

Everest Base Camp via Gokyo Lakes Trek

Destination: Nepal

Trip Difficulty: Moderate - Strenuous

Best Season: March-May, Sep-Dec

Max Elevation: 5545 m

The **Everest Base Camp via Gokyo Trek** gives you a complete 360 degree experience of Gokyo and the Everest region, with stunning vistas and an immersive culture.

Highlights of the 15 Days Everest Base Camp via Gokyo Lakes Trek

- Get on a **thrilling flight** to Lukla “**Tenzing-Hillary Airport**,” known for its off the cliff runway.
- An alternative and **less crowded route** for the Everest Base Camp Trek.
- Enter the **Sagarmatha National Park**, a **UNESCO World Heritage Site**.
- Immerse yourself in the bustling **Sherpa capital** of Namche Bazaar.
- Experience the best view of Mount Everest with delicious food at the **Everest View Hotel**.
- Explore the mystical Khumjung Village.
- Visit **Syangboche Airport**, known for being the **world’s highest elevation airport**.
- Enjoy exploring the hidden Gokyo Village and the pristine Gokyo Lakes.
- Conquer the strenuous Gokyo Ri and Cho La Pass.
- Embrace the Sherpa culture and **Tibetan Buddhism**.
- Experience the panoramic vistas of towering peaks, including Mount Everest (8,848 meters), Lhotse, Nuptse, Ama Dablam, etc.

- Sense spiritual awakening at Tengboche Monastery.
- Cross the iconic historical landmark of **Hillary Bridge**.

Trekking to Everest Base Camp via Gokyo Lakes combines majestic snow-capped mountains, reverberating rivers, unique landscapes, pristine lakes, formidable trekking trails, and Indigenous Sherpa communities to give you one of the best trekking experiences of your lifetime.

It is an **off-beat path** that will lead you through some of the best views of the world's highest peaks, along with complete immersion into **Nepalese-Sherpa culture**.

The **15-day trekking trail** starting from Lukla will take you to **Namche Bazaar**, **diverging the trail to Dole instead of Syangboche**, then to **Gokyo Lakes and Gokyo Ri**, crossing the challenging **Cho La Pass at 5,420 meters**, finally reaching the Everest Base Camp, descending down from **Pheriche, Tengboche**, and eventually making your way back to Namche.

As it makes a round of the Everest Base Camp, connecting with nature on a cosmic journey and relishing the **beauty of Khumbu** makes it known as the **Everest Circuit Trek**.

You will get to experience the best of both worlds as you trek through the unusual route to the base camp, but you will also get to hike down the usual trail, making a full **clockwise circle** around this part of the Khumbu region.

It certainly is a **challenging adventure** where you will begin your trek once you touch down on **Lukla**, then trek to Namche Bazaar via **Phakding**.

After an acclimatization day at Namche and **exploring Khumjung Village**, the next day you will trek to **Dole**, then to **Machhermo** the day after that. The lush green alpine forest will keep you company as the majestic mountains look at you.

From Machhermo, the next destination is Gokyo, which is definitely one of the biggest highlights of the entire trek. The five pristine lakes of Gokyo, most of the time throughout the year, will stay frozen, but nonetheless, they will give you goosebumps.

Gokyo Ri is known for providing one of the best views of the eight-thousanders, like Mount Everest, Lhotse, Makalu, and Cho Oyu, along with a **captivating sunrise**. This is also a very good chance to acclimate to a higher altitude and ease yourself from the tiredness of trekking.

Our journey is far from over as we head towards **Thangnak**, as the formidable path offers rocky trails with uphill climbs that will leave you huffing and puffing for air. **Ngozumpa Glacier** falls right on the path before you arrive at Thangnak.

It is the ninth day of the trek and considerably one of the most challenging as you take on the daunting **Cho La Pass at an elevation of 5,420 metres**. It is an adventurous route as you will be walking on a part of the glacier as you leave the Gokyo region and enter the trail for the Everest Base Camp.

Crossing Cho La Pass is an achievement in itself but very tiring, so you can rest at **Dzongla**, which is today's destination.

The next morning, you tighten up your boots; the destination in front lies within the Gorak Shep, a step closer to Everest. On reaching Gorak Shep, you will be astounded by the sheer beauty of nature embracing you. The towering peaks add to the bindings as one makes towards the Everest Base Camp; it shall be an experience worth rewarding. You, at this point, have accomplished some extraordinary feats.

