

Quesionnaire-HS332

No. 385

Name and contact details of the respondent (Institution of the respondent):

KRISHNA THAKUR (AMITY UNIVERSITY)
7023919299

A. Basic socio-demographic details:

1. Gender: MALE
2. Age: 20
3. Religion: HINDU
4. Caste: GENERAL
5. Place of residence: BORING CANAL ROAD
6. Educational background: BCOM
7. Employment status: UNEMPLOYED
8. If employed, what is your occupation: N/A
9. Annual family income (approximately): RS. 8 LAKHS
10. Any other useful detail that you want to share about yourself:

NO

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

CYCLING, DRAWING

12. How many hours in a day do you spend on digital media?

2-3 HOURS

13. List three activities that you most frequently engage in the digital media?

1. INSTAGRAM REELS
2. YOUTUBE SHORTS
3. REDDIT

14. How often do you eat outside (this does not include mess food in the hostel)?

WEEKLY

15. What are the sources of these food (online, college canteen, other-be specific)?

1. ONLINE (SWIGGY) ZOMATO)

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	0	-
2023	1-2	COLD
2022	1-2	COLD, FEVER,

17. What was the level of sickness?		Mild	Moderate	Severe	Accident/emergency	Chronic
Year						
2024	✓					
2023	✓	*		✓		
2022	*	*				

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild					✓	
Moderate					✓	
Severe	PARENTS					
Accident/Emergency				✓		
Chronic				✓		

19. If, discussed with someone before visiting the doctor what did s/he suggest?

CAN'T RECALL ANYTHING SPECIFIC

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

N/A

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

DAV PUBLIC SCHOOL

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school	✓					
College (Current institution)	✓					

23. If it was your choice? Why did you choose this school/college?

N/A

24. Did you attend any extra/coaching classes? If yes, online or offline.

N

25. Did someone help you get admission to these classes?

N

26. If it was not your choice, whose choice was it? (Repeat options from question 22)
PARENTS (FATHER SPECIFICALLY)

27. Do you attend any online course(s)? If yes, name the course and the source.

NO

28. Who is your close friend? **SHIVA KUMAR**

29. Is your best friend from school? If no, from where? **SCHOOL**

30. How often you meet your close friend? **DAILY (NEIGHBOUR)**

31. How else you communicate with your friend(s)? **CALL, WHATSAPP**

32. Who all (as many as you can list) are your friends? Name a few.

1. **SHIVA KUMAR**
(ONLY ONE ACTUAL FRIEND)

33. What matters in your circle of friends? (There could be more than one option)
(1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

34. Who was the person with whom you last discussed your personal problem(s)?
BROTHER

35. How did you know "that" person?
BROTHER

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y	1	2	4	6	3	5	
Most reliable in the college/communit y	1	3	4	5	2	5	
About politics	1	2	6	5	3	4	
Health issues	1	2	4	6	1	5	
Educational issues	2	3	4	6			
Government schemes	1	2	5	6	4	3	
Any other issue (be specific)							

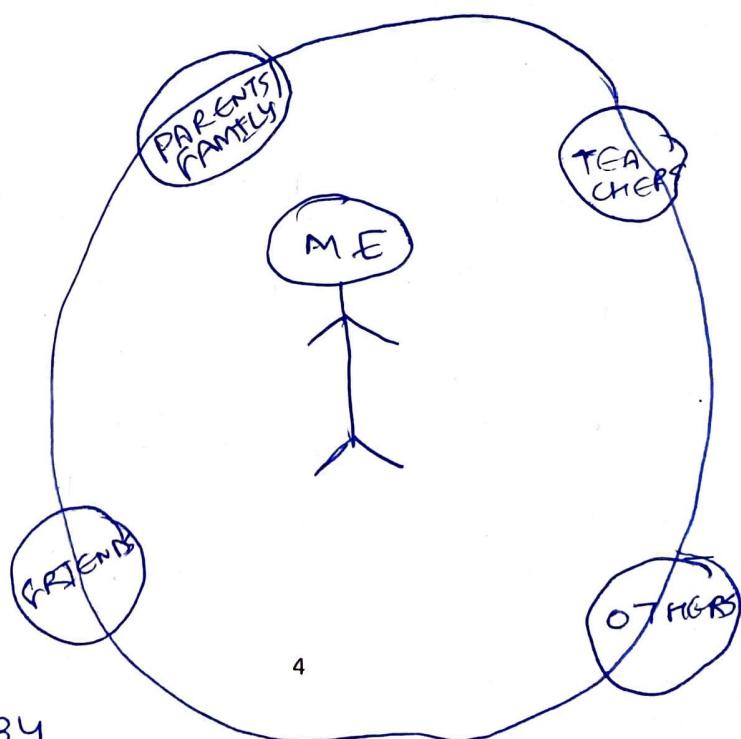
37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓		✗		✓		
2 times in a week							
2-4 times in a week							
>4 times in a week							
As & when needed		✓	✓	✓		✓	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	KUMAR ANKIT		DAILY	TEACHER
Liking	SHIVA KUMAR		DAILY	NEIGHBOUR
Influence	ROHIT KR.		WEEKLY	CRICKET
Praise	RAVZ THAKUR		DAILY	BROTHER
Dis-respect	-	-	-	-
Dis-like	-	-	-	-
Negative Influence	-	-	-	-
Blame	SAKSHI KR.	-	MONTHLY (RANDOM)	RANDOM ENCOUNTERS

