

Rara Lake Trek -12 Days

Destination: Nepal

Trip Difficulty: Moderate - Strenuous

Best Season: March- May, Sep- Nov

Max Elevation: 3500 m

Rara Lake Trek is one of the most beautiful journeys in Nepal that offers a cultural and scenic adventure in Far North West around into the Jumla and Mugu districts of Nepal, Rara lake is the largest Lake in Nepal Himalaya as it located at an altitude of 2300 meters from the sea level, the areas as it covers is 10.8 sq km.

The pristine Rara Lake within the pristine environment makes it fantastically beautiful where few western trekkers venture due to its remoteness. The journey starts right from Kathmandu with a picturesque flight to Nepalgunj and Jumla, However, the trek starts from Jumla following the footsteps of the beautiful mountaineers through the most iconic villages, breathtaking views of the lake, forest, hills, and backdrop mountains allure you with their extreme fascinations.

The Rara Lake is one of the best Alpine freshwater lakes in the Himalayas of Nepal where you will have generously significant time out there into nature enjoying the beauty of the graceful mountains from the beginning to the end of this epic excursion, experiencing some of the best scenic views in the northwestern part of Nepal.

The Best time to visit Rara lake is initially during the months of September, October and April, and May. these times of the year considered the best time of the year in terms of the clear weather conditions and suitable time for trekking.

Highlights

- Travel through one of the top ten trekking routes in Nepal through the most beautiful wilderness valley in Nepal
- Trek to some of the world's highest mountain as well as largest lake Alpine Lake
- Enjoy a 360degree view of the mountains from Rara Lake
- Visit the most charming local rural villages, people's lifestyle, and century-old monasteries

ADDITIONAL BENEFITS

- Free transfers to and from Tribhuvan International Airport upon arrival and departure.
- Complimentary use of any necessary trekking equipment, such as sleeping bags, down jackets, duffle bags, walkie-talkies, trekking poles, and an oximeter to monitor your oxygen and pulse.
- Fun souvenirs of your Himalayan adventure: a trekking route map, a t-shirt emblazoned with the Alpine Ramble Treks logo, and a hat!
- Prearranged trekking permits, accommodations, transportation, and round-trip flight tickets for domestic.
- Daily meals (breakfast, lunch, and dinner) provided while staying at trekking lodges or teahouses along the Everest Base Camp Trek

Day to Day Itinerary

Day 1: Flight from Kathmandu to Nepalgunj

Day 2: Flight from Nepalgunj to Jumla

- Day 3: Trek Jumla to Chere Chaur**
- Day 4: Trek Chere Chaur to Chalachaur**
- Day 5: Trek Chalachaur to Sinja Valley**
- Day 6: Trek Sinja Valley to Ghorosingha**
- Day 7: Trek Ghorosingha to Rara Lake**
- Day 8: Exploration day at Rara Lake**
- Day 9: Rara Lake to Pina**
- Day 10: Trek Pina to Bumra**
- Day 11: Trek Bumra to Jumla**
- Day 12: Fly back to Kathmandu via Nepaljung**

Cost Includes

- Free International Airport- Hotel- Airport pick up and drop off by private car/Jeep/Hiace.
- **Meals** on a full-board basis (**Breakfast, Lunch, and Dinner/ the main course**) during the trek in the mountain.
- Alpine Ramble's experienced, government-licensed, English-speaking trekking guide.
- All salary, food, drinks, accommodation, transport, and insurance for the guide.
- All necessary trekking permits and paper
- **Trekking equipment** such as the Sleeping bag, and down jacket on request (optional)
- Trekking lodges (**Tea House**) throughout the trek
- Assistant guide for the group 8 pax or above
- Domestic flights (Kathmandu- Nepalgunj-Jumla)
- Supplementary snacks: energy bar, crackers, and cookies, etc.
- Seasonal fresh fruits desert every evening after dinner.
- Appreciation of certificate after the successful trek.
- Farewell Dinner at a typical Nepalese restaurant with traditional music and dance

- **Alpine Ramble's** complimentary free T-shirt/ route map and a duffel bag (if required)
- Oximeter to measure your oxygen and Pulse level during the trek in the mountain, it's very useful for all the trekkers to be aware of the high altitude sickness.
- Compressive first aid box (Guide will carry it throughout the trek).
- **Emergency rescue** operation assistance in arranging in case of complex health condition (funded by your Travel Insurance)
- All government, Local taxes/ Vat, and official Expenses

Cost Excludes

- Nepal entry visa fees (you can easily issue the visa on arrival at Tribhuvan International Airport, Kathmandu). \$25 USD for 15 days Visa.
- Extra accommodation and meals behind schedule (Foods and accommodations before and after the trek)
- All kinds of beverages (tea/coffee, coke, beers, water, etc).
- Additional cost by out of management control due to the landscape, weather condition, illness, change of government policies, strikes, and physical condition, etc.
- Surplus luggage charges for domestic airport
- Personal expenses such as snacks, laundry, telephone, WIFI, hot shower, etc at tea houses on a trek.
- Travel insurance has to cover emergency rescue evacuation from high-altitude up to 5000 m.
- Personal [trekking equipment \(https://www.alpineramble.com/trekking-equipment.html\)](https://www.alpineramble.com/trekking-equipment.html) for this trek
- Gratuities to the guides and porters (Recommended by Nepali culture)
- Any other expenses that are not mentioned in the Price Include section of this trek.