

Mardi Himal Trek - 10 Days

Destination: Nepal

Trip Difficulty: Easy-Moderate

Best Season: Marc- May and Sep-Nov

Max Elevation: 4,500 m

“The word is out—there’s a fantastic hiking route in the Annapurnas where you can still escape the crowds to enjoy unfettered access to the most beautiful mountains in the Himalayas. This is the Mardi Himal Trek!”

Mardi Himal Trekking: a hidden gem amongst the world-famous Annapurnas

The Mardi Himal Trek first opened to tourists in 2012, and it’s grown more popular with the passing of each subsequent trekking season.

Travelers from near and far are quickly discovering what local folks have known all along: this region of the Annapurnas is a place of startling beauty and diversity, where you can ascend from subtropical wetlands to high-altitude mountain passes over the course of approximately one week.

You’ll tread beneath the soaring heights of the fishtail-shaped Machapuchare, pass through dewy forests resounding with birdsong, cross mountain pastures where yaks and dzo graze, and enjoy the warmth and comfort of cozy trekking lodges situated right in the middle of the impossibly scenic Annapurnas. If you’re ready to learn more about the Mardi Himal Trek, keep reading!

Discover an authentic Himalayan experience on the Mardi Himal Trek

While we guarantee you'll never forget the sight of the mighty Annapurnas rising to Machapuchare's iconic summit, trekking in Nepal is about so much more than the scenery.

At Alpine Ramble Treks, we've developed a Mardi Himal trekking itinerary that will allow you to forge connections with locals and learn about the traditions associated with Brahmin, Chhetri, and Gurung cultures.

Our trek will take us to the picturesque towns of Phedi and Siding, where you'll meet plenty of locals who are eager to share their way of life with you.

You'll also get to visit the country's two biggest urban centers: the capital city of Kathmandu and the lakeside city of Pokhara.

Best of all, our entire itinerary can be completed in just about a single week, which makes it one of the most accessible trekking packages in the entirety of the Himalayas.

What can you expect on the Mardi Himal Trek?

At the beginning of our Mardi Himal trekking itinerary, we'll bring you from the colorful streets of Kathmandu to the sparkling waters of Phewa Lake, where Pokhara has earned its reputation as Nepal's adventure capital.

After checking out the highlights of each city, we'll plunge into the wilderness of the Annapurnas. While the Mardi Himal Trek isn't as well known as itineraries like the Annapurna Base Camp Trek or Annapurna Circuit, you'll quickly discover that this is a grand adventure in its own right.

We'll spend about five or six hours hiking each day, and our efforts will be rewarded with sublime views of mountains like Machapuchare, Annapurna South, and—of

course—Mardi Himal.

The maximum elevation on this itinerary is about 4,500 meters, making it a great choice for trekkers who aren't quite ready for the breathless altitudes of high-elevation packages like the Everest Base Camp Trek.

And thanks to its low cost, the Mardi Himal Trek is a great entry point for new trekkers who want to experience Nepal's mighty Himalayas for the first time.

Best Time of Year for the Mardi Himal Trek

Trekking seasons in Nepal are largely dictated by the summer monsoon, and our Mardi Himal Trek is no exception. The monsoon typically lasts from June to August, and most visitors consequently choose to hike during the spring months of February to May or the autumn months of September to November.

These are the best times of year to enjoy the perfect combination of comfortable temperatures and clear mountain views.

But you can hike in the Annapurnas at any time of year, and the snow-laden trails of winter are just as mysterious and evocative as the mist-shrouded hillsides of summer. Whenever you choose to travel, rest assured that Alpine Ramble Treks will put together a trekking adventure that will surpass even your highest expectations.

More Annapurna trekking options

Due to its relatively short length and easily accessible starting point, the Mardi Himal Trek is often combined with a visit to [Ghorepani Poon Hill](https://www.alpineramble.com/ghorepani-poon-hill-trek-7-days) (<https://www.alpineramble.com/ghorepani-poon-hill-trek-7-days>) .

Travelers with plenty of time to spare might also consider incorporating their Mardi Himal Trek into an even longer itinerary, including an [Annapurna Base Camp Trek](https://www.alpineramble.com/comfort-annapurna-base-camp-hike) (<https://www.alpineramble.com/comfort-annapurna-base-camp-hike>)



. Whatever your budget and schedule, Alpine Ramble Treks will develop the Himalayan hiking itinerary of your dreams!

