

Questionnaire-HS332

No. 372

Name and contact details of the respondent (Institution of the respondent):

Prashant Kumar, 9031264680 (Amity)

A. Basic socio-demographic details:

1. Gender: Male
2. Age: 21
3. Religion: Hindu
4. Caste: General
5. Place of residence: Patna
6. Educational background: B.Tech (CSE)
7. Employment status: N/A
8. If employed, what is your occupation: N/A
9. Annual family income (approximately): 2.2 LPA
10. Any other useful detail that you want to share about yourself: —

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

Playing chess, Reading novels

12. How many hours in a day do you spend on digital media?

2-3 hours

13. List three activities that you most frequently engage in the digital media?

Scrolling Instagram, surfing, playing games

14. How often do you eat outside (this does not include mess food in the hostel)?

Daily

15. What are the sources of these food (online, college canteen, other-be specific)?

Canteen

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	0	
2023	2	Serious anxiety
2022	2	Depression

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024	✓				
2023	✓		✓		
2022					

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild						✓
Moderate						✓
Severe		✓				
Accident/Emergency		✓				
Chronic	✓					

19. If discussed with someone before visiting the doctor what did s/he suggest?

Pregnant medication

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Followed, for general care

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

Kendriya Vidyalaya

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school	✓					
College (Current institution)					✓	

23. If it was your choice? Why did you choose this school/college?

Because I was getting this college only.

24. Did you attend any extra/coaching classes? If yes, online or offline.

No

25. Did someone help you get admission to these classes?

No

26. If it was not your choice, whose choice was it? (Repeat options from question 22) **NA**

27. Do you attend any online course(s)? If yes, name the course and the source.
No

28. Who is your close friend?

Tanishk Goyal

29. Is your best friend from school? If no, from where?
No, from college

30. How often you meet your close friend?

Daily

31. How else you communicate with your friend(s)?

Social media

32. Who all (as many as you can list) are your friends? Name a few.

Ansh Agarwal

Tanishk Goyal

Sanyak Gupta

33. What matters in your circle of friends? (There could be more than one option)
~~(1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion~~

34. Who was the person with whom you last discussed your personal problem(s)?

Nobody

35. How did you know "that" person?

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y	✓						
Most reliable in the college/communit y	✓						
About politics							
Health issues	✓						
Educational issues	✓						
Government schemes	✓						
Any other issue (be specific)	✓						

37. How often do you communicate with them

Issues	Neighbours Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily							
2 times in a week							
2-4 times in a week							
>4 times in a week							
As & when needed	✓	✓	✓	✓	✓	✓	✓

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Mr. Sharma	5	Weekly	In-person
Liking				
Influence	Mr. Khan	5	Weekly	call
Praise	Riya	4	2 times/week	In-person
Dis-respect				
Dis-like	Rahul	2	monthly	In-person
Negative	-	-	-	-
Influence	-	-	-	-
Blame	-	-	-	-

39. Draw a rough sketch of you at the centre and all the contacts around you-



Mr. Khan



MC



Riya



Mr. Sharma



Rahul

Quesionnaire-HS332

No. 371

Name and contact details of the respondent (Institution of the respondent):

Priyanshu goyal , 8750005853 (Amity)

A. Basic socio-demographic details:

1. Gender: M
2. Age: 22
3. Religion: Hindu
4. Caste: Baniya
5. Place of residence: Patna
6. Educational background: Bachelor of Science
7. Employment status: Unemployed
8. If employed, what is your occupation: X
9. Annual family income (approximately): 20k PA
10. Any other useful detail that you want to share about yourself: —

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

Watch web series

12. How many hours in a day do you spend on digital media? 2-8 hrs

13. List three activities that you most frequently engage in the digital media?

Instagram
BG MI
WhatsApp

14. How often do you eat outside (this does not include mess food in the hostel)?

3 a week

15. What are the sources of these food (online, college canteen, other-be specific)?

food carts near hostel

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	one	sick
2023	—	
2022	one	Sick

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024			✓		
2023					
2022	✓				

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild	friend.					
Moderate		✓				
Severe				✓		
Accident/Emergency			✓			
Chronic			✓			

19. If, discussed with someone before visiting the doctor what did s/he suggest?

prescribe medication.

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

Carmel High School

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school	✓					
College (Current institution)						✓

23. If it was your choice? Why did you choose this school/college?

—

24. Did you attend any extra/coaching classes? If yes, online or offline.

Yes, online

25. Did someone help you get admission to these classes?

→ No

26. If it was not your choice, whose choice was it? (Repeat options from question 22)

online counselor

27. Do you attend any online course(s)? If yes, name the course and the source.

Mo.

