

Quesionnaire-HS332

No. 393

Name and contact details of the respondent (Institution of the respondent):

Mayank Raj, Amity University, Pathanamthitta

A. Basic socio-demographic details:

1. Gender: Male
2. Age: 20
3. Religion: Hinduism
4. Caste: Did not wanted to tell
5. Place of residence: Chhattisgarh
6. Educational background: BA
7. Employment status: Unemployed
8. If employed, what is your occupation:
9. Annual family income (approximately): 17-18 lakhs
10. Any other useful detail that you want to share about yourself:

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?
Playing cricket, reading fiction, watching movies
12. How many hours in a day do you spend on digital media? 4-5 hr.
13. List three activities that you most frequently engage in the digital media?
 - Youtube
 - Netflix
 - Instagram
14. How often do you eat outside (this does not include mess food in the hostel)?
Daily
15. What are the sources of these food (online, college canteen, other-be specific)?
Roadside vendors & confectionary

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	<u>1</u>	<u>Food poisoning</u>
2023	<u>4</u>	<u>Dengue, Fever, Cold</u>
2022	<u>2</u>	<u>Fever</u>

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024		✓			
2023			✓		
2022	✓	,	✓		

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	✓					
Moderate		✓				
Severe		✓				
Accident/Emergency			✓			
Chronic			✓			

19. If, discussed with someone before visiting the doctor what did s/he suggest?

Suggested to take proper care of health

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Accepted it

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

Dayanand Anglo Vedic, Raipur

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school					✓	✓
College (Current institution)				✓	.	

23. If it was your choice? Why did you choose this school/college?

N/A

24. Did you attend any extra/coaching classes? If yes, online or offline. *N/A*

25. Did someone help you get admission to these classes? *N/A*

26. If it was not your choice, whose choice was it? (Repeat options from question 22)
School teacher

27. Do you attend any online course(s)? If yes, name the course and the source.
No

28. Who is your **close** friend? *My friend Rulan from old school*

29. Is your best friend from school? If no, from where? *Yes*

30. How often you meet your close friend? *Three a year*

31. How else you communicate with your friend(s)? *Three call*

32. Who **all** (as many as you can list) are your friends? Name a few.

Did not answer

33. What matters in your circle of friends? (There could be more than one option)

(1) Caste (2) family ties (3) Political affiliation (3) gender (5) region (6) religion

34. Who was the person with whom you last discussed your personal problem(s)? *Rohan*

35. How did you know "that" person? *From school*

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y	1	2	ND	ND	ND	ND	1
Most reliable in the college/communit y	1	ND	ND	ND	2	ND	
About politics	2	ND	ND	ND	ND	ND	
Health issues	1	-	-	-	-	-	
Educational issues	1	-	-	-	2	-	
Government schemes	-	-	-	-	-	-	
Any other issue (be specific)							

37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓						
2 times in a week		✓					
2-4 times in a week							
>4 times in a week					✓		
As & when needed			✓	✓	,	✓	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Papa	5	Once a week	Call
Liking	Sneha	4	>4 times a week	Call
Influence				
Praise				
Dis-respect				
Dis-like				
Negative Influence				
Blame				

39. Draw a rough sketch of you at the centre and all the contacts around you-

Quesionnaire-HS332

No. 394

Name and contact details of the respondent (Institution of the respondent):

Swetank Shekhar Singh

8522291761 Amity

A. Basic socio-demographic details:

1. Gender: M
2. Age: 21
3. Religion: Hindu
4. Caste:
5. Place of residence: Faridabad, Haryana
6. Educational background: BBA
7. Employment status: Unemployed
8. If employed, what is your occupation: NA
9. Annual family income (approximately): 7 Lakh - 10 Lakhs
10. Any other useful detail that you want to share about yourself:

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

Listening music, Video games

12. How many hours in a day do you spend on digital media? 5 - 6 hrs.

13. List three activities that you most frequently engage in the digital media?

i) Watching Movies (Netflix)
ii) Online shopping

14. How often do you eat outside (this does not include mess food in the hostel)?

6 - 7 Times a month

15. What are the sources of these food (online, college canteen, other-be specific)?

Online / Restaurant (outside)

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	1	Fever
2023	2-3	Fever, Cold, Stomach Indigestion
2022	2-3	

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024	✓				
2023		✓			
2022			✓		

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild				✓		
Moderate		✓	✓			
Severe			✓			
Accident/ Emergency			✓			
Chronic			✓			

19. If, discussed with someone before visiting the doctor what did s/he suggest?
NA

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.
NA

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

1) Blooming Dales, (Primary & Secondary Education) 2) AMITY College, Patna.

