

Everest Base Camp Trek by Road (without Fly)

Destination: Nepal

Trip Difficulty: Moderate - Strenuous

Best Season: March- May & Sep- Nov

Max Elevation: 5545 m

Everest Base Camp Trek by road? Yes! It is absolutely possible without a doubt, and can make it in the same number of days as the 14-15 day traditional Everest Base Camp trek (https://www.alpineramble.com/mount-everest-base-camp-trek-14-days).

Embark on this fascinating journey that permits you to explore the majestic mountains, walking through some of the world's most spectacular villages.

Everest Base Camp trek by road is an iconic trip that has been designed by Alpine Ramble Treks for trekkers to enjoy the beauty of diverse cultures and nature, not missing anything. However, this itinerary does not include any flight to and from Lukla to be part of the experience of everything. You will miss nothing doing this trek by road, and it is also a bit cheaper than the flight journey.

The trek itself is amazing, enjoying the glorious valley of the lower region of the Himalayas, where you have plenty of time to engage with the local people to learn about their foods, traditions, and lifestyle.

Taking a jeep is yet another highlighted part of the journey as it takes us to the most beautiful land on the planet. Enjoy the scenery with the fabulous extended music and laugh together; that's the journey probably everyone likes to take at least once in a lifetime.



Taking a flight to Lukla is also not a disadvantage but you will miss some of the beautiful scenery and authentic local villages along with the majestic local culture and lifestyle. Also, it is so scary to fly out to Lukla by a tiny airline and land on one of the world's most dangerous airports with a very short runway. Thank god that nothing bad had happened yet.

Our Trek to Everest base camp y by road without flying to Lukla commences in Kathmandu with 6-7 hours of ride by local jeep to Phaplu, a small town with a beautiful atmosphere and friendly people. We start a short drive to Tham Dada and start our trek from here onwards. It is all on foot now.

An official trekking day starts from Tham Dada, which is a magical place to kick up our trek toward the Everest base camp. The valley is so deep, with a peaceful environment.

Trekking continuously moves further down the valley, following the small local villages of Nunthalas and several others to get our camp to Paiya, a small Rai and Sherpa-original people. The next day, we had another exciting hike up to Phakding by passing several local villages and catching up with a stunning mountain and breathtaking valley to reach our goal of reaching Everest. From Phakding, we follow the normal EBC route, meeting more adventure fellows and enjoying the sound of thundering Waterfalls, cascading monasteries, and dazzling views of the Himalayas with a different atmosphere.

As we gain the elevation, there are better views of the Himalayas. However, the trail is crowded to follow up the rest of our hike toward Base camp from Phakding. This is the point where we meet the other hikers who take the flight options for their trip to Everest treks.

If you are a beginner voyage but intend to experience the Everest base trek and are quite scared of getting possibility high altitude sickness, then this itinerary taking by a road option is fairly helpful to you as it starts the trek from the low subtropical to the high elevation of the area. This itinerary allows you to have a good time acclimatizing to the



thin air before approaching such a high altitude. You will get familiar with the mountain air, adopting and approaching the gradual hiking to proceed with the lower elevation. Your buddy gets paid attention to gaining elevation.

Our multiple-day trek takes us to the Everest base camp, which stands at an altitude of 5364 meters, and ultimately to Kalapathar, located at the elevation of 5555 m above sea level. This is also ultimately the highest point to reach by foot on this trip.

Immersing in the view of 360-degree panoramic Himalayas, eyes-catching glaciers, breathtaking sunrise over the untouchable mountains, testing delicious mountain foods, encountering local people, and waving to your new hiking fellows are some of the most beautiful highlights of this journey.

If you are thinking of doing this trek in Nepal, then March-May and December are considered the best times of the year without a doubt. The weather is stable, the temperatures are moderate, the views are clear, and there is no risk in terms of landslides, rain, and even cloudy factors.

This trek with the road is doable for all of us who are physically fit and determined to do 5-6 hours of walking each day with a small daypack. This is a fully guided trek, you will be accompanied by one of the highly experienced local guides who are familiar with this region and know everything in dept.

The Everest base camp trek has been one of your bucket list destinations like many of travel then book this trip now without any delay, you will not regret it. We guarantee you that to give you a first-hand travel experience and of course, this trekking trip would be a life-changing experience for you in the end.

ALR also offer the Everest base camp trek with the flight for the different varieties of trekking trip itinerary options, you may opt for one of them as follow.



