

Everest Luxury Trek - 7 Days

Destination: Nepal

Trip Difficulty: Easy-Moderate

Best Season: March- May, Sep- Nov

Max Elevation: 5545 m

"Everest Luxury trek is an amazing journey that takes you to most beautiful land of the Himalayas where you will be the part of the world's highest Mount Everest and many other gorgeous views of the Himalayas with the diversity of culture and nature

Luxury Everest Trek Highlights

- Overwhelming tremendous mountain view of Everest, Lhotse, Amaalbu, and many other
- Hike to Everest View Lodge and see the stunning panorama view of the Himalayas.
- Visit the largest monastery (Tengboche Monastery) of the Khumbu region
- Short but scenic mountain flight from Kathmandu to Lukla
- The highest airport in the world "Syangboche" (3780 m)
- Explore the Sherpa lifestyle and tradition
- A scenic walk through the diversity of nature and culture

Everest Luxury Trek is considered one of the best trekking routes in the Everest region of Nepal, with the best accommodation. However, this trek is designed for those travel

enthusiasts who want to spend a holiday trip in the highest mountain region on earth. In addition, this trek can be done throughout the year with an average level of physical fitness, and it's a comfy trek for people 10 to 75 years old.

The short Luxury Everest trek begins by flying to The Tenzing Hillary Airport, Lukla. A 35-minute short scenic flight itself is fantastic and offers a great view of the magnificent mountain of the Everest region.

Upon arrival at Lukla, we will be greeted by our representative staff from Lukla, then a short walk to the hotel for breakfast or tea break. Notably, the 7-day Everest luxury trek starts from Lukla, follows the Dudkosi River towards the beautiful Sherpa villages of Phakding, Namche, Tengboche, and Monjo, and returns to Lukla.

However, the Everest Luxury trek offers an excellent opportunity to see the sensational view of the mighty mountain with the unique local culture of the Sherpa people and its landscape. In our 7-day Everest Luxury trek, we will be able to grab the unique opportunity to face the world's highest mountain, Everest, and many other mountains above 6000 thousand meters high.

This short trek will change your life with a vast immersion in the mountain and their kindness. Let your dream come true by exploring. Thus, Our seven days Everest luxury trek will accommodate you at the best hotels like Yeti Mountain Home and Hotel Namche, including the food, hot and cold drinks, a warm heater, wifi, hot shower, and other amenities during the trek to overcome your trip with the best experiences with a long-lasting memorable once in a lifetime.

In addition to this trek, you may constantly extend towards Everest Base camp with four more additional days (If you have a comfortable holiday timeframe). As promised, the

itinerary and cost will be provided as per your convenience date for Everest Base Camp Luxury Trek; explore the world with us now; we will create a lifetime journey for you!

For speedy information / immediate answers about your trip questions or concerns, please get in touch with Us at WhatsApp: **+977 9851175531 (Dil)** or drop us an inquiry at **info@alpineramble.com**

Full Benefits

- Free Airport transportation on arrival and departure days (We will pick you up and drop you off)
- **Trekking equipment** such as the Sleeping bag, Down jacket, and walking poles (rental is included if needed)
- Duffle bag if required (Optional)
- **Souvenir:** Trekking route map/browser and printed ART's hiking T-shirt
- An Oximeter to measure your Oxygen and Pulse at a high altitude to find out your accurate health condition while you are trekking in the mountain.
- **WOKI TOKI** (<https://en.wikipedia.org/wiki/Walkie-talkie>) - for communication during the trek

Day to Day Itinerary

Day 1: Arrival In Kathmandu, preparation

Day 2: Fly to Lukla (2810m) 35 min, trek to Phakding, overnight at Hotel Sherpa

Day 3: Trek from Phakding (2610m) to Namche Bazaar (3440m), Sakura Lodge /Alpine Lodge

Day 4: Hike - Everest View Lodge - Namche Bazaar, Sakura Lodge /Alpine Lodge

Day 5: Trek from Namche Bazaar (3340m) to Tengbuche (3960m), Himalaya Lodge

Day 6: Helicopter tour to Everest Base Camp/ Kalapathar- Lukla, North Field Lodge

Day 7: Lukla - Kathmandu by flight

Cost Includes

- International Airport- Hotel- Airport pick up and drop off by private car/Jeep/ Hiace.
- **Meals** on a full-board basis (**Breakfast, Lunch, and Dinner/ the main course**) during the trek in the mountain.
- Alpine Ramble's experienced, government-licensed, English-speaking trekking guide.
- All salary, food, drinks, accommodation, transport, and insurance for the guide.
- All necessary papers including Everest national park **permit** and **TIMS card** (Trekking Information Management System)
- **Trekking equipment** such as the Sleeping bag, and down jacket on request (optional)
- Trekking lodges (**Tea House**) throughout the trek
- Namche- Everest Base Camp- Kalapathar- Lukla by Helicopter
- Assistant guide for the group 6 or above
- Airfare from Kathmandu – Lukla - Kathmandu including airport departure tax in the both Kathmandu and Lukla airport
- Supplementary snacks: energy bar, crackers, and cookies, etc.
- Seasonal fresh fruits desert every evening after dinner.
- Appreciation of certificate after the successful trek.
- Farewell Dinner at a typical Nepalese restaurant with traditional music and dance
- **Alpine Ramble's** complimentary free T-shirt/ route map and a duffel bag (if required)
- Oximeter to measure your oxygen and Pulse level during the trek in the mountain, it's very useful for all the trekkers to be aware of the high altitude sickness.
- Compressive first aid box (Guide will carry it throughout the trek).

- **Emergency rescue** operation assistance in arranging in case of complex health condition (funded by your Travel Insurance)
- All government, Local taxes/ vat and official Expenses

Cost Excludes

- Nepal entry visa fee (you may easily issue the visa on arrival at Tribhuwan International Airport – Kathmandu). \$25 USD for 15 days Visa.
- Extra accommodation and meals behind schedule
- Extra drinks as alcoholic & non-alcoholic
- Surplus luggage charges for domestic airport
- Additional cost by out of management control due to the landscape, weather condition, illness, change of government policies, strikes, and physical condition, etc.
- Personal expenses such as snacks, laundry, telephone, wife, hot shower, etc.
- Travel insurance
- Tips for guide and

Above the information is for a guide and standard pattern of what basically, we provide. the trip can be customized at your request and interests to accommodate your specific requirements.