39. Draw a rough sketch of you at the centre and all the contacts around you-



DRAWN BY
THE SURVEY
TAKER AFTER CONSULTATIONS

Questionnaire-HS332

No. 386

Name and contact details of the respondent (Institution of the respondent):

RAJEEV KUMAR (AMITY UNIVERSITY)

A. Basic socio-demographic details:

1. Gender: MALE
2. Age: 19
3. Religion: HINDU
4. Caste: BHUMIHAR (GENERAL)
5. Place of residence: MITHAPUR
6. Educational background: BCOM
7. Employment status: UNEMPLOYED
8. If employed, what is your occupation: N/A
9. Annual family income (approximately): RS. 5 LAKHS
10. Any other useful detail that you want to share about yourself: NO

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?
PLAYING PUBG, GOING ON
MOTORCYCLE RIDES

12. How many hours in a day do you spend on digital media?
4 TO 6

13. List three activities that you most frequently engage in the digital media?

1. PLAYING GAMES
2. INSTAGRAM REELS
3. YOUTUBE (very less)

14. How often do you eat outside (this does not include mess food in the hostel)?
ONCE OR TWICE EVERY DAY

15. What are the sources of these food (online, college canteen, other-be specific)?

1. DHABAS NEAR COLLEGE
2. MCDONALDS NEAR COLLEGE

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	1	FEVER
2023	2-3	FEVER, COMMON COLD
2022	2-3	DENGUE, COLD

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024		✓			
2023		✓		✗	
2022			✓		

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	ASK MOTHER					
Moderate	ASK MOTHER					
Severe	ASK MOTHER					
Accident/Emergency		✓				
Chronic	ASK MOTHER					

19. If, discussed with someone before visiting the doctor what did s/he suggest?

DEPENDING ON SITUATION;

ANTI - ALLERGICS FOR COLD, ETC.

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

YES. BECAUSE OF THE TRUST IN
MOTHER

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

ST. KAREN'S SECONDARY SCHOOL (1 TO 12)

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school	✓					
College (Current institution)						

23. If it was your choice? Why did you choose this school/college?

BECAUSE IT WAS THE BEST OPTION

AMONG THOSE THAT WERE AVAILABLE

24. Did you attend any extra/coaching classes? If yes, online or offline.

NO

25. Did someone help you get admission to these classes?

N/A

26. If it was not your choice, whose choice was it? (Repeat options from question 22) N/A

27. Do you attend any online course(s)? If yes, name the course and the source.

N/A

28. Who is your close friend? RISHAV RAJ

29. Is your best friend from school? If no, from where? NO, FROM NEIGHBOURHOOD

30. How often you meet your close friend? EVERY DAY

31. How else you communicate with your friend(s)? THROUGH INSTAGRAM AND WHATSAPP

32. Who all (as many as you can list) are your friends? Name a few.

1. ADITYA RAJ
2. HARSH ANAND
3. VIKRAM ADITYA

33. What matters in your circle of friends? (There could be more than one option)

- (1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

34. Who was the person with whom you last discussed your personal problem(s)?

MOTHER

35. How did you know "that" person?

MOTHER

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politica l leader	Other - be specific
What's going on in the college/communit y	1	2	4	6	3	5	
Most reliable in the college/communit y	1	3	4	6	2	5	
About politics	1	2	5	6	3	4	
Health issues	1	2	4	6	3	5	
Educational issues	2	3	4	6	1	5	
Government schemes	1	2	5	6	4	3	
Any other issue (be specific)							

37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓				✓		
2 times in a week							
2-4 times in a week							
>4 times in a week							
As & when needed		✓	✓	✓		✓	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	RISHAV RAJ		DAILY	NEIGHBOURHOOD
Liking	ADITYA RAJ		DAILY	CLASSES
Influence	DR. RAJ THAKUR		ONCE A MONTH	REVIEWS SEMINARS
Praise	ADITYA RAJ		DAILY	CLASSES
Dis-respect	—			
Dis-like	—			
Negative Influence	—			
Blame	—			

