

Questionnaire-HS332

No. 376

Name and contact details of the respondent (Institution of the respondent):

Gheetanjali Kumari (Amity University Patna)

A. Basic socio-demographic details:

1. Gender: female
2. Age: 20 yrs
3. Religion: Hindu
4. Caste: OBC
5. Place of residence: Kankarbagh, Patna
6. Educational background: BBA
7. Employment status: Student
8. If employed, what is your occupation: Not employed
9. Annual family income (approximately): Not comfortable to disclose
10. Any other useful detail that you want to share about yourself:
NA

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

Sleeping, talking to mother

12. How many hours in a day do you spend on digital media?

2-3 hours

13. List three activities that you most frequently engage in the digital media?

Youtube blogs, short dramas.

14. How often do you eat outside (this does not include mess food in the hostel)?

Once in a week

15. What are the sources of these food (online, college canteen, other-be specific)?

Food stall, night canteen.

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	0	NA
2023	0	NA
2022	0	NA

No severe illness

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024	NA				
2023	NA				
2022	NA				

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Preferences
↳

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	✓ (Mother)				✓	
Moderate	✓ (Mother)				✓	
Severe						
Accident/ Emergency		✓	✓			
Chronic		✓	✓			

19. If, discussed with someone before visiting the doctor what did s/he suggest?

Mother and father

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Follows completely

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

SD Public School, Patna

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓ Father					
School (10+2)- Mention if you did not attend regular school	✓					
College (Current institution)	✓					

23. If it was your choice? Why did you choose this school/college?

Not my choice

24. Did you attend any extra/coaching classes? If yes, online or offline.

No

25. Did someone help you get admission to these classes?

NA

26. If it was not your choice, whose choice was it? (Repeat options from question 22)

Father's choice.

27. Do you attend any online course(s)? If yes, name the course and the source.

No.

28. Who is your close friend?

Jaya, Akriti

29. Is your best friend from school? If no, from where?

Yes

30. How often you meet your close friend?

Not much

31. How else you communicate with your friend(s)?

On voice call

32. Who all (as many as you can list) are your friends? Name a few.

Jaya, Akriti, Disha

33. What matters in your circle of friends? (There could be more than one option)

(1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

34. Who was the person with whom you last discussed your personal problem(s)?

Mother

35. How did you know "that" person?

Mother

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic a l leader	Other - be specific
What's going on in the college/communit y	✓						✓ <i>friend</i>
Most reliable in the college/communit y	✓						
About politics		✓					
Health issues	✓						
Educational issues	✓						<i>family</i>
Government schemes	✓						
Any other issue (be specific)							

37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓						
2 times in a week							
2-4 times in a week							
>4 times in a week		,					
As & when needed		✓			✓		

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Parents	5	Daily	Phone Call
Liking	Mother	5	Daily	Phone call
Influence				
Praise	Deepak (Brother)	5	Almost daily	Whatsapp
Dis-respect				
Dis-like				
Negative Influence				
Blame				

39. Draw a rough sketch of you at the centre and all the contacts around you-

NO RESPONSE
GIVEN !

Questionnaire-HS332

No. 374

Name and contact details of the respondent (Institution of the respondent):

Sumit Kumar (Amity University Patna)

A. Basic socio-demographic details:

1. Gender: Male
2. Age: 22 yrs
3. Religion: Hindu
4. Caste: GEN
5. Place of residence: Anisabad, Patna
6. Educational background: BCA (Bachelor of computer Application)
7. Employment status: Student
8. If employed, what is your occupation: NA
9. Annual family income (approximately): 4 lakhs per annum
10. Any other useful detail that you want to share about yourself:
NA

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

Playing video games and travelling

12. How many hours in a day do you spend on digital media?

4-5 hours daily

13. List three activities that you most frequently engage in the digital media?

Video games (Battlegrounds Mobile India),
Movies and Web series.

14. How often do you eat outside (this does not include mess food in the hostel)?

Two / three times a week.

