

Annapurna Base Camp Trek - 8 Days

Destination: Nepal

Trip Difficulty: Easy-Moderate

Best Season: Spring & Autumn

Max Elevation: 4130 m

“Have you ever dreamed of standing amongst the divine beauty of Nepal’s western Himalayas? On this accessible nine-day hiking itinerary, you’ll climb from the lakeside city of Pokhara to the staggering heights of the Annapurna Sanctuary, where you’ll be rewarded with exceptional panoramas of the world’s loveliest mountains.”

ABC Trek - 8 Days Highlights

- Explore what’s arguably the most beautiful region in Nepal: the Annapurna mountains.
- Visit Gurung and Magar's villages tucked away in the splendor of the western Himalayas.
- Reach Annapurna Base Camp at an elevation of 4,130 meters elevation
- Earn marvelous panoramic views of Machapuchare, Nilgiri, Hiunchuli, and the Annapurnas themselves

Welcome to the Annapurna Base Camp Trek in Nepal

The western Himalayan Mountains of Nepal have long been associated with world-class trekking opportunities. The Mardi Himal Trek, Annapurna Circuit, and Ghorepani Poon Hill Trek all begin from the lakeside city of Pokhara, which serves as the gateway to the

Annapurnas.

But it's the Annapurna Base Camp Trek that best captures the imagination of visitors from all over the world. While many travelers take up to two weeks to complete this unforgettable hike, we've developed an alternative, shorter itinerary—and for travelers who don't have several weeks to devote to their trek in Nepal, our nine-day Annapurna Base Camp Trek is perhaps the best option in the entirety of the Himalayas.

Because the trek reaches a maximum elevation of just over 4,000 meters, it's also an accessible itinerary for hikers who aren't quite ready for the high mountain passes of the Everest Base Camp Trek or Langtang Valley Trek. Read on to discover what you can expect on the Annapurna Base Camp Trek.

What can you expect on the Annapurna Base Camp Trek for 8 Days?

An expedition into the western Himalayas of Nepal rewards travelers with the opportunity to explore a remarkable diversity of ecosystems: subtropical rhododendron forests, alpine river valleys, and sheer mountain heights.

Our destination is the Annapurna Sanctuary, a sacred amphitheater of Himalayan peaks where you'll come face-to-face with the world's tenth-highest mountain. Annapurna I rises to a staggering 8,091 meters in elevation, and there's no experience like standing in the mountain's shadow as dawn breaks across the sky.

You'll also enjoy first-rate views of Annapurna II and III, Machapuchare, Annapurna South, and even more of the highest mountains in the western Himalayas.

But the Annapurna Base Camp Trek has more to offer than splendid scenery; traveling through this part of Nepal will also introduce you to the culture and traditions of the people who live here. We'll visit remote mountain villages, relax in isolated hot springs, and enjoy

the scenic, pastoral beauty of hillside terraces where rice and millet have been grown for centuries.

Why Choose Alpine Ramble Treks for your Annapurna Base Camp Trek?

Consider why you want to trek in Nepal: are you drawn to the chance to meet our country's famously friendly people? Are you fascinated by the historical and architectural wonders of our cities? Or do the mighty Himalayan mountains call to you? Whatever your desire, Alpine Ramble Treks will work with you to craft the trekking itinerary of your dreams.

We're proud to create bespoke, private trekking packages, using the skills of dedicated guides and porters to ensure that your trek is a success. Because our guides are intimately familiar with the Himalayas' terrain, we can also add some flexibility to your itinerary.

If you need to stop early one day or prefer to trek a little further, we can change our plans on the fly. Your guide will ensure that you're ascending at an appropriate pace, always keeping your safety as our first priority so when you're ready to start planning your own Annapurna Base Camp Trek.

Choosing Alpine Ramble for this trek offers great advantages. We provide top-quality trekking gear, experienced local guides, and reliable porters. We are one of [Nepal's top 5 trekking companies \(https://www.tripadvisor.com/Attraction_Review-g293890-d13131660-Reviews-Alpine_Ramble_Treks-Kathmandu_Kathmandu_Valley_Bagmati_Zone_Central_Region.html\)](https://www.tripadvisor.com/Attraction_Review-g293890-d13131660-Reviews-Alpine_Ramble_Treks-Kathmandu_Kathmandu_Valley_Bagmati_Zone_Central_Region.html), with a stellar reputation. Choosing Alpine Ramble Treks will undoubtedly ensure you have the best trekking experience.

Best Time of Year for the Annapurna Base Camp Trek

Trekking seasons in Nepal are largely dictated by the summer monsoon, and our Annapurna Base Camp Trek is no exception. The monsoon typically lasts from June to August, and most visitors consequently choose to hike during the spring months of February to May or the autumn months of September to November.

These are the best times of year to enjoy the perfect combination of comfortable temperatures and clear mountain views. But you can hike in the Annapurnas at any time of year, and the snow-laden trails of winter are just as mysterious and evocative as the mist-shrouded hillsides of summer.

Whenever you choose to travel, rest assured that Alpine Ramble Treks will put together a trekking adventure that will surpass even your highest expectations.

