

Annapurna Base Camp Trek

Destination: Nepal

Trip Difficulty: Easy-Moderate

Best Season: March-May & Sep- Nov

Max Elevation: 4130 m.

Trek to Annapurna base camp is an extraordinary adventure into the glacial heart of the western Himalayas. We'll come face-to-face with the 10th highest mountain in the world,

Mt. Annapurna 8091m.

Annapurna Base Camp Trek Highlights

- Enjoy a scenic drive through Nepal's rural countryside between the capital city of Kathmandu and the adventure hub of Pokhara.
- Take in the sights and sounds of beautiful Pokhara, where the towering Himalayas can be seen reflected in the crystalline waters of Lake Phewa.
- Relish a sublime view of the sun setting over a panorama of spectacular mountains, including Annapurna, Machapuchare, Gangapurna, and more.
- Reward yourself with a relaxing soak at the natural hot springs at Jhinu Danda.
- Explore the fascinating cultural traditions of the hospitable Gurung and Magar people.

This trek is also known as the Annapurna Sanctuary trek. The Trail Follows winding trails along forested slopes and treks alongside rushing rivers of surpassing beauty as we approach Annapurna Base Camp on this uniquely accessible six-day itinerary.

It's an incredible combination of diverse cultures and nature. This trip is more than just a trek that we v
[best hiking time or season](#)

[_ \(https://www.alpineramble.com/blog/annapurna-base-camp-trek-weather-in-september-october\)](https://www.alpineramble.com/blog/annapurna-base-camp-trek-weather-in-september-october)

to visit Annapurna base camp is in the spring, which involves March, April, and May, a blooming and

Annapurna Base Camp Trekking **ABC** is one of the most popular hikes in the world. It's truly a trip of a lifetime experience.

Do you want to enjoy the thrills of this epic Annapurna trek without devoting weeks upon weeks to the experience? Our popular **six-day ABC trek** itinerary might be just what you're looking for.

This authentic Himalayan trekking package is the perfect introduction to the natural splendor of Nepal, taking you across an extraordinary range of landscapes over the course of just **six days**.

You'll stand in the shadow of some of the highest mountains on the planet, including skyscraping giants like Gangapurna (**7,455 meters**), Machapuchare (6,993 meters), and Himalchuli (7,893 meters).

All told, the Annapurna massif is comprised of six distinct peaks reaching higher than **7,000 meters**. The mighty Annapurna I clocks in at 8,091 meters, earning it the title of the **10th-highest** mountain in the world, and you'll have front-row tickets to see it for yourself.

But there's more to the Annapurna Base Camp Trek than the spectacular scenery alone. This route is often renowned as the best trek in the country when it comes to cultural diversity and the opportunity to become acquainted with Nepali people from a variety of ethnic backgrounds.

The mountain communities here in the Annapurna region are populated by Gurung and Magar villages, and we'll visit a number of monasteries, temples, and shrines that are critically important to their primarily Buddhist faith.

Our trail will also lead us through the **Annapurna Conservation Area**, where we'll have the chance to spot rare animals like the red panda and Himalayan monal against a backdrop of lush greenery and shaded forest.

All the while, craggy peaks, and graceful summits soar over our heads to catch the ethereal quality of light that can only be found here in the rarefied atmosphere of the Himalayas.

Best of all, our short, comfortable ABC hike allows you to savor the spirit of adventure without worrying about all the little details. Alpine Ramble Treks will welcome you upon arrival in Kathmandu or Pokhara and arrange all of your necessary transportation, accommodations, meals, and trekking permits.

From the little village of Siwai or Jini dada to Annapurna Base Camp itself, one of our friendly guides will be with you each step of the way to identify the correct route, assist you with any difficult patches of hiking, and share colorful stories about this region of Nepal.

We've proudly operated trekking and adventure tours in the Himalayas for years, and each of our guides is a consummate professional and a friend waiting to be made. Enjoy the exceptional **views of the Annapurna** ranges.

How Hard is the Annapurna Base Camp (ABC) Trek?

If you're ready to join us on this once-in-a-lifetime journey, don't hesitate to reach out to us at any time. Our tour experts are always standing by and can be reached. We also customize the tour based on your preferences. Our itinerary is always flexible!