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school	✓					
College (Current institution)					✓	

23. If it was your choice? Why did you choose this school/college?

Got it through Counselling

24. Did you attend any extra/coaching classes? If yes, online or offline.

Yes, Online.

25. Did someone help you get admission to these classes?

No.

26. If it was not your choice, whose choice was it? (Repeat options from question 22) *My choice*

27. Do you attend any online course(s)? If yes, name the course and the source. *No.*

28. Who is your **close** friend? *Himanshu Kumar.*

29. Is your best friend from school? If no, from where? *No, college.*

30. How often you meet your close friend? *Daily.*

31. How else you communicate with your friend(s)? *Mobile, Social Media etc.*

32. Who **all** (as many as you can list) are your friends? Name a few.

- 1) *Himanshu Kumar*
- 2) *Deepak Yadav*
- 3) *Krishna Singh*

33. What matters in your circle of friends? (There could be more than one option)

- (1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

34. Who was the person with whom you last discussed your personal problem(s)? *Himanshu Kumar*

35. How did you know "that" person? *Friend*

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y	1)	2)	1)	5)	3)	6)	7)
Most reliable in the college/communit y	2)	3)	4)	5)	2)	6)	7)
About politics	3)	2)	4)	5)	3)	1)	6)
Health issues	4)	2)	3)	4)	2)	5)	6)
Educational issues	1)	3)	2)	3)	1)	4)	5)
Government schemes	1)	2)	1)	2)	3)	4)	5)
Any other issue (be specific)	1)	2)	1)	2)	3)	4)	5)

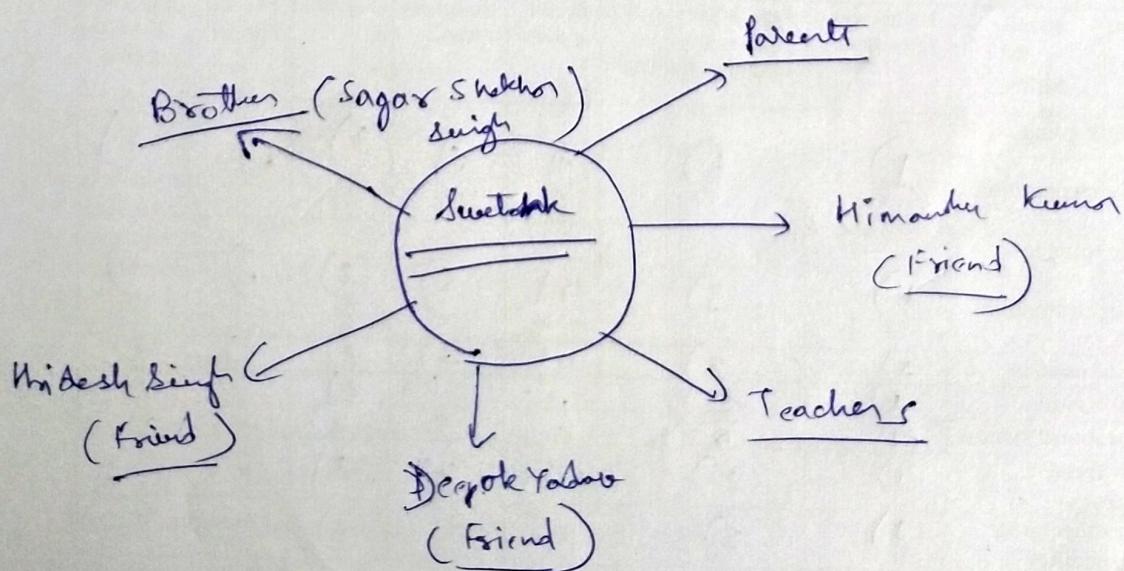
37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓						
2 times in a week							
2-4 times in a week				✓			
>4 times in a week							
As & when needed		✓	✓	✓		✓	✓

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Parents	5	Daily	Mobile
Liking	Himanshu Kumar	4	Daily	Offline
Influence	M. K. Balakrishna	4	Weekly	“
Praise	“ “	4	“ “	“
Dis-respect	No one	—	—	—
Dis-like	None	—	—	—
Negative Influence	None	—	—	—
Blame	None	—	—	—