39. Draw a rough sketch of you at the centre and all the contacts around you-

THE PERSON DIDN'T HAVE ANY
IDEA WHAT TO DO

Questionnaire-HS332

No. 387

Name and contact details of the respondent (Institution of the respondent):

ADITYA RAJ CAMITY UNIVERSITY

A. Basic socio-demographic details:

1. Gender: MALE
2. Age: 20
3. Religion: HINDU
4. Caste: GENERAL
5. Place of residence: JAGDEG PATH
6. Educational background: B.COM
7. Employment status: UNEMPLOYED
8. If employed, what is your occupation: N/A
9. Annual family income (approximately): RS. 5,00,000
10. Any other useful detail that you want to share about yourself:

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

WATCHING MOVIES AND TV SHOWS,
PLAYING PUBG (BGMF)

12. How many hours in a day do you spend on digital media?

4 TO 6 HOURS CP

13. List three activities that you most frequently engage in the digital media?

1. WATCHING MOVIES AND TV
2. PLAYING BGMF
3. INSTAGRAM REELS

14. How often do you eat outside (this does not include mess food in the hostel)?

2-3 TIMES EVERYDAY

15. What are the sources of these food (online, college canteen, other-be specific)?

1. DHABAS OUTSIDE CAMPUS
2. SWIGGY
3. MCDONALDS (ONCE A MONTH)

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	2	FEVER, COLD
2023	3-4	FEVER, COLD
2022	3-4	FEVER, COLD

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024		✓			
2023		✓			
2022		✓			

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	ASK PARENTS					
Moderate	ASK PARENTS					
Severe	ASK PARENTS					
Accident/Emergency				✓		
Chronic	ASK PARENTS					

19. If, discussed with someone before visiting the doctor what did s/he suggest?

THEY SUGGEST COMMON REMEDIES
LIKE ORGANIC MATERIALS

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

YES, BECAUSE THEY'RE my PARENTS

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

DON BOSCO PATNA

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)-Mention if you did not attend regular school	✓					
College (Current institution)	✓					

23. If it was your choice? Why did you choose this school/college?

N) A

24. Did you attend any extra/coaching classes? If yes, online or offline.

A) NO

25. Did someone help you get admission to these classes?

, NO

26. If it was not your choice, whose choice was it? (Repeat options from question 22)
PARENTS

27. Do you attend any online course(s)? If yes, name the course and the source.

NO

28. Who is your **close** friend? **RAJEEV KUMAR**

29. Is your best friend from school? If no, from where? **COLLEGE**

30. How often you meet your close friend? **EVERY WEEKDAY** **SOMETIMES** **AND WEEKENDS**

31. How else you communicate with your friend(s)?
INSTAGRAM

32. Who **all** (as many as you can list) are your friends? Name a few.

1. **RAJEEV KUMAR**
2. **VIKRAM ADITYA**
3. **RISHU**

33. What matters in your circle of friends? (There could be more than one option)
(1) Caste (2) family ties (3) Political affiliation (3) gender (5) region (6) religion

NONE

34. Who was the person with whom you last discussed your personal problem(s)?
NO ONE, **BROTHER**

35. How did you know "that" person?

~~NOT A~~ **BROTHER**

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y	1	2	4	6	3	5	
Most reliable in the college/communit y	1	3	4	6	2	5	
About politics	1	2	5	6	3	4	
Health issues	1	2	4	6	3	5	
Educational issues	2	3	4	6	1	5	
Government schemes	1	2	5	6	4	3	
Any other issue (be specific)							

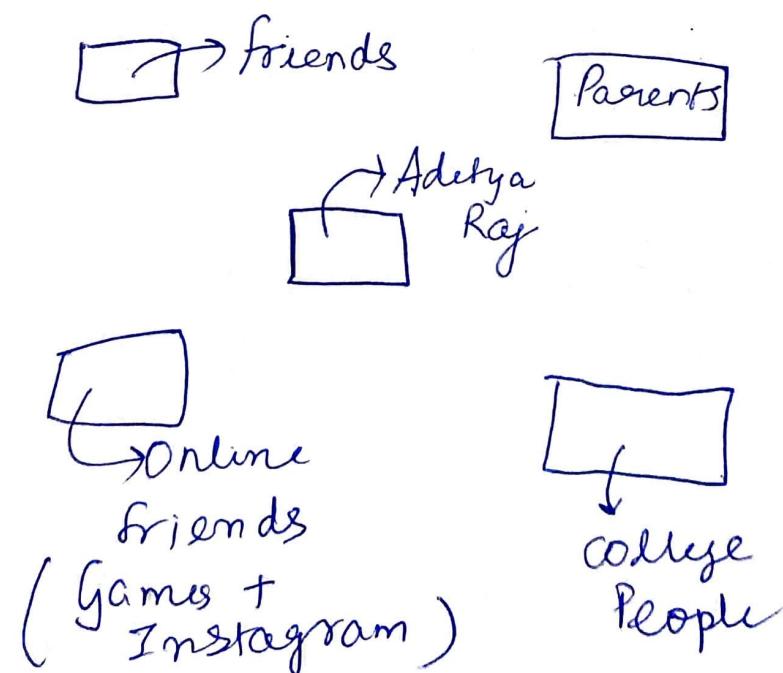
37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓	✓			✓		
2 times in a week							
2-4 times in a week							
>4 times in a week							
As & when needed			✓	✓		✓	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	KAUSHALENDRA		DAILY	HOME(FATHER)
Liking	RAJEEV KR.		DAILY	CLASSES
Influence	RD HITKAR		DAILY	CLASSES
Praise	ROHIT KP.		DAILY	CLASSES
Dis-respect			DAILY	CLASSES
Dis-like				
Negative				
Influence	DR. A K SINGH		3 TIMES A WEEK	TEACHER
Blame				

