

Short Mardi Himal Trek - 4 Day

Destination: Nepal

Trip Difficulty: Easy-Moderate

Best Season: March/ Apr/May/Jun/Sep/Oct/Nov/Dec

Max Elevation: 4,500 m (Mardi Himal base camp)

Short Mardi Himal Trek - 4 Days Itinerary is an astonishing adventure trek in Nepal. It's situated on the lap of the magnificent Mardi Himal and Fishtail mountains in the shade of other overwhelming Himalaya ranges of Hiunchuli and Annapurna.

Join this full of adventure experience which takes you through the lush forests of pines, rhododendrons, oaks, and dense, typical Gurung villages, and their flora and fauna.

Mardi Himal Trek Highlights

- Enjoy the stay in Pokhara
- Enriched in exotic flora and fauna
- Spectacular view of Annapurna ranges, Machhapuchhre (Fishtail), Dhaulagiri, and many other
- Unspoiled culture and nature of the Himalayas
- Less crowded trek, peace of mind
- Reach High camp and enjoy the Panoramic view of the mountains

Benefits of this trek with ART

- Free Airport transfers on arrival and departure by private vehicles

- **Trekking equipment** such as the Sleeping bag, Down jacket, and walking poles (rental is included if needed)
- Duffle bag if required (Optional)
- **Souvenir:** Trekking route map/browser and printed ART company HIKING T-shirt
- An Oximeter to measure your Oxygen and Pulse at a high altitude to find out the accurate health condition while you are trekking in the mountain.
- WOKI TOKI to monitor your oxygen and pulse level

Mardi Himal Trek Guide, Itinerary, Foods, accommodations

The Mardi Himal with highly experienced local trekking guides, local food, encounter local people and their lifestyle, Inspiring 360-degree mountain views, mountain fresh air, and its wilderness, these are the worth part of the journey whilst trekking in the Himalayas!

Mardi Himal Trekking route is a newly opened trail and becoming very popular in a short time because of its beauty of the diversity of nature and culture, less crowded trek in the Annapurna region which is very fascinating and captivating, the view is mind-blowing.

The Mardi Himal trek features beautiful villages of Gurung people who are typically Nepali in style and architecture, lush forest, and the evergreen valley are worth part seeing during this trek!

The mountain view that you will be enjoying on this trek is incredibly amazing, witness this beautiful view of the Himalayan mountain including Annapurna South, Mount Machhapuchhre (also known as Fishtail), and Mount Hiunchuli, Gangapurna, Dhaulagiri, and many others.

Day to Day Itinerary

Day 1: Pokhara to Sidding (1885 m)

Day 2: Trek from Sidding to Low Camp (3,150m)

Day 3: Trek from High Camp (3,700m) - Low Camp (3,150m)

Day 4: Drive back to Pokhara by jeep

Cost Includes

- International Airport- Hotel- Airport pick up and drop off by private car/Jeep/ Hiace.
- **Meals** on a full-board basis (**Breakfast, Lunch, and Dinner/ the main course**) during the trek in the mountain.
- Alpine Ramble's experienced, government licensed, English-speaking trekking guide.
- Local strong porter to help the trekkers luggage during the trek (1 porter = 2 trekkers with limited weights '10kg each max')
- All salary, food, drinks, accommodation, transport, and insurance for the guide.
- All necessary papers including Annapurna conservation area **permit** and **TIMS card** (Trekking Information Management System) fee.
- **Trekking equipment** such as the Sleeping bag, and down jacket on request (optional)
- Trekking lodges (**Tea House**) throughout the trek
- Assistant guide for group 8 or above
- Kathmandu- Pokhara- Kathmandu by tourist bus
- Private vehicle from Pokhara- Nayapul- Pokhara by taxi/Jeep/car
- Supplementary snacks: energy bar, crackers, cookies, etc.
- Seasonal fresh fruits dessert every evening after dinner.
- Appreciation of certificate after the successful trek.
- Farewell Dinner at a typical Nepalese restaurant with traditional music and dance
- **Alpine Ramble's** complimentary free T-shirt/ route map and a duffel bag (if required)
- Oximeter to measure your oxygen and Pulse level during the trek in the mountain, it's very useful for all the trekkers to be aware of the high altitude sickness.
- Compressive first aid box (Guide will carry it throughout the trek).

- **Emergency rescue** operation assistance in arranging in case of complex health condition (funded by your Travel Insurance)
- All government, Local taxes/ vat and official Expenses

Cost Excludes

- Nepal entry visa fees (you can easily issue the visa on arrival at Tribhuvan International Airport, Kathmandu). \$25 USD for 15 days Visa.
- Extra accommodation and meals behind schedule (Foods and accommodations before or after the trek)
- Extra drinks as alcoholic & non-alcoholic such as Fanta, Coca-cola, sprite, water, beer, etc.
- Additional costs by out of management control due to the landscape, weather conditions, illness, changes in government policies, strikes, physical condition, etc.
- Personal expenses such as snacks, laundry, telephone, WIFI, hot shower, etc at tea houses on a trek.
- Travel insurance has to cover emergency rescue evacuation from the high-altitude
- Personal [trekking equipment \(https://www.alpineramble.com/trekking-equipment.html\)](https://www.alpineramble.com/trekking-equipment.html) for this trek
- Tips for guide and staff (Tipping is expected)
- Any other expenses that are not mentioned in the Price Include section of this trek.