The next day again, you will hike to **Kala Patthar** for an ethereal view of the **sun-drenched towering snow capped peaks** at the golden hour. Enjoy your experience to the fullest as you then start descending down to **Pheriche**. We make our way down, following the normal route of the EBC Trek.

On the thirteenth day, you will descend even lower to Namche Bazaar, thus making a full circle of your circuit trek. While making your way down from Pheriche, you will cross the famous monastery of the Khumbu region, the **Tengboche Monastery**.

Radiating with spiritual enlightenment and infused with the breathtaking views of the mountains will add even more delight to your experience. Upon arriving at Namche Bazaar, you can finally rest after a long day of walking.

The next day, you will be hiking from Namche Bazaar to Lukla, and it can also be considered the final day where you do trekking. Along with the trail from Pheriche to Namche, Namche to Lukla is another trail that involves long hours of trekking.

Follow the Dudh Koshi river through the lush alpine forest filled with rhododendron trees, and after one hard uphill push, you will reach Lukla.

Eventually, the last day of your trek arrives as you board your flight, saying **goodbye to the peace of the Khumbu** region and **hello to the bustling Kathmandu** once more.

The flight will offer you one **last glimpse of the mountains** you saw before your eyes just a few days ago. Now they seem so far away, but they will forever stay engraved fresh in your memories of the unforgettable Everest Base Camp via Gokyo Trek.

Why should you do the 15-day Everest Base Camp via Gokyo Lakes Trek in 2024/2025?

Lukla Airport & Namche Bazaar

The moment you land at Lukla airport marks the beginning of your trek. Located at an altitude of **9,334 feet (2,845 meters)** and considered one of the most dangerous airports in the world, you will get a thrilling experience.

Namche Bazaar, which used to be a trading hub for the Sherpa community from Nepal to Tibet,. The beautiful village with stone paved staircases and colorful roofs offers you the most vibrant atmosphere where you get to encounter people from all over the world.

The Pristine Gokyo Lakes

Gokyo and its associated lakes are considered a part of the **Ramsar Sites (wetlands)** of Nepal. It not only holds importance for the Sherpa community in a cultural sense but is also equally important to nature, as it helps to maintain the ecosystem within its area. The lakes are also regarded as holy water in both Buddhism and Hinduism.

There are five major lakes in Gokyo, and all are exceptionally beautiful and pleasing to the eyes. There are even more small associated lakes, but the five major ones are **Gokyo Cho (Dudh Pokhari), Thonak Cho (the largest), Gyazumpa Cho, Tanjung Cho, Ngozumpa Cho, and Longbanga Cho.**

The word “*cho*” means lake in Sherpa/ Tibetan. These lakes lie at an elevation ranging from 4700 meters to 5000 meters, with their main source of water being the Ngozumpa glacier along with the stream coming from Renjo La Pass.

The Alluring Gokyo Ri

Situated at an altitude of 5,357 meters above sea level, Gokyo Ri is one of the important highlights of this trek. It is a formidable climb, but rewarding nonetheless.

As you reach the pinnacle of the Gokyo peak, you will get to see the best views of four of

the 8000 meters of peak, including Mt. Everest (8,848 meters), Mt. Cho Oyu (8,188 meters), Mt. Lhotse (8,516 meters), and Mt. Makalu (8,485 meters). The trek to Gokyo Ri will also help in preparation for the trek ahead of you as you climb higher.

One of Three Passes: The Iconic Cho La Pass

The Everest region is widely known for its three high passes **Kongma La (18,209 ft / 5,550 m)**, **Cho La (17,782 ft / 5,420 m)**, and **Renjo La (17,560 ft / 5,360 m)**. And Cho La Pass is on the route to Everest Base Camp via Gokyo. The pass connects the Gokyo region to the Everest region, making it a well rounded trek.

Reaching the Everest Base Camp is a big achievement, but conquering it by crossing the Cho La Pass, one of the three high passes in the Everest region, is truly remarkable.

