12.4 Guided Exercise: Backup Windows 10

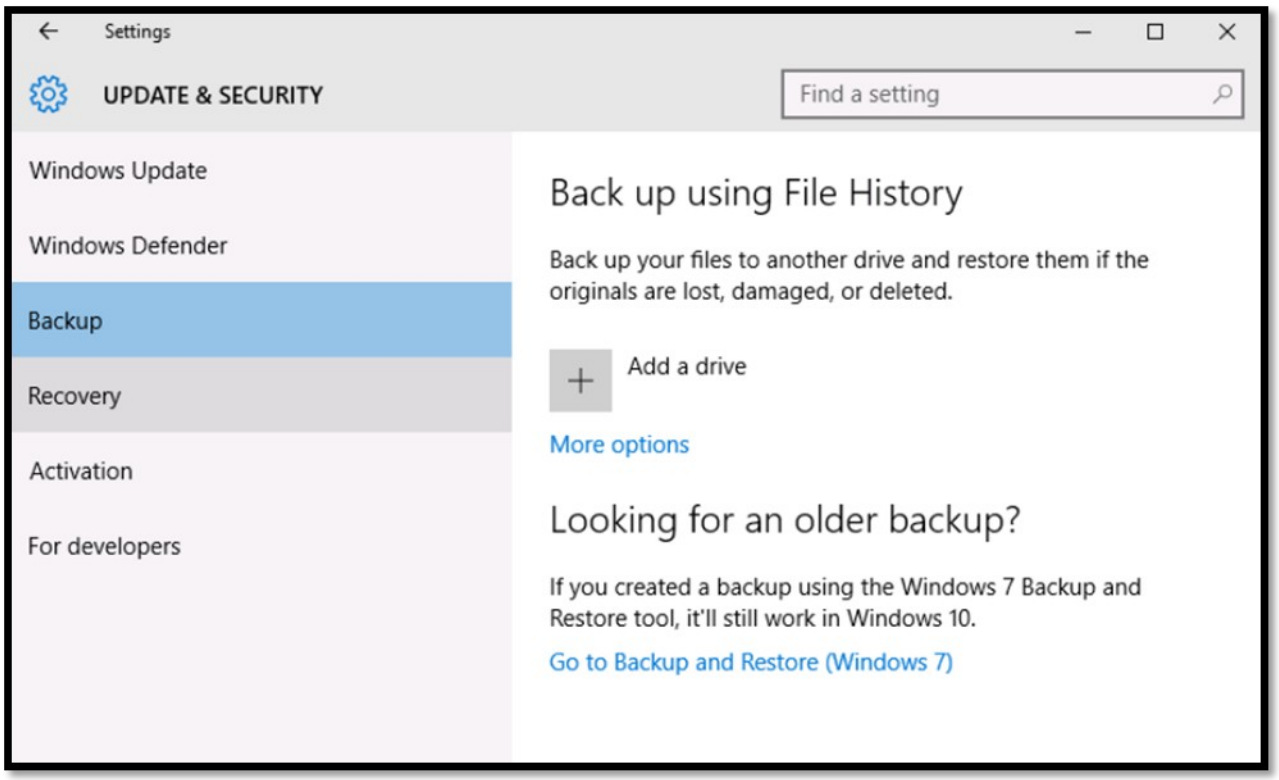
Resources	
Files	None
Machines	Windows 10

In this exercise you will create a full backup of the Windows 10 machine.