15. What are the sources of these food (online, college canteen, other-be specific)?

Food outlets, stalls, fast food corners.

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	Once	Mild sickness
2023	Once	General cough-cold, fever
2022	Once	fever

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024	✓	✓			
2023	✓	✓			
2022	✓	✓			

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	✓					
Moderate	✓				✓	
Severe						
Accident/ Emergency						
Chronic						

19. If, discussed with someone before visiting the doctor what did s/he suggest?

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Once suggested by friend but not followed the advice completely because illness was mild.

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

St. Joseph's Convent High School Patna (Xth and Xth)

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓ Father					
School (10+2)- Mention if you did not attend regular school	✓					
College (Current institution)	✓				✓	

23. If it was your choice? Why did you choose this school/college?

Not completely (college)

24. Did you attend any extra/coaching classes? If yes, online or offline.

Attended coaching during Xth standard.

25. Did someone help you get admission to these classes?

Friend suggested to join these classes.

26. If it was not your choice, whose choice was it? (Repeat options from question 22)

Parents (father's decision)

27. Do you attend any online course(s)? If yes, name the course and the source.

No.

28. Who is your close friend? *Gautam*

29. Is your best friend from school? If no, from where?

Yes, school friend

30. How often you meet your close friend?

Not much

31. How else you communicate with your friend(s)?

Over voice call

32. Who all (as many as you can list) are your friends? Name a few.

*Gautam, Alok, Abhijeet,
Nidhi*

33. What matters in your circle of friends? (There could be more than one option)

(1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

"None of the above"

34. Who was the person with whom you last discussed your personal problem(s)?

"Don't like to share personal problems"

35. How did you know "that" person?

NA

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y		✓					
Most reliable in the college/communit y	Friends	✓					
About politics							Friends
Health issues							✓
Educational issues							✓
Government schemes							✓
Any other issue (be specific)							✓

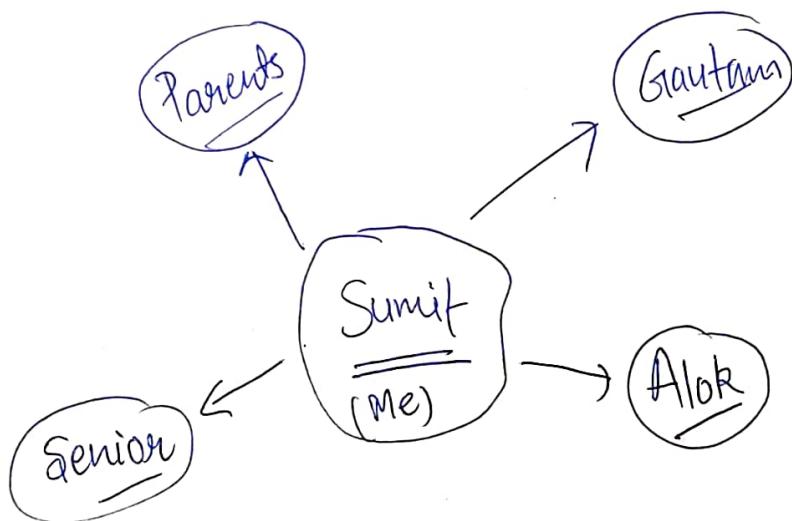
37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓						
2 times in a week							
2-4 times in a week							
>4 times in a week					✓		
As & when needed		✓					

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Seniors	5	Daily	College meet / College mates.
Liking	Friends	5	Daily	via phone call.
Influence				
Praise				
Dis-respect				
Dis-like				
Negative Influence				
Blame				

39. Draw a rough sketch of you at the centre and all the contacts around you-



Quesionnaire-HS332

No. 375

Name and contact details of the respondent (Institution of the respondent):

Sudheer [93568101632] (Amity University Patna)