39. Draw a rough sketch of you at the centre and all the contacts around you-



Questionnaire-HS332

No. 395

Name and contact details of the respondent (Institution of the respondent):

Ritik Kumar Amity University

A. Basic socio-demographic details:

1. Gender: Male
2. Age: 22
3. Religion: Hindu
4. Caste:
5. Place of residence: Gaya
6. Educational background: BA
7. Employment status: Unemployed
8. If employed, what is your occupation: N.A
9. Annual family income (approximately): 2 lac
10. Any other useful detail that you want to share about yourself:

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

Gaming

12. How many hours in a day do you spend on digital media? 8 hr

13. List three activities that you most frequently engage in the digital media?

Instagram
Bg mi
Whatsapp

14. How often do you eat outside (this does not include mess food in the hostel)?

1 times a week

15. What are the sources of these food (online, college canteen, other-be specific)?

college canteen

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	0	
2023	0	
2022	0	

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024	NA				
2023	NA				
2022	NA				

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	✓					
Moderate	✓	✓				
Severe		✓				
Accident/ Emergency			✓			
Chronic			✓			

19. If, discussed with someone before visiting the doctor what did s/he suggest?

Go see a doctor

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

follow , You should listen to elders

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

DAV Public School, Ranchi

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school					✓	
College (Current institution)					✓	

23. If it was your choice? Why did you choose this school/college?

I found it perfect.

24. Did you attend any extra/coaching classes? If yes, online or offline.

NO

25. Did someone help you get admission to these classes?

NO

26. If it was not your choice, whose choice was it? (Repeat options from question 22)

27. Do you attend any online course(s)? If yes, name the course and the source.

28. Who is your **close** friend?

Harsh

29. Is your best friend from school? If no, from where?

Yes

30. How often you meet your close friend?

Very often

31. How else you communicate with your friend(s)?

very often

32. Who **all** (as many as you can list) are your friends? Name a few.

Harsh, Ranjan

33. What matters in your circle of friends? (There could be more than one option)

(1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

NA

34. Who was the person with whom you last discussed your personal problem(s)?

friends

35. How did you know "that" person?

from school

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y	1	9	3	2	7	5	6
Most reliable in the college/communit y	1	3	2	4	6	5	7
About politics	1	7	2	3	4	5	6
Health issues	1	2	3	4	5	6	7
Educational issues	1	5	1	2	3	6	7
Government schemes	1	2	4	3	5	7	6
Any other issue (be specific)	1	2	3	4	6	7	5

37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓						
2 times in a week					✓		
2-4 times in a week							
>4 times in a week							
As & when needed		✓	✓	✓		✓	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Mother	1	often	Phone
Liking	Dhoni	1	Never	X
Influence	Dhoni	1	Never	X
Praise	Dhoni	1	Never	X
Dis-respect	X	1	X	X
Dis-like	Salman Khan	4	Never	X
Negative Influence	X	X	X	X
Blame	X	X	X	X

39. Draw a rough sketch of you at the centre and all the contacts around you-

Quesionnaire-HS332

No. 396

Name and contact details of the respondent (Institution of the respondent):

Dilip Pathak, Amity University Patna

A. Basic socio-demographic details:

1. Gender: MALE
2. Age: 21
3. Religion: HINDU
4. Caste: BHUMIHAR
5. Place of residence: ARRAH
6. Educational background: BBA
7. Employment status: Student
8. If employed, what is your occupation:
9. Annual family income (approximately): 10,80,000
10. Any other useful detail that you want to share about yourself:

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?
Gym, Watching web series
12. How many hours in a day do you spend on digital media?
3 hours
13. List three activities that you most frequently engage in the digital media?
Netflix
Youtube
Instagram
14. How often do you eat outside (this does not include mess food in the hostel)?
Occasionally
15. What are the sources of these food (online, college canteen, other-be specific)?
College Eateries

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	2	Fever
2023	3	Viral
2022	3	Fever

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024	✓				
2023		✓			
2022	✓				

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	Parents			✓	✓	
Moderate		✓		✓		
Severe		✓	✓			
Accident/Emergency			✓			
Chronic			✓			

19. If, discussed with someone before visiting the doctor what did s/he suggest?

Home Remedies, rest & general medicine

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Follow, as they work

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

Amity University Patna (BBA)