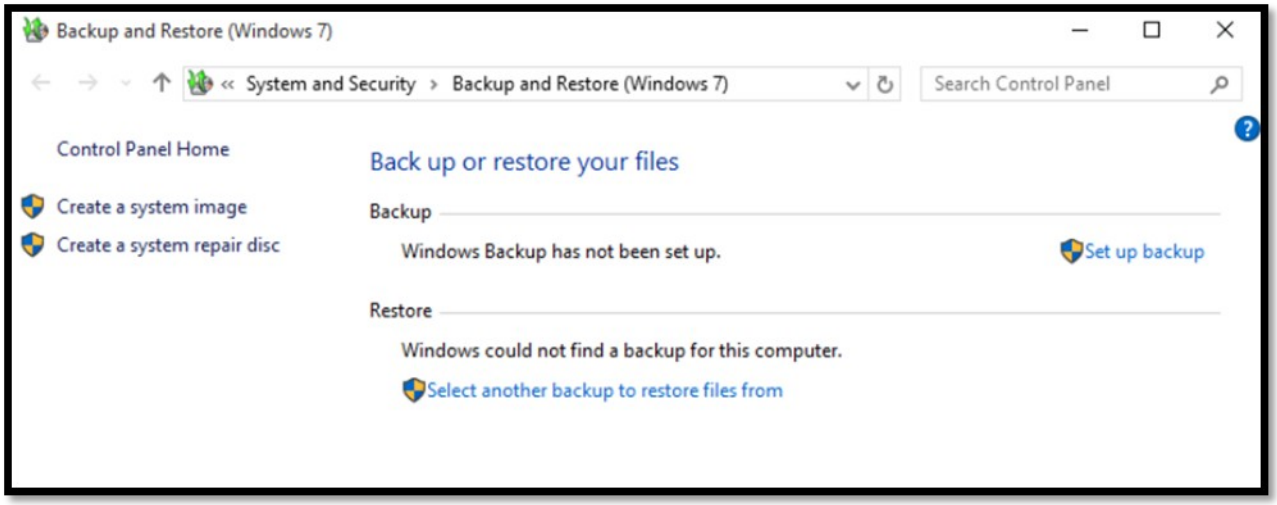
Click on the Start Button and then click Settings.

Once the Settings window opens click on Update & Security button.

Then select Backup from the menu on the left and click on “Go to Backup and Restore (Windows 7)”



On the Backup and Restore (Windows 7) window click on Create a system image.



On the Create a system image window select the first option “On a hard disk” and ensure the Backup (E:) drive is selected. Then click Next.

