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| Medical with solid fill | **BMI REPORT (BODY MASS INDEX)** |

|  |  |
| --- | --- |
| **Member’s Name:** | {{name}} |
| **Age/Sex:** | {{age}} |
| **Height:** | {{height}} |
| **Weight:** | {{weight}} |
| **BMI:** | {{bmi}} |
| **Remarks:** | {{remark}} |

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| --- |
| **INTERPRETATION:** |

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| BMI Range | Category | Health Risk |

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| --- | --- | --- |
| Less than 18.5 | Underweight | Possible nutritional deficiency |
| 18.5 - 24.9 | Normal weight | Low risk (healthy range) |
| 25 - 29.9 | Overweight | Increased risk of health issues |
| 30 - 34.9 | Obesity Class I | High risk |
| 35 - 39.9 | Obesity Class II | Very high risk |
| 40 and above | Obesity Class III | Extremely high risk |