The Cho La Pass offers you a 360 degrees panoramic views of towering peaks of both the Gokyo region and the Everest region, such as Ama Dablam (6,812 m), **Lobuche Peak (6,119 m)**, **Cho Oyu (8,188 m)**, **Kangtega (6,782 m)**, **Phortse Peak (3,840 m)**, **Cholatse (6,440 m)**, **Tabuche (6,495 m)**, **Pumori (7,161 m)**, **Nuptse (7,861 m)**, **Makalu (8,485 m)**, and finally Mt. Everest (8,848.86 m) on a clear day.

Idyllic Gorak Shep and Everest Base Camp

Gorak Shep (5,164 meters) is a small settlement area and also the last stopping destination of the Everest-Gokyo Trek. The area is infused with a **rugged landscape** with rocky paths and the **Khumbu Glacier**.

As you reach the Everest Base Camp (5,364 meters), you will let out a breath of relief as you finally make it to the place for which you have worked so hard. Surrounded by towering peaks, you will feel very accomplished and proud of yourself for succeeding in getting here.

Verdant Kala Patthar

Kala Patthar, which translates to **Black Stone** in English, is one of the best viewpoints of this entire trek. It lies at an altitude of **5,644 meters above sea level**, which not only presents you with a beautiful view of the sunrise and sunsets but also a wide **360-degree view** of the gigantic mountains that surround you. You can especially get unparalleled views of Nuptse, Changtse, and Everest.

Holy Site of Tengboche Monastery

Tengboche Monastery is the largest monastery in the entire Khumbu Region and holds a special place among the Sherpa communities. Traditionally known as “**Dawa Choling Gompa**”, the Tengboche Monastery is located at a hill top and intersection point of the Dudh Koshi River and Imja River. It also offers panoramic vistas of the Tawache, Everest, Nuptse, Lhotse, Ama Dablam, and Thamserku.

Reverence of Buddhism Culture and Communities

The Khumbu Region is widely known all around the world for housing the courageous and hardworking people of the mountains known as the "Sherpas."

They are the pioneers in trekking and expeditions. They are indigenous to the mountains and are the descendants of Tibetans who migrated to Nepal. Their culture practices Tibetan Buddhism and is very warm and hospitable.

Flavoursome Sherpa Cuisine

The Sherpa communities, like any other group of cultures, have their own unique varieties of foods. The traditional Sherpa foods include **potato pancakes (Riki Kur)**, and another well-liked Sherpa dish is **Sherpa noodle soup**, also referred to as **Shyakpa or Thenthuk**. It is comparable to Tibetan noodle soup and Thukpa. Sherpa **Salted Butter Tea** is also

quite delicious and good for the cold.

Flights from Kathmandu to Lukla for Everest Base Camp via Gokyo Lakes Trek 2024/2025

There are always **two flight options** for Lukla. The first is a **direct takeoff** from Kathmandu and a touchdown at Lukla Airport. And it only operates in the months of **January, February, March, June, July, August, September, and December**.

But during the peak tourist season, which includes the months of **April, May, October, and November**, the flight to Lukla **operates from Manthali Airport in Ramechhap**. It is a **3–4 hour drive to Manthali from Kathmandu** with a public bus or a private car for an additional cost.

How hard is the Everest Base Camp via Gokyo Lakes Trek? (Difficulty)

Trekking the Everest Base Camp via Gokyo is considerably challenging. In comparison to the classical route of the Everest Base Camp Trek, the route via Gokyo is quite **formidable and a bit technically advanced**. Walking through the rugged, rocky terrain and uneven paths can be difficult, especially with an increase in altitude.

It is a **physically demanding** trail where your body will be tested to its limit. Apart from the difficult route, another **major challenge is the altitude** because without proper acclimatization, getting **acute mountain sickness (AMS)** can be very easy.

This trek also demands good mental strength. But don't get intimidated because with the right preparation, good guidance, and perseverance, you can complete this trek without any issues.

What is the best time or best season for the Everest Base Camp via Gokyo Trek?

In Nepal, there are two main seasons that are considered the best seasons for trekking: spring (March-May), with temperatures ranging from -5 to 0 °C during the day and -10 to -15 °C at night, and autumn (October-November), with daytime temperatures ranging from 0 to -5 °C and nighttime temperatures falling to -4 to -20 °C. Each season has its own unique features, but the weather during spring and fall is the best for trekking.

The months of July and August can pose difficulties as it is the monsoon season with temperatures ranging from 2 to 8 °C and -6 to -10 °C at night, and many parts of Nepal are prone to flooding and landslides.