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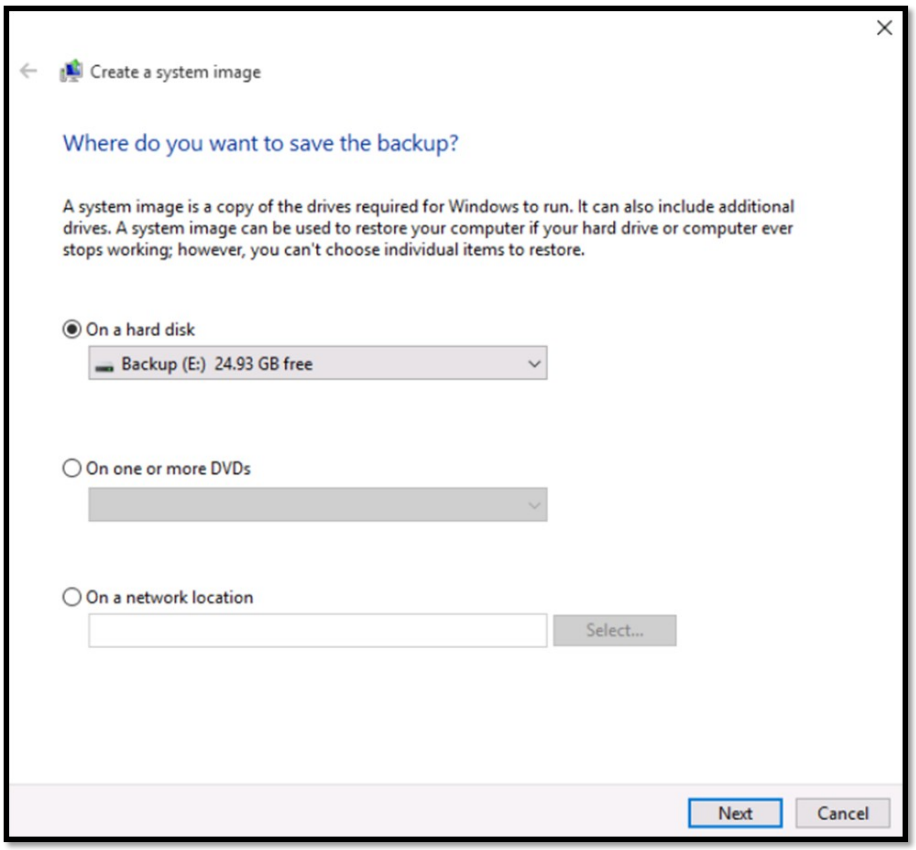
