

Rules:

1. Each team must consist of maximum 5 players and 3 players for Men and Women, respectively.
2. The sequence of men's play will be:
 - 1st singles.
 - 2nd singles.
 - 1st doubles.
 - 3rd singles.
 - 2nd doubles.
3. The sequence of women's play will be:
 - 1st singles.
 - 1st doubles.
 - 2nd singles.
4. Each player can play maximum of one singles and one doubles.
5. A team wins if it wins 3 of the 5 games for men and 2 of the 3 games for women.

Scoring System:

1. A match consists of the best of 3 games of 21 points.
2. Every time there is a serve – there is a point scored.
3. The side winning a rally adds a point to its score.
4. At 20 all, the side which gains a 2 point lead

- first, wins that game.
5. At 29 all, the side scoring the 30th point, wins that game.
 6. The side winning a game serves first in the next game. Interval and Change of Ends.
 7. When the leading score reaches 11 points, players have a 60 second interval.
 8. A 2 minute interval between each game is allowed. Players must change sides after each game. In the third game, players change sides when the leading score reaches 11 points.

Singles:

1. At the beginning of the game (0-0) and when the server's score is even, the server serves from the right service court. When the server's score is odd, the server serves from the left service court.
2. If the server wins a rally, the server scores a point.
3. If the receiver wins a rally, the receiver scores a point and becomes the new server. They

serve from the appropriate service court – left if their score is odd, and right if it is even.

Doubles:

1. A side has only one 'service'.
2. The service passes consecutively to the players as shown in the diagram.
3. At the beginning of the game and when the score is even, the server serves from the right service court. When it is odd, the server serves from the left court.
4. If the serving side wins a rally, the serving side scores a point and the same server serves again from the alternate service court.
5. If the receiving side wins a rally, the receiving side scores a point. The receiving side

becomes the new serving side.

6. The players do not change their respective service courts until they win a point when their side is serving.

IMPORTANT NOTE:

RULES & SCHEDULE ARE SUBJECT TO CHANGE IN THE SPIRIT OF THE GAME & FESTIVAL AND THE FINAL DECISION IN ALL MATTERS RESTS WITH THE SPARDHA TEAM.