39. Draw a rough sketch of you at the centre and all the contacts around you-



Questionnaire-HS332

No. 388

Name and contact details of the respondent (Institution of the respondent):

AMAN KUMAR JHA

(AMITY UNIVERSITY)

A. Basic socio-demographic details:

1. Gender: MALE
2. Age: 20
3. Religion: HINDU
4. Caste: OBC
5. Place of residence: JAGDEO PATH
6. Educational background: BCOM
7. Employment status: UNEMPLOYED
8. If employed, what is your occupation: N/A
9. Annual family income (approximately): RS. 10 LAKHS
10. Any other useful detail that you want to share about yourself:
GOOD SINGER

(~~8104999366~~) { SAID LATER
NOT TO CONTACT }

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

1. SINGING
2. STUDYING

12. How many hours in a day do you spend on digital media?

LESS THAN 1

13. List three activities that you most frequently engage in the digital media?

1. INSTAGRAM

14. How often do you eat outside (this does not include mess food in the hostel)?

EVERYDAY

15. What are the sources of these food (online, college canteen, other-be specific)?

1. DHABAS OUTSIDE CAMPUS

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	1-2	FEVER, COLD
2023	1-2	FEVER COLD
2022	1-2	FEVER, COLD

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024	.	✓			
2023	✓	✓			
2022		✓			

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild					✓	
Moderate					✓	
Severe	ASK MOTHER					
Accident/ Emergency			✓			
Chronic						NO IDEA

19. If, discussed with someone before visiting the doctor what did s/he suggest?

ND NEED TO GO TO THE DOCTOR

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

~~YES~~. YES. AND HER REMEDY WORKS USUALLY

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

DAV PUBLIC SCHOOL

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)-Mention if you did not attend regular school	✓					
College (Current institution)	✓					

23. If it was your choice? Why did you choose this school/college?

N/A

24. Did you attend any extra/coaching classes? If yes, online or offline.

NO

25. Did someone help you get admission to these classes?

NO

26. If it was not your choice, whose choice was it? (Repeat options from question 22)

PA RENTS

27. Do you attend any online course(s)? If yes, name the course and the source.

NO

28. Who is your close friend? NAKSHATRA KANCHAN

29. Is your best friend from school? If no, from where? NO, FROM COLLEGE

30. How often you meet your close friend? EVERY DAY

31. How else you communicate with your friend(s)? CALL, WHATSAPP

32. Who all (as many as you can list) are your friends? Name a few.

1. NAKSHATRA KANCHAN

2. GAURAV KUMAR

3. ANVIT KUMAR

33. What matters in your circle of friends? (There could be more than one option)

(1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

N/A

34. Who was the person with whom you last discussed your personal problem(s)?

MOTHER

35. How did you know "that" person?

MOTHER

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y	1	2	4	6	3	5	
Most reliable in the college/communit y	1	3	4	6	2	5	
About politics	2	2	6	5	3	4	
Health issues	1	2	4	6	3	5	
Educational issues	2	3	4	6	1	5	
Government schemes	1	2	5	6	4	3	
Any other issue (be specific)							

37. How often do you communicate with them

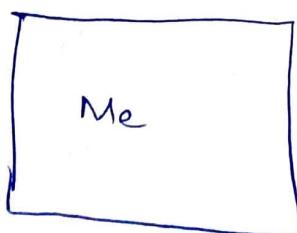
Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓	✓			✓		
2 times in a week							
2-4 times in a week							
>4 times in a week							
As & when needed			✓	✓		✓	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	ROHINI		WEEKLY	CLASSES
Liking	NAIKSHATRA		DAILY	9 //
Influence	BIPUL		DAILY	//
Praise	MAHESH		DAILY	//
Dis-respect				
Dis-like				
Negative Influence				
Blame				