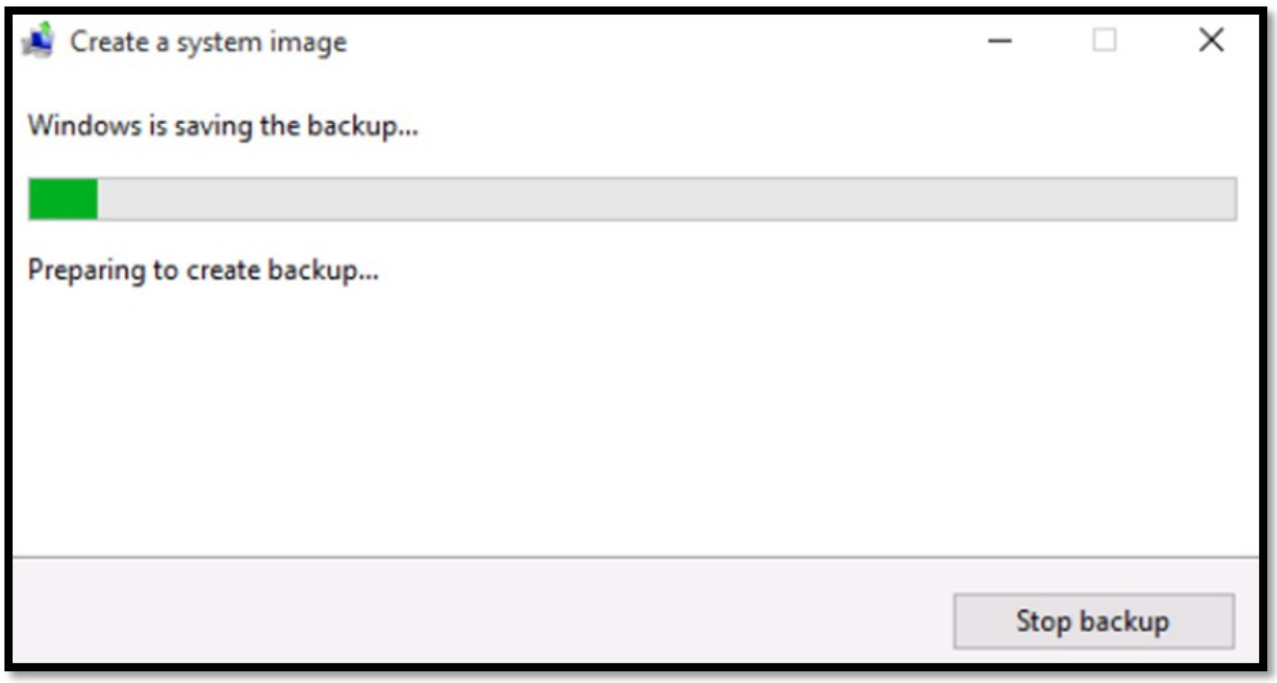
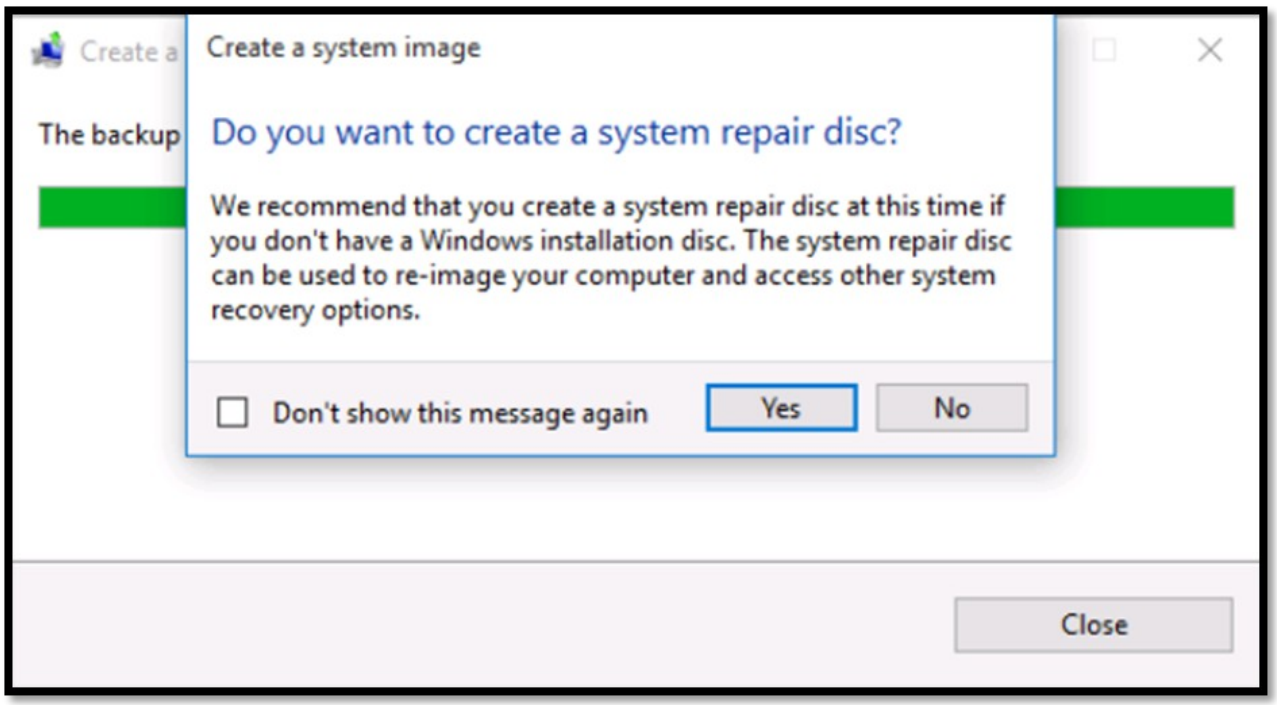