DPS Ara (till 12th)

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)-Mention if you did not attend regular school	✓					
College (Current institution)						✓

23. If it was your choice? Why did you choose this school/college?

Found it most suitable among options

24. Did you attend any extra/coaching classes? If yes, online or offline.

Offline Tuitions

25. Did someone help you get admission to these classes?

No

26. If it was not your choice, whose choice was it? (Repeat options from question 22)

27. Do you attend any online course(s)? If yes, name the course and the source.

Yes, Digital Marketing (Udemy)

28. Who is your close friend?

Shourya

29. Is your best friend from school? If no, from where?

No, college

30. How often you meet your close friend?

Regular

31. How else you communicate with your friend(s)?

Face to Face or calls

32. Who all (as many as you can list) are your friends? Name a few.

Shourya

Akansha

Vatsal

Nirbhay

Aditya

Sanskar

Arun

33. What matters in your circle of friends? (There could be more than one option)

(1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

Thinking & mentality

34. Who was the person with whom you last discussed your personal problem(s)?

Shourya

35. How did you know "that" person?

friend

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y	1	2	4	5	3	6	
Most reliable in the college/communit y	1	3	4	5	2	6	
About politics	1	2	3	6	5	4	
Health issues	2		6	4	3	5	College Doctor (1)
Educational issues	2	3	4	6	1	5	
Government schemes	2	1	5	6	3	4	
Any other issue (be specific)							

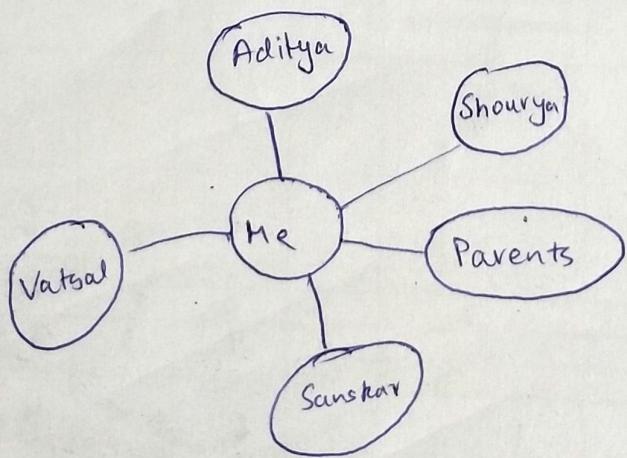
37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓				✓		Parents
2 times in a week							
2-4 times in a week		✓					
>4 times in a week							
As & when needed			✓	✓		✓	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Parents	5	Daily	Call
Liking	Friends	5	Daily	Face to face
Influence	Professors	4	Daily	Face to face
Praise	Successful Seniors	4	Sometime	Face to face
Dis-respect	None			Social Media
Dis-like	None			
Negative Influence	A peer (won't name)	3	1-2 times/ week	
Blame	None			

39. Draw a rough sketch of you at the centre and all the contacts around you-



Quesionnaire-HS332

No. 397

Name and contact details of the respondent (Institution of the respondent):

Shreyas Shrivastava, Amity University

A. Basic socio-demographic details:

1. Gender: Male
2. Age: 20 years
3. Religion: Hindu
4. Caste: —
5. Place of residence: —
6. Educational background: BBA
7. Employment status: Unemployed
8. If employed, what is your occupation: —
9. Annual family income (approximately): 8 lakhs
10. Any other useful detail that you want to share about yourself:

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

Watching movies, playing games, listening to music

12. How many hours in a day do you spend on digital media? 10 hours

13. List three activities that you most frequently engage in the digital media?

Watching movies
Using social media
Playing online games

14. How often do you eat outside (this does not include mess food in the hostel)?

Once every fortnight

15. What are the sources of these food (online, college canteen, other-be specific)?

College Canteen

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	4	<u>Cough, Cold, fever</u>
2023	4	<u>Cough, Cold, fever</u>
2022	10	<u>Stress, anxiety</u>

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024	✓				
2023	✓				
2022	✓				

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild					✓	
Moderate			✓			
Severe		✓				
Accident/Emergency			✓			
Chronic			✓			

19. If, discussed with someone before visiting the doctor what did s/he suggest?

He advised to visit a particular doctor

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Yes, I followed the suggestions.

