

Langtang Valley Short Trek- 6 Days

Destination: Nepal

Trip Difficulty: Easy-Moderate

Best Season: March- May, Sep- Nov

Max Elevation: 4773m / 15655 ft.

Short Langtang Valley Hike Highlights

- Scenic drive from Kathmandu to Syabrubesi for 5 to 7 hrs
- Breathtaking view of the Himalayan mountains
- Exploring the beautiful Tamang villages like Langtang and Kyangiing Monastery
- A short hike up to the outstanding view pint, KyangjinRi
- Witness waterfalls, wild animals, and numerous suspension bridges along the way
- Visiting ancient and significant Buddhist monasteries, stupas as well as cheese factories in this valley

Lantang short trek -6 Days itinerary is the fastest itinerary of the Langtang Valley Trek. This itinerary does not include any acclimatization during the trek since it is not a demanding route in terms of difficulties.

Immerse in the beauty of Nepal, and its majestic Himalayas, kind people, rich culture, and exotic wildlife!

Langtang Trek 6 Days is one of the most popular and less crowded trekking routes in Nepal which is feasible and accessible to any average fitness enthusiastic traveler to explore the legacy of the magnificent mountains along with culture miscellaneous and a



wide range of flora and fauna.

The Langtang Valley Trek is a relatively easy hike that doesn't really require any previous trekking and hiking experiences. This 6 Days magical Langtang Trek trek offers the endless beauty of nature including astonishing Himalayan views of Langtang Lirung, Ganesh Himal, Langtang-II, and many other snow-capped Himalayan mountains.

The trail passes along the unspoiled route offering spectacular surroundings that lead to peaceful and warm Tibetan-influenced villages. All of the above factors make Langtang Valley Trek an unforgettable journey that offers an experience, unlike any other place.

The 6 days Langtang Valley Trek is the best option for those adventure travelers who are looking for a week-long trek in the mighty land of the Himalayas with no crowds.

However, this trek is beautiful in the diversity of culture and nature. You will also be exploring the different cultures and lifestyles of the mountain people like Lama, Tamang, and Sherpa along with enjoying their warm hospitality.

One thing to know is this part of Nepal has got the influence of Tibetan culture and tradition. Moreover, the Tamangs here are believed to be the descendants of Tibetans. Picturesque Langtang village, ancient Kyanjin Gompa, and Kyanjin Ri viewpoint are some of the popular places in the region.

The trail during the Langtang Valley Trek moves through Langtang National Park, which is home to hundreds of flora and fauna. That means you get to see a huge variety of vegetation.

This is the oldest Himalayan national park in Neal. The moderate Langtang valley trek begins from Syabrubesi by taking a 5 to 6 hours of scenic bus ride from the capital city of Kathmandu.

From here, walking through the remarkable valleys, farmlands, and glaciers, you reach the final section of this trek, Kyanjin Ri. The view from this point is breathtaking. The trail



is less crowded regardless of any time of the year.

The trail is not as busy as Annapurn (https://www.alpineramble.com/annapurna-base-camp-trek) a and Everest treks (https://www.alpineramble.com/everest-base-camp-trek-8-days). You can go on Langtang Valley Trekking any time of the year, however, March, April, May, September, October, and November are recommended. These months are favorable months for any venture in the Nepal Himalayas including Langtang Valley Trek 6 Days.

Have a long holiday please check out our <u>8 Days Langtang Valley Trek</u>

(https://www.alpineramble.com/langtang-valley-trek) and <u>12 Days Langtang and</u>

Gosaikunda lake trek (https://www.alpineramble.com/langtang-gosaikunda-trek-12-days)

Become part of this adventurous journey and get to explore an unseen part of the world with us. For speedy information and answers to trip-related questions or concerns, please contact us at WhatsApp: +977 9851175531 (Dil) or drop us an inquiry via email!

Benefits of this trek with ART

- Free Airport transport on arrival and departure by private vehicle
- Trekking equipment such as the Sleeping bag, Down jacket, and walking poles if you do not have your own
- Souvenir: Trekking route map, browser, and printed ART's hiking T-shirt
- An Oximeter to measure your Oxygen and Pulse at a high altitude to find out your accurate health condition while you are trekking in the mountain.
- WOKI TOKI (https://en.wikipedia.org/wiki/Walkie-talkie) for communication during the trek





Day to Day Itinerary

Day 1: Drive from Kathmandu to Syabrubesi by local sharing bus

Day 2: Trek from Syabrubesi to Ghoretabela

Day 3: Trek from Ghoratabela - Kyangjin Gompa

Day 4: Hike to Kyanjing-Ri for the the sunrise view and trek back to Lama hotel

Day 5: Trek to Syaprubesi



Day 6: Drive back to Kathmandu by local sharing bus

Cost Includes

- Free airport picks up and drops off services on arrival and departure by private vehicles.
- Full Board Meals (Breakfast, Lunch, and Dinner/ the main course) during the trek.
- Alpine Ramble's experienced, government-licensed, English-speaking trekking guide.
- All salary, food, drinks, accommodation, transport, and insurance for the guide.
- All necessary papers including Langtang national park permit and TIMS card (
 Trekking Information Management System)
- Trekking equipment such as the Sleeping bag, and down jacket on request (optional)
- Trekking lodges or te houses throughout the trek
- Assistant guide for the group 8 pax or above
- All the ground transportation including from Kathmandu- Syaprubesi- Kathmandu
- Supplementary snacks: energy bars, crackers, cookies, etc.
- Seasonal fresh fruits dessert every evening after dinner.
- Appreciation of certificate after the successful trek.
- Farewell Dinner at a typical Nepalese restaurant with traditional music and dance
- Alpine Ramble's complimentary free T-shirt, route map, and a duffel bag
- An oximeter to measure your oxygen and Pulse level during the trek in the mountain, it's very useful for all the trekkers to be aware of the high altitude sickness.
- Compressive first aid box (Guide will carry it throughout the trek).
- Emergency rescue operation assistance is arranged in case of complex health conditions (funded by your Travel Insurance)
- All government, Local taxes, vat, and official Expenses



• 10% OF ALL PROCEEDS GO TO SUPPORT OUR SOCIAL IMPACTS INITIATIVE (https://www.alpineramble.com/mission)

Cost Excludes

- Nepal entry visa fees (you can easily issue the visa on arrival at Tribhuwan International Airport, Kathmandu). 25 USD for 15 days Visa.
- Food and accommodation before and after the trek
- All kinds of beverages (tea, coffee, coke, beers, water, etc).
- Additional costs by out of management control due to the landscape, weather conditions, illness, changes in government policies, strikes, physical conditions, etc.
- Personal expenses such as snacks, laundry, telephone, WIFI, hot shower, etc at tea houses on a trek.
- Travel insurance has to cover emergency rescue evacuation from high-altitude up to 5000 m.
- Personal trekking equipment (https://www.alpineramble.com/trekkingequipment.html) for this trek
- Gratitudes to guides and staff (recommended by Nepalese culture)
- Any other expenses that are not mentioned in the Price Include section of this trek.