A. Basic socio-demographic details:

- Gender: Male
- Age: 23 years
- Religion: Hindu
- Caste: GEN
- Place of residence: Kankarbagh, Patna
- Educational background: BCA (Bachelor of Computer Application)
- Employment status: Unemployed
- If employed, what is your occupation: NA
- Annual family income (approximately): 3.5 lakhs
- Any other useful detail that you want to share about yourself:
NA

B. Questions related to understanding lifestyle practices

- What are your favourite leisure time activities?
Watching cricket matches
- How many hours in a day do you spend on digital media?
4 hours
- List three activities that you most frequently engage in the digital media?
Watching shorts and reels, movies and webseries.
- How often do you eat outside (this does not include mess food in the hostel)?
Once in a week
- What are the sources of these food (online, college canteen, other-be specific)?
Restaurant, food outlets, online food platforms
Zomato

C. Questions related to understanding of health and illness

- How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	Once	Cold
2023	Once	Fever
2022	Twice	Kidney stone, Fever.

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024	✓				
2023	✓	✓			
2022			✓		

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	✓				✓	
Moderate	✓					
Severe		✓	✓	✓		
Accident/ Emergency						
Chronic						

19. If, discussed with someone before visiting the doctor what did s/he suggest?

Yes.

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Followed partially because the reviews of doctor was not good.

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

Don Bosco Academy, Patna (10, 10+2)

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school	✓					
College (Current institution)				Friends ✓		

23. If it was your choice? Why did you choose this school/college?

Not my choices, suggested by a friend's father.

24. Did you attend any extra/coaching classes? If yes, online or offline.

Not attended in 10th. Attended in 12th.

25. Did someone help you get admission to these classes?

Yes, friend helped me.

26. If it was not your choice, whose choice was it? (Repeat options from question 22)

suggested by friend

27. Do you attend any online course(s)? If yes, name the course and the source.

Yes, in 12th attended Paaygas Batch (PW).

28. Who is your close friend?

Ravishaj

29. Is your best friend from school? If no, from where?

Yes

30. How often you meet your close friend?

Once in a month.

31. How else you communicate with your friend(s)?

Over mobile calls.

32. Who all (as many as you can list) are your friends? Name a few.

*Rahul Jain, Saurav Kumar, Adarsh Raj,
Nitin.*

33. What matters in your circle of friends? (There could be more than one option)

(1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

34. Who was the person with whom you last discussed your personal problem(s)?

With no-one.

35. How did you know "that" person?

NA

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y							<i>Family</i> ✓
Most reliable in the college/communit y	✓						
About politics	✓						✓
Health issues							
Educational issues	✓						
Government schemes	✓						
Any other issue (be specific)							

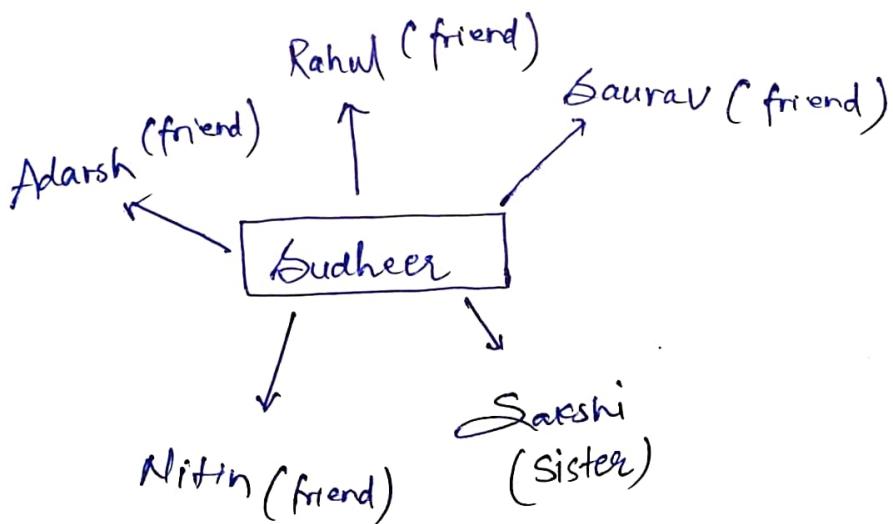
37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily							
2 times in a week	✓						
2-4 times in a week		✓					
>4 times in a week							
As & when needed							