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

Till class 12 → D.A.V. Public School

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school	✓					
College (Current institution)					✓	

23. If it was your choice? Why did you choose this school/college?

Because I had firm faith that this college is best for me among all options

24. Did you attend any extra/coaching classes? If yes, online or offline.

Yes, online

25. Did someone help you get admission to these classes?

No

26. If it was not your choice, whose choice was it? (Repeat options from question 22)

27. Do you attend any online course(s)? If yes, name the course and the source.

28. Who is your **close** friend?

29. Is your best friend from school? If no, from where?

30. How often you meet your close friend?

Daily

31. How else you communicate with your friend(s)?

Through whatsapp / call

32. Who **all** (as many as you can list) are your friends? Name a few.

33. What matters in your circle of friends? (There could be more than one option)

(1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

34. Who was the person with whom you last discussed your personal problem(s)?

Mother

35. How did you know "that" person?

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y	1	2	-	-	-	-	-
Most reliable in the college/communit y	1	2	3	-	4	-	-
About politics	-	-	2	-	-	1	-
Health issues	1	-	2	-	-	3	-
Educational issues	1	2	3	-	4	5	-
Government schemes	1	-	4	-	3	2	-
Any other issue (be specific)							

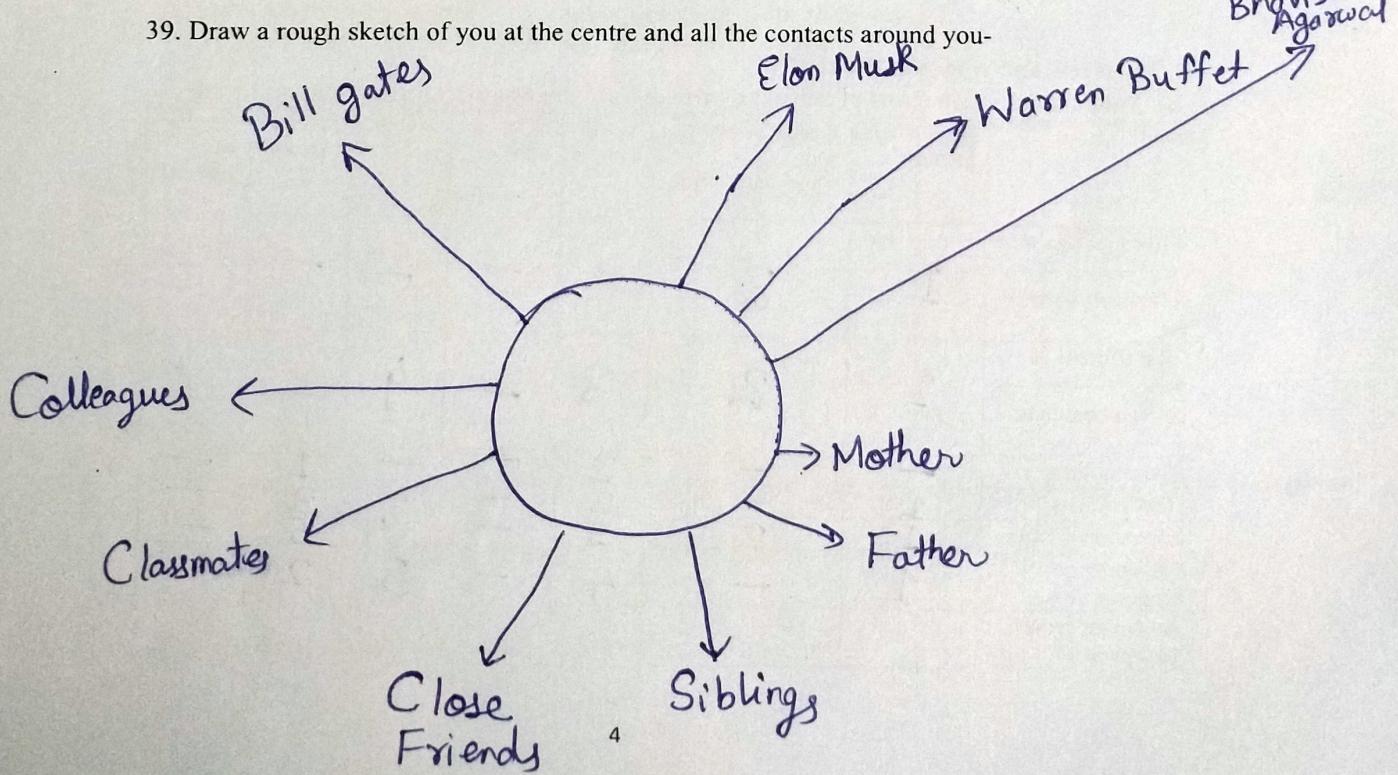
37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓						
2 times in a week					✓		
2-4 times in a week							
>4 times in a week							
As & when needed		✓	✓	✓		✓	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Father	1.5	Daily	WhatsApp/Call
Liking	Warren Buffet	1	Never	—
Influence	Warren Buffet	2	Never	—
Praise	Bill Gates	1	Never	—
Dis-respect	Elon Musk	2	Never	—
Dis-like	Elon Musk	1	Never	X, eye
Negative Influence	Bhavish Agarwal (CEO of Ola)	1	Never	X,
Blame	—	—	—	—

