

### **Ghorepani Poon Hill Trek**

**Destination:** Nepal

**Trip Difficulty:** Easy

Best Season: Throughout the Year

Max Elevation: 3210 m

Poon Hill Trek is one of the finest easy and short hikes in Annapurna, and it is a doable trek for anyone throughout the year. This 5-day poon hill trek is a perfect plan that one can experience all the beauty of nature and these majestic local villages on a trek.

### **Ghorepani Poon Hill Trek 5-Day Highlights**

- Explore Typical Gurung and Magar villages with hospitality.
- Excursion hike to Poon Hill, 3210 meters
- Magnificent sunrise view from Poon Hill (3210 M) to the Himalaya ranges of Annapurna and Dhaulagiri.
- Short and sweet trek through the most dazzling lands of the Himalayas
- Face some of the world's highest peaks of Annapurna, Dhaulagiri, Machhapuchare, and many more.

**Ghorepani Poon Hill Trek 5 Day** is one of the easiest and most popular treks in the Annapurna region of Nepal. The short Poon Hill hike offers fascinating mountain vistas of wonderful Mt. Annapurna, Dhaulagiri, Machhapuchhre, Himchuli, and many other surrounding snow-capped mountains; it is also known as a mini Annapurna Circuit Trek.

The classic 5 Days Poon Hill Journey starts from the naturally blessed city of Nayapul with a scenic drive through the hills and a great view of the mountains from Pokhara; the journey leads us through the beautiful Gurung and Magar villages along with wonderful



mountain scenery and ancient traditions cultural variations of rural farms and lush forest of Rhododendron trees, passing through the magnificent scenery with rainforest and gorge between the massive vegetation valley by following the significant ancients villages of Bhanthati, Tikhedhunga, Uller, Ghorepani, and Ghandruk.

The short Hike to **Poon Hill f**rom Ghorepani is not to be missed; it is one of the outstanding highlights of the trek; Poon Hill itself is an amazing place as it stands at an **altitude of 3210 meters** high above sea level, the highest point of the journey.

The sunrise view from the top of Poon Hill is breathtaking; Poon Hill is probably one of the best viewpoints in the Annapurna region to watch the sunrise over the Annapurna Mountains. Ghorepani To Poon Hill is just about a 45 m hike; as soon as you arrive here, you will be rewarded with the whole magnificent Himalaya ranges of Mt. Annapurna and Mt. Dhaulagiri, Mt.Machhapuchhre as well as a glorious sunrise view on the top of the massive Annapurna mountain ranges.

### Elevation and starting point of Ghorepani Poon Hill Trek

The Ghorepani Poon Hill trek lies at 3210 meters high above sea level, and the trek is only four nights and five days easy hike that can be done throughout the year; this is considered to be the easiest trekking route of any other trek in Nepal; during the trek, you will have a grateful time to this magical places exploring a unique culture and lifestyle of the legendary people along with the magnificent sceneries of the Himalayas.

The 5 Days Ghorepani Poon Hill Trek is a typical program that includes all the food, accommodations, trekking permits, Sherpa leaders/ Guides, transportation, etc., during the trek. Meanwhile, Alpine Ramble will organize this trek from either Kathmandu or Pokhara.

In addition to this trek, you may like our offer to the different programs of <a href="Poon Hill Trek 7">Poon Hill Trek 7</a>
<a href="Days">Days</a> (https://www.alpineramble.com/ghorepani-poon-hill-trek-7-days</a>) and <a href="Annapurna">Annapurna</a>
<a href="base camp trek">base camp trek</a> (https://www.alpineramble.com/annapurna-base-camp-trek-8-days)</a>.