In the next window you can observe which drives will be backed up. In this case it should be “System Reserved (System)” and “(C) (System)”. Click Start backup.

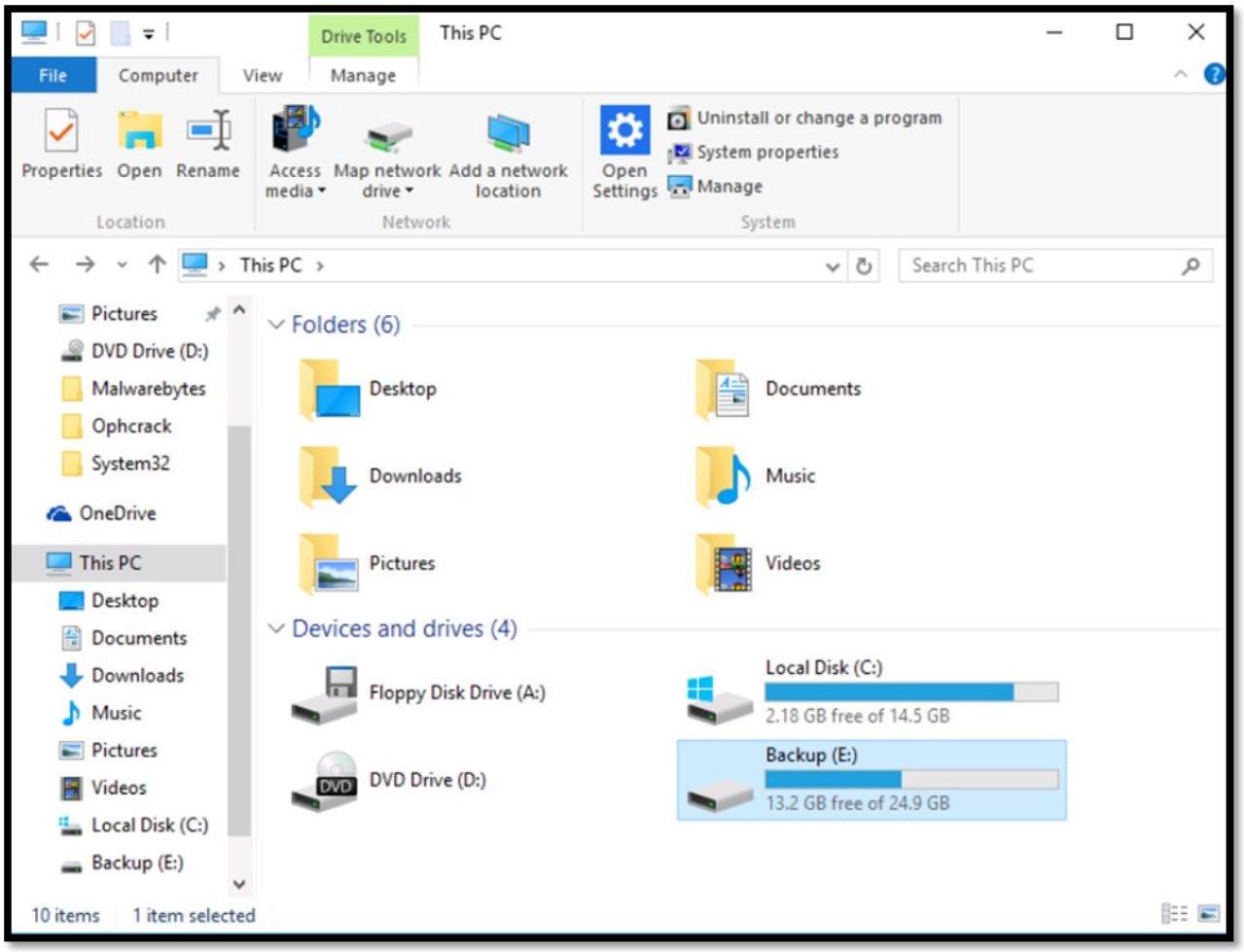
On the window you will observe the backup progress.



