

CITY CARE MULTISPECIALITY HOSPITAL

Heart Disease Risk Assessment Report

Report Date: 01-02-2026

Report Time: 01:02 PM

Patient Information

Patient Name	Rahul
Patient ID	9022
Age	22
Gender	Male
Resting BP (mm Hg)	140
Cholesterol (mg/dl)	200
Max Heart Rate	120
Exercise Angina	No
Oldpeak	2.5
Major Vessels (ca)	0
Thalassemia	1

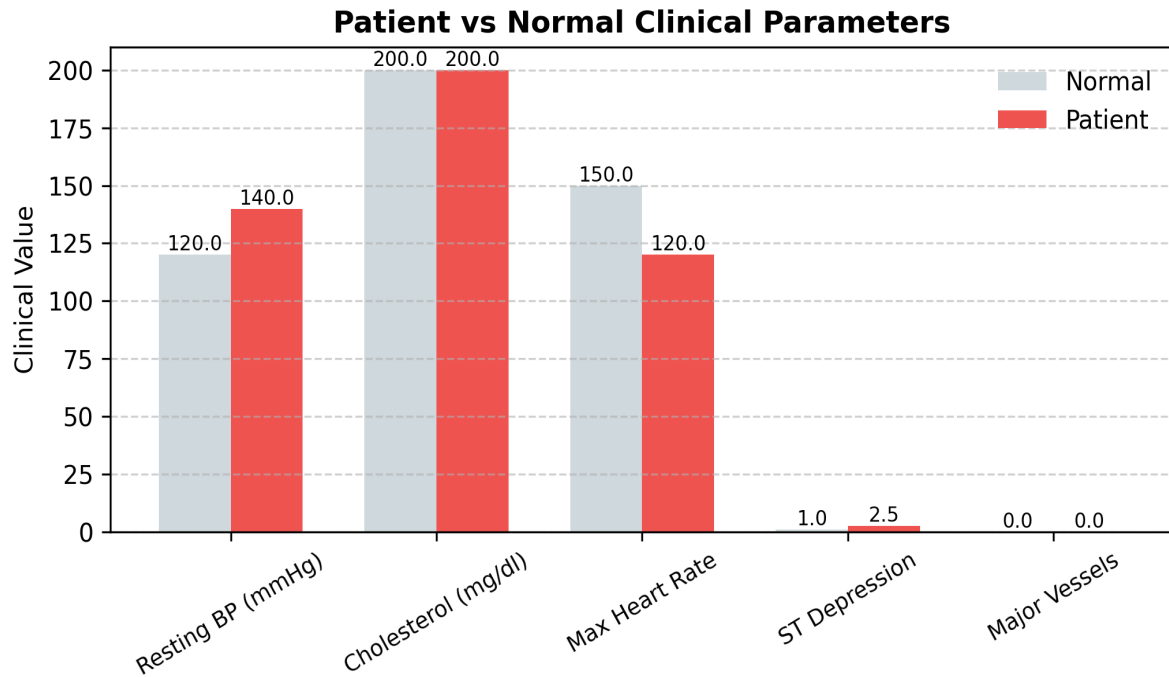
Risk Summary

Final Risk Level: **MILD RISK**

Possible Associated Diseases

- Coronary Artery Disease
- Hypertension
- Myocardial Ischemia

Clinical Parameter Comparison



Medical Explanation & Advice

Heart disease develops when blood flow to the heart muscle is reduced due to blockage or narrowing of coronary arteries. Timely lifestyle changes and medical supervision can significantly reduce future complications.

What NOT to do:

- Avoid smoking and alcohol
- Avoid fried and salty food
- Avoid stress and irregular sleep
- Avoid self-medication

What to do:

- Walk at least 30 minutes daily
- Eat fruits, vegetables, whole grains
- Maintain healthy body weight
- Follow regular medical check-ups

Doctor Signature: _____

Hospital Stamp: _____