

# VPN Setup & Task Completion Report

## Step 1: Choose a Reputable Free VPN

Examples: ProtonVPN, Windscribe, TunnelBear. Trusted providers ensure strong encryption, no shady logging, and better privacy.

## Step 2: Download & Install the VPN Client

Visit the official website, download the correct installer for your OS, run it, and follow the on-screen steps.

## Step 3: Connect to a VPN Server

Open the VPN app, choose a location (closest for speed or another country for location masking), and click Connect.

## Step 4: Verify Your IP Address

Go to [whatismyipaddress.com](https://whatismyipaddress.com) and check your new IP and location. It should match your VPN server's location.

## Step 5: Confirm Traffic is Encrypted

Browse any secure website. With VPN active, your ISP sees only the VPN IP, not your real one.

## Step 6: Disconnect & Compare

Disconnect VPN, check your IP again on [whatismyipaddress.com](https://whatismyipaddress.com), and note any speed difference.

## Step 7: Research VPN Encryption & Privacy Features

Most VPNs use AES-256 encryption. Look for no-logs policy, kill switch, and DNS leak protection.

## Step 8: Summary of Benefits & Limitations

Benefits: hides IP, encrypts traffic, protects on public Wi-Fi, bypasses geo-blocks. Limitations: possible slow speed, data limits in free plans, and not 100% anonymity.