

Patient Name: John Doe

Age: 54

Gender: Male

Date: 2025-09-08

Medical History:

- Hypertension for 8 years
- Type 2 Diabetes for 5 years
- Mild chronic back pain

Notes:

Patient complains of fatigue and mild headaches.

Blood pressure: 145/90 mmHg

Blood sugar (fasting): 160 mg/dl