# A genomewide association study of the inflammation-related proteins

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## Abstract

BACKGROUND. METHODS. FINDINGS. INTERPRETATION.

## Introduction

The vital role of Inflammation is well-established in immune response such as the removal of harmful stimuli and the initiation of the healing process; inflammation is also increasingly recognized to be indispensable for a wide range of pathological processes and/or disorders including inflammatory bowel disease, asthma and dermatological conditions, multiple cardiovascular and neurological diseases, as well as cancer.

The Olink inflammation is a multiplex biomarker panel, originally consisting of 92 assays for proteins related to inflammation or biological processes. As shown by Sun et al. (2018), much can be learnt about proteins in their involvement in many biological processes and their relationship with diseases from and large-scale protein-wide genomic studies (PGWAS) with respect to the so-called quantitative trait loci with proteins (pQTLs). Our focus here is on proteins measured on the Olink inflammation panel as composed to a broad landscape of human plasma proteome as in Sun et al. (2018) based on the SomaLogic platform in the INTERVAL study; we also set for a greater statistical power by assembling data from a number of other cohorts through the SCAndinavian coLLaboration for Olink plasma Protein genetics (SCALLOP) consortium, including a study of 966 individuals with sequence data.

In the following we report our findings, particularly on pQTLs, their their cis- and trans- effects through functional annotation, pleiotropic effects, as well as causal role on disease outcomes such as CHD and other downstream analysis. Our findings will contribute to the understanding the genomics of inflammation-related proteins in these areas.

## Results

The list of variants is shown in Tables xx. The Q-Q, Manhattan, LocusZoom, and forest plots are shown in Supplementary Figures xx. The cis/trans classification is shown in Supplementary Table x along with chord diagram in Figure.

## Discussions

We were able to identify and validate protein-specific genetic associations in the OLINK/INF panel, which were further characterised with respect to their cis/trans effects, pleiotropic roles, utility as instruments for causal inference through Mendelian randomization, as well as biological pathways. By analogy to polygenic score and protein score (Ganz et al. 2016), an inflammation score could also be built.

We were also be able to develop relevant functions in Bash as well as R, some of which were made generic through R package gap.

## Methods

## Olink/INF panel

The inflammation panel is among many focused on a specific area of disease, targeting 92 established and/or exploratory biomarkers.

### The INTERVAL study

The INTERVAL study was designed (Moore et al. 2014).

### The SCALLOP/INF1 consortium

The contributing cohorts in this study are listed in Supplementary Table studies. The raw measurements, including those beyond lower limit of detection, were subject to a rank-based inverse normal transformation. Quality control on cohort level involves SNP/sample call rates, gender mismatch, abnormal inbreeding coefficient, failed cryptic relatedness test, ancestry outlier, heterozygosity and Hardy-Weinberg equilibrium test. 1000 genomes imputation, build 37 (hg19) positions. At the time of analysis, BDNF was dropped from the panel so will not be analysed.

### Association analysis

Multiple linear regression was conducted on protein data and genotypes as well as sex, age, principal components and other cohort specific covariates under an additive genetic model. As individual level data from KORA study rather than GWAS summary statistics were available, the protein normalization and association testing were done centrally.

Software which account for genotype uncertainty, such as SNPTEST were used but due to the relatively large number of proteins, results based on PLINK were also accepted, both amended with outputs from qctool –snp-stats.

## Meta-analysis

Prior to the meta-analysis, extensive effort were paid on quality control of the GWAS summary statistics with available information such as MAF, HWE, and imputation score. To facilitate this, cohort-level Q-Q and Manhattan plots were generated with R package qqman and QCGWAS. Meta-analysis were performed using the inverse-variance weighted analysis of regression betas and standard errors, as implemented in the software METAL, version 28.8.2018 and the results were additionally visualized with regional association plots from LocusZoom 1.4. Independent loci were assessed by PLINK clumping, using Bonferroni threshold for the genome-wide analyses approximately 5 x 10-10, 1000Genomes release 3 data as reference panel, and different degrees of linkage disequilibrium. cis/trans classifications were obtained using customised bash and R functions. A similar analysis was performed via GCTA. The above were done iteratively to ensure validity of the findings. Eventually, the reference panels for these analyses was INTERVAL-based imputed genotypes from UK10K+1000Genomes reference panel, and approximately independent LD-blocks were used. Genomic heritability was also assessed with GCTA. Variants explained were approximated with where *T* is the total number of variants, the chi-squared statistic and the associate sample size, respectively (Giri, et al. 2019).

PhenoScanner was used for variant annotation. Positive controls were applied on OPG and TNFSF14. In particular, findings on OPG are in line with earlier report (Kwan et al. 2014).

The GWAS summary statistics were further used in finemapping experiment via several software including finemap and JAM using approximately independent LD blocks, as well as gene enrichment and pathway analysis.