Mardi Himal Trek Cost for 2024 and 2025/2026

The cost of the Mardi Himal Trek will vary depending on the number of people in your group. The prices start from USD 599 per person and can go up to USD 899 per person. If you opt for the standard Mardi Himal Trek, the cost will be as per the details provided.

However, if you wish to add luxury services such as a round-trip flight to and from Pokhara or accommodation in deluxe hotels in Kathmandu and Pokhara, the cost will be slightly different. Please refer to the table below for the Mardi Himal Trek cost, including food, accommodation, trekking permits, transportation, and other expenses.

No. of Pax	Starting Price	Inquiry
1	USD 899	Book Now (https://www.alpinetrekking.com/booking?trip_id=3)
2 to 2	USD 799 per person	Book Now (https://www.alpinetrekking.com/booking?trip_id=3)



3 to 5	USD 699 per person	Book Now https://www.alpinetrekking.com/booking?trip_id=3 https://www.alpinetrekking.com/booking?trip_id=3 https://www.alpinetrekking.com/booking?trip_id=3 https://www.alpinetrekking.com/booking?trip_id=3
6 to 10	USD 599 per person	Book Now https://www.alpinetrekking.com/booking?trip_id=3 https://www.alpinetrekking.com/booking?trip_id=3
11 to 16	USD 555 per person	Book Now https://www.alpinetrekking.com/booking?trip_id=3 https://www.alpinetrekking.com/booking?trip_id=3

Note: The Mardi Himal trekking price listed on the table is for group and private-based tours based on your preference.

Feel free to contact us anytime for more information regarding the cost of the Mardi Himal trek. We are Alpine Ramble trek are always available 24/7, please reach out to us on WhatsApp or [email](#).

Additional Benefits of this Mardi Himal trek with Alpine Ramble

- Free transfers to and from Tribhuvan International Airport upon arrival and departure.

- Complimentary use of any necessary trekking equipment, such as sleeping bags, down jackets, duffle bags, walkie-talkies, trekking poles, and an oximeter to monitor your oxygen and pulse.
- Fun souvenirs of your Himalayan adventure: a trekking route map, a t-shirt emblazoned with the Alpine Ramble Treks logo, and a hat!

Highlights

- Trek amongst the unparalleled beauty of the Annapurna mountains
- Enjoy crowd-free trails on this up-and-coming trekking itinerary
- Climb to Mardi Himal Base Camp at 4,500 meters
- Explore the cities of Kathmandu and Pokhara

Day to Day Itinerary

Day 1: Arrival in Kathmandu (1300m/4264ft), and preparations

Day 2: Drive (7 hours) or fly (30 minutes) from Kathmandu to Pokhara

Day 3: Drive from Pokhara to Phedi (1 hour) and trek to Pothana (4-5 hours)

Day 4: Trek from Pothana to Forest Camp (4 hours)

Day 5: Trek from Forest Camp to Low Camp (5 hours)

Day 6: Trek from Low Camp to High Camp (4-5 hours)

Day 7: Trek from High Camp to Mardi Himal Base Camp, then trek to Siding (8 hours)

Day 8: Trek from Siding to Lumre (3 hours) and drive to Pokhara (2 hours)

Day 9: Fly from Pokhara to Kathmandu (30 minutes) and departure

Day 10: Final Departure

Cost Includes

- Free International and domestic Airport pick-up and drop by car.
- **Meals** on a full-board basis (**Breakfast, Lunch, and Dinner/ the main course**) during the trek in the mountain.
- An experienced and Knowledgeable English-speaking Govt. registered trekking guide.
- All Food, Accommodation, Insurance, and transportation for porter and guide.
- Annapurna conservation area **permit**
- **TIMS card** (Trekking Information Management System)
- Trekking equipment such as the Sleeping bag, down jacket, etc. on return basic if required (optional)
- Trekking lodge (**Tea House**) throughout the trek.
- Assistant guide group size of 6 people and above in the group.
- Kathmandu- Pokhara -Kathmandu by A/C comfortable tourist Bus
- Pokhara- Siwai-Pokhara by taxi/jeep/bus
- Supplementary snacks: energy bar and cookies
- Seasonal fresh fruits desert every day
- Appreciation of certificate after the successful trek
- Farewell Dinner at a typical Nepalese restaurant with traditional music and dance
- Souvenir
- Compressive first aid box.
- **Emergency rescue** operation assistance in arranging in case of complex health conditions (funded by travel insurance)
- All government, Local taxes/ vat, and official Expenses

