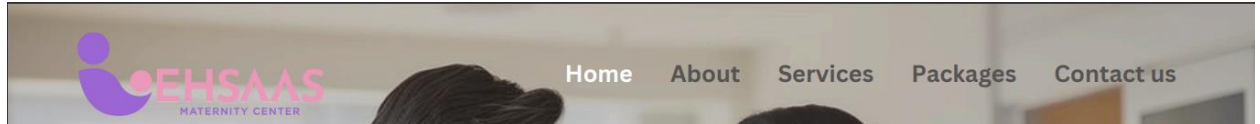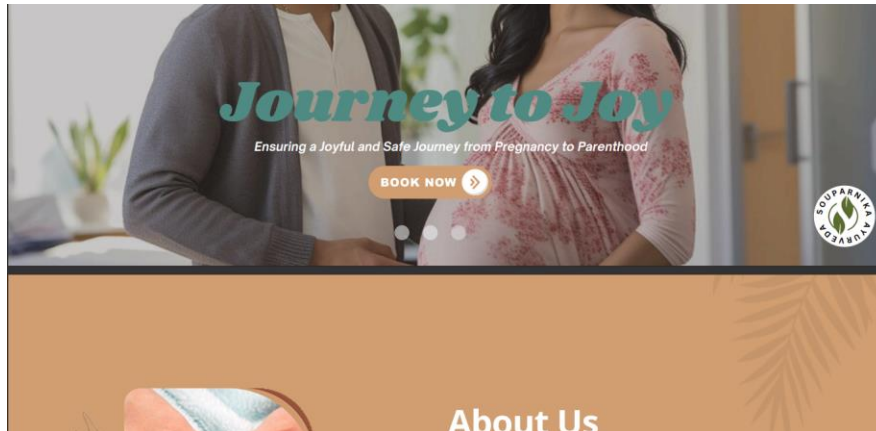1.

The logo is not visible with this background, same with the links, so better we place another background color so that these are visible.

2. After Header area

Instead of "About Us" put, packages, Dr. Aparna can provide details on Packages

3. Re-arrange the menu as follows:

Home, Packages, Services, About Us, Contact Us

4. The current color combination needs to change use below color combinations

5. Color combination is something you need to work on, and the logo clarity.