## Finemapping

Attempt was made through approaches implemented in several software, including PLINK, GCTA and finemap.

## Pathway analysis

Attempt was also made for based on cis signals.

## Heritability analysis

Individual level data from the INTERVAL study were analysed with GCTA, to be followed by counterpart for GWAS summary statistics.

## Transcriptomewide association analysis

This mirrors work by Mancuso et al. (2017) and work on mQTL by McRae et al. (2018) and Yengo, et al. (2018).

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## Supplementary information

## URLs

Additional information about this investigation is available from GitHub, <https://github.com/jinghuazhao/INF>.

URL: SCALLOP, <https://www.olink.com/scallop/>; METAL <https://github.com/statgen/METAL>; PLINK, <http://zzz.bwh.harvard.edu/plink>; KING, <http://people.virginia.edu/~wc9c/KING/>; LDetect-data (for approximately independent LD blocks), <https://bitbucket.org/nygcresearch/ldetect-data>; FUSION, <http://gusevlab.org/projects/fusion/>, LocusZoom, <https://github.com/statgen/locuszoom-standalone>; R. <https://cran.r-project.org>; Uniprot, [https://www.uniprot.org](https://www.uniprot.org/):

## Cohort information

**Biomarkers For Identifying Neurodegenerative Disorders Early and Reliably (BioFINDER)**. The study is based in Sweden and affiliated to the Clinical Memory Research Unit and The Biomedical centre, both at Lund University. Patients are consecutively included from the Memory and Neurology clinics at Skåne University Hospital as well as the Memory Clinic at Ängelholm’s Hospital. More than 1600 patients with mild cognitive symptoms, dementia and parkinsonian symptoms as well as cognitively healthy elderly have so far been enrolled in the study. The subjects undergo repeated examinations of advanced MRI (including fMRI, DTI, DKI, ASL and MPRAGE), CSF and plasma analysis, amyloid and tau PET, detailed clinical assessments and neuropsychological examinations. Skin biopsies are also collected and the fibroblasts are reprogrammed to iN and iPS cells.

**Estonian Genome Center at the University of Tartu (EGCUT)**. The cohort size is currently 51,535 gene donors (≥18 years of age), which closely reflects the age, sex and geographical distribution of the Estonian population. Estonians represent 83%, Russians 14%, and other nationalities 3% of all participants. All subjects have been recruited randomly by general practitioners (GP) and physicians in hospitals.  The participants are individuals who have joined the Estonian biobank after hearing about it during promotion events, media, friends, etc. or visiting GP offices or hospitals for other reasons.

**INTERVAL.** The INTERVAL study is a prospective cohort study of approximately 50,000 participants of mostly European ancestry, nested within a pragmatic randomized trial of blood donors. Between 2012 and 2014, blood donors 18 years and older were consented and recruited from 25 NHSBT (National Health Service Blood and Transplant) static donor centers across England. Participants are predominantly healthy individuals since people with major disease (myocardial infarction, stroke, cancer etc.) are ineligible for donation, as are those who report being unwell or having had recent illness or infection. Participants completed online questionnaires containing basic lifestyle and health-related information, including self-reported height and weight, ethnicity, current smoking status, alcohol consumption, doctor-diagnosed anemia, use of medications (hormone replacement therapy, iron supplements) and menopausal status. The INTERVAL study was approved by the Cambridge (East) Research Ethics Committee and UK Biobank was approved by the North West Multi-center Research Ethics Committee (MREC). Informed consent was obtained from all participants.

See Moore, et al. (2014), Astle, et al. (2016), Sun, et al. (2018).

**Cooperative Health Research in the Region of Augsburg (KORA).** It is a series of independent population based studies from the general population living in the region of Augsburg, Southern Germany. The **KORA S3** study including 4,856 individuals was conducted in 1994/95. Spirometry was measured during a follow up in 1997/98 for all participants younger than 60 years who did not smoke or use inhalers one hour before the test. **KORA F4** including 3,080 individuals was conducted from 2006-2008 as a follow-up study to KORA S4 (1999-2001). Genotypes were available on Affymetrix Axiom chips on 3788 individuals. The imputation was done through IMPUTE 2.3.2 with 1000Genomes phase 3 reference panel. A total of 1,070 individuals with both genotypes and protein data were used in association analysis via SNPTEST 2.5.2, where the per-sample missing proportion was obtained from qctool 2.0.1, and covariates were sex, age, and five PCs from GCTA 1.91.7beta. IBD information was obtained via KING 2.1.6. The total number of variants were 81,651,446.

**MadCam**. The MadCam trial samples were all from baseline but the patients included were moderate ulcerative cholitis. Several details on the trial are available from [Vermeire S](https://www.ncbi.nlm.nih.gov/pubmed/?term=Vermeire%20S%5BAuthor%5D&cauthor=true&cauthor_uid=28527704), et al. (2017).

