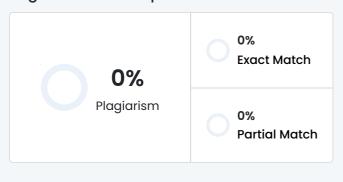


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IT'S OK

Ankita taneja

TO ASK FOR HELP

PATIENT VISITS TO DOCTOR FOR

**DEPRESSION TREATMENT** 

Types of

Treatment

Lifestyle

Recommend

-ation

Therapy

Counselling

Medication

**DEPRESSION** 

Depression - A mental health disorder that affects people feelings, thinking, and their behavior.

Types of Doctors, Depression, Treatment are listed below:

Types of

Doctors

Neurologist

Psychiatric

Rehabilitation

Specialist

Physician

**Assistant** 

Counselor

Clinical

Psychologist

**Psychiatrist** 

Types of

Depression

Mild

Moderate

Severe

Crisis

**DEPRESSION** 

INTRODUCTION

IMPORTANCE OF GOOD HEALTH

Increases Lifespan

Improves Emotional

Well-being

Prevents and Manages

Mental Health Disorders

**Boosts Performance** 

and Productivity

Helps Manage Stress

Effectively

Supports Personal Growth

and Self-Esteem

**Encourage Healthy** 

Relationships

Improves Social and

Community EngagementEnhances Physical Health

PLAN & PREPARE

- Doctors list in

the area

- Mental health

Doctors in

the area

- Estimated

Expenditure

on

medications

- Comparing

the Doctors

with the

reviews and

degrees

- Distance

oriented

selection of

the doctor

PROCESS &

**ANALYSE** 

1. Descriptive analysis - The

Doctor shoots the questionnaire

to detect the mental health problem of the patient.

2. Diagonise analysis - Past

instances being analyzed on

the bases of answers.

3. Predictive analysis - The

problem being detected and

categorized into depression and medications are being selected.

4. Recommendation analysis -

Finally the medications to the

patient is being signed by the

doctor for a particular time

period.

**ANALYSIS** 

PAST

- Negative thinking

#### Behaviour

- Trauma/ Stress
- Genetic factors
- Enviornmental factors
- Physical health issues
- Addiction
- Societal or cultural

#### effect

- Postpartum effect -

Hormonal changes

- Seasonal effective

Disorder - sadness

PRESENT FUTURE

**SHARE & ACT** 

EAT MEDICINES AND RECOVER

**MEDICINES SELECTION:** 

GENERIC (LESS EXPENSIVE)

BRAND SALT (EXPENSIVE)

MEDICINES TYPE:

**HOMOPATHY** 

AYURVEDIC

ATORVED

**ENGLISH** 

- ANTIDEPRESANT
- MOOD STABLIZER
- ANXIOLITICS
- STIMULANTS
- SLEEPING AIDS
- BETA BLOCKERS etc.

THANK YOU

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