TRIP ROUTE MAP

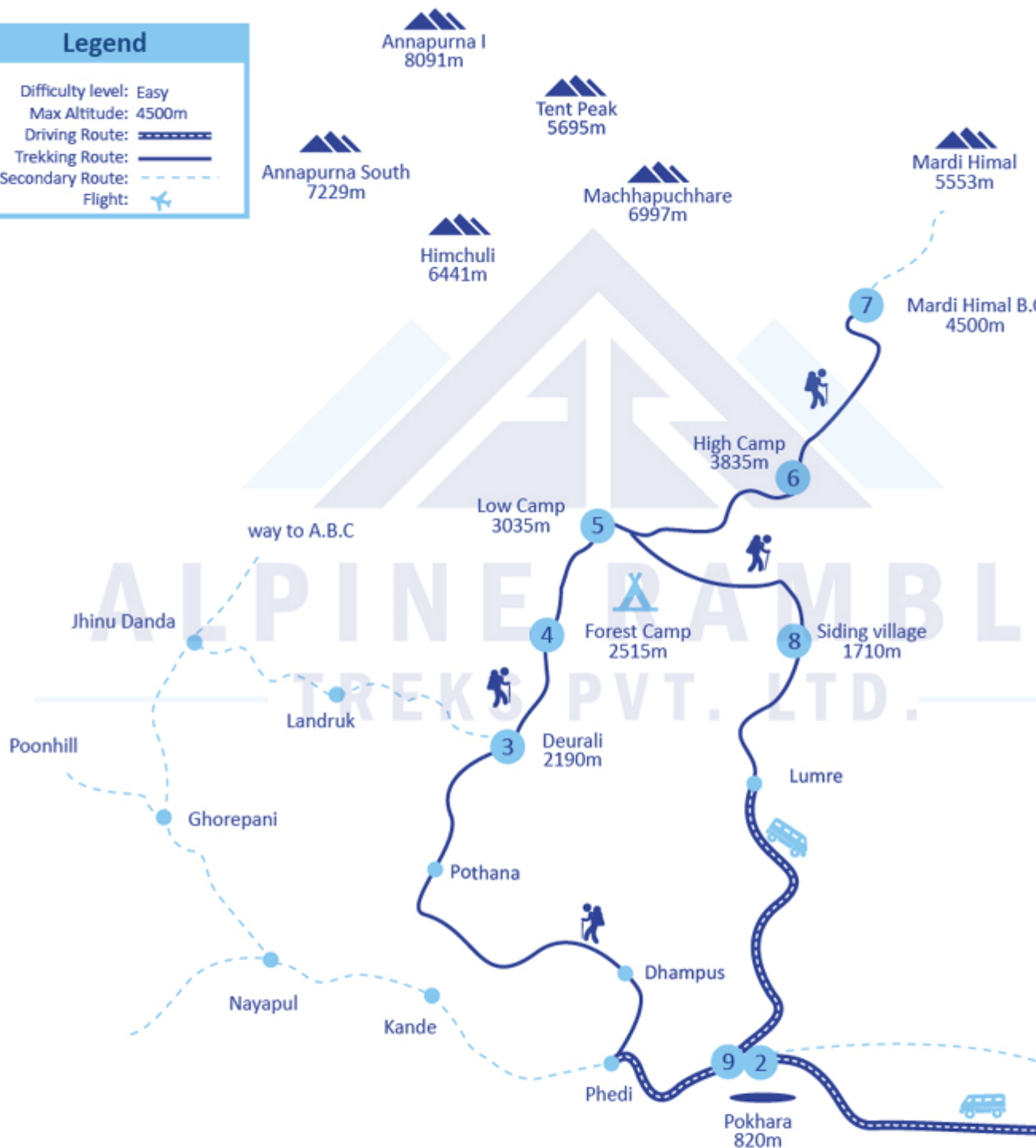
10
DAYS

Mardi Himal Trek



Legend

- Difficulty level: Easy
- Max Altitude: 4500m
- Driving Route:
- Trekking Route:
- Secondary Route:
- Flight:



Call us on: +977 9854175531 (Dil), Thamel Marg, Kathmandu 44600

Altitude Chart

6000

