



# NTU ARTS FESTIVAL 2022

EBB & FLOW

FESTIVAL GUIDE

# INTRODUCING EBB & FLOW

The theme for NTU Arts Festival 2022 is Ebb & Flow. Ebb & Flow aims to celebrate the myriad of different art forms in NTU, much like the multiplicity of existent water forms. As NTU Arts Festival 2021's theme Midsummer Medley aimed to strengthen bonds within NTU and promote unity within CAC, Ebb & Flow will follow suit, further building up connections within the different art forms and celebrating both its uniqueness and similarities as one.

While previous years highlighted internal cohesion and pushing limits, Ebb & Flow plans to not only represent the arts community in NTU, but also its audience; providing and introducing to them a platform to appreciate the different forms of arts all at once. Ebb & Flow embodies all benefactors of NTU Arts Festival – the student body, the performers, the audience – and brings them all together by recognising their distinctive qualities and their similitude.

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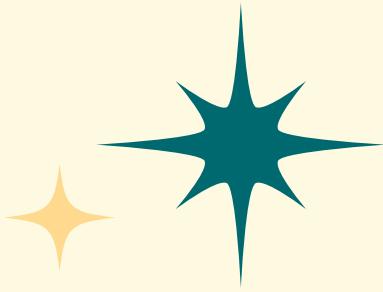
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ACKNOWLEDGEMENTS

# ABOUT CULTURAL ACTIVITIES CLUB



The NTU Cultural Activities Club (CAC) is one of the four non-academic constituent clubs in the university, established with the aim of fostering greater cultural awareness and interests among the NTU student population.

CAC is an umbrella organisation consisting of 23 Member Clubs, 5 Support Committees and 5 Special Projects, working hand in hand as staunch advocates of the performing arts. The club continues to attain considerable popularity and recognition within the university as well as from the public in our mission to promote a vibrant campus experience through activities pertaining to the performing arts

and cultural activities. In CAC, there is always room for all of our members to shine regardless of our diverse interests and motivations – represented through our slogan ‘Many Faces, One Club’.

More than 500 students join the CAC family every year to pursue their passion in the performing arts and event management, making the club one of the largest student organisations in NTU. Besides the new faces that join our large family, CAC also enjoys continual support from our alumni in our journey to nurture the artistic talents of NTU and transform the university into an arts and cultural hub worthy of international mention.

# ABOUT NTU ARTS FESTIVAL

Occurring from January to February 2022, NTU Arts Festival (NAF) 2022 is a Special Project under NTU Cultural Activities Club (CAC) which aims to develop NTU's potential as a cultural hub and establish itself as a premier event that will be placed on the cultural and arts calendar of Singapore. Involving the 23 CAC Member Clubs and established arts and cultural groups within NTU, NAF aims to promote the understanding and appreciation of the arts within the NTU community and bring our NTU arts scene to greater acknowledgement in the wider local arts scene.

This year, NAF will consist of 4 main segments of programmes:

## RIPPLE

Publicity Drive

## CREST

Exhibitions  
and Contests

## OASIS

Workshops

## SURGE

Internal Showcase  
and Marketplace

# DIRECTOR'S NOTE

I am proud to present this year's iteration of NTU Arts Festival (NAF)! NAF has taken thematic form in Ebb & Flow, taking inspiration from the myriad of water bodies and aims to highlight the value of the different art forms. Despite the challenging circumstances of today, the committee has continuously created a platform that proves the tenacity of our NTU arts community. With 4 main programme segments and presenting over 20 exciting programmes, the committee has worked relentlessly over the past months to curate and unveil NAF to the NTU community and beyond. Showcasing CAