<u>Quesionnaire-HS332</u>

No. __365__

Name and contact details of the respondent (Institution of the respondent):
Shubham Yadav (Amity University)

A. Basic socio-demographic details:

1. Gender: Male
2. Age: 20yrs
3. Religion: Hindu
4. Caste: Yadav (OBC)
5. Place of residence: Danapur, Patna
6. Educational background: BTech, Computer Engineering.
7. Employment status: Unemployed
8. If employed, what is your occupation: Nil
9. Annual family income (approximately): ₹ 95,000
10. Any other useful detail that you want to share about yourself:

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?
    Listening Music.

12. How many hours in a day do you spend on digital media?
    4 hours.

13. List three activities that you most frequently engage in the digital media?
    1) Watching movies, 2) News Reading,
    3) Instagram to watch reels.

14. How often do you eat outside (this does not include mess food in the hostel)?
    Once or twice a week.

15. What are the sources of these food (online, college canteen, other-be specific)?
    College Canteen.

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	No (very mild)	—
2023	' 1	stress
2022	No (very mild)	—

1

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024	✓				
2023		✓			
2022	✓				

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	✓					
Moderate		✓				
Severe			✓			
Accident/ Emergency			✓			
Chronic			✓			

19. If, discussed with someone before visiting the doctor what did s/he suggest?

Discussed with mother. She said to take medicines if cured it's good otherwise visiting a doctor is advised.

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Followed, She knows it better.

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

12th - JNV vaishali, Bihar
10th - Virtuow Internation school, Hajipur.

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school				✓		
College (Current institution)	✓					

23. If it was your choice? Why did you choose this school/college?

Not my choice.

24. Did you attend any extra/coaching classes? If yes, online or offline.

No.

25. Did someone help you get admission to these classes?

No.

2

26. If it was not your choice, whose choice was it? (Repeat options from question 22)

Parents

27. Do you attend any online course(s)? If yes, name the course and the source.

No

28. Who is your **close** friend?

Preeti / Nikhil

29. Is your best friend from school? If no, from where?

Yes.

30. How often you meet your close friend?

When he/she comes for holidays.

31. How else you communicate with your friend(s)?

Whatsapp, Calls.

32. Who **all** (as many as you can list) are your friends? Name a few.

Gayatri, Sameeksha, Suruchi, Jatin, Nikhil,
Nitin, Shivam, Aryan, Yash, Arpit,
Rohit, Rahul, Abhinav,

33. What matters in your circle of friends? (There could be more than one option)
(1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

Gender region

34. Who was the person with whom you last discussed your personal problem(s)?

Best friend (Preeti)

35. How did you know "that" person?

Friend from school.

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

| Issues	Neighbours/Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other - be specific
What's going on in the college/community	②	③	④	⑥	⑤	⑦	family ①
Most reliable in the college/community	①	③	④	⑤	②	⑥	⑦
	②	③	④	⑥	⑤	⑦	family ①
About politics	②	③	4	6	S	7	1
Health issues	2	3	4	6	S	7	1
Educational issues	2	3	4	6	S	7	1
Government schemes	2	3					
Any other issue (be specific)							
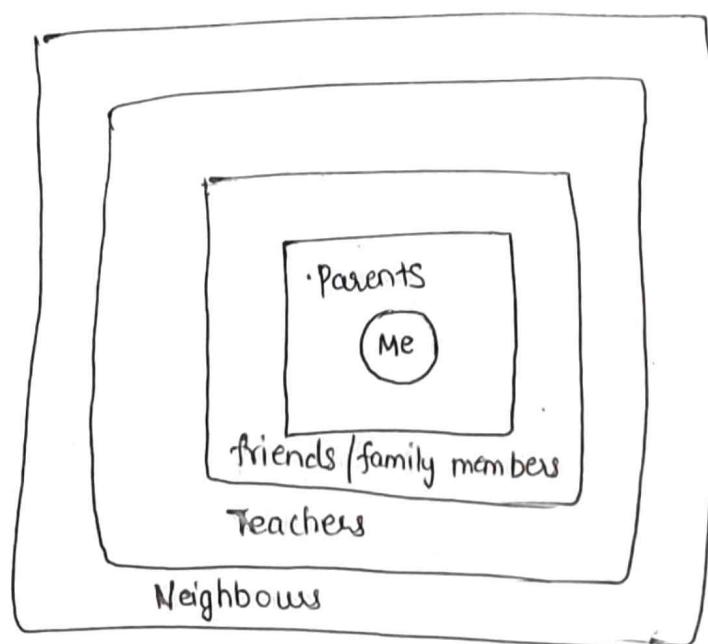
3

37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily							family
2 times in a week		✓					
2-4 times in a week							Grandparents
>4 times in a week	✓						
As & when needed		✓					

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Parents	5	Daily	Same house
Liking	Friends	4	Daily	College classes
Influence	Mother	5	Daily	Same house
Praise	friends	4	Daily	college classes
Dis-respect	Dillp Kumar	3	rarely	Met
Dis-like	Sonam	3	Rarely	Met
Negative Influence	Neighbours	4	Rarely	Met
Blame				

39. Draw a rough sketch of you at the centre and all the contacts around you-

4

No. 866

Name and contact details of the respondent (Institution of the respondent):

SHIKSHA RATHORE (Fake name) (Amity University)

A. Basic socio-demographic details:

1. Gender: Female
2. Age: 19 yrs
3. Religion: Hindu
4. Caste: OBC
5. Place of residence: Bihar sharif, Bihar.
6. Educational background: BBA
7. Employment status: Un employed
8. If employed, what is your occupation: Nil
9. Annual family income (approximately): 15 lpa
10. Any other useful detail that you want to share about yourself: No

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

Sitting & spending time with nature, sleeping

12. How many hours in a day do you spend on digital media?

1 hour

13. List three activities that you most frequently engage in the digital media?

Watching movies and reels,
Listen music.

14. How often do you eat outside (this does not include mess food in the hostel)?

Sometimes (Snacks outside only)

15. What are the sources of these food (online, college canteen, other-be specific)?

college canteen, zomato/swiggy (online)

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	2 on 3	Stress, fever, cough
2023	4	Cold and cough
2022	Many times	Cold and cough, headache

1

5

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024	✓				
2023	✓				
2022		✓			

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	✓					
Moderate		✓				
Severe		✓				
Accident/ Emergency			✓			
Chronic			✓			

19. If, discussed with someone before visiting the doctor what did s/he suggest?

Home Remedies

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Followed partially.
Reason: For better health.

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

High School Bihar Sharif (12th)
Simultala Awasiya Vidyalaya (10th)

22. **Who made the choice** of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school	✓					
College (Current institution)					✓	

23. If it was your choice? Why did you choose this school/college?

My friend joined same college.

24. Did you attend any extra/coaching classes? If yes, online or offline.

No.

25. Did someone help you get admission to these classes?

No.

2

26. If it was not your choice, whose choice was it? (Repeat options from question 22)
   Parents (School), college (self)

27. Do you attend any online course(s)? If yes, name the course and the source.
   No

28. Who is your close friend?
   Pragati

29. Is your best friend from school? If no, from where?
   Yes.

30. How often you meet your close friend?
   Once in a month

31. How else you communicate with your friend(s)?
   Call, whatsapp.

32. Who all (as many as you can list) are your friends? Name a few.

   Pragati, Lakshita, Jenny, Saumya, Sonalika, Preeti.

33. What matters in your circle of friends? (There could be more than one option)
   (1) Caste (2) family ties (3) Political affiliation (3) gender (5) region (6) religion

   Region, gender

34. Who was the person with whom you last discussed your personal problem(s)?
   Elder Sibling (sister)

35. How did you know "that" person?
   sibling

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

| Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other - be specific
What's going on in the college/community	1	2	4	6	3	5	7
Most reliable in the college/community	1	3	4	5	2	6	7
About politics	1	2	4	5	6	3	7
Health issues	1	3	4	6	2	5	7
Educational issues	1	3	4	6	2	5	7
Government schemes	1	3	6	5	2	4	7
Any other issue (be specific)							
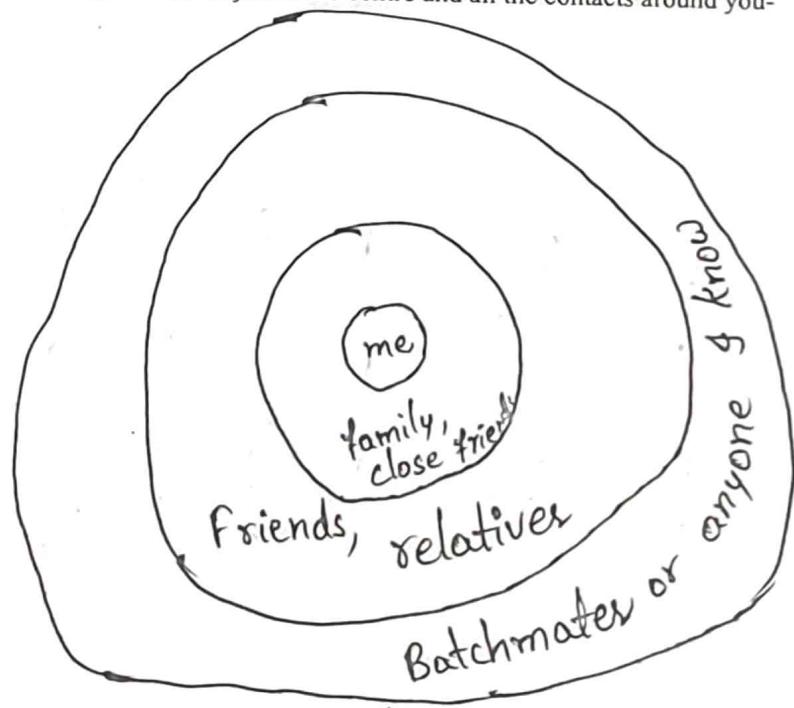
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37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily							Parents ✓
2 times in a week							
2-4 times in a week							
>4 times in a week	✓				✓		
As & when needed		✓	✓	✓		✓	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Parents	5	daily	Phone call Meet
Liking	Self	5	daily	—
Influence	Priyanka Chopra	5	Never	Never
Praise	Lakshita	5	Frequently	On phone call
Dis-respect	Vineet.	5	Sometimes	On phone call
Dis-like	Vikram	3	Sometimes	Meet
Negative Influence	—			
Blame	—			

39. Draw a rough sketch of you at the centre and all the contacts around you-

4

No. **367**

Name and contact details of the respondent (Institution of the respondent):

Kirti (Amity University)

A. Basic socio-demographic details:

1. Gender: Female
2. Age: 20 yrs
3. Religion: Hindu
4. Caste: kurmi (OBC)
5. Place of residence: Nalanda, Bihar
6. Educational background: Undergraduation (BBA)
7. Employment status: Unemployed
8. If employed, what is your occupation: Nil
9. Annual family income (approximately): ₹98,000
10. Any other useful detail that you want to share about yourself:
    Used to live with maternal uncle in Patna,

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

    Listening to music, talking to friends and family

12. How many hours in a day do you spend on digital media?
    5-6 hours

13. List three activities that you most frequently engage in the digital media?

    Watching videos on Youtube, Instagram, outside Chatting with friends.

14. How often do you eat outside (this does not include mess food in the hostel)?
    3-4 times a week.

15. What are the sources of these food (online, college canteen, other-be specific)?

    Online, canteen, street food.

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	2	Fever, cold & cough
2023	1	cold & cough
2022	1	cold & cough.

1

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024	✓	·			
2023	~				
2022	✓				

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	✓ (Brother, Mother)				✓	
Moderate						
Severe			✓			
Accident/ Emergency			✓			
Chronic		✓				

19. If, discussed with someone before visiting the doctor what did s/he suggest?

He suggested to visit the doctor.

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

I Followed them for the aid.

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

Sadar Alam memorial School ,

22. **Who made the choice** of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school	✓					
College (Current institution)					✓	

23. If it was your choice? Why did you choose this school/college?

Home state, So that festivals can be enjoyed.

24. Did you attend any extra/coaching classes? If yes, online or offline.

Yes, online.

25. Did someone help you get admission to these classes?

No

2

26. If it was not your choice, whose choice was it? (Repeat options from question 22)

Self Choice

27. Do you attend any online course(s)? If yes, name the course and the source.

Unacademy

28. Who is your **close** friend?

Ritu

29. Is your best friend from school? If no, from where?

Yes, She is from school.

30. How often you meet your close friend?

When same time both have holidays.

31. How else you communicate with your friend(s)?

Messages.

32. Who **all** (as many as you can list) are your friends? Name a few.

Priya, Sakshi, Khushi, Sonali Ka, Nitanshi, Saurav, Nitin, Satyam.

33. What matters in your circle of friends? (There could be more than one option)
    (1) Caste (2) family ties (3) Political affiliation (3) gender (5) region (6) religion

Region, Family ties

34. Who was the person with whom you last discussed your personal problem(s)?

Friend, Ritu

35. How did you know "that" person?

School Friend

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colle ge	Social activis t	Religiou s leader	Teache r	Politica l leader	Other - be specific
What's going on in the college/communit y	2	3	4	6	5	7	1
Most reliable in the college/communit y	1	4	5	3	2	6	7
About politics	1	3	4	6	5	7	1
Health issues	3	4	4	5	1	6	1
Educational issues	2	3	4	5	1	7	6
Government schemes	2	3	4	5	1	7	6
Any other issue (be specific)							
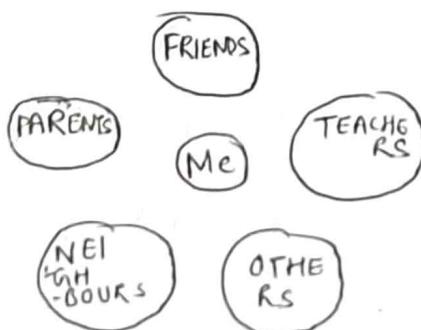
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37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓(Friends)						Parents
2 times in a week							✓
2-4 times in a week	✓ Sometimes (Friends)						
>4 times in a week		✓					
As & when needed					✓		

