

Shikha Gurung

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Professional Summary

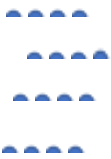
An international developmental services worker student looking forward to an opportunity in the field of providing service where I can make a difference and not just be another payroll figure, with an enthusiastic pace and yearning to scale the peaks of purity and quality. Similarly, a person passionate about providing exceptional customer service and driving sales. Likewise, dedicated to guiding individuals to make progress and an advocate for mental health. Additionally, dedicated to guiding and observing an individual's progress while promoting social and emotional development and seeking opportunities to meet people's standards.

Professional Skills

- First Aid & CPR/AED Level C
- Communication
- Teamwork
- Problem Solving
- Adaptability
- Reliability
- Time management

Language Fluencies

- English, proficient
- Nepali, native
- Hindi, proficient
- Gurung, native



Education

Developmental Services Worker (DSW)

January 2023- Present

Post-secondary diploma

Fanshawe College, Toronto Campus

Science majoring in Biology and mathematics

July 2018- December 2020

Highschool

Orchid Science College

Work Experience

Developmental Services Worker (DSW)

SRIA Teams/Client's Home

February 2024-Present

- Support client with developmental disability in the activities of daily living such as personal care, community integration, and social skills.
- Help in meal preparation, medication intake and assist in accompanying appointments.
- Support the client in behaviour management and skill development.
- Assist client in going to different locations and activities such as Variety Village Swimming, Gym, Zoo, Medicine Pick-Up, Community Center, etc.

Student Placement

The Pines Adult Day Centre, Scarborough

January 2024-Present

- Assist adults with developmental disabilities in their daily living including dressing, grooming, and eating.
- Plan and arrange arts and crafts, music therapy and fitness class for the group.
- Provide emotional support and talk with clients about any problems and concerns.

- Collaborate to create individual care plans for the clients with other staff members.

Private Caregiver, Toronto

Clients Home

February 2023- June 2023

- Gave post-operative care to the client.
- Supported the client in daily activities such as walking, eating and bathing.
- Assisted in physiotherapy with the help of the lead physiotherapist.
- Planned and prepared meals while maintaining the hygiene of the client.

Montessori Teacher

Bal Bagaincha Montessori, Nepal

March 2021-August 2022

- Created a safe environment to encourage autonomy and self-discipline.
- Provided guidance and support to help children develop daily skills.
- Cooperated with parents and staff members to support the overall growth and development of each child.
- Implemented developmentally appropriate lesson plans and promoted love for learning.

Certifications

- **Nonviolent Crisis Intervention Training** **December 2023-December 2025**
Crisis Prevention Institute
- **First Aid &CPR/AED Level C** **February 2023- February 2026**
Canadian Red Cross Society
- **IPAC Core Competencies Certificate**
Public Health Ontario
- **AODA Training**
Accessibility for Ontarians with Disabilities Act

Reference

Kiron Anna Rodrick (Instructor/ Field Placement Supervisor)

Email- K.Rodrick@torontofanshawe.ca