39. Draw a rough sketch of you at the centre and all the contacts around you-

People I like



People I don't

Questionnaire-HS332

No. 389

Name and contact details of the respondent (Institution of the respondent):

Aakash Sinha

89724 41353

A. Basic socio-demographic details:

1. Gender: Male
2. Age: 20
3. Religion: Hindu
4. Caste: General
5. Place of residence: Gaya, Bihar
6. Educational background: 12th Passed, B.Tech
7. Employment status: Student
8. If employed, what is your occupation: -
9. Annual family income (approximately): ₹4,50,000
10. Any other useful detail that you want to share about yourself: want to study abroad for higher study

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

Phone, Instagram, Chess

12. How many hours in a day do you spend on digital media?

5 - 6 hours

13. List three activities that you most frequently engage in the digital media?

Instagram reels

Online chess

Youtube videos

14. How often do you eat outside (this does not include mess food in the hostel)?

2 times in a week

15. What are the sources of these food (online, college canteen, other-be specific)?

Snacks store outside residence

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	1	Fever
2023	3	Fever
2022	3	Fever, Dengue

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024	✓				
2023	✓		✓		
2022					

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	take medicine			✓		
Moderate		✓				
Severe			✓			
Accident/ Emergency			✓			
Chronic			✓			

19. If, discussed with someone before visiting the doctor what did s/he suggest?

"Always consult a doctor before doing anything"

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Yes, I do not want to take any risk

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

Delhi Public School, Gurgaon

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)-Mention if you did not attend regular school	✓					
College (Current institution)	✓					

23. If it was your choice? Why did you choose this school/college?

Delhi Public Best tech related college where I can explore and talk

24. Did you attend any extra/coaching classes? If yes, online or offline.

Yes, offline coaching during my 12th class

25. Did someone help you get admission to these classes?

No, merit based only

to people in commerce and management as well.

26. If it was not your choice, whose choice was it? (Repeat options from question 22)

My and my parents.

27. Do you attend any online course(s)? If yes, name the course and the source.

Not now

28. Who is your close friend?

Animesh, Ashish

29. Is your best friend from school? If no, from where?

We met in college only, he is also from Gaya

30. How often you meet your close friend?

Almost everyday

31. How else you communicate with your friend(s)?

whatsapp groups, Instagram

32. Who all (as many as you can list) are your friends? Name a few.

Animesh

Ashish

Lalit

Anubhav

Aryan

Sanskar

33. What matters in your circle of friends? (There could be more than one option)

(1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

34. Who was the person with whom you last discussed your personal problem(s)?

Ashish

35. How did you know "that" person?

Met him in college, he is my lab partner, we have a strong bond of more than a year and share everything.

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y	✓	✓					
Most reliable in the college/communit y	✓						
About politics			✓			✓	
Health issues	✓				✓	✓	✓ Family
Educational issues	✓					✓	✓ Family
Government schemes			✓			✓	
Any other issue (be specific)							

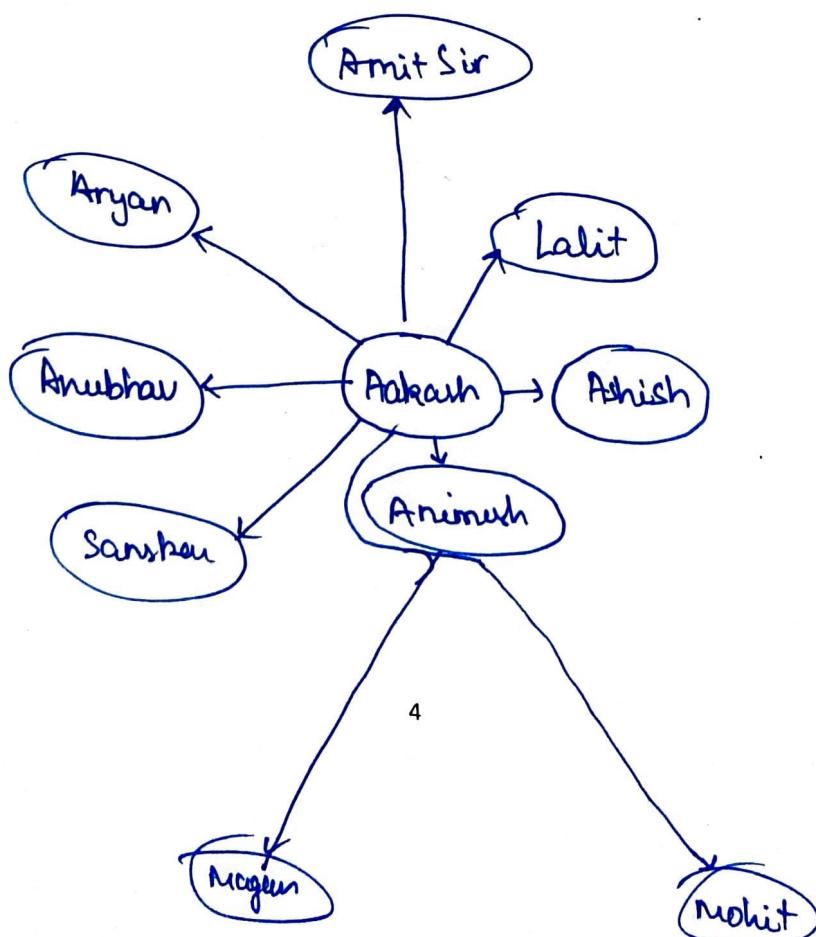
37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓						
2 times in a week		✓					family
2-4 times in a week					✓		
>4 times in a week							
As & when needed			✓	✓		✓	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Amit sir	5	2 times a week	offline
Liking	Ashish	3	7	offline & online
Influence	Aryan	5	7	"
Praise	Animesh	4	7	"
Dis-respect	Nagan	3	1	offline
Dis-like	Mohit	3	1	"
Negative	Mohit	5	1	"
Influence	Mohit	5	1	"
Blame	mohit	5	1	"

