Model

In Spring MVC, the `Model` interface is typically used to pass data from the controller to the view. It acts as a container for model attributes that are then rendered in the view.

You can use the 'Model' interface to add attributes that you want to make available to the view. For example:

```
'``java
import org.springframework.stereotype.Controller;
import org.springframework.ui.Model;
import org.springframework.web.bind.annotation.GetMapping;
@Controller
public class MyController {
    @GetMapping("/hello")
    public String hello(Model model) {
        model.addAttribute("message", "Hello, World!");
        return "hello"; // This would render the "hello.jsp" view
    }
}
```

In this example, the `hello` method adds an attribute named "message" to the `Model` object. This attribute can then be accessed in the view (e.g., a JSP or Thymeleaf template) to display dynamic content.

However, the `Model` interface itself does not provide methods to retrieve data. Its main purpose is to provide a way for controllers to pass data to the view layer. If you need to retrieve data in a controller method, you typically use other mechanisms such as `@RequestParam` or `@RequestBody` to extract data from the request.