



NAME: _____
STD: 2nd _____

SUBJECT : SCIENCE

ROLL No: _____
SA-1 Assignment

Q.1 Tick the correct option:

- | | | | |
|---|---|--|--|
| 1. All living things _____. | (a) grow <input checked="" type="checkbox"/> | (b) do not grow <input type="checkbox"/> | (c) remain the same <input type="checkbox"/> |
| 2. The eldest member of a family is _____. | (a) a child <input type="checkbox"/> | (b) the grand father <input checked="" type="checkbox"/> | (c) the father <input type="checkbox"/> |
| 3. A baby can drink only _____. | (a) coffee <input type="checkbox"/> | (b) milk <input checked="" type="checkbox"/> | (c) tea <input type="checkbox"/> |
| 4. Plants gives us cereals like _____. | (a) rice <input checked="" type="checkbox"/> | (b) apple <input type="checkbox"/> | (c) tomato <input type="checkbox"/> |
| 5. The food that we do not eat raw is _____. | (a) carrot <input type="checkbox"/> | (b) rice <input checked="" type="checkbox"/> | (c) radish <input type="checkbox"/> |
| 6. People who eat fish, eggs and meat are called _____. | (a) vegetarian <input type="checkbox"/> | (b) adults <input type="checkbox"/> | (c) non-vegetarian <input checked="" type="checkbox"/> |
| 7. The food that makes us fat is. | (a) junk food <input checked="" type="checkbox"/> | (b) milk <input type="checkbox"/> | (c) fruits <input type="checkbox"/> |
| 8. We have lunch in the _____. | (a) night <input type="checkbox"/> | (b) afternoon <input checked="" type="checkbox"/> | (c) morning <input type="checkbox"/> |
| 9. We should not eat _____ food. | (a) stale <input checked="" type="checkbox"/> | (b) fresh <input type="checkbox"/> | (c) clean <input type="checkbox"/> |
| 10. The main source of water is _____. | (a) river <input type="checkbox"/> | (b) lakes <input type="checkbox"/> | (c) rain <input checked="" type="checkbox"/> |
| 11. Water from the mountains comes down in the form of _____. | (a) snow <input type="checkbox"/> | (b) streams <input checked="" type="checkbox"/> | (c) vapour <input type="checkbox"/> |
| 12. Water is _____. | (a) precious <input checked="" type="checkbox"/> | (b) beautiful <input type="checkbox"/> | (c) good <input type="checkbox"/> |
| 13. This is not an indoor game. | (a) carrom <input type="checkbox"/> | (b) chess <input type="checkbox"/> | (c) hockey <input checked="" type="checkbox"/> |
| 14. Playing games helps us to _____. | (a) relax <input type="checkbox"/> | (b) refresh <input type="checkbox"/> | (c) both <input checked="" type="checkbox"/> |
| 15. Ria plays with her friends in the _____. | (a) morning <input type="checkbox"/> | (b) afternoon <input type="checkbox"/> | (c) evening <input checked="" type="checkbox"/> |

Q.2. Fill in the blanks:

1. Seedling grows into fully grown plants.
2. When we are born, we are babies.
3. Children grow up and become adults.
4. We cannot live without food.
5. We get food from plants and animals.
6. Food help us to stay healthy.
7. We must drink plenty of water to stay healthy.
8. We should not talk while eating.
9. We should always use clean plates.
10. Sometimes, water from taps may contain germs.
11. Water is purified in treatment plants.

12. In summer lakes and rivers dry up.
13. Upper part of mountain are covered with snow.
14. The activity we do in our free time is recreation.
15. Hobby is an interesting activity.

Q.3. Write (✓ or (X):

1. Food help us grow. - (✓)
2. Plants gives us fruits and vegetables - (✓)
3. Fruits and vegetables are called protective food. - (✓)
4. The meal we take in the afternoon is called dinner. - (X)
5. Food makes us weak. - (X)
6. We must eat a balanced diet. - (✓)
7. Water is not precious. - (X)
8. Rain is the main source of water. - (✓)
9. Dirty water is good for health. - (X)
10. Turn off the tap properly to avoid leakage. - (✓)
11. Reading a book loudly and disturbing others. - (X)
12. Watching T.V with high volumes. - (X)
13. We cannot live without water. - (✓)
14. We must eat at a clean place only. - (✓)
15. Reading a book. - (✓)

Q.4. Question and Answer:

1. What is seedling?

Ans. The seed first grows into a small plant called, seedling.

2. What are energy giving food?

Ans. The food which gives us energy to work, play and think is called energy giving food.

3. What are body building food ?

Ans. The food which builds our bones and muscles is called bodybuilding food.

4. What is the meal we eat in the morning called?

Ans. The meal we eat in the morning is called breakfast.

5. What is a balanced diet?

Ans. The food which gives us energy and protect us from diseases is called balanced diet.

6. Why should we eat a balanced diet?

Ans. We should eat balanced diet because it gives us energy and keeps us healthy.

7. Write two good eating habits?

Ans. 1) Chew the food well and eat slowly. 2) Use clean plates and dishes.

8. Name three sources of water.

Ans. Lakes, rivers and ponds are three sources of water.

9. Write two ways by which water gets polluted.

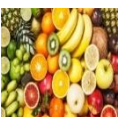
Ans. 1) Washing clothes on river banks. 2) Garbage thrown in water bodies.

10. What is recreation?

Ans. Any activity which is done to refresh ourselves is called recreation.

Q.5. See the pictures and write the names:

1. Fruits



2. Vegetables



3. Milk



4. Fish



5. Carrot



6. Grapes



Q.6. Match the following:

1. Idlis



2. Salad



3. Cake



4. Milk



Q. 7 Draw your favorite fruit and colour it.

