

16- Day Everest Basecamp Kalapathar Trek

Destination: Nepal

Trip Difficulty: Moderate - Strenuous

Best Season: March- May & Sep- Nov

Max Elevation: 5545 m

The **16 Days Everest Basecamp Kalapathar Trek** is one of the comfortable trekking programs that broadly allows you to enjoy your full of time with the beautify of diverse cultures and nature zone, an adventure trek to the base camp of the world's highest mountain brings you a full of joy and happiness with a lots life leading experiences.

The Everest Base Camp Trek with Kalapathar is obviously one of the best treks on earth which has been the world's most demanded trekking destination and visited by thousands of trekkers each and every year.

A journey from beginning to end takes you to the most beautiful heritage sites of the world, enjoying the

The comfortable journey to Everest base camp with Kalapathar starts from the hustle and bustle city of

However, the trek takes us from the beautiful vegetation area to the world's highest mountain peak, a

From the next day forward, you will be hiking through the bank of Dudh Kosi River, crossing the sever

Footing to the base camp of Mount Everest is not an easy task but it's not an impossible way to conqu

Moreover, this trek is a non-technical trek that doesn't mean you need to have a good knowledge of cl

Likewise, there are no significant ways to train for the Everest base camp trek but if you can walk 1-2 h

Everest Base Camp and Kalapathar

Everest base camp itself is an amazing place that used to be called a paradise for trekkers and is located at the edge of the world. However, the Base camp is basically a place where the place is fully studied by hundred of temporary tents. Likewise, Kalathar is a small black hill/ stone (Kala - Black, and Pathar - Hill/ stone) lies at the edge of the world. Moreover, a hike to Kalapathar is one of the most challenging parts of the journey but as a result worth the effort.

BEST SEASON

The Best season of the year to do the Everest Basecamp trek is between the months of March, April, May, and June. However, this trek is also easily accessible in the months of Jun, July, Aug, and Dec, Jan, and February.

Complimentary Benefits Of This Trek

- Free Airport transportation on arrival and departure days (We will pick you up and drop you off)
- **Trekking equipment**
such as the Sleeping bag, Down jacket, and walking poles (rental is included if needed)
- Duffle bag if required (Optional)
- **Souvenir:** Trekking route map/browser and printed ART's hiking T-shirt
- An Ox-meter to measure your Oxygen and Pulse at a high altitude to find out your accurate health
- [WOKI TOKI \(https://en.wikipedia.org/wiki/Walkie-talkie\)](https://en.wikipedia.org/wiki/Walkie-talkie)
- for communication during the trek

Highlights

- A beautiful tour around ancient temples and monasteries in the Kathmandu valley
- Hiking to Kalapathar - The higher point of the trek

- Enjoy the short mountain flight to Lukla
- Explore the Sherpa culture and their lifestyle in the mountains
- Stunning view of the mountains and sceneries throughout the trek
- Foot to the base camp of the world's tallest peak Mount Everest
- Syangbuche Airport (the highest airport in The world)
- A walking experience over the deepest glacier in the world
- taste delicious local meals and tea houses
- Meet friendly people and warm hospitality

Please note: *The trekking times indicated Below are approximate and are best used as general guidelines. During the Trek, you'll be able to travel freely at your own pace. We also recommend arriving in Kathmandu at least one day before your scheduled itinerary begins; this will allow you to meet with our trekking team in advance to learn more about your planned activities. Staying in Kathmandu for an extra day or two at the end of the itinerary will also provide you with a more flexible schedule in the event that mountain flights between Kathmandu and Lukla are delayed due to weather.*

Day to Day Itinerary

Day 1: Arrival at Kathmandu, you will be welcomed by our crew at the airport

Day 2: Flight from Kathmandu to Lukla, trek to Phakding

Day 3: Trek from Phakding to Namche Bazaar

Day 4: Acclimatization day (Hike to Everest view lodge)

Day 5: Trek from Namche to Tangbohe

Day 6: Trek from Tangbohe to Dingbohe

Day 7: Acclimatization day

Day 8: Trek from Dingboche to Labuche

Day 9: Trek from Laboche to Everest Base Camp (5364 m) via Gorakshep

Day 10: Hike to Kalapathar, Trek back to Phartse

Day 11: Trek from Phartse to Namche Bazzar

Day 12: Trek from Namche to Lukla

Day 13: Flight back to Kathmandu by air

Day 14: Kathmandu valley tour- city tour

Day 15: Excursion/ Shopping day

Day 16: Final departure, you will be departed to the airport by our crew

Cost Includes

- International Airport- Hotel- Airport pick up and drop off by private car/Jeep/ Hiace.
- **Meals** on a full-board basis (**Breakfast, Lunch, and Dinner/ the main course**) during the trek in the mountain.
- Alpine Ramble's experienced, government-licensed, English-speaking trekking guide.
- All salary, food, drinks, accommodation, transport, and insurance for the guide.
- All necessary papers including Everest national park **permit** and **TIMS card** (Trekking Information Management System)
- **Trekking equipment** such as the Sleeping bag, and down jacket on request (optional)
- Trekking lodges (**Tea House**) throughout the trek
- Assistant guide for the group 6 or above
- Airfare from Kathmandu – Lukla - Kathmandu including airport departure tax in the both Kathmandu and Lukla airport
- Supplementary snacks: energy bars, crackers, cookies, etc.

- Seasonal fresh fruits dessert every evening after dinner.
- Appreciation of certificate after the successful trek.
- Farewell Dinner at a typical Nepalese restaurant with traditional music and dance
- **Alpine Ramble's** complimentary free T-shirt/ route map and a duffel bag (if required)
- An oximeter to measure your oxygen and Pulse level during the trek in the mountain, it's very useful for all the trekkers to be aware of the high altitude sickness.
- Compressive first aid box (Guide will carry it throughout the trek).
- **Emergency rescue** operation assistance will be arranged in case of complex health conditions (funded by your Travel Insurance)
- All government, Local taxes/ vat, and official Expenses

Cost Excludes

- Nepal entry visa fees (you can easily issue the visa on arrival at Tribhuwan International Airport, Kathmandu). \$25 USD for 15 days Visa.
- Extra accommodation and meals behind schedule (Foods and accommodations before and after the trek)
- All kinds of beverages (tea/coffee, coke, beers, water, etc).
- Additional costs by out of management control due to the landscape, weather conditions, illness, change of government policies, strikes, physical conditions, etc.
- Surplus luggage charges for domestic airport
- Personal expenses such as snacks, laundry, telephone, WIFI, hot shower, etc at tea houses on a trek.
- Travel insurance has to cover emergency rescue evacuation from the high altitude up to 5000 m.
- Personal [trekking equipment \(https://www.alpineramble.com/trekking-equipment.html\)](https://www.alpineramble.com/trekking-equipment.html) (<https://www.alpineramble.com/trekking-equipment.html>) for this trek
- Tipping (expected by guide and staff)
- Any other expenses that are not mentioned in the Price Include section of this trek