39. Draw a rough sketch of you at the centre and all the contacts around you-



Quesionnaire-HS332

No. 398

Name and contact details of the respondent (Institution of the respondent):

Amit Singh, Amity University

A. Basic socio-demographic details:

1. Gender: Male
2. Age: 20
3. Religion: Hindu
4. Caste: OBC
5. Place of residence: Phulwari, Patna
6. Educational background: BA
7. Employment status: Unemployed
8. If employed, what is your occupation: NA
9. Annual family income (approximately): 10 Lakh
10. Any other useful detail that you want to share about yourself:

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?
• Using YouTube, Scrolling Instagram, Roaming with friends, Listening Music
12. How many hours in a day do you spend on digital media?
10 hrs +
13. List three activities that you most frequently engage in the digital media?
• Reels
• YouTube shorts
14. How often do you eat outside (this does not include mess food in the hostel)?
• 5 times a week.
15. What are the sources of these food (online, college canteen, other-be specific)?
Online delivery, Canteen in college, Nearby food outlets

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	0	Fit
2023	1	Fever
2022	1	Typhoid

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024	✓	✓	—	—	✓
2023	✓	—	—	—	—
2022	—	✓	—	—	—

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	✓	—	—	—	✓	—
Moderate	—	✓	—	—	—	—
Severe	—	✓	—	—	—	—
Accident/Emergency	—	✓	✓	—	—	—
Chronic	—	✓	✓	—	—	—

19. If, discussed with someone before visiting the doctor what did s/he suggest?

To take some medicine for 1 or 2 days.

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Yes, It worked

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	—	—	—	—	—	—
School (10+2)- Mention if you did not attend regular school	—	✓	✓	—	—	—
College (Current institution)	✓	—	—	✓	✓	—

23. If it was your choice? Why did you choose this school/college?

I have no options.

24. Did you attend any extra/coaching classes? If yes, online or offline.

Yes, offline

25. Did someone help you get admission to these classes?

No, I found myself.

26. If it was not your choice, whose choice was it? (Repeat options from question 22)

27. Do you attend any online course(s)? If yes, name the course and the source.

28. Who is your **close** friend?

29. Is your best friend from school? If no, from where? *No, it is from college*

30. How often you meet your close friend? *3 times a week*

31. How else you communicate with your friend(s)? *Phone Calls*

32. Who **all** (as many as you can list) are your friends? Name a few.

33. What matters in your circle of friends? (There could be more than one option)
(1) Caste (2) family ties (3) Political affiliation (3) gender (5) region (6) religion *It just happens*

34. Who was the person with whom you last discussed your personal problem(s)? *Friends*

35. How did you know "that" person? *We just met & we became friends.*

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y	1.	2.	1.	1.	1.	2.	.
Most reliable in the college/communit y	2.	1.	2.	2.	3.	3.	.
About politics	—	—	5	5	5	1	.
Health issues	3.	—	3	3	4	—	.
Educational issues	—	—	4	4	2	4	.
Government schemes	—	—	6	—	—	5	.
Any other issue (be specific)	—	—	—	—	—	—	.

