

## Project: Analyzing Sleep data of Americans

### Outline:

- Overview
  - What does the dataset contain
  - What is the scope of the project
  - Why is this important
- Bell Curves
  - There's averages and std. Dev.
  - I hope to have a couple of sample bell curves
  - Maybe see if there's a way to overlay the 20 years data on one graph to show the differences?
- Over the years
  - Analyze data as it progresses over time
  - See any discernible trends
- Male vs Female
- Age groups
- Weekday vs Weekend/holiday
- Conclusion
  - Talk about implications of the data
  - Connect to recommendations of experts and what effects this could have
  - Discuss shortcomings of the data