

Everest Base Camp Cho La Pass Trek

Destination: Nepal

Trip Difficulty: Moderate - Strenuous

Best Season: March - June, Sep - Dec

Max Elevation: 5545 m (Kalapathar)

Everest Chola Pass Trek (Everest Base Camp- Chola- Gokyo); "Be part of this absolute venture into the Base camp of the top of the world via Chola Pass and the heart of Sherpa people! Welcome to join this wonderful journey and get the assortment of experiences of the Himalayas with your best local adventure expertise friend."

Everest Base Camp Via Gokyo Trek Insight Overview

Everest Base Camp via Gokyo- Chola Pass Trek is an absolute adventure into the heart of the Everest region, triumphing over one of the highest passes in the world, **Chola Pass**. This trek offers us the opportunity to be in the mesmerizing **Gokyo Valley** at the edge of serene **Gokyo Lake**.

Further, the tourist can hike to the summit of Gokyo Ri, which is located at an altitude of 5,357 m (17,575 ft)-high and offers spectacular views of the entire Everest Himalayan range. The thrills of adventure while passing Chola Pass will be an adventure for a lifetime.

Everest Base Camp via Gokyo-Chola Pass trekking is also a perfect choice for experiencing Sherpa Land and its culture. Apart from these, this trek takes you via Sagarmatha National Park, which is an abode of Alpine vegetation and wildlife. The glaciers, natural falls and landscapes, and high pasturelands are other highlights of this trekking.

Everest Chola Pass Trek Getting Away

Everest Base Camp Via Gokyo-Chola Pass trekking, like other trekking trails in the Everest region, commences from Lukla after you have a short and scenic flight from Kathmandu and land at Lukla; Lukla itself gives some insights into the Everest region. The trail then ascends from Namche to Phakding.

Manjo is the gateway to enter Sagarmatha National Park, a UNESCO World Heritage site, which is an abode to many rare and endangered species of flora and faunas, including wild animals such as **Mountains Goat**, musk deer, Ghoral, and Himalayan Thar as well as red-billed chough, pheasant, blood pheasant, and yellow-billed chough.

Namche Bazaar is known as the gateway to the Everest region. The Tibetan markets, Hotel Everest View, and some mountain views are prominent here. As the trail ascends to a higher elevation, the glaciers, serene lakes, and mountain views will be superb.

The serene and calm Gokyo Lake attracts thousands of tourists here. In the early morning, the climb to Gokyo Ri offers probably the most fabulous views of eight-thousander giants like Lhotse, Nuptse, Cho-you, Makalu, and an apparent view of Mt. Everest.

The trail then offers the thrills of adventure while scaling Chola Pass. Kalapatthar is also a popular vantage point for closer mountain panoramas in the Everest region, such as holy Pumori. Finally, Everest Base Camp offers trekkers the ultimate flavor of adventure.

Why Everest Base Camp Cho La Pass Trek with Us?

A thrilling **Everest Base Camp via Gokyo- Chola Pass** Trek with Alpine Ramble Treks is sure to be the trip of a lifetime, focusing on and endorsing the high level of safety and security to enjoy more with this mighty mountain and landscape on this trek.

In contrast, our 16 Days Everest Base Camp and Chola pass trek is completely customizable as per your own convenient time and desires; however, besides that, some of our trekking programs in the Everest region can be accommodated you, such as [Short Everest Trek 5 Days \(https://www.alpineramble.com/everest-view-trek\)](https://www.alpineramble.com/everest-view-trek) , [Everest High Pass Trek, \(https://www.alpineramble.com/everest-high-pass-trek-18-days\)](https://www.alpineramble.com/everest-high-pass-trek-18-days) and [Everest Base Camp Trek \(https://www.alpineramble.com/mount-everest-base-camp-trek-14-days\)](https://www.alpineramble.com/mount-everest-base-camp-trek-14-days) .

Additional Benefits of this Fabulous Everest Chola Pass Voyage with Alpine Ramble

- Airport transfer on arrival and departure dates for both (International and domestic).
- Complimentary use of any necessary trekking equipment, such as sleeping bags, down jackets, duffle bags, walkie-talkies, trekking poles, and an oximeter to monitor your oxygen and pulse.
- Fun souvenirs of your Himalayan adventure: a trekking route map, a t-shirt emblazoned with the Alpine Ramble Treks logo, and a hat!
- Prearranged trekking permits, accommodations, transportation, and round-trip flight tickets between Kathmandu and Lukla.
- Daily meals (breakfast, lunch, and dinner) are provided while staying at trekking lodges or tea houses along the Trek.

