# **Smart Mask data collection checklist**

### Demography

ID	Age	Height	Meal*	Ailment <sup>#</sup>	Athlete

<sup>\*</sup> Meal: Did the participant take a heavy meal in the last 15 minutes?

## Make sure to collect the baseline CO2 values throughout the experiment

#### Inside the Lab

Time Lapse	Activity		
0-2 minutes	☐ Is the participant sitting idle?		
	☐ Did you preheat the sensor?		
	<ul><li>☐ Has 20 minutes elapsed after the sensor was switched ON?</li><li>☐ Is the participant resting and watching video ?</li><li>☐ Is the mask tightly fit?</li></ul>		
	Are you in a noisy environment? Is the HVAC making a lot of noise?		
	Is the CO2 sensor well covered to avoid skin irritation and data fault?		
2-5 Minute	<ul><li>☐ Are you using 30 BPM as ground truth?</li><li>☐ Was data collected successfully?</li><li>☐ Is the mask tightly fit?</li></ul>		
5-7 Minutes	<ul><li>□ Did you now stop the metronome?</li><li>□ Was data collected successfully?</li><li>□ Is the mask tightly fit?</li></ul>		
7-9 Minutes	<ul><li>☐ Ask the participant to do forceful breathing.</li><li>☐ Is the mask tightly fit?</li></ul>		
9-11 Minutes	<ul><li>☐ Was data collected successfully?</li><li>☐ Is the mask tightly fit?</li></ul>		

<sup>#</sup> Does the participant have any prior history of apnea, sleep paralysis or any lung ailment?

#### Outside the Lab

# \*Investigator should walk along the side of the participant so that there is no interference to the wireless signal

Time Lapse	Activity
0-2 minute	<ul> <li>□ Did you preheat the sensor?</li> <li>□ Has 20 minutes elapsed after the sensor was switched ON?</li> <li>□ Is the sensor collecting data while the mask is donned?</li> <li>□ Is the person standing and ready to walk?</li> </ul>
2-8 Minutes	☐ Did you collect data when the person was walking (6MT)?
8-11 Minutes	☐ Did you collect data when the person is resting on a chair after walking?
11-13 Minutes	☐ Did you collect data while the person was asked to read out text?
13-15 Minutes	☐ Did you collect data when the person is resting?