

## **Disease Information - Document3**

### ***Disease Name: Gout***

**Description:** Gout is a common and complex form of arthritis that can affect anyone. It's characterized by sudden, severe attacks of pain, swelling, redness and tenderness in one or more joints, most often in the big toe.

**ICD Code:** M10.9

### ***Disease Name: Kidney Stones***

**Description:** Kidney stones (also called renal calculi, nephrolithiasis or urolithiasis) are hard deposits made of minerals and salt that form inside your kidneys. Kidney stones can affect any part of your urinary tract.

**ICD Code:** N20.0

### ***Disease Name: Gallstones***

**Description:** Gallstones are hardened deposits of digestive fluid that can form in your gallbladder. Your gallbladder is a small, pear-shaped organ on the right side of your abdomen, just beneath your liver.

**ICD Code:** K80.20

### ***Disease Name: Osteoporosis***

**Description:** Osteoporosis causes bones to become weak and brittle — so brittle that a fall or even mild stresses such as bending over or coughing can cause a fracture. Osteoporosis-related fractures most commonly occur in the hip, wrist or spine.

**ICD Code:** M81.0

### ***Disease Name: Cataract***

**Description:** A cataract is a clouding of the normally clear lens of your eye. For people who have cataracts, seeing through cloudy lenses is a bit like looking through a frosty or fogged-up window.

**ICD Code:** H26.9

### ***Disease Name: Glaucoma***

**Description:** Glaucoma is a group of eye conditions that damage the optic nerve, the health of which is vital for good vision. This damage is often caused by an abnormally high pressure in your eye.

**ICD Code:** H40.90

### ***Disease Name: Depression***

**Description:** Depression is a mood disorder that causes a persistent feeling of sadness and loss of interest. Also called major depressive disorder or clinical depression, it affects how you feel, think and behave and can lead to a variety of emotional and physical problems.

**ICD Code:** F32.9

### ***Disease Name: Anxiety Disorder***

**Description:** Anxiety disorders are a group of mental illnesses that cause constant and overwhelming anxiety and fear. The excessive anxiety can lead to physical symptoms, such as a racing heart and shakiness.

**ICD Code:** F41.9

### ***Disease Name: Insomnia***

**Description:** Insomnia is a common sleep disorder that can make it hard to fall asleep, hard to stay asleep, or cause you to wake up too early and not be able to get back to sleep. You may still feel tired when you wake up.

**ICD Code:** G47.00

### ***Disease Name: Obesity***

**Description:** Obesity is a complex disease involving an excessive amount of body fat. Obesity isn't just a cosmetic concern. It's a medical problem that increases your risk of other diseases and health problems, such as heart disease, diabetes, high blood pressure and certain cancers.

**ICD Code:** E66.9