Therefore, extra caution is required while trekking during this month, but the upside is that you get to immerse yourself in greenery.

As the Everest region is already cold even during summer and spring, it is even colder in winter, with temperatures reaching 8 to -15°C during the day and -18 to -25°C at night, but you will have the clearest sky devoid of any clouds during the winter, guaranteeing spotless views of the mountains.

So in conclusion, we can arrange trips all year round, depending on when you want your trip to be.

Arrival and Departure dates for the Everest base camp via Gokyo Lake trek

Upon your arrival at the Tribhuvan International Airport, our company staff will already be there waiting for you with your nameboard, so you can easily spot them once you are outside. You will be transferred to your hotel in Thamel in a private car; it will be a swift

and smooth journey.

And for your departure, again, our staff will be there to take you to the airport as per your flight schedule and bid you farewell. We would like to inform you to arrive at least a day or two prior before your official trek day begins to avoid schedule mishaps.

Similarly, we recommend booking your departure flight the next day or two later as well. We also recommend that you keep an extra buffer day in case there is any change in schedule due to bad weather or emergencies.

The Everest Base Camp via Gokyo Trek; Guide Cost, Porter Cost, Flight Cost, and Permit Cost Information

There are many modes of transportation you can use to get around the Everest Base Camp via Gokyo Trek. The mode of transportation, along with destination and price, is given below:

Vehicle Cost from Kathmandu to Manthali for Everest Base Camp Via Gokyo Trek

- Local Bus: \$15 (Included in Package)
- Private Jeep (one-way): \$150 / Jeep (ADD-ON)

Flight Cost to Lukla for Everest Base Camp via Gokyo Lakes Trek (Included)

- Kathmandu to Lukla: \$216 Manthali to Lukla: \$180

Cost of Helicopter ride to Lukla (One Way, Sharing) (ADD-ON)

- Kathmandu to Lukla: \$500-\$700
- Manthali to Lukla: \$400-\$500
- Gorak Shep to Kathmandu: \$1,600
- Gorak Shep to Kathmandu (Private): \$ 5,500

Everest Base Camp via Gokyo Trek General Package Cost 2024/2025

Planning for the Everest Base Camp via Gokyo Trek? No matter solo or in groups, we've got you covered. Here, we present the general package cost for the trek.

No. of Pax	Starting Price	Status
1	US\$ 1799	Inquiry Now / Book Now https://www.alpineramble.com/trip-booking?trip_id=54 https://www.alpineramble.com/trip-booking?trip_id=54
2-4	US\$ 1655	Inquiry Now / Book Now https://www.alpineramble.com/trip-booking?trip_id=54 https://www.alpineramble.com/trip-booking?trip_id=54
5 - 9	US\$ 1590	Inquiry Now / Book Now https://www.alpineramble.com/trip-booking?trip_id=54 https://www.alpineramble.com/trip-booking?trip_id=54
10 - 15	US\$ 1350	Inquiry Now / Book Now https://www.alpineramble.com/trip-booking?trip_id=54 https://www.alpineramble.com/trip-booking?trip_id=54
16 - 30	US\$ 1190	Inquiry Now / Book Now https://www.alpineramble.com/trip-booking?trip_id=54 https://www.alpineramble.com/trip-booking?trip_id=54

10% off-season exclusive discount on Everest Base Camp via

Gokyo Trek

We offer a 10% off-season discount in 2024/2025. So don't miss this opportunity to book your trip to Everest Base Camp via Gokyo. Enjoy the finest experience as you hike through the serene paths that are typically crowded with visitors and take in the expansive Himalayan panoramas. This summer and winter, plan your trip to Everest Base Camp.

Package for winter (January and February) 2024-2025

Trekking Everest in the winter is a different kind of experience. The weather is colder, the sky is clearer, and it is less crowded. It is the perfect time to plan your trek for the New Year or gift your partner a trek to the Everest Base Camp on Valentine's Day.

Either way, it is the perfect way to spend your winter in January and February with the trek to Everest Base Camp via Gokyo.

TIMS Card and Permit Cost for Everest Base Camp via Gokyo Trek

Getting permits to enter any protected area is mandatory. For the Everest Base Camp via Gokyo Lakes Trek, you will need the following permits:

- Trekker's Information Management System (TIMS): \$20
- Pasang Lhamu Municipality Fee: \$20 Sagarmatha National Park Fee: \$30

Guide and Porter Cost for Everest Base Camp via Gokyo Trek for 2024/2025

Our experienced guides, who are available at a **daily charge of \$35 per day** and whose cost is already included in the package you purchase, are knowledgeable and will make your walk more informative and worthwhile.