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Parents	5	twice a week atleast	Phone
Liking	Ritu	5	once a week	Phone
Influence	Friends	4	daily	Meeting & talking
Praise	Vivek Sir	4	once in a year	Phone
Dis-respect	Sagar Soni	3	Never	No contact
Dis-like	Nitesh	3	Never	No contact
Negative Influence	–			
Blame	–			

39. Draw a rough sketch of you at the centre and all the contacts around you-

Quesionnaire-HS332

No. 368

Name and contact details of the respondent (Institution of the respondent):

Aakash Sharma (Amity University)

A. Basic socio-demographic details:

1. Gender: Male
2. Age: 21 yrs
3. Religion: Hindu
4. Caste: General
5. Place of residence: Hajipur.
6. Educational background: BCA
7. Employment status: Unemployed
8. If employed, what is your occupation: Nil
9. Annual family income (approximately): ₹ 8,00,000
10. Any other useful detail that you want to share about yourself:
    No

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

    Watching web series

12. How many hours in a day do you spend on digital media?

    5-6 hrs

13. List three activities that you most frequently engage in the digital media?

    1) watching movies, webseries
    2) watching reels
    3) watching studying

14. How often do you eat outside (this does not include mess food in the hostel)?

    5-6 times a week

15. What are the sources of these food (online, college canteen, other-be specific)?

    Street food, online, college canteen.

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	2	Fever, cold & cough
2023	1	"
2022	1	Stress

1

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024		✓			
2023	✓				
2022	✓				

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild					✓	
Moderate		✓				
Severe			✓			
Accident/ Emergency			✓			
Chronic			✓			

19. If, discussed with someone before visiting the doctor what did s/he suggest?

To have medicines if available and the problem is common like fever. Otherwise, I was advised to visit a doctor

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Yes, Followed for better health conditions

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

22. **Who made the choice** of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school		✓				
College (Current institution)					✓	

23. If it was your choice? Why did you choose this school/college?

Degree I wanted to pursue was available and the college was in my reach.

24. Did you attend any extra/coaching classes? If yes, online or offline.

No

25. Did someone help you get admission to these classes?

No.

2

26. If it was not your choice, whose choice was it? (Repeat options from question 22)
    Self choice,
27. Do you attend any online course(s)? If yes, name the course and the source.
    NO.
28. Who is your **close** friend?
    Abhay
29. Is your best friend from school? If no, from where?
    No, neighbour
30. How often you meet your close friend?
    Daily
31. How else you communicate with your friend(s)?
    Whatsapp
32. Who **all** (as many as you can list) are your friends? Name a few.

Keshav, shivam, aryan, Ashfaq, Mukesh, Rohit
Priya, Aashi, Khushi.

33. What matters in your circle of friends? (There could be more than one option)
    (1) Caste (2) family ties (3) Political affiliation (3) gender (5) region (6) religion
    Familyties, region, gender,
34. Who was the person with whom you last discussed your personal problem(s)?
    Abhay
35. How did you know "that" person?
    Friend and neighbour,

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other - be specific
What's going on in the college/community	1.	3	5	7	4	6	Family 2.
Most reliable in the college/community	2	1	4	5	3	6	7
About politics	2	3	7 5	6 4	5 3.	4	Family 1
Health issues	2	3	6	5	4		Family
Educational issues	2	3	6	5	3	4	2
Government schemes	1	7	6	5	3	4	2
Any other issue (be specific)							

3

37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily							Family
2 times in a week					✓		
2-4 times in a week	✓						
>4 times in a week	✓						
As & when needed		✓					

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Parents	5	Daily	Meet
Liking	Self	5	—	—
Influence	Virat kohli	5	Never	—
Praise	Virat kohli	5	Never	—
Dis-respect	Terrorist	5	—	—
Dis-like	Mukul	3	&.Rarely	Meet
Negative Influence	—	—	—	—
Blame	—	—	—	—

39. Draw a rough sketch of you at the centre and all the contacts around you-

4