Moreover, the trekking to Annapurna base camp is one of the most accessible hikes in the Himalayas. Most travelers in good health and reasonable physical fitness will be able to complete this itinerary without issue, and no previous trekking experience is required.

However, this trek does reach altitudes higher than 4,000 meters, and it's important to drink lots of water and get plenty of good foods to let your body adjust naturally to the increased elevation. As always, your guide will look after your progress and ensure that you enjoy a safe and rewarding trek to **Annapurna Base Camp**, as it stands up at **4130 meters in height**.

If you're looking for a greater challenge or if you simply want to spend a few more days in the mountains, Alpine Ramble Treks is proud to offer a host of alternate treks for you to consider.

The **cost of the Annapurna Base Camp (ABC) Trek** can vary based on the additional services you opt for. However, the prices mentioned for this particular trek are all-inclusive. You can find the details of the services included and excluded in the Cost Inclusive and Exclusive sections of the program. If you would like to take a quick look at our special offer for this year, they are as follows:

Annapurna Base Camp trekking Cost based on a single person is USD 799 only, including guide, food, accommodation, porter/sherpa, Annapurna camp trekking permits, TIMS card, and all the applicable local taxes, etc.

For a group of two people, the cost of the Annapurna Trek is only USD 699 per person. This price includes a guide, food, accommodation, porter/sherpa, Annapurna camp trekking permits, a TIMS card, and all applicable local taxes. The larger your group, the lower the per-person cost will be.

Trip end

After completing the trek, you will arrive in Pokhara around 3 pm. This includes 3 hours of walking to Jinudada from Sinuwa and a further 3-hour drive from Jinudada to Pokhara. If you plan to return to Kathmandu on the same day, you have several travel options: Doing an Annapurna base camp hike has not so much risk of potentially getting [altitude sickness](https://www.alpineramble.com/altitude-tips) (<https://www.alpineramble.com/altitude-tips>) compared to other high altitude area treks.

By Flight: A Pokhara-Kathmandu flight is available daily from 6 am to 8 pm, costing \$106 USD per person.

By Bus: There are two bus options. A local bus runs every 30 minutes, while a tourist bus departs twice a day - once in the morning at 7:30 am and again in the evening at 7 pm.

Additional Benefits of this Annapurna Trek with Alpine Ramble in 2024 / 2025

- Free airport transfers are picked up upon arrival and dropped off at departure.
- Complimentary use of any necessary trekking equipment, such as sleeping bags, down jackets, duffle bags, walkie-talkies, and an oximeter to monitor your oxygen and pulse.
- Provided storage room for luggage/ suitcases in Kathmandu / Pokhara.
- ABC trail route map and full version of Itinerary
- Experienced, loyal, and friendly local guide and one porter for every two trekkers on a trek.

- Free transfer from Kathmandu- Pokhara - Kathmandu by Delux tourist bus.
- Fun souvenirs of your Himalayan adventure: a trekking route map, a t-shirt emblazoned with the Alpine Ramble Treks logo, and a hat!
- Medical kits, including Diamox, for AMS prevention.

ABC Trek Briefing/ Final preparation for the trek

On arrival day, our driver will be waiting for you at the airport to take you either to the hotel or Alpine Ramble's office. Upon arrival in Kathmandu, the team will introduce you to your guide and sherpa and provide you with a tour briefing. If required, this briefing can also be conducted online before you arrive in Nepal. During this trip briefing, we will discuss Annapurna's trekking itinerary, introduce the guide for the trek, and explain the **food** and **tea houses** or **lodges** during the **hike to Annapurna base camp**.

Annapurna Base Camp Trekking from Pokhara

If you have already arrived in Pokhara, our guide and porter will meet you at the hotel in Pokhara at least one day before the trip starts to provide a trip briefing. They will also bring a sleeping bag and some souvenirs to hand over. The total distance of this short **Annapurna base hike** covers **105 kilometers, starting from Pokhara** and returning. And the **difficulty of the ABC** trek is **easy-moderate**.

