



LUCKNOW MULTISPECIALITY POLYCLINIC
Add – 2/4 Virat Khand, Between Haniman Chauraha & Jaipuria
School, Near Virat Market, Gomti Nagar, Lucknow
Mob- 6386573237, 6390222202
E-Mail- drsaifuddinchishti@gmail.com
Website : www.drsaifuddinchishti.co.in

Dr. Saif Uddin Chishti
M.B.B.S., M.D. (CHEST)
Ex. SR.SGPGI, Lucknow
Consultant St. Joseph's Hospital, Lko
Respiratory, Critical Care & Sleep
Medicine Specialist

LMP001276 : MR.SARNAM SINGH (66y, Male) - 9450459281

Date : 15-Apr-2021

Complaints: COUGH, BREATHLESSNESS

Diagnosis: CAP-COVID POSITIVE ON HOME ISOLATION

R_x

	Medicine	Dose	Timing - Freq. - Duration
1	CETIL 500 MG TABLET <i>Composition : CEFUROXIME 500 MG</i>	1 – 0 – 1	खाने के बाद - रोज - 5 दिन
2	RABEGARD DSR CAPSULE <i>Composition : DOMPERIDONE 30 MG + RABEPRAZOLE 20 MG</i>	1 – 0 – 0	नाश्ते से पहले - रोज - 1 सप्ता

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Timings :
Evening: 6pm to 8pm
(Mon, Tues, Wed, Thur, Friday)
Saturday On Appointment: 1pm
to 2pm

**NOT FOR MEDICO LEGAL
PURPOSE**

VALID FOR 5 DAYS ONLY



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3	APHYREN- N <i>Composition : ACEBROPHYLLINE 100 MG + N-ACETYLCYSTEINE 600 MG</i>	1 – 0 – 1	खाने के बाद - रोज - 1 सप्ता
4	DESKAST 10MG TABLET <i>Composition : DESLORATADINE 5 MG + MONTELUKAST 10 MG</i>	0 – 0 – 1	खाने के बाद - रोज - 1 सप्ता
5	PREDMET 16MG TABLET <i>Composition : PREDNISOLONE 16 MG</i>	1 – 0 – 1	खाने के बाद - रोज - 1 सप्ता
6	FORACORT 1MG 2ML RESPULES <i>Composition : BUDESONIDE 0.5 MG + FORMOTEROL 20 MCG</i> <i>Note: GARGLE AFTER USE</i>	1 – 0 – 1	खाने के बाद - रोज - 1 सप्ता

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7	DUOLIN RESPULES 2.5ML	1 – 1 – 1	खाने के बाद - रोज - 1 सप्ता
	<i>Composition</i> : IPRATROPIUM BROMIDE 500 MCG + LEVOSALBUTAMOL 1.25 MG <i>Note</i> : GARGLE AFTER USE		
8	BECASULE Z	0 – 1 – 0	खाने के बाद - रोज - 1 सप्ता
	<i>Composition</i> : BIOTIN 100 MCG + CALCIUM PANTOTHENATE 50 MG + ELEMENTAL ZINC 15 MG + FOLIC ...		
9	DOLO 650MG TABLET		जब जरूरत - 1 सप्ता
	<i>Composition</i> : PARACETAMOL 650 MG		
10	MUCINAC 2ML INJECTION	1 – 0 – 1	खाने के बाद - रोज - 1 सप्ता
	<i>Composition</i> : N-ACETYLCYSTEINE 200 MG /ML		

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Note: NEBULIZATION

Advice: SALT WATER GARGLING
STEAM INHALATION
HOME OXYGEN THERAPY TO MAINTAIN SPO2 \geq 92%

Tests Prescribed: CBC, LFT



Dr. SAIF UDDIN CHISHTI

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