In the meantime, our hardworking porters, **who charge \$25 per day**, will transport your possessions in a duffel bag, making your travel easier.

Your porter's fee is not included in your package, so you must pay when you hire them. While hiring a porter is not required, it will undoubtedly make your trek a lot easier. Our team will be there for you throughout the journey, and we guarantee that everything will go smoothly from start to finish.

Everest Base Camp via Gokyo Trek for Senior Citizen

We also extend our services to our senior citizens, who require a bit more care and comfort. We designed the itinerary to suit our senior folks. Our itinerary consists of longer days and shorter walks to accommodate our older guests.

Our professional guides are also going to take special care so you can enjoy the trek freely and experience Everest Base Camp via the Gokyo Trek. For more details, [click here. \(https://www.alpineramble.com/everest-base-camp-trek-for-seniors\)](https://www.alpineramble.com/everest-base-camp-trek-for-seniors)

Everest Base Camp via Gokyo Luxury Trek: Upgraded Accommodation Cost

We also extend our services to our senior citizens, who require a bit more care and comfort. We designed the itinerary to suit our senior folks. Our itinerary consists of longer days and shorter walks to accommodate our older guests.

Our professional guides are also going to take special care so you can enjoy the trek freely and experience Everest Base Camp via the Gokyo Trek. For more details, [click here. \(https://www.alpineramble.com/luxury-everest-base-camp-trek\)](https://www.alpineramble.com/luxury-everest-base-camp-trek)

Everest Base Camp via Gokyo Trek Personal Cost Per Day (Daily Personal Expenses)

The trekking package you pay for already includes three meals a day: breakfast, lunch, and dinner. Thus, anything you want to purchase apart from this will have to come from your own pocket.

From snacks, hot water, WiFi, and charging electronics to hot showers and laundry services, it costs extra money. Taking that into account, \$25-\$30 per day would be sufficient for the entire trek.

Save on gear and Equipment Costs and enjoy our Complimentary Services

From complimentary services such as airport pick up and drop off to free Kathmandu sightseeing, we also provide some free gear and equipment, such as trekking poles, down jackets, and sleeping bags. This can save you approximately 500 USD, which can be a big help if you are traveling on a budget.

Banking facilities in Everest Base Camp via Gokyo Trek

Banking facilities during the Everest Base Camp- Gokyo Trek are available in two places Lukla and Namche Bazaar. Both Lukla and Namche Bazaar have numerous banks and ATMs available. If you happen to run into money trouble or need some extra cash, you can withdraw it from an ATM or go to the bank.

Trekking gear stores in Lukla and Namche

If you happen to miss any trekking gear and equipment after leaving Kathmandu, you can always buy it in Lukla or Namche. They have all the things that you might need for the trek, from trekking poles to trekking shoes and even branded clothes. You can do very last-minute shopping at Namche Bazaar.

The Everest Base Camp via Gokyo 15 Days Trek: Trekking Route, Distance, Time, and Altitude

The Everest Base Camp via the Gokyo Trek route is considered challenging, with stony and uneven paths on certain days. You do not require previous trekking experience, but you do need to maintain a level of fitness to keep up with the demanding trek.

Each day requires 10-12 kilometers of travel and 6-7 hours of walking. There is also a significant gain in altitude as you trek to the summits of Gokyo Ri (5,357 meters), Cho La Pass (5,420 meters), Gorak Shep (5,164 meters), Everest Base Camp (5,364 meters), and Kala Patthar (5,644 meters).

Thus, Phakding, at 2,610 meters, is your lowest point, whereas Kala Patthar is your highest point of the entire trek.

Additional Benefits of this with Alpine Ramble

- Free guided Kathmandu Valley sightseeing tour (**Swayambhu, Boudhanath, and Pashupatinath temple**)
- Free transfers to and from Tribhuvan International Airport upon arrival and departure.
- Complimentary use of any necessary trekking equipment, such as sleeping bags, down jackets, duffle bags, walkie-talkies, and an oximeter to monitor your oxygen and pulse.

