

## Sexual Anxiety Scale Test Results

Total Score: 9

Sexual Anxiety Level: Extremely Low Sexual Anxiety

Level: Extremely Low Sexual Anxiety

Score Range: undefined

Description:

Little to no anxiety in sexual situations. Highly confident and comfortable with sexual experiences. Very rare instances of sexual self-doubt or anxiety.

Recommendations:

Sessions Required: 1 session recommended.

- Continue celebrating sexual confidence.
- Maintain balance between emotional and sexual well-being.
- Ensure mutual respect and consent in relationships.
- Stay open to personal growth and learning.
- Continue practicing healthy communication.

Q1: I think that I am sexually not attractive as one should be.

Answer: Not Answered

Q2: I think that I am sexually as potent as one should be.

Answer: Not Answered

Q3: I worry about the size of my penis

Answer: Sometimes

Q4: I worry about the size of my breasts

Answer: Sometimes

Q5: It worries me as I do not find sexual act as exciting as people talk about

Answer: Not Answered

Q6: I think that I take too long to get my erections.

Answer: Sometimes

Q7: I think that I take too long for me to sexually aroused.

Answer: Sometimes

Q8: I fear that I may not get enough erection while indulging in sexually act

Answer: Rarely

Q9: I fear that I may not get sexually arousal while indulging in sexually act

Answer: Rarely

Q10: I fear that I may lose interest in sex.

Answer: Not Answered

Q11: I fear that I may get premature ejaculation while indulging in sexual act

Answer: Sometimes

Q12: I fear that I may not be able to get organs while indulging in sexual act

Answer: Sometimes

Q13: I fear that I may lose sexual vigour in me during sexual act .

Answer: Not Answered

Q14: It worries me as I find it quite embarrassing to undress myself in the pro

Answer: Not Answered

Q15: It worries me as I find it difficult to indulge in some forms of love making

Answer: Not Answered

Q16: I fear that I may not be able to fully sexually satisfy my spouse

Answer: Not Answered

Q17: It worries me as I find it difficult to enjoy being touched or manipulated

Answer: Not Answered

Q18: I worries as I find my spouse too demanding in sex

Answer: Not Answered

Q19: I fear that I may lose erection during the sexual act .

Answer: Sometimes

Q20: I fear that I may get sexually cold during the sexual act .

Answer: Sometimes