Please take note that our **Annapurna Base Camp Trekking itinerary** is easily customizable according to the time frame that suits you all. To embark on this adventure, you should arrive in Kathmandu at least a day before your trekking start date. On our first day of the journey, our ABC itinerary begins with a delightful scenic drive to Pokhara on a tourist bus that roughly takes 8-9 hours of driving, covering a distance of 200km. However, if you wish to avoid the long bus journey, we can arrange a flight to Pokhara from Kathmandu at an additional cost. This short flight from Kathmandu to Pokhara takes only 20-25 minutes and offers incredible views of the mountains.

Starting the **ABC hike in Pokhara city**, we meet and check the gear there and start the trek, which can be completed this voyage to Annapurna BC in 5 days if you like to shorten the route.

Day to Day Itinerary

Day Travel: Drive from Kathmandu to Pokhara (5-6 hours)

Day 1: Drive from Pokhara to Jinu dada and trek to Chhomrong / Sinuwa (5 hrs)

Day 2: Trek from Chhomrong to Dovan (5-6 hrs)

Day 3: Trek from Dovan to Duerali (4 hrs)

Day 4: Trek to Annapurna Base Camp (ABC) via Machapuchare Base Camp (MBC)

Day 5: Trek from ABC to Bambo / Sinuwa (6-7 hrs)

Day 6: Trek to Jinu dada (3 hrs) and drive to Pokhara (3 hrs) / Kathmandu

Cost Includes

- Private Transfers for the International airport on arrival and departure date.
- A Full-board meal (Breakfast, Lunch, and Dinner, the main course) during the trek.
- A professional, experienced, and friendly Alpine Ramble's government-licensed holder guide, covering meals, flight, insurance, accommodations, and equipment for 6-Day.
- A strong local porter/ helper (**1 helper for two trekkers** with limited weights of 10kg each)
- All the trekking documents
- Annapurna Conservation Area Permits (ACAP) Fee
- Trekking Information Management System (**TIMS**) Card.
- **Trekking equipment** such as the Sleeping bag, down jacket, and duffle bag
- 5-night accommodations in the best available mountain Tea Houses
- Enough Water purification tablets to purify your water during the trek for safe

drinking water

- A handful of assistance guides for a group of 10 pax or above.
- Round-trip transfer from Kathmandu to Pokhara and Pokhara to Kathmandu by comfortable tourist bus
- Pokhara -Nayapul - Pokhara transfer by Private vehicles
- Snacks (crackers) and seasonal fresh fruits are available during the trek.
- ART's Certificate of Appreciation after the successful ABC trek
- **Farewell dinner** at the best typical Nepalese restaurant along with the cultural performances
- Alpine Ramble's complimentary free T-shirt, route map, and duffel bags
- **An Oximeter** is used to monitor your oxygen and pulse at high altitudes area.
- A basic first aid box including Diamox for high altitude sickness
- **Emergency rescue** operation assistance will be arranged in case of complex health conditions (funded by your Travel Insurance)
- All government, Local taxes/ vat, and official Expenses
- **10% OF ALL PROCEEDS GO TO SUPPORT OUR [SOCIAL IMPACTS INITIATIVE](https://www.alpineramble.com/mission)**
[\(<https://www.alpineramble.com/mission>\)](https://www.alpineramble.com/mission)

Cost Excludes

- Nepal entry visa fees (You can obtain a visa quickly upon arrival at Tribhuvan International Airport in Kathmandu, Nepal). \$30 USD for 15 days Visa.
- Extra accommodations and meals before and after the Anapurna base camp trek
- International airfare
- Personal expenses such as shopping, hot shower, hot and cold drinks, alcohol, snacks, water, Wi-Fi, battery re-charge, heater charge, fee
- Travel insurance - make sure to cover an emergency high-altitude rescue and evacuations from the high altitudes up to 6000 m

- Personal clothing or gears
- Additional costs, itinerary modifications, or delays caused by out of management control due to the weather condition, illness, change of government policies, strikes, physical condition, etc.
- Gratitudes to the guides and staff (Recommended by local culture)
- And any other expenses that are not mentioned in the Price "inclusive section" of this program