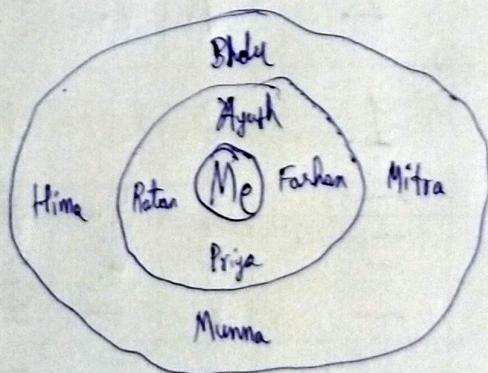
37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily							
2 times in a week	✓						
2-4 times in a week							
>4 times in a week	✓						
As & when needed		✓	✓	✓	✓	✓	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Brother	5	Occasionally	Phone Call
Liking	Tina	2	Occasionally	Facebook Chat
Influence	Aakash	3	4 times a week	Physical Meet
Praise	Brother in Law	5	Regularly	Phone Call
Dis-respect	Mother Cousin	2	Very rare	Physical Meet
Dis-like	Maternal Uncle	3	Occasionally	Physical Meeting
Negative Influence	Prince Raj	5	Occasionally	Phone Call
Blame	Samru	4	Stopped meeting	Physical Meeting

39. Draw a rough sketch of you at the centre and all the contacts around you-



Quesionnaire-HS332

No. 399

Name and contact details of the respondent (Institution of the respondent):

Himanshu , Amity University

A. Basic socio-demographic details:

1. Gender: Male
2. Age: 21
3. Religion: Hindu
4. Caste: General
5. Place of residence: Bhopal
6. Educational background: BA
7. Employment status: unemployed
8. If employed, what is your occupation: —
9. Annual family income (approximately): 12 Lakh
10. Any other useful detail that you want to share about yourself: —

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

Guitar , Dance

12. How many hours in a day do you spend on digital media?

2

13. List three activities that you most frequently engage in the digital media?

Reels
YouTube
Insta

14. How often do you eat outside (this does not include mess food in the hostel)?

Very often

15. What are the sources of these food (online, college canteen, other-be specific)?

All college outlets

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	2	Fever
2023	3	Fever
2022	4	Fever

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024		✓			
2023		✓			
2022		✓			

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild					✓	
Moderate					✓	
Severe			✓			
Accident/ Emergency			✓			
Chronic			✓			

19. If, discussed with someone before visiting the doctor what did s/he suggest?

take medicine or rest

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Usually follow

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

SCHOOL (MDS, Udaipur)

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school	✓					
College (Current institution)					✓	

23. If it was your choice? Why did you choose this school/college?

I got acc. to rank

24. Did you attend any extra/coaching classes? If yes, online or offline.

Yes, offline

25. Did someone help you get admission to these classes?

No, Parents

26. If it was not your choice, whose choice was it? (Repeat options from question 22)
ND

27. Do you attend any online course(s)? If yes, name the course and the source.
NA

28. Who is your close friend? I will not tell

29. Is your best friend from school? If no, from where? Himesh, Adarsh

30. How often you meet your close friend? Very less times

31. How else you communicate with your friend(s)? Once in month

32. Who all (as many as you can list) are your friends? Name a few.

No, I will not

33. What matters in your circle of friends? (There could be more than one option)

(1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

Nothing, its just us

34. Who was the person with whom you last discussed your personal problem(s)? Self only

35. How did you know "that" person? I am that.

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y	2						
Most reliable in the college/communit y	5						
About politics			8				
Health issues							8 point
Educational issues					5		
Government schemes			2				
Any other issue (be specific)							

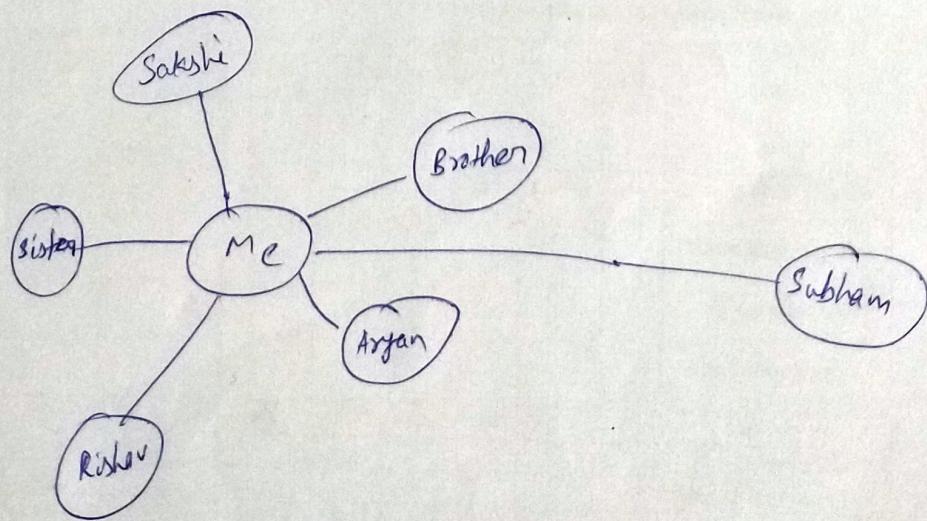
37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily							
2 times in a week	✓						
2-4 times in a week		✓					
>4 times in a week				✓			
As & when needed					✓		✓