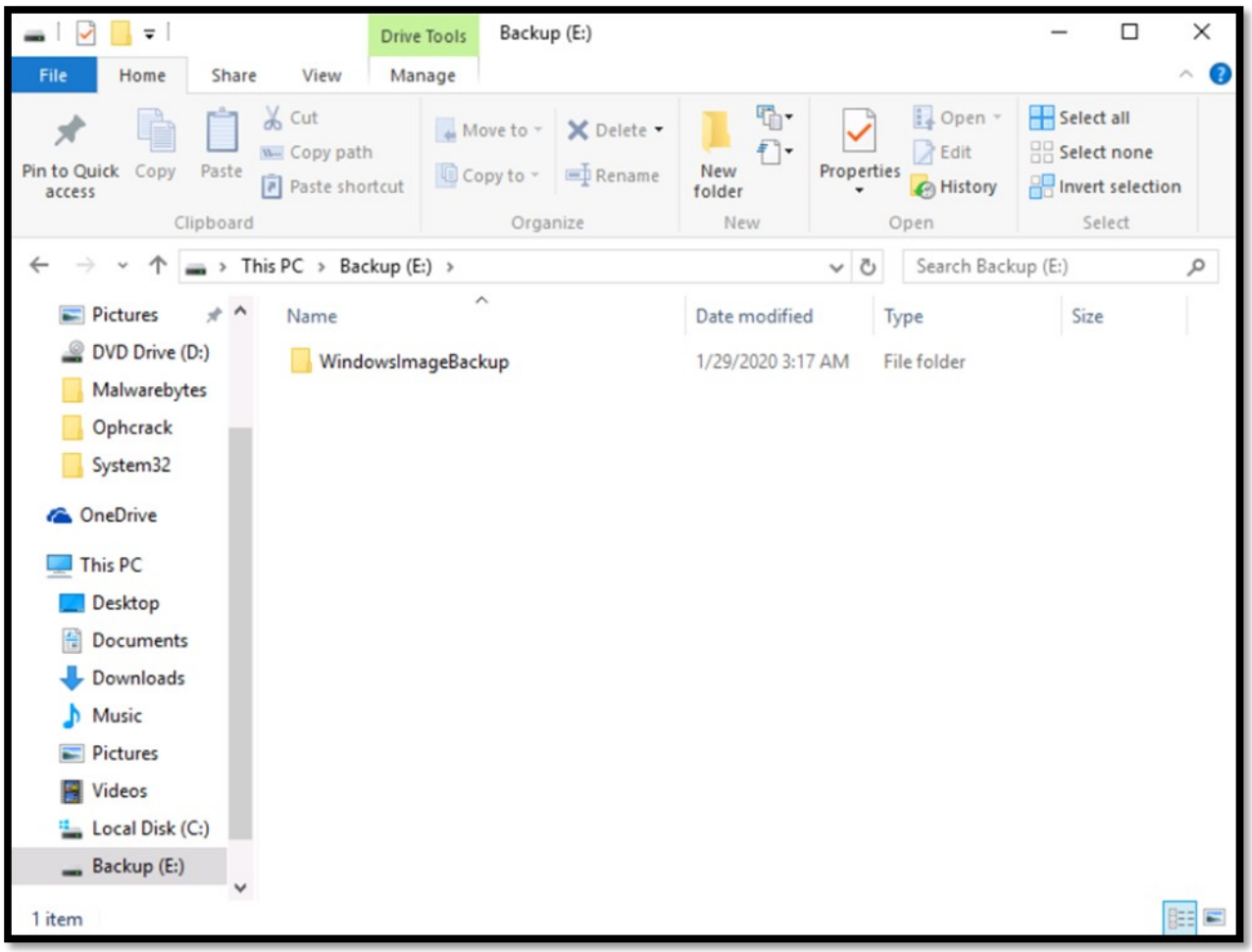
Once the backup process will end it will ask you to create a system repair disk. At this time click No, and then Close.



Open File Explorer and then click on “This PC”. You will observe that the drive “Backup (E)” has 13 GB free from 25GB.



Open the drive “Backup (E)” and you will notice that a folder exists called “WindowsImageBackup” which contains the backup files.


Drive Tools
Backup (E:)
File
Home
Share
View
Manage
Pin to Quick access
Copy
Paste
Cut
Copy path
Paste shortcut
Clipboard
Move to
Delete
Copy to
Rename
Organize
New folder
New
Properties
Open
Edit
History
Open
Select all
Select none
Invert selection
Select
This PC
Backup (E:)
Search Backup (E:)
Pictures
DVD Drive (D:)
Malwarebytes
Ophcrack
System32
OneDrive
This PC
Desktop
Documents
Downloads
Music
Pictures
Videos
Local Disk (C:)
Backup (E:)
Name
Date modified
Type
Size
WindowsImageBackup
1/29/2020 3:17 AM
File folder
1 item