

# US GSS Supplementary Survey for Weekly Internet Use

The Internet has only been widely used for a couple of decades, but ever since then, it has become an integral part of everyday life for many people. The purpose of this survey is to gain a better understanding of the factors that contribute to a higher Internet use.

Your responses will remain confidential, and any information collected will only be used for research purposes. Your personal information and your data will not be shared for non-academic purposes by all individuals working on this study. The survey is completely voluntary, so you can decide to not answer a question or to withdraw at any time.

If you have any questions, please contact the one of the primary investigators, Sakura Ariga, at the following email: [sakura.ariga@mail.utoronto.ca](mailto:sakura.ariga@mail.utoronto.ca)

By filling out this survey, you are providing your consent to participate and you acknowledge that your responses will help gain a better understanding of Internet use and its effect on happiness.

## 1. What is your age?

*Mark only one oval.*

- ☐ 18-24 years old
- ☐ 25-34 years old
- ☐ 35-44 years old
- ☐ 45-54 years old
- ☐ 55-64 years old
- ☐ 65+ years old

**2. What gender do you identify as?**

*Mark only one oval.*

- ☐ Male
- ☐ Female
- ☐ Non-binary
- ☐ Other
- ☐ Prefer not to say

**3. What is your sexual orientation?**

*Mark only one oval.*

- ☐ Straight
- ☐ Gay
- ☐ Lesbian
- ☐ Bisexual
- ☐ Pansexual
- ☐ Queer
- ☐ Other

**4. Are you currently employed full-time?**

*Mark only one oval.*

- ☐ Yes
- ☐ No

5. **Are you currently a student?**

*Mark only one oval.*

☐ Yes

☐ No

6. **Which race or ethnicity group best describes you?**

*Mark only one oval.*

☐ Native American

☐ Asian/ Pacific Islander

☐ Black or African American

☐ Hispanic

☐ White/ Caucasian

☐ Mixed

7. **How many hours do you spend on the Internet per week (including for work, personal use, etc.)? This could include: email, searching the Internet, social media, and more.**

*Mark only one oval.*

- ☐ 1-9 hours
- ☐ 10-19 hours
- ☐ 20-29 hours
- ☐ 30-39 hours
- ☐ 40-49 hours
- ☐ 50-59 hours
- ☐ 60-69 hours
- ☐ 70-79 hours
- ☐ 80-89 hours
- ☐ 90-99 hours
- ☐ 100+ hours

8. **What do you mostly use the Internet for? (Select top 3)**

*Check all that apply.*

- ☐ Work
- ☐ Education
- ☐ Entertainment
- ☐ Social Media
- ☐ Commerce
- ☐ Other

9. **How would you rate your happiness when using the Internet in the last 3 months?**

*Mark only one oval.*

Not at all happy

1

☐

2

☐

3

☐

4

☐

5

☐

Very happy

**10. How would you rate your emotional health in the last 3 months?**

Mark only one oval.

Poor

\_\_\_\_\_

1

☐

\_\_\_\_\_

2

☐

\_\_\_\_\_

3

☐

\_\_\_\_\_

4

☐

\_\_\_\_\_

5

☐

\_\_\_\_\_

Excellent

\_\_\_\_\_

Thank you for completing the survey!

Your responses will help us better understand Internet use trends among Americans.

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If you have any questions, please contact Sakura Ariga at [sakura.ariga@mail.utoronto.ca](mailto:sakura.ariga@mail.utoronto.ca).

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