39. Draw a rough sketch of you at the centre and all the contacts around you-



Quesionnaire-HS332

No. 392

Name and contact details of the respondent (Institution of the respondent):

Viraj Kulkarni

9970444019

A. Basic socio-demographic details:

1. Gender: Male
2. Age: 23
3. Religion: Hindu
4. Caste: General
5. Place of residence: PG Hostel Patna, Bihar
6. Educational background: 12th Passed + B Tech
7. Employment status: Intern
8. If employed, what is your occupation: Product management & marketing
9. Annual family income (approximately): 7 lakh
10. Any other useful detail that you want to share about yourself: About to pass out

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

Chess, Instagram, Reddit

12. How many hours in a day do you spend on digital media?

3-4 hours

13. List three activities that you most frequently engage in the digital media?

Chess game

Instagram scrolling

Reddit news

14. How often do you eat outside (this does not include mess food in the hostel)?

3-4 times in week

15. What are the sources of these food (online, college canteen, other-be specific)?

Dhaba / Restaurants near PG

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	0	-
2023	1	General Sickness
2022	1	"

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024					
2023	✓				
2022	✓				

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	✓	✓		✓	✓	
Moderate	✓	✓	✓	✓		
Severe			✓			
Accident/Emergency			✓			
Chronic			✓			

19. If, discussed with someone before visiting the doctor what did s/he suggest?

Consult a doctor if serious.

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Yes, what my parents say

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

Padm International School, Anangabad

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)-Mention if you did not attend regular school	✓					
College (Current institution)						

23. If it was your choice? Why did you choose this school/college?

Good reviews and favourable

social environment

24. Did you attend any extra/coaching classes? If yes, online or offline.

Yes, online

25. Did someone help you get admission to these classes?

Father

26. If it was not your choice, whose choice was it? (Repeat options from question 22)

27. Do you attend any online course(s)? If yes, name the course and the source.

My various Product management courses on Udemy. (online)

28. Who is your close friend?

Nakshatra, Vishesh, Ayush

No, from school

30. How often you meet your close friend?

Everyday

31. How else you communicate with your friend(s)?

Whatrapp, Instagram

32. Who all (as many as you can list) are your friends? Name a few.

Nakshatra	Shubham
Vishesh	Bhumi
Ayush	Jyoti
Bhartar	

33. What matters in your circle of friends? (There could be more than one option)

(1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

34. Who was the person with whom you last discussed your personal problem(s)?

Bhumi

35. How did you know "that" person?

We are very good friends since 1st year and always share our problems

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politica l leader	Other - be specific
What's going on in the college/communit y	✓	✓			✓		
Most reliable in the college/communit y	✓	✓				✓	
About politics	✓		✓	✓			
Health issues	✓						
Educational issues	✓			✓			
Government schemes	✓						
Any other issue (be specific)							

