The bears receive a human-grade diet primarily made up of seal meat, seal blubber, moose meat, and mackerel. However, around this time of year, you might also see them eating a variety of fruits and vegetables in addition to the standard diet items.

Why produce? Lettuce tell you.

Fruits and vegetables allow us to give the bears additional sensory experiences and help them feel full without ingesting too many calories.



Watermelon is a universal favourite among the bears at the Habitat.

In the wild, many polar bears – especially those with ranges closest to Cochrane – spend several months on land without access to sea ice (or prey).

During this time, they mostly fast, although they have also been known to graze on grass, seaweed, bird eggs, and berries.

At the Habitat, we not only want to mimic the natural environment, we also want to allow them to slim down in the warmer months when they don't need as much insulation.