

# POLAR BEAR ADAPTATIONS



**Polar bears are well-adapted to living in the cold Arctic climate and its harsh terrain.**

## **Two thick layers of fur**

Together, outer guard hairs and inner insulating hairs help prevent almost all heat loss from a bear's body.



## **Thick layer of fat**

Around its whole body, a polar bear has a layer of fat that can be over 11 cm (4.5 inches) thick. This helps provide insulation from cold air and cold water.

## **Small appendages and short limbs**

Polar bears have relatively low surface-area-to-volume ratios, which minimizes the surface area to dissipate heat and allows them to retain heat.



## **Large paws**

A polar bear's paws can grow up to 30 cm (12 inches) across. They disperse the bear's weight more evenly on the snow and ice – much like a snow shoe – which allows the bear to stay on the surface.

## **Bumpy footpads**

Polar bears have small bumps called papillae on their footpads which help them keep traction on slippery surfaces.



## **Thick claws**

Strong, thick claws help grip on ice and snow. They also help pull large seals out of the water.

## **Other adaptations**

There are numerous of other characteristics that allow polar bears to live in the Arctic. Consider their sharp teeth, their fat-specific digestive system, and their sensitive sense of smell – how might those traits be advantageous?



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