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Sister	5	Weekly	Call
Liking	Aryan	3	Occasionally	whatsapp
Influence	Brother	4	2 times a week	Phone call
Praise	Sakshi	2	weekly	whatsapp
Dis-respect	Rishav	3	sarely	Physically
Dis-like	Neighbours	1	sarely	Physically
Negative Influence	Aakash	3	Occasionally	Physically
Blame	Subham	4	Regularly	Physically

39. Draw a rough sketch of you at the centre and all the contacts around you-



Quesionnaire-HS332

No. 400

Name and contact details of the respondent (Institution of the respondent):

Bhavesh Keemar, Amity University

A. Basic socio-demographic details:

1. Gender: Male
2. Age: 21
3. Religion: Hindu
4. Caste: General
5. Place of residence: Buxar
6. Educational background: BA
7. Employment status: unemployed
8. If employed, what is your occupation: -
9. Annual family income (approximately): 10 lakhs
10. Any other useful detail that you want to share about yourself:

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

Badminton, Video games

12. How many hours in a day do you spend on digital media? 5 hrs

13. List three activities that you most frequently engage in the digital media?

Instagram
YouTube
Twitter

14. How often do you eat outside (this does not include mess food in the hostel)? 3 times a week

15. What are the sources of these food (online, college canteen, other-be specific)? Roadside Hawkers

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	<u>2</u>	<u>Cough, Fever</u>
2023	<u>4</u>	<u>* Depression, Fever</u>
2022	<u>3</u>	<u>"</u>

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024		✓			
2023	✓				
2022		✓			

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	✓					
Moderate			✓	✓		
Severe			✓			
Accident/Emergency			✓			
Chronic			✓			

19. If, discussed with someone before visiting the doctor what did s/he suggest?

Discussed with family, asked to see doctor

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Yes followed, found it appropriate

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

Nazareth Academy

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school				✓		
College (Current institution)					✓	

23. If it was your choice? Why did you choose this school/college?

I found it good for my career

24. Did you attend any extra/coaching classes? If yes, online or offline.

No

25. Did someone help you get admission to these classes?

My uncle helped for preparation of entrance exams.

26. If it was not your choice, whose choice was it? (Repeat options from question 22) *Parents & School teachers*

27. Do you attend any online course(s)? If yes, name the course and the source. *WIA*

28. Who is your close friend? *Pritam Kishore Singh*

29. Is your best friend from school? If no, from where? *From my hometown locality*

30. How often you meet your close friend? *Once every 1-2-3 months*

31. How else you communicate with your friend(s)? *Call/Chat*

32. Who all (as many as you can list) are your friends? Name a few.

Aditya Arya

Mehar

Ashish

33. What matters in your circle of friends? (There could be more than one option)

(1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

34. Who was the person with whom you last discussed your personal problem(s)? *Pradeep*

35. How did you know "that" person? *Friend*

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y	1	2	-	-	3	-	-
Most reliable in the college/communit y	1	2	-	-	3	-	-
About politics	-	-	-	-	-	2	-
Health issues	1	-	-	-	-	-	-
Educational issues	2	-	-	-	2	-	-
Government schemes	-	-	-	-	-	-	-
Any other issue (be specific)							

37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓						
2 times in a week	✗	✓					
2-4 times in a week							
>4 times in a week							
As & when needed			✓	✓	✓	✓	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Father	1	Weekly	Call
Liking	Mother	1	Weekly	Call
Influence	Aditya Arya	2	Weekly	Call/Chat
Praise	Anusha	3	Fortnightly	Call
Dis-respect	—	—	—	—
Dis-like	—	—	—	—
Negative Influence	—	—	—	—
Blame	—	—	—	—

39. Draw a rough sketch of you at the centre and all the contacts around you-