Highlights of the Everest Base Camp trek with Gokyo Lake via Chola Pass (5420 m)

- Historical UNESCO World Heritage Sites Tour in Kathmandu Valley
- Breathtaking Mountains views of the Everest region
- Crossing Cho La pass (5420 m) and witness the 360 degrees splendid Himalayas range
- Everest base camp and a Pleasant hike to Kalapathar
- Scenic mountain flight to Lukla- Kathmandu
- Visiting Unique Sherpa villages and meeting Sherpa people
- Ancients' monasteries and Gumpa along the way

Day to Day Itinerary

Day 1: Arrival in Kathmandu, you'll be received by our airport representative and transfer to the hotel

Day 2: Fly from Kathmandu to Lukla (35 min) and trek to Phakding (3 hours)

Day 3: Trek from Phakding to Namche Bazaar (5 hours)

Day 4: Acclimatization

Day 5: Trek from Namche Bazaar to Tengboche (5 hours)

Day 6: Trek from Tengboche to Dingboche (5 hours)

Day 7: Acclimatization

Day 8: Trek from Dingboche to Lobuche (4 hours)

Day 9: Trek from Lobuche to Everest Base Camp (4-5 hours), then trek to Gorak Shep (3 hours)

Day 10: Trek from Gorak Shep to Kala Patthar (2 hours), then trek to Dzongla (4-5 hours)

Day 11: Trek from Dzongla to Cho La (3 hours), then Trek to Thangnak (3 hours)

Day 12: Trek from Thangnak to Gokyo (3-4 hours)

Day 13: Trek from Gokyo to Gokyo Ri (3-4 hours), then trek to Dole (4 hours)

Day 14: Trek from Dole to Namche Bazaar (7 hours)

Day 15: Trek from Namche Bazaar to Lukla (5-6 hours)

Day 16: Fly from Lukla to Kathmandu (35 minutes) and transfer to hotel

Cost Includes

- Free International Airport- Hotel- Airport pick up and drop off by private car/Jeep/Hiace.
- **Meals** are on a full-board basis (Breakfast, lunch, and dinner/ **the main course**) during the trek in the mountain.
- Alpine Ramble is an experienced, government-licensed, English-speaking trekking guide.
- All salary, food, drinks, accommodation, transport, and insurance for the guide.
- All necessary papers, including Everest National Park **permit** and **TIMS card** (Trekking Information Management System) / Community fee
- **Trekking equipment** such as the Sleeping bag and down jacket
- Trekking lodges or **Tea House** during the trek
- Assistant guide for the group 8 pax or above
- A round of internal flights from Kathmandu –Lukla - Kathmandu, including applicable airport taxes
- Supplementary snacks: energy bars, crackers, cookies, etc.
- Seasonal fresh fruit dessert every evening after dinner.
- Appreciation of certificate after the successful trek.
- Farewell Dinner at a typical Nepalese restaurant with traditional music and dance
- **Alpine Ramble's** complimentary free T-shirt/ route map and a duffel bag (if required)
- Oximeter to measure your oxygen and Pulse level during the trek in the mountain, it's very useful for all the trekkers to be aware of the high altitude sickness.
- Compressive first aid box (Guide will carry it throughout the trek).
- **Emergency rescue** operation assistance is arranged in case of complex health conditions (funded by your Travel Insurance)

- All government, Local taxes/VAT, and official Expenses
- **10% OF ALL PROCEEDS GO TO SUPPORT OUR [SOCIAL IMPACTS INITIATIVE](https://www.alpineramble.com/mission)**
[\(<https://www.alpineramble.com/mission>\)](https://www.alpineramble.com/mission)

TRIP ROUTE MAP

18
DAYS

Everest High Pass Trek



Difficulty
Max Altitude
Trekking
Secondary

Call us on: +977 9854175531 (Dil), Thamel Marg, Kathmandu 44600

Altitude Chart

6000

5535

5364

5357

5360

Cost Excludes

- Nepal entry visa fees (You can obtain a visa quickly upon arrival at Tribhuvan International Airport in Kathmandu, Nepal). \$25 USD for 15 days Visa.
- Extra accommodation and meals before and after the trek
- International airfare
- Personal expenses such as shopping, hot and cold drinks, hot shower, hard and soft alcohols, snacks, hot and cold water, Wi-Fi, battery re-charge fee, and porter (\$24 per day)
- Travel insurance - insurance has to cover emergency high-altitude rescue and evacuation.
- Personal clothes and [trekking equipment \(https://www.alpineramble.com/trekking-equipment.html\)](https://www.alpineramble.com/trekking-equipment.html)
- Additional costs, itinerary modifications, or delays caused by out of management control due to weather conditions, illness, change of government policies, strikes, physical condition, etc.
- Tips and Gratitude to the guides and driver (Recommended by Nepali culture)
- Any other expenses that are not mentioned in the Price "inclusive section" of this program