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	SK Singh	4	Daily	Voice call
Liking	—			
Influence				
Praise				
Dis-respect				
Dis-like				
Negative Influence				
Blame				

39. Draw a rough sketch of you at the centre and all the contacts around you-



Quesionnaire-HS332

No. 373

Name and contact details of the respondent (Institution of the respondent):

Yash Batap Singh (Amity University, Patna)

A. Basic socio-demographic details:

1. Gender: Male
2. Age: 21 years
3. Religion: Hindu
4. Caste: OBC
5. Place of residence: Kanpur, UP (Living with uncle in Patna)
6. Educational background: currently pursuing - BTech (CSE)
7. Employment status: Not employed
8. If employed, what is your occupation: -
9. Annual family income (approximately): Not ready to disclose
10. Any other useful detail that you want to share about yourself:
Loves to binge watch movies.

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

playing badminton and watching TV shows

12. How many hours in a day do you spend on digital media?

2-3 hrs

13. List three activities that you most frequently engage in the digital media?

Instagram reels, Youtube and Whatsapp Videos community posts.

14. How often do you eat outside (this does not include mess food in the hostel)?

2-3 days in a week.

15. What are the sources of these food (online, college canteen, other-be specific)?

fast food stalls, canteen and food outlets.

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	2 times	Fever and cold
2023	2 times	Fever and cold
2022	1 time	Weakness

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024	✓				
2023	✓				
2022		✓			

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	✓				✓	
Moderate	✓				✓	
Severe		✓				
Accident/Emergency		✓	✓			
Chronic		✓	✓			

19. If, discussed with someone before visiting the doctor what did s/he suggest?

Generally discussion with parents, if they suggest to go to hospital then goes.

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Suggestions are from parents, so follows completely.

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

St. Xavier's School Kanpur (Xth and Xth)

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)-Mention if you did not attend regular school	✓					
College (Current institution)	✓				✓	

23. If it was your choice? Why did you choose this school/college?

Searched and gathered knowledge and chose best option out there.

24. Did you attend any extra/coaching classes? If yes, online or offline.

Yes attended coaching for JEE as well as for Xth standard online and offline both.

25. Did someone help you get admission to these classes?

Yes, one of my friend suggested these and my parents made the decision.

Not experienced
Yet but first step will be

26. If it was not your choice, whose choice was it? (Repeat options from question 22)

Parents choice

27. Do you attend any online course(s)? If yes, name the course and the source.

Yes, have attended one PW crash course for JEE revision

28. Who is your close friend?

Ayushman and Disha.

29. Is your best friend from school? If no, from where?

No, he is from college itself.

30. How often you meet your close friend?

Almost daily basis, he is my batchmate

31. How else you communicate with your friend(s)?

Meeting each other once a day.

32. Who all (as many as you can list) are your friends? Name a few.

Ayushman Yadav

Disha, Arjit, Akriti

33. What matters in your circle of friends? (There could be more than one option)

(1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

Nothing from above

34. Who was the person with whom you last discussed your personal problem(s)?

Elder b/sister

35. How did you know "that" person?

She is my elder sister.

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y	✓						Sister
Most reliable in the college/communit y	✓						sister
About politics	✓						
Health issues							
Educational issues	✓						Parents School friends
Government schemes	✓						
Any other issue (be specific)							

37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓						
2 times in a week	✓						
2-4 times in a week							
>4 times in a week					✓		
As & when needed		✓		Never		Never	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Prefering relations over names was not comfortable to disclose names

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Parents	5	Once in a week	Call over mobile phone
Liking				
Influence				
Praise	Sister	4	Once in a week	Phone call
Dis-respect				
Dis-like				
Negative Influence				
Blame				

39. Draw a rough sketch of you at the centre and all the contacts around you-