- Fun souvenirs of your Himalayan adventure: a trekking route map, a t-shirt emblazoned with the Alpine Ramble Treks logo, and a hat! or cap.
- Live tour briefing by guide or expertise
- First-Aid Medical Kits - including the tablets for the altitudes and water purification
- Available for assistance/ help anytime to discuss the program.
- Alpine Ramble's waterproof duffle bag for the porter if you prefer to take it.
- Prearranged trekking permits, accommodations, transportation, and round-trip flight tickets between Kathmandu and Lukla.
- Daily meals (breakfast, lunch, and dinner) are provided while staying at trekking lodges or teahouses along the EBC trek.
- Free luggage storage access in KTM.
- Easy and flexible payment methods
- Flexible dates and groups for the trip.

Day to Day Itinerary

Day 1: Fly from Kathmandu to Lukla and trek to Phakding

Day 2: Trek from Phakding to Namche Bazaar

Day 3: Acclimatization in Namche Bazar, Namche Bazaar to hotel Everest View to Khumjung Valley

Day 4: Trek from Namche Bazaar to Dole

Day 5: Trek from Dole to Machhermo

Day 6: Trek from Machhermo to Gokyo

Day 7: Trek to Gokyo Ri and return to Gokyo (acclimatization)

Day 8: Gokyo to Thangnak

Day 9: Trek to Dzongla via Crossing the Cho-la

Day 10: Trek from Dzongla to Lobuche

Day 11: Trek to EBC and back to Gorak Shep

Day 12: Hike to Kala Patthar and trek back to Pheriche

Day 13: Trek from Pheriche to Namche Bazaar

Day 14: Trek from Namche to Lukla

Day 15: Fly back to Kathamndu

Cost Includes

- Free transfer on arrival and departure by private car
- **Meals** are on a full-board basis (Breakfast, lunch, and dinner/ **the main course**) during the trek in the mountain.
- Alpine Ramble's experienced, government-licensed, English-speaking trekking guide.
- All salary, food, drinks, accommodation, transport, and insurance for the guide.
- All necessary papers, including Everest National Park **permit** and **TIMS card** (Trekking Information Management System)
- **Trekking equipment**, such as the Sleeping bag and down jacket on request (optional)
- Trekking lodges (**Tea House**) throughout the trek
- Assistant guide for the group 6 or above
- Airfare from Kathmandu – to Lukla - Kathmandu, including airport departure tax in both Kathmandu and Lukla airport
- Supplementary snacks: energy bars, crackers, cookies, etc.
- Seasonal fresh fruits are served as dessert every evening after dinner.
- Appreciation of certificate after the successful trek.
- Farewell Dinner at a typical Nepalese restaurant with traditional music and dance
- **Alpine Ramble's** complimentary free T-shirt/ route map and a duffel bag (if required)
- An oximeter to measure your oxygen and Pulse level during the trek in the mountain is very useful for all the trekkers to be aware of the high altitude sickness.
- Compressive first aid box (Guide will carry it throughout the trek).
- **Emergency rescue** operation assistance will be arranged in case of complex health

conditions (funded by your Travel Insurance)

- All government, Local taxes/VAT, and official Expenses
- **10% OF ALL PROCEEDS GO TO SUPPORT OUR [SOCIAL IMPACTS INITIATIVE](https://www.alpineramble.com/mission)**
(<https://www.alpineramble.com/mission>)

Cost Excludes

- Nepal entry visa fees (you can easily issue the visa on arrival at Tribhuvan International Airport, Kathmandu). \$30 USD for 15 days Visa.
- Extra accommodation and meals behind schedule (Foods and accommodations before and after the trek)
- All kinds of beverages (tea/coffee, coke, beers, water, etc).
- Additional costs are out of management control due to the landscape, weather conditions, illness, changes in government policies, strikes, physical conditions, etc.
- Surplus luggage charges for domestic airport
- Personal expenses such as snacks, laundry, telephone, WIFI, hot shower, etc at tea houses on a trek.
- Travel insurance has to cover emergency rescue evacuation from the high altitude up to 5000 m.
- Personal [trekking equipment \(https://www.alpineramble.com/trekking-equipment.html\)](https://www.alpineramble.com/trekking-equipment.html) for this trek
- Tipping (expected by guide and staff)
- Any other expenses that are not mentioned in the Price Include section of this trek.