(https://www.alpineramble.com/annapurna-base-camp-trek-8-days)



(https://www.alpineramble.com/annapurna-base-camp-trek-8-days)

# Benefits of this Poon Hill Trek 5-Day with Alpine Ramble Treks.

- Free Airport transportation on arrival and departure days (We will pick you up and drop you off)
- Trekking equipment such as the Sleeping bag, Down jacket, and walking poles (rental is included if needed)
- Duffle bag if required (Optional)
- Souvenir: Trekking route map/browser and printed ART's hiking T-shirt
- An Oximeter to measure your Oxygen and Pulse at a high altitude to find out your accurate health condition while you are trekking in the mountain.

# Ghorepani Poon Hill Trek/Hike Cost for 2024, 2025, and 2026

- Poon Hill Trek cost for a single person is USD \$499 only; it is all-inclusive.
- If you are a group of 2-4 people, then the cost for the Ponn Hill trek would be only \$455 per person.
- For a group of 2-5 people, the cost per person for Langtang Valley trek is USD 399.
- The Poon Hill trekking cost for a group of 6 or above would be only \$355

### **Day to Day Itinerary**

Day 1: Drive from Pokhara to Nayapul (1,050 m), and trek to Tikhedunga(1,530 m)

Day 2: Trek from Tikhedunga to Ghorepani

Day 3: Hike to Poon Hill, trek to Ghandrung



Day 4: Ghandruk - Nayapul, and drive abck to Pokhara

Day 5: Drive back from Pokhara to Kathmandu by tourist bus

#### **Cost Includes**

- International Airport- Hotel- Airport pick up and drop off by private car/Jeep/ Hiace.
- Meals are on a full-board basis (Breakfast, lunch, and dinner/ the main course)
   during the trek in the mountain.
- A highly experienced, helpful, knowledgeable, friendly, English speaking well trained
   Government
- All salary, food, drinks, accommodation, transport, and insurance for the guide.
- All necessary papers, including Annapurna conservation area permit and TIMS
   card (Trekking Information Management System)
- Trekking equipment, such as the Sleeping bag and down jacket on request (optional)
- Trekking lodges (**Tea House**) throughout the trek.
- The assistant guide group has six people and above in the group.
- Kathmandu- Pokhara -Kathmandu is by A/C, which is a comfortable tourist bus.
- Pokhara- Siwai-Pokhara by taxi/jeep/bus.
- Supplementary snacks: energy bars, crackers, cookies, etc.
- Seasonal fresh fruit dessert every evening after dinner.
- Appreciation of certificate after the successful trek.
- Farewell Dinner at a typical Nepalese restaurant with traditional music and dance
- **Souvenir:** Trekking route map/browser and printed ART company T-shirt
- Oximeter to measure your oxygen and Pulse level during the trek in the mountain, it's very useful for all the trekkers to be aware of the high altitude sickness.
- Alpine Ramble Treks Duffle bag for trekking to the helper
- Compressive first aid box (Guide will carry it throughout the trek).
- Emergency rescue operation assistance is arranged in case of complex health conditions (funded by your Travel Insurance)



- All government, Local taxes/VAT and official Expenses
- 10% OF ALL PROCEEDS GO TO SUPPORT OUR SOCIAL IMPACTS INITIATIVE (https://www.alpineramble.com/mission)



#### **Cost Excludes**

- Nepal entry visa fees (you can easily issue the visa on arrival at Tribhuwan International Airport, Kathmandu). \$25 USD for 15 days Visa.
- Extra accommodation and meals behind schedule (Foods and accommodations before or after the trek)
- Extra drinks as alcoholic & non-alcoholic such as Fanta, Coca-cola, sprite, water,



beer, etc.

- Additional costs are out of management control due to the landscape, weather conditions, illness, change of government policies, strikes, physical conditions, etc.
- Personal expenses such as snacks, laundry, telephone, WIFI, hot shower, etc at tea houses on a trek.
- Travel insurance which has to cover emergency rescue evacuation from the highaltitude
- Personal <u>trekking equipment (https://www.alpineramble.com/trekking-equipment.html)</u> for this trek
- Tipping (traditional way and expected by guides and staff)
- Any other expenses that are not mentioned in the Price Include section of this trek.