**Northern Sweden Population Health Study** (NSPHS) represents a cross-sectional study conducted in the communities of Karesuando (samples gathered in 2006) and Soppero (2009) in the subarctic region of the County of Norrbotten, Sweden. Spirometry was performed in sitting position without noseclips using a MicroMedicalSpida 5 spirometer (http://www. medisave.co.uk). Three consecutive 28 lung function measurements per participant were done and the maximum value per measured lung function parameter was used for further analysis. Relatedness was taken into account by applying the "polygenic" linear mixed effects model. Genome-wide association analysis was performed using a score test, a family-based association test27 which uses the residuals and the variance-covariance matrix from the polygenic model and the SNP fixed effect coded under an additive model.

**Orkney Complex Disease Study** (ORCADES) is an ongoing family-based, cross-sectional study in the isolated Scottish archipelago of Orkney. Spirometry was performed in the sitting position without nose clips, using a Spida handheld spirometer. Measurements were repeated once and the better reading was used for analysis.

Imputation panel was HRC.

**RECOMBINE**. COMBINE is a five year project which started June 15 2008. COMBINE was initially funded by six Swedish Research organizations, Vinnova, Vårdalstiftelsen, Reumatikerförbundet, Invest in Sweden Agency, KK-stiftelsen, Stiftelsen för strategisk forskning. The overall objective of COMBINE is to use unique Swedish advantages to improve understanding of why inflammatory diseases develop, what are the most essential goals for patients to achieve, and to develop and implement novelprevention and therapy for these diseases. COMBINE has enabled a novel participation from patients and patient organizations in design and interpretation of research. It has also - in collaboration with other initiatives - been active in workingwith clinical care for implementation of science in clinical practice. Finally, COMBINE has enabled a novel way for collaboration between translational andclinical science and pharmaceutical/biotech industry.

# Stabilization of Atherosclerotic Plaque by Initiation of Darapladib Therapy Trial (STABILITY). Briefly, STABILITY was a randomized, double‐blind, controlled trial that enrolled patients with a history of CHD, including previous myocardial infarction (MI), previous percutaneous coronary intervention or coronary artery bypass grafting, or multivessel coronary disease confirmed by angiography, and on statin therapy unless contraindicated or not tolerated. In addition, at least one of the following risk factors was required for enrollment: age ≥60 years, diabetes mellitus requiring pharmacotherapy, moderate renal impairment, smoking ≥5 cigarettes per day at study entry or within the past 3 months, polyvascular arterial disease, poorly controlled hypertension, or high‐density lipoprotein cholesterol <40 mg/dL. Patients were excluded if they had liver disease, severe renal dysfunction, history of nephrectomy or kidney transplantation, heart failure with New York Heart Association class III or IV, or severe asthma or if they had a percutaneous coronary intervention, coronary artery bypass grafting, or a major surgical procedure planned. Study participants were randomized to receive either a 160‐mg oral dose of darapladib daily or placebo. The median duration of follow‐up was 3.7 years (25th–75th percentiles: 3.5–3.8 years). The study was approved by the institutional review committee in each participating country, and all patients provided written informed consent.

**STANLEY**. The study consists of lah1 and swe6 subcohorts.

**VIS**. CROATIA-Vis is a family-based, cross-sectional study in the isolated island of Vis, Croatia that included 1,056 examinees aged 18-93. It is a genetic epidemiology study that aims to discover genetic factors that influence traits (e.g. height) or the risk of common complex diseases. The cohort is very well characterised with detailed phenotyping and genotyping information available.

Imputation panel was HRC.

## References

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White HD, et al. (2014). Darapladib for preventing ischemic events in stable coronary heart disease. [*N Engl J Med.*](https://www.ncbi.nlm.nih.gov/pubmed/24678955?dopt=Abstract) 370(18):1702-11. doi: 10.1056/NEJMoa1315878.

## Supplementary tables

Studies. Study information

INT1. Signals from the INTERVAL study for r2=0 clumping

INT2. cis/trans classification on INT1

INT3. Signals from the INTERVAL study for r2=0.1 clumping

INT4. cis/trans classification on INT3

INF1.snp-stats. Basic summary statistics by cohort

INF1. Signals from the SCALLOP/INF1 for r2=0 clumping

INF2. cis/trans classification on INF1

INF3. Signals from SCALLOP/INF1 for r2=0.1 clumping

INF4. cis/trans classification on INF3

INF5. Signals from SCALLOP/INF1 for r2=0.1 cojo analysis

INF6. cis/trans classification on INF5

## Q-Q and Manhattan plots

## Regional association plots

## Forest plots

## Pathway analysis

## PheWAS results

## EWAS results