

Learning and development in secondary education

Dr Karen Oakley Senior lecturer, Educational Psychology Clinical Neuropsychologist

1

Assessment: Applying learning about physical and communication development

UNIVERSITY OF CANBERRA

In this presentation, we will cover:

- an explanation of Assessment: Applying learning about physical and communication development
- tips
- examples.



Instructions

- Describe the anticipated physical maturation and communication development for high school students and the implications for teaching and learning.
- All information that must be included is on Canvas.
- Structure/layout is your choice.



Assessment: Applying learning about physical and communication development

Assessment criteria one: Introduction of the chosen year group including the age range and educational year level included in this group.

• You could choose to focus on one year group from years 7–10.

Example of chosen group

This assessment focuses on children who are aged two, which is often considered as part of the 'toddler' developmental age. Children of this age may be attending day care, either full time or part time. Other children of this age may be cared for at home by their parents or other family or carers, or through other care services (e.g. nannies). They may also be engaged in some age-targeted play groups that they attend with their carers. Children of this age are undergoing substantial development in their fine and gross motor and communication skills (Margetts et al., 2023). They are also undergoing significant physical development in height, weight, muscle tone and strength (McDevitt et al., 2016). Understanding typical development of children in this age allows the design of appropriate structures of the day to meet students' needs and the development of educational activities that children can participate in and that promote their further physical and communication development. These will be explored.

Assessment criteria two: Description of the expected physical maturation that would impact high school students.

Assessment criteria three: Description of the expected communication milestones for high school students including verbal and nonverbal expressive and receptive communication, social and pragmatic communication and the ability to express and comprehend complex ideas.

- Avoid just listing information (e.g. developmental milestones) this does not allow you to show depth of understanding.
- You may like to include here the implications for the education setting (see assessment criteria four
 of the assessment requirement) to provide an integrated discussion. OR you may present this in a
 separate section.



5

Assessment: Applying learning about physical and communication development

Assessment criteria four: Explanation of how physical maturation and communication development impacts on the student's functioning at school (including participation in social, leisure, academic, classroom, self-care, subject area participation (e.g. literacy, numeracy, HPE)). Provide examples of practical implications for teaching — e.g. of what this means for how you would structure lessons or activities, the classroom environment and or the structure of the day.

- Be specific and explicit:
 - Make sure the implications are specific to the area of development you are being asked to look at in the assessment.
 - Make sure the implications are specific not generalised.



Your assessment must be supported by appropriate references, including materials referenced within the unit materials as well as other, reputable sources including a minimum of three peer-reviewed sources.



Assessment: Applying learning about physical and communication development

Headings may be helpful – but it is up to you. Here are some examples:

- Typical physical development: Maturation
- Typical communication development: Verbal and nonverbal receptive communication development
- Typical communication development: Verbal and nonverbal expressive communication development
- · Implications for the education setting

You could incorporate this as you discuss each aspect of development, or you could do this at the end of each section – e.g. overall for fine motor development. Or you could have a separate section after discussing typical development in all areas. You can work this out depending on the best flow and narrative and the most efficient use of your word or time count.



7

Typical physical development of the 2-year-old: Maturation

- Continued growth in height, weight, limb length (World Health Organisation (WHO) Multicentre Growth Reference Study Group, 2006)
- Development of muscle strength (McDevitt et al., 2018; WHO Multicentre Growth Reference Study Group, 2006)
- Significant development has implications for sleep and nutrition needs
 - o Approximately 10 hours at night, and up to four hours during the day (Paavonen et al., 2020)
 - Changing sleep patterns (Raising Children Network, 2023)
 - o Ensuring sufficient food from the key food groups (Raising Children Network, 2023)
- Ensure space for naps
- Regular discussion with parents
- · Flexibility in the day for sleep



9

Assessment: Applying learning about physical and communication development

Assessment criteria four: Explanation of how physical maturation and communication development impacts on the student's functioning at school (including participation in social, leisure, academic, classroom, self-care, subject area participation (e.g. literacy, numeracy, HPE)). Provide examples of practical implications for teaching – e.g. of what this means for how you would structure lessons or activities, the classroom environment and/or the structure of the day.

- Be specific and explicit:
 - Make sure the implications are specific to the area of development you are being asked to look at in the assessment.
 - Make sure the implications are specific not generalised.



References

Aussie Childcare Network (2023). Gross motor development for toddlers 2-3 year olds. Aussie Childcare Network. https://aussiechildcarenetwork.com.au/articles/child-development/gross-motor-development-for-toddlers-2-3-year-olds

Hamel, S.C. & Pelphrey, A. (2009). Preschool years. In W.B. Carey, A.C. Crocker, W. L. Coleman, E.R. Elias, & H.M. Feldman (Eds.), Developmental-behavioural pediatrics (4th ed.) (pp. 39–49). Elsevier. https://doi.org/10.1016/B978-1-4160-3370-7.00004-3

Kid Sense (2023). Gross motor development checklist. Kid Sense.

https://childdevelopment.com.au/resources/child-development-charts/gross-motor-developmental-checklist/

Margetts, K., Woolfolk, A., & Usher, E.L. (2023). Educational psychology (6th ed.). Pearson.

McDevitt, T., Ormrod, J., Cupit, G., Chandler, M., & Aloa, V. (2016). Child development & education (2nd ed.). Pearson.

Paavonen, E.J., Saarenpaa-Heikkila, O., Morales-Munoz, I., Virta, M., Hakala, N., Polkki, P., Kylliainen, A., Karlsson, H., Pauni, T., & Karlsson, L. (2020). Normal sleep development in infants: Findings from two large birth cohorts. *Sleep Medicine, 69,* 145–154. doi: 0.1016/j.sleep.2020.01.009.

Raising Children Network (2023). Toddlers. Raisingchildren.net.au: The Australian parenting website. https://raisingchildren.net.au/toddlers/play-learning/play-toddler-development/movement-play-toddlers.

Scully, C. (2014). Age and gender issues. In Scully's medical problems in dentistry (7th ed) (pp. 627–651). Churchill Livingstone. https://doi.org/10.1016/B978-0-7020-5401-3.00025-4

World Health Organisation (WHO) Multicentre Growth Reference Study Group. (2006). WHO Motor Development Study: Windows of achievement for six gross motor development milestones. *Acta Paediatrica Supplement*, *450*, 86–95. doi: 10.1111/j.1651-2227.2006.tb02379.x

11

