

Poomsae:

This is a non-fighting round in which points will be awarded for the players performance. For individuals, players will compete in 2 categories as follows:

- Juniors— Players may be asked to execute any Taeguk upto Taeguk III.
- Seniors- Players may be asked to execute any Taeguk upto Taeguk VI.
- Pair Poomsae: For pair competition, teams consist of 2 players (one boy and one girl). Players may be asked to execute any Taeguk upto Taeguk V.
- Group Poomsae: For group competition, teams consist of 3 players (any number of boy and girl). Players may be asked to execute any Taeguk upto Taeguk V.

Any player can participate in maximum of 2 events (excluding Team game event).

Sparring:

The players will fight within their respective weight categories. The tournament will be of knock-out type. Bout formation will be a random process. If there is single player in any weight category he/she will be shifted to the next nearest weight category.

Team Game:

Team consists of 6 people (5 Boys and 1 Girl)

Weight categories for the **sparring** will be as follows:

Sl. No.	Weight Categories	Men(Kg)	Women(Kg)
1	Fin	Below 54	Below 46
2	Fly	54 - 58	46 - 49
3	Bantam	58 - 63	49 - 53
4	Feather	63 - 68	53 - 57
5	Light	68 - 74	57 - 62

6	Welter	74 - 80	62 - 67
7	Middle	80 - 87	67 - 73
8	Heavy	Above 87	Above 73

IMPORTANT NOTE:

RULES & SCHEDULE ARE SUBJECT TO CHANGE IN THE SPIRIT OF THE GAME & FESTIVAL AND THE FINAL DECISION IN ALL MATTERS RESTS WITH THE SPARDHA TEAM.