

4 Days Ghandruk Poon Hill Trek Itinerary

Destination: Nepal

Trip Difficulty: Easy

Best Season: March/ Apr/May/Jun/Sep/Oct/Nov/Dec

Max Elevation: 3210 m

The 4 Days Ghandruk Poon Hill Trek Itinerary is a wonderful experience through the motherland of the Himalayas, walking through the dense forest of juniper, oaks, and rhododendrons, and witnessing the most beautiful mountains and charming villages of the region.

This short trek to Ghandruk Poon Hill is one of the finest treks in the Annapurna region of Nepal, it's a beautiful combination of a wide variety of nature and culture giants offering the majestic views of the mountains, fantastic waterfalls, local villages of Gurung people, and flora and fauna.

Ghandruk Poon Hill Trek -4 Day is an amazing short and easy trek that starts from Kathmandu right after visiting ancient places of historical Kathmandu city.

The journey takes to Pokhara by taking a tourist bus from Kathmandu. Sooner in Pokhara, you will be amazed by seeing the outstanding views of the mountain from your room in the hotel, it's Nepal's most beautiful city. The next day morning, the journey will be continued with a short drive to Nayapul from the lake city of Pokhara. Then our trek officially starts right from Nayapul right after dropping us off by private car.

The trek from here to Ghandruk will be an easy hike for about 4 hours, Ghandruk – one of the beautiful Gurung villages in the Annapurna region lies at the edge of hills, the view from Ghandruk is breathtaking, it's a wonderful place to spend a night with great views of the mountains, local people and exploring their lifestyle. The Gurung Museum in

Ghandruk is not to miss out on where you will be exploring the unique traditional way of Gurung living life in the mountains.

Hence, decorating tools are used to be utilized by Gurung people. From Ghandruk the trek continues to the villages of Tadapani, Ghorepani, and Poon Hill. The ultimate journey to Poon Hill provides a great trekking experience that will surely be a trip of a lifetime.

Poon Hill is one the most beautiful hills located at an altitude of 3210 meters above sea level and offers a wide range of fantastic mountains view of Annapurna I (8091m), Machhapuchare (6998m), Himchuli (6800m), Annapurna South (7219m), Dhaulagiri (8280m) and many other mountain peaks.

The sunrise is the best to see from here, after enjoying the panoramic views of the mountains and sunrise view at Poon Hill then we gradually descend down to the Ulleri, Birethati, and Nayapul, the trek will be ended up at Nayapul and we trek a short drive to Pokhara by car.

The Ghandruk Poon Hill trek is a fairly easy one that can be done by anyone at any time of the year without any trekking experience. However, this trek can simply be customized, please feel free to write to us for theism customize +977 9851175331 (WhatsApp) / info@alpineramble.com

Complimentary Benefits Of This Trek

- Free Airport transportation on arrival and departure days (We will pick you up and drop you off)
- **Trekking equipment** such as the Sleeping bag, Down jacket, and walking poles (rental is included if needed)
- Duffle bag if required (Optional)
- **Souvenir:** Trekking route map/browser and printed ART's hiking T-shirt
- An Oximeter to measure your Oxygen and Pulse at high altitude to find out your

accurate health condition while you are trekking in the mountain.

Highlights

- Walk through the beautiful villages of Gurung and Magar villages
- explore the local culture and lifestyle
- witness outstanding views of the mountains
- visit Gurung Museum and ancient studios monastery
- hike to poon for sunrise over the Himalayas
- Enjoy a 360- degrees panoramic mountains view of Annapurna and Dhaulagiri range from poon hill

Day to Day Itinerary

Day 1: Drive from Pokhara to Nayapool 1:30 hrs & trek to Ghandruk (1940 m)

Day 2: Trek from Ghandruk to Tadapani (2630m)- 4 hrs approx

Day 3: Trek from Tadapani to Ghorepani (2860m)- 4/5 hrs approx

Day 4: Hike - poon hill (3210m) -Ghorepani- Nayapul- Pokhara- 6/7 hrs approx

Cost Includes

- **Four** lunches, **three** dinners and **three** breakfasts during the trek
- A professional, experienced, and friendly Alpine Ramble's government-licensed holder guide, covering meals, flight, insurance, accommodations, and equipment for 6-Day.
- All the trekking documents
- Annapurna Conservation Area Permits (ACAP) Fee
- Trekking Information Management System (**TIMS**) Card.
- 3- 3-night accommodations in the best available mountain Tea Houses

- Round-trip transfer from Pokhara to Nayapul – Pokhara
- Snacks (crackers) and Seasonal available fresh fruits during the trek.
- ART's Certificate of Appreciation after the successful ABC trek
- **Farewell dinner** at the best typical Nepalese restaurant along with the cultural performances
- Alpine Ramble's complimentary free T-shirt, route map,
- A basic first aid box including Diamox for high altitude sickness
- All government, Local taxes/ vat, and official Expenses
- **10% OF ALL PROCEEDS GO TO SUPPORT OUR [SOCIAL IMPACTS INITIATIVE](https://www.alpineramble.com/mission)**
[\(<https://www.alpineramble.com/mission>\)](https://www.alpineramble.com/mission)
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Cost Excludes

- Nepal entry visa fees (you can easily issue the visa on arrival at Tribhuvan International Airport, Kathmandu). \$25 USD for 15 days Visa.
- Extra accommodation and meals behind schedule (Foods and accommodations before or after the trek In Kathmandu and Pokhara)
- Extra drinks as alcoholic & non-alcoholic such as Fanta, Coca-cola, sprite, water, tea/coffee beer, etc.
- Additional costs by out of management control due to the landscape, weather conditions, illness, change of government policies, strikes, physical conditions, etc.
- Personal expenses such as snacks, laundry, telephone, WIFI, hot shower, etc at tea houses on a trek.
- Travel insurance has to cover emergency rescue evacuation from the high-altitude
- Personal [trekking equipment \(<https://www.alpineramble.com/trekking-equipment.html>\)](https://www.alpineramble.com/trekking-equipment.html) for this trek
- Tipping (recommended by culture)
- Any other expenses that are not mentioned in the Price Include section of this trek.