Annapurna Base Camp Trek Difficulty

Our Annapurna Base Camp Trek is one of the most accessible hikes in the Himalayas. Most travelers in good health and reasonable physical fitness will be able to complete this itinerary without issue, and no previous trekking experience is required.

However, this trek does reach altitudes higher than 4,000 meters, and it's important to drink lots of water and get plenty of rest in order to let your body adjust naturally to the increased elevation. As always, your guide will look after your progress and ensure that you enjoy a safe and rewarding trek to Annapurna Base Camp.

Other great choices for trekking in Nepal

If this itinerary isn't quite right for you, Alpine Ramble Treks is also proud to offer a host of alternate treks in this region. If you'd like to spend more time in the mountains to see

fantastic sights like **Poon Hill**, consider our [12-Day Annapurna Sanctuary Trek](https://www.alpineramble.com/comfort-annapurna-base-camp-hike).
(<https://www.alpineramble.com/comfort-annapurna-base-camp-hike>)

For an even more epic adventure, take a look at our 14-Day Annapurna Circuit Trek. And if you really want to test your hiking mettle at even higher elevations, check out our Everest Base Camp Trek – 8 Days package.

Additional Benefits of this trek with us for 2024 and 2025

- Free transfers to and from Tribhuvan International Airport upon arrival and departure.
- Complimentary use of any necessary trekking equipment, such as sleeping bags, down jackets, duffle bags, walkie-talkies, trekking poles, and an oximeter to monitor your oxygen and pulse.
- Fun souvenirs of your Himalayan adventure: a trekking route map, a t-shirt emblazoned with the Alpine Ramble Treks logo, and a hat!

Day to Day Itinerary

Day 1: Drive from Kathmandu to Pokhara (7 hours)

Day 2: Drive from Pokhara to Nayapul (1.5 hours) and trek to Ghandruk (4-5 hours)

Day 3: Trek from Ghandruk to Chhomrong (5-6 hours)

Day 4: Trek from Chhomrong to Himalayan Hotel (5-6 hours)

Day 5: Trek from Himalaya to Annapurna Base Camp via Machapuchare Base Camp (5-6 hours)

Day 6: Trek from ABC to Bamboo (5-6 hours)

Day 7: Trek from Bamboo to Jhinu Danda (4-5 hours)

Day 8: Trek from Jhinu Danda to Nayapul (4 hours), then drive back to Pokhara (1.5 hours)

Cost Includes

- Free Airport Transfers to and from Tribhuvan International Airport upon arrival and departure
- Full-board basis (Breakfast, Lunch, and Dinner- the main course) during the trek.
- One professional, experienced, and friendly Alpine Ramble's government-licensed, English-speaking local guide- covers meals, flight, insurance, accommodations, and equipment for the guide and porter.
- Local strong porter to help with your luggage (one porter = two trekkers with limited weights of 10kg each)
- Annapurna Conservation Area (ACAP) Permits Fee
- Trekking Information Management System (**TIMS**) Card.
- **Trekking equipment** such as the Sleeping bag, down jacket, and duffle bag
- Trekking lodges or Tea House during the trek
- Water purification tablets to purify your water during the trek for safe drinking water
- An assistance guide for a group of 10 pax or above.
- Round-trip (Kathmandu- Pokhara- Kathmandu) transfer by comfortable deluxe tourist bus

- Transport from Pokhara to Nayapul to Pokhara by Private vehicles
- **Supplementary, such as energy bars, snickers, some good crackers, etc.,** are available on a trek.
- Seasonal fresh fruit desserts are available every evening after dinner.
- ART's Certificate of Appreciation after the successful trek
- **Farewell dinner** at the best typical Nepalese restaurant along with the cultural performances
- Alpine Ramble's complimentary free T-shirt, route map, and duffel bags
- **An Oximeter** to monitor your oxygen and pulse at high altitudes area in the mountain.
- A basic first aid box including Diamox
- **Emergency rescue** operation assistance will be arranged in case of complex health conditions (funded by your Travel Insurance)
- All government, Local taxes/VAT, and official Expenses
- **10% OF ALL PROCEEDS GO TO SUPPORT OUR [SOCIAL IMPACTS INITIATIVE](https://www.alpineramble.com/mission)**
[\(<https://www.alpineramble.com/mission>\)](https://www.alpineramble.com/mission)

Cost Excludes

- Nepal entry visa fees
- Extra accommodations and meals before and after the trek
- International airfare
- Personal expenses such as shopping, hot and cold drinks, hot shower, hard and soft alcohols, snacks, hot and cold water, Wi-Fi, battery re-charge fee
- Travel insurance - insurance has to cover emergency high-altitude rescue and evacuation.
- Personal clothes and [trekking equipment](https://www.alpineramble.com/trekking-equipment.html) (<https://www.alpineramble.com/trekking-equipment.html>)
- Additional costs, itinerary modifications, or delays caused by circumstances outside of management, such as weather conditions, illness, changes in government

policies, strikes, physical conditions, etc.

- Gratuities to the guides and staff (Recommended by Nepali culture)
- Any other expenses that are not mentioned in the Price "inclusive section" of this program