28. Who is your **close** friend? *Sanyak Gupta*

29. Is your best friend from school? If no, from where? *Sanyak Gupta*

30. How often you meet your close friend? *daily*

31. How else you communicate with your friend(s)? *Whatsapp*

32. Who **all** (as many as you can list) are your friends? Name a few.

Sanyak Gupta

Siddhart Srivastav

Sanchay Mishra

Yash Gupta

33. What matters in your circle of friends? (There could be more than one option)

(1) Caste (2) family ties (3) Political affiliation (4) gender (5) region (6) religion

34. Who was the person with whom you last discussed your personal problem(s)?

35. How did you know "that" person?

friend

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religiou s leader	Teache r	Politica l leader	Other - be specific
What's going on in the college/communit y	✓						
Most reliable in the college/communit y				✓			
About politics						✓	
Health issues	✓						
Educational issues	✓						
Government schemes			✓				
Any other issue (be specific)							

37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓						
2 times in a week						✓	
2-4 times in a week		✓		✓			
>4 times in a week			✓				
As & when needed					✓	✉	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Father	5	Daily	In-person
Liking	Sara	4	monthly	Phone
Influence	Rajesh	2	Bi-weekly	In-person
Praise	Anil	3	Bi-monthly	Email
Dis-respect				
Dis-like	Mohit	2	monthly	In-person
Negative	-	-	-	-
Influence	-	-	-	-
Blame	-	-	-	-

39. Draw a rough sketch of you at the centre and all the contacts around you-



Father



Sara



me



Rajesh



Anil



Mohit

Questionnaire-HS332

No. 370

Name and contact details of the respondent (Institution of the respondent):

Aayrin Shaikh, 9599207295 (Amity)

A. Basic socio-demographic details:

1. Gender: Female
2. Age: 21
3. Religion: Muslim
4. Caste: SC
5. Place of residence: PATNA
6. Educational background: Bachelor of Science
7. Employment status: Unemployed
8. If employed, what is your occupation: NA
9. Annual family income (approximately): 10k
10. Any other useful detail that you want to share about yourself: NA

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

Roasting

12. How many hours in a day do you spend on digital media?
10 1/2 hours

13. List three activities that you most frequently engage in the digital media?

Adult website

Watching reels

Dating sites

14. How often do you eat outside (this does not include mess food in the hostel)?

regularly

15. What are the sources of these food (online, college canteen, other-be specific)?

Online and canteen.

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	regularly	Stress
2023	regularly	anxiety
2022	Quite frequent	depression

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024			✓		
2023			✓		
2022			✓		

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild						✓
Moderate						✓
Severe						✓
Accident/Emergency						✓
Chronic						✓

19. If, discussed with someone before visiting the doctor what did s/he suggest?

NA

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

NA.

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

Foundation academy

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school	✓					
College (Current institution)				✓		

23. If it was your choice? Why did you choose this school/college?

NO

24. Did you attend any extra/coaching classes? If yes, online or offline.

NO

25. Did someone help you get admission to these classes?

NO

26. If it was not your choice, whose choice was it? (Repeat options from question 22) **NA**

27. Do you attend any online course(s)? If yes, name the course and the source.
NO

28. Who is your **close** friend? **Mahommed Kaif.**

29. Is your best friend from school? If no, from where? **yes**

30. How often you meet your close friend? **In Vacations**

31. How else you communicate with your friend(s)? **Via phone call or insta ch**

32. Who **all** (as many as you can list) are your friends? Name a few.

- 1) **Mosseini Khamenei**
- 2) **Mahya Sinwar**
- 3) **Tamara Burke.**

33. What matters in your circle of friends? (There could be more than one option)
 Caste (2) family ties (3) Political affiliation (4) region (5) religion (6) religion

34. Who was the person with whom you last discussed your personal problem(s)?
abul barkar

35. How did you know "that" person?

from Dating website.

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic al leader	Other - be specific
What's going on in the college/communit y				✓			666
Most reliable in the college/communit y			✓				
About politics						✓	
Health issues	✓						
Educational issues	✓						
Government schemes				✓			
Any other issue (be specific)							

37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓						
2 times in a week			✓				
2-4 times in a week				✓			
>4 times in a week		✓					
As & when needed						✓	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Marsh	4	Often	In person
Liking	-	-	-	-
Influence	Tamara	5	Often	In person
Praise	-	-	-	-
Dis-respect	-	-	-	-
Dis-like	-	-	-	-
Negative Influence	Tanishk	1	Not often	call
Blame	Shashank	2	Not often	call

39. Draw a rough sketch of you at the centre and all the contacts around you-



Tamara



Marsh



me



Tanishk



shashank

Questionnaire-HS332

No. 369

Name and contact details of the respondent (Institution of the respondent):

Chandan Kumar, 96317 30832 (Amity)

A. Basic socio-demographic details:

1. Gender: M
2. Age: 20
3. Religion: Hindu
4. Caste: OBC
5. Place of residence: Gandhi Maidan
6. Educational background: BCA
7. Employment status: (CNA)
8. If employed, what is your occupation: (CNA)
9. Annual family income (approximately): 80kPa
10. Any other useful detail that you want to share about yourself: (CNA)

B. Questions related to understanding lifestyle practices

11. What are your favourite leisure time activities?

Instagram, YouTube

12. How many hours in a day do you spend on digital media? 4 hrs

13. List three activities that you most frequently engage in the digital media?

- i) Skills
- ii) Exploring
- iii) Playing.

14. How often do you eat outside (this does not include mess food in the hostel)?

Weekly

15. What are the sources of these food (online, college canteen, other-be specific)?

Market, Canteen

C. Questions related to understanding of health and illness

16. How many times did you fall sick/ill or had any health issue in the last three years?

Year	Frequency	Type of health issue/illness- Stress, anxiety, depression can also be listed as health issues (if more than one, list all)
2024	rare anxiety	anxiety.
2023	-	-
2022	-	-

17. What was the level of sickness?

Year	Mild	Moderate	Severe	Accident/emergency	Chronic
2024					
2023	✓	✓			
2022	✓				

18. Generally what is the first thing you do after identifying /knowing about any health problem?

Severity	Discuss/consult someone (be specific)	Visit a doctor in clinic	Go to hospital	Medical store	Self-medication	Other
Mild						
Moderate	✓					
Severe	✓	✓				
Accident/Emergency			✓			
Chronic						✓

19. If, discussed with someone before visiting the doctor what did s/he suggest?
Medication

20. Did you follow/partially follow/not follow the suggestion(s)? Reason for any answer.

Partially

D. Related to educational and other choices:

21. From where did you study? (list name of school(s) for all levels)

Kendriya Vidyalaya

22. Who made the choice of school and/ college for you?

Level of education	Parents	Relatives (be specific)	Neighbours	Someone from community (teacher, etc.)	Self	Based on online sources
School (till 10)	✓					
School (10+2)- Mention if you did not attend regular school	✓					
College (Current institution)					✓	

23. If it was your choice? Why did you choose this school/college?

NO

24. Did you attend any extra/coaching classes? If yes, online or offline.

NO

25. Did someone help you get admission to these classes?

NO

26. If it was not your choice, whose choice was it? (Repeat options from question 22) *parents*

27. Do you attend any online course(s)? If yes, name the course and the source. *NO*

28. Who is your **close** friend? *Ashwin*

29. Is your best friend from school? If no, from where? *Yes*

30. How often you meet your close friend? *Frequently*

31. How else you communicate with your friend(s)? *WhatsApp*

32. Who **all** (as many as you can list) are your friends? Name a few.

- i) Ragini
- ii) Lalit
- iii) Munja

33. What matters in your circle of friends? (There could be more than one option)

- (1) Caste
- (2) family ties
- (3) Political affiliation
- (4) gender
- (5) region
- (6) religion

34. Who was the person with whom you last discussed your personal problem(s)? *Aniket*

35. How did you know "that" person? *childhood friend*

E. My circle and who is at the centre

36. Rank the person in terms of preference with whom you discuss various issues as listed

Issues	Neighbours/ Friends	Popular person in your community/colleg e	Social activis t	Religiou s leader	Teache r	Politic a leader	Other - be specific
What's going on in the college/communit y	.	✓					
Most reliable in the college/communit y					✓		✓
About politics							
Health issues	✓						
Educational issues	✓						
Government schemes	✓						
Any other issue (be specific)							

37. How often do you communicate with them

Issues	Neighbours/ Friends	Popular person in your community/college	Social activist	Religious leader	Teacher	Political leader	Other (be specific)
Daily	✓	✓					
2 times in a week							
2-4 times in a week							
>4 times in a week							
As & when needed			✓	✓	✓	✓	

38. Name a contact associated with such a feeling (given below). You may even rank each on a scale of 1 to 5 and list the frequency of contact.

Feeling	Name a person	1 to 5	Frequency of contact	Mode of contact
Respect	Mother	5	Daily	In-person
Liking	-	-	-	-
Influence	Raj	5	Weekly	In-person
Praise	Riya	4	Daily	Call
Dis-respect	-	-	-	-
Dis-like	Karan	2	Monthly	In-person
Negative	-	-	-	-
Influence	-	-	-	-
Blame	-	-	-	-

39. Draw a rough sketch of you at the centre and all the contacts around you-



mother

me



Karan