ☐ ginger

instructions