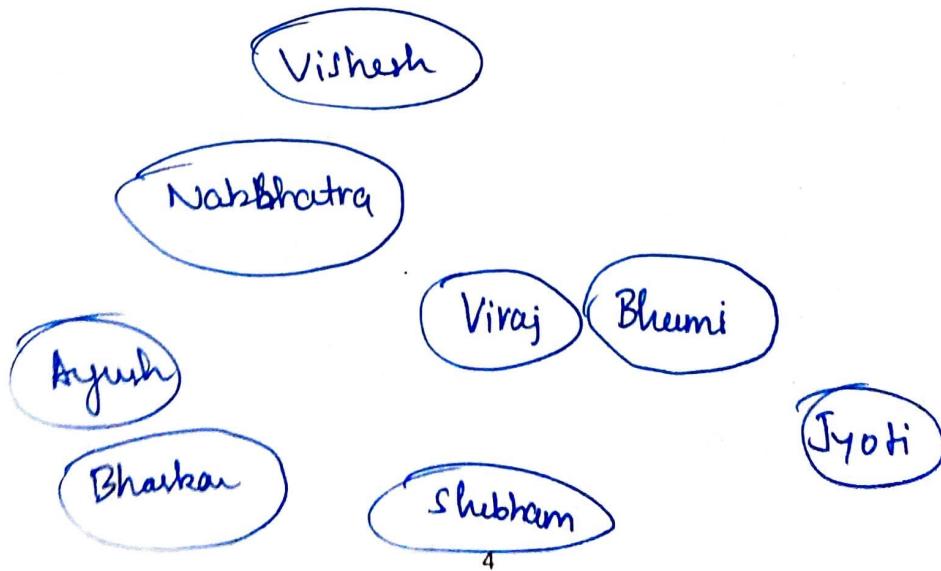
37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓	✓					
2 times in a week					✓		
2-4 times in a week							
>4 times in a week			✓				
As & when needed				✓		✓	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Vishesh	5	Everyday	online + Offline
Liking	Bheumi	5	"	"
Influence	Ayush	3	"	"
Praise	Bharti	3	"	"
Dis-respect	Ayush	5	"	"
Dis-like	Nakshatra	4	"	"
Negative Influence	Nakshatra	5	"	"
Blame	Nakshatra	5	"	"

39. Draw a rough sketch of you at the centre and all the contacts around you-



Questionnaire-HS332

No. 391

Name and contact details of the respondent (Institution of the respondent):

Shreya Kumari

A. Basic socio-demographic details:

1. Gender: Female
2. Age: 20
3. Religion: Hindu
4. Caste: General
5. Place of residence: Pata, PG Hostel
6. Educational background: 12th Pass, B Tech
7. Employment status: Student
8. If employed, what is your occupation: -
9. Annual family income (approximately): 6 lakhs
10. Any other useful detail that you want to share about yourself: I like art and craft

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

Instagram, Snapchat, WhatsApp, Netflix

12. How many hours in a day do you spend on digital media?

6-7 hours max, 3-4 hours average

13. List three activities that you most frequently engage in the digital media?

Snapchat photos

Instagram reels

WhatsApp groups talking

14. How often do you eat outside (this does not include mess food in the hostel)?

once a week

15. What are the sources of these food (online, college canteen, other-be specific)?

Snacks point near hotel PG

C. Questions related to understanding health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	1	<u>Cough, Fever</u>
2023	2	<u>Fever, Cough, Abdominal Pain, Eye Pain</u>
2022	5	<u>Fever, cough, heatstroke, hair loss, dermatology</u>

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024	✓				
2023		✓			
2022			✓		

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	✓			✓	✓	
Moderate	✓			✓		
Severe		✓	✓			
Accident/Emergency		✓	✓			
Chronic			✓			

19. If, discussed with someone before visiting the doctor what did s/he suggest?

Do not take risk and show to doctor first

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Yes, I always want to be safe and not take any risk in terms of health

D. Related to educational and other choices: terms of health

21. From where did you study? (list name of school(s) for all levels)

Vibgyor High School, Lucknow

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)-Mention if you did not attend regular school	✓					
College (Current institution)		(uncle)				✓

23. If it was your choice? Why did you choose this school/college?

Amity is a big name, we get taught by some great professor

24. Did you attend any extra/coaching classes? If yes, online or offline. who are friend of my uncle

NO

25. Did someone help you get admission to these classes?

Uncle

26. If it was not your choice, whose choice was it? (Repeat options from question 22)

Uncle and mine and then later parents also

27. Do you attend any online course(s)? If yes, name the course and the source.

No

28. Who is your close friend?

Ankita, Khushi, Simran

29. Is your best friend from school? If no, from where?

No, we met in college

30. How often you meet your close friend?

Everyday

31. How else you communicate with your friend(s)?

Instagram, whatapp

32. Who all (as many as you can list) are your friends? Name a few.

Ankita Aditya

Khushi Satish

Simran Rishi

Gauri

33. What matters in your circle of friends? (There could be more than one option)

(1) Caste (2) Family ties (3) Political affiliation (4) gender (5) region (6) religion