Short Everest Base Camp Trek -10 Days (https://www.alpineramble.com/everest-base-camp-trek) (https://www.alpineramble.com/everest-base-camp-trek)

7 Days Everest Base Camp Trek (https://www.alpineramble.com/7-days-everest-base-camp-trek)

12 Days Everest Base Camp Trek (https://www.alpineramble.com/12-days-everest-base-camp-trek-itinerary)

Mount Everest Base Camp Trek (https://www.alpineramble.com/mount-everest-base-camp-trek-14-days)

Everest Cho La Pass Trek (https://www.alpineramble.com/everest-cho-la-pass-trek)

BENEFITS WITH ART

- Free transfers to and from Tribhuvan International Airport upon arrival and departure.
- Complimentary use of any necessary trekking equipment, such as sleeping bags, down jackets, duffle bags, walkie-talkies, trekking poles, and an oximeter to monitor your oxygen and pulse.
- Fun souvenirs of your Himalayan adventure: a trekking route map, a t-shirt emblazoned with the Alpine Ramble Treks logo, and a hat!
- Prearranged trekking permits, accommodations, transportation, and round-trip flight tickets between Kathmandu and Lukla.
- Daily meals (breakfast, lunch, and dinner) are provided while staying at trekking lodges or teahouses along the Everest Base Camp Trek.

Day to Day Itinerary

Day 1: Drive from Kathamndu to Phaplu by Jeep (7-8 hrs)



- Day 2: Drive from Phaplu to Tham dada (3 hrs), and trek to Paiya (5-6 hrs)
- Day 3: Trek form Paiya to Phakding (5-6 hrs)
- Day 4: Trek from Phakding- Namche Bazzar (5-6 hrs)
- Day 5: Acclimatization in Namche Bazar
- Day 6: Trek from Namche Bazaar to Tengboche (4 hours)
- Day 7: Trek from Tengboche to Dingboche (4 hours)
- Day 8: Acclimatization in Dingboche
- Day 9: Trek from Dingboche to Lobuche (4-5 hours)
- Day 10: Trek to Everest Base Camp (5 hours) and return to Gorak Shep (3 hours)
- Day 11: Trek to Kala Patthar (2 hours) and trek from Gorak Shep to Pheriche (5

hours)

- Day 12: Trek from Pheriche to Namche Bazaar (6 hours)
- Day 13: Trek from Namche Bazaar Surke (6 hours)
- Day 14: Trek from Surke- Tham dada (3 hrs) and drive back to Phaplu (4-5 hours)
- Day 15: Drive back to Kathamndu (7-8 hrs)

Cost Includes

- Free International Airport- Hotel- Airport pick up and drop off by private vehicles
- Meals on a full-board basis (Breakfast, Lunch, and Dinner/ the main course) during the trek in the mountain.
- Alpine rambles is an experienced, government-licensed, English-speaking trekking guide.
- All salary, food, drinks, accommodation, transport, and insurance for the guide.
- All necessary papers, including Everest National Park permit and TIMS card (Trekking Information Management System)
- PasangLhamu community Fee
- 2-night hotel accommodation in kathamndu with breakfast
- Trekking equipment, such as the Sleeping bag and down jacket on request (optional)
- Trekking lodges or tea houses during the trek



- Assistant guide for the group 8 pax or above
- A round trip transfer from Kathmandu –Phalpu Kathmandu by sharing a jeep
- Supplementary snacks: energy bars, crackers, cookies, etc.
- Seasonal fresh fruit dessert every evening after dinner.
- ART's Appreciation of the certificate after the successful trek.
- Farewell Dinner at a typical Nepalese restaurant with traditional performances
- Alpine Ramble's complimentary free T-shirt, and route map,
- Oximeter to measure your oxygen and Pulse level during the trek in the mountain,
 it's very useful for all the trekkers to be aware of the high altitude sickness.
- A basic medical kid/ first aid box
- Emergency rescue operation assistance is arranging in case of complex health conditions (funded by your Travel Insurance)
- All government, Local taxes, and official Expenses
- 10% OF ALL PROCEEDS GO TO SUPPORT OUR <u>SOCIAL IMPACTS INITIATIVE</u> (https://www.alpineramble.com/mission)

Cost Excludes

- Nepal entry visa fees (You can obtain a visa quickly upon your arrival at Tribhuwan International Airport in Kathmandu, Nepal). \$25 USD for 15 days Visa.
- International airfare
- Personal expenses such as shopping, hot and cold drinks, hot shower, hard and soft alcohols, snacks, hot and cold water, Wi-Fi, battery re-charge fee, and extra porter (\$140 PP one porter for 2 trekkers)
- Travel insurance insurance has to cover emergency high-altitude rescue and evacuation
- Personal cloths and <u>trekking equipment (https://www.alpineramble.com/trekking-equipment.html)</u>
- Additional cost, the itinerary modifications or delay caused by out of management



control due to the weather condition, illness, change of government policies, strikes, physical condition, etc.

- Tips and Gratitudes to the guides, staff, and driver (Recommended by Nepali culture)
- Any other expenses that are not mentioned in the Price "inclusive section" of this program