

Project Synopsis

MindSpace

Mental health is equally important as physical health nowadays. Thus our goal is to provide online therapy, support groups, crisis intervention, and self-help resources. These services should be provided by trained mental health professionals and presented in an easy-to-use and accessible format.

**Project Title:**

Mind Space: A Social Networking Website For Mental Health

Domain:

Web Development

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|-------------------|---|
| Guided By: | Prof. Vandana Betigeri-Dixit |
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| Timeline: | 27/02/2023 - 01/06/2023 |

Project Details

Problem Statement

To build a Social Media platform that promotes solutions on Mental Health Issues

Object And Scope

- **Objectives:** We want to provide a safe and supportive online community where individuals can connect with others who share similar experiences and struggles with mental health. Our aim is to offer educational resources such as articles, videos, and other informative content that help individuals better understand mental health and how to manage it.
- **Scope:** Mind Space, a social networking website for mental health, is an online community providing a safe and supportive space for individuals to connect with others experiencing similar mental health issues. The platform provides resources and tools to help individuals manage their mental health, and foster a sense of community and belonging.

Project Description

Even if you have good coverage, it can be hard to find a mental health provider. **Minspace** is a digital platform that provides a space for individuals to connect with others, find support, and access resources related to mental health. Mentors can share photos, videos, and blogs to help Mentees. They can also arrange one-to-one sessions with Mentees and can advertise their therapy sessions. Mental health is equally important as physical health nowadays. Thus our goal is to provide online therapy, support groups, crisis intervention, and self-help

resources. These services should be provided by trained mental health professionals and presented in an easy-to-use and accessible format.

Literature Survey

link :

https://drive.google.com/file/d/1opFB4OJ45BoZ2Pr2JThzB3gBKXQ9XTCL/view?usp=share_link

Project Approval

Prepared by:

Group 2: SE IT B

Approved by:

Prof. Vandana Bettigeri-Dixit

27/02/2023

01/06/2023