34. Who was the person with whom you last discussed your personal problem(s)?

Ankita, Khushi, Simran

35. How did you know "that" person?

As Roommates, and friends for life, we share everything

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/college	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y	✓	✓			✓		✓ family
Most reliable in the college/communit y	✓	✓			✓		✓ Family
About politics	✓		✓	✓	✓	✓	
Health issues	✓			✓	✓		
Educational issues	✓						
Government schemes	✓		✓	✓	✓		
Any other issue (be specific)							

37. How often do you communicate with them

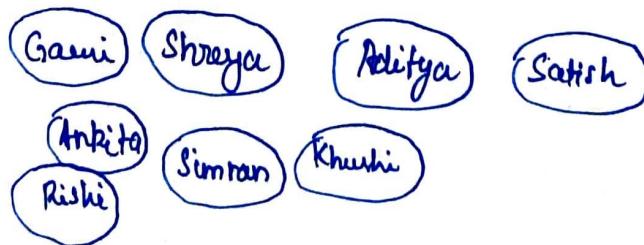
Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓	✓					
2 times in a week	✗		✓		✓		
2-4 times in a week				✓			
>4 times in a week							
As & when needed						✓	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Sajit Sir	5	everyday	Offline
Liking	Aditya	5	"	offline + online
Influence	Simran	4	"	"
Praise	Ankita	5	"	"
Dis-respect	Anuradha	3	2 times a week	"
Dis-like	Anushka	3	"	"
Negative	Anuska	3	"	4
Influence	Anuska	3	"	7
Blame	Anushka	4	"	"

39. Draw a rough sketch of you at the centre and all the contacts around you-

Sajit Sir



Anushka Anuradha Anadhyaa

Quesonnaire-HS332

No. 390

Name and contact details of the respondent (Institution of the respondent):

Aditya Kumar Singh

8515093475

A. Basic socio-demographic details:

1. Gender: Male
2. Age: 21
3. Religion: Hindu
4. Caste: General
5. Place of residence: Patna, Bihar
6. Educational background: 12th Pass, B Tech
7. Employment status: Student
8. If employed, what is your occupation: -
9. Annual family income (approximately): 70 lakh
10. Any other useful detail that you want to share about yourself: I like coding

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

Instagram, WhatsApp, BGMI Game, YouTube

12. How many hours in a day do you spend on digital media?

7 hours approx

13. List three activities that you most frequently engage in the digital media?

BGMI Gaming

Instagram reel scrolling and memes

Youtube videos

14. How often do you eat outside (this does not include mess food in the hostel)?

Almost daily

15. What are the sources of these food (online, college canteen, other-be specific)?

Snacks cornu near home

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	0	
2023	1	Cough & Cold
2022	1	Cough & Cold

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024					
2023	✓		✓		
2022					

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	✓			✓		
Moderate		✓				
Severe			✓			
Accident/Emergency			✓			
Chronic			✓			

19. If, discussed with someone before visiting the doctor what did s/he suggest?

"If it is not that serious, just take medicine and sleep"

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Yes, medical bills are expensive

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

Creams Memorial High School

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school	✓					
College (Current institution)	✓					

23. If it was your choice? Why did you choose this school/college?

Parents know the name of this college

24. Did you attend any extra/coaching classes? If yes, online or offline.

No

25. Did someone help you get admission to these classes?

No

26. If it was not your choice, whose choice was it? (Repeat options from question 22)

Parents

27. Do you attend any online course(s)? If yes, name the course and the source.

No

28. Who is your **close** friend?

Satish

29. Is your best friend from school? If no, from where?

Yes

30. How often you meet your close friend?

Everyday

31. How else you communicate with your friend(s)?

Talk, what'sapp

32. Who **all** (as many as you can list) are your friends? Name a few.

Satish

Anmol

Tcheten

Shreya

Rishi

Ankita

Prakash

33. What matters in your circle of friends? (There could be more than one option)

(1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

34. Who was the person with whom you last discussed your personal problem(s)?

Satish

35. How did you know "that" person?

From school, friend since class 8

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y	✓	✓			✓	✓	
Most reliable in the college/communit y	✓						
About politics			✓		✓	✓	
Health issues	✓				✓		
Educational issues	✓				✓		
Government schemes	✓					✓	
Any other issue (be specific)							

37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓						
2 times in a week		✓					
2-4 times in a week			✓		✓		✓ Family
>4 times in a week							
As & when needed				✓		✓	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Sujit Sir	5	Everyday	class, offline
Liking	Shreya	5	Everyday	"
Influence	Rishi	5	Everyday	"
Praise	Satish	5	Everyday	"
Dis-respect	Anurag	5	Everyday	"
Dis-like	Anurag	5	"	4
Negative Influence	Anurag	5	"	"
Blame	Anurag	5	"	"

39. Draw a rough sketch of you at the centre and all the contacts around you-

