

## 5 Days Mardi Himal Trek

**Destination:** Nepal

**Trip Difficulty:** Easy-Moderate

**Best Season:** March- May, Sep- Nov

**Max Elevation:** 4500 m

**Mardi Himal - 5 Day is an absolutely amazing hike in the Annapurna region that offers breathtaking views of the Himalayan mountain ranges like gorgeous Mardi Himal and the Annapurna region as well as the most iconic mount Machhapuchhre which is also known as a holy mountain of the region.**

This short version Mardi Himal trek starts in Pokhara, taking a short drive to Kandes, the real trekking

A beautiful journey takes you to the highest point of Mardi Himal Base camp which is situated at 4500

Mardi route is a newly opened trekking route for trekkers and it has gained popularity in a short time. M

### Best time to trek

For those who loved enjoying the mountain vistas more than cultural appearance then plan for this tre

### BENEFITS

- Airport pick-up and drop-off services - (Airport- Hotel- Airport)
- **Trekking equipment** such as the Sleeping bag, Down jacket, and walking poles (rental is included if needed)
- Duffle bag if required (Optional)

- **Souvenir:** Trekking route map/browser and printed ART company HIKING T-shirt
- An Oximeter to measure your Oxygen and Pulse at a high altitude to find out the accurate health condition while you are trekking in the mountain.
- [WOKI TOKI \(https://en.wikipedia.org/wiki/Walkie-talkie\)](https://en.wikipedia.org/wiki/Walkie-talkie) - for communicating in distance one to another place and that's for a potentially critical situation on the trek

## Highlights

## Day to Day Itinerary

**Day 1: Drive from Pokhara to Kade by private car & trek to Lovely hill**

**Day 2: Trek from Lovely Hill to High Camp**

**Day 3: High camp - Mardi Himal base Camp- High Camp**

**Day 4: Trek from High camp to Forest Camp**

**Day 5: Trek from forest camp to Landruk, drive back to Pokhara by local jeep**

## Cost Includes

- International Airport- Hotel- Airport pick up and drop off by private car/Jeep/ Hiace.
- **Meals** on a full-board basis (**Breakfast, Lunch, and Dinner/ the main course**) during the trek in the mountain.
- Alpine Ramble's experienced, government licensed, English-speaking trekking guide.
- Local strong porter to help the trekkers luggage during the trek (1 porter = 2 trekkers)

- with limited weights '10kg each max')
- All salary, food, drinks, accommodation, transport, and insurance for the guide.
  - All necessary papers including Annapurna conservation area **permit** and **TIMS card** (Trekking Information Management System) fee.
  - **Trekking equipment** such as the Sleeping bag, and down jacket on request (optional)
  - Trekking lodges (**Tea House**) throughout the trek
  - Assistant guide for group 8 or above
  - Kathmandu- Pokhara- Kathmandu by tourist bus
  - Private vehicle from Pokhara- Nayapul- Pokhara by taxi/Jeep/car
  - Supplementary snacks: energy bar, crackers, cookies, etc.
  - Seasonal fresh fruits dessert every evening after dinner.
  - Appreciation of certificate after the successful trek.
  - Farewell Dinner at a typical Nepalese restaurant with traditional music and dance
  - **Alpine Ramble's** complimentary free T-shirt/ route map and a duffel bag (if required)
  - Oximeter to measure your oxygen and Pulse level during the trek in the mountain, it's very useful for all the trekkers to be aware of the high altitude sickness.
  - Compressive first aid box (Guide will carry it throughout the trek).
  - **Emergency rescue** operation assistance in arranging in case of complex health conditions (funded by your Travel Insurance)
  - All government, Local taxes/ vat, and official Expenses

## Cost Excludes

- Nepal entry visa fees (you can easily issue the visa on arrival at Tribhuvan International Airport, Kathmandu). \$25 USD for 15 days Visa.
- Extra accommodation and meals behind schedule (Foods and accommodations before or after the trek)

- Extra drinks as alcoholic & non-alcoholic such as Fanta, Coca-cola, sprite, water, beer, etc.
- Additional costs by out of management control due to the landscape, weather conditions, illness, changes in government policies, strikes, physical condition, etc.
- Personal expenses such as snacks, laundry, telephone, WIFI, hot shower, etc at tea houses on a trek.
- Travel insurance has to cover emergency rescue evacuation from the high-altitude
- Personal [trekking equipment \(https://www.alpineramble.com/trekking-equipment.html\)](https://www.alpineramble.com/trekking-equipment.html) for this trek
- Tips for guide and staff (Tipping is expected)
- Any other expenses that are not mentioned in the Price Include section of this trek.