

FOOD FOR THOUGHT

People Over 30 Share Incredible Professional Advice, A Look At Some Of The Best

BY DISHA BANERJEE · 17TH JANUARY 2024 · ⌚ 1 MINUTE READ



Many young people look forward to working in offices, believing that putting in hard work and long hours will lead to a smooth experience. However, the reality is often harsher. They find themselves as replaceable workers, putting in more hours than they're paid for. Office politics become a confusing mess, bringing a lot of stress. The initial excitement fades as they discover the challenging truths of the professional world, which turns out to be more complicated than they imagined.



Representational image

Which is why people online who are over 30 years old are sharing valuable professional advice which a lot of youngsters can use. The conversation started to take place after a user posted this:

30+ folks, what is your best piece of professional advice?
— dont let me get bangs again fr (@yoadri_n) January 15,
2024

The pearls of wisdom that were dropped after the user posed the question is insane. Numerous people shared incredible advice that they learnt the hard way and through experience. Here's a look at some of the best ones:





Representative Image

When you are sick, stay home and do not make yourself available via Slack or whatever. If you died at your desk, they'd have your work reassigned by EOD. They will be okay without you for a sick day. <https://t.co/DuNa3jZgFC>

— Nichole 🍷🍷 UPDATES 🤒 (@tnwhiskeywoman)

January 16, 2024



Representational image

The first part of the paper discusses the importance of understanding the cultural context of the research. It highlights the need for researchers to be sensitive to the values and beliefs of the communities they are studying. This is particularly important in the field of education, where cultural differences can significantly impact learning outcomes. The paper then moves on to discuss the challenges of conducting research in diverse cultural settings. It notes that researchers often face difficulties in establishing rapport with participants and in interpreting their responses. To address these challenges, the paper suggests several strategies, including the use of local informants and the development of culturally appropriate research instruments. The final part of the paper discusses the importance of ethical considerations in cross-cultural research. It emphasizes the need for researchers to obtain informed consent from participants and to ensure that their research does not cause harm or exploitation.

If there's one piece of advice that we truly love, it's this.

Keep learning and be ready to adapt. Things change quickly, so it's important to stay curious and improve your skills. Connect with people in your field by going to events and making friends. Don't be afraid to ask for feedback, and learn from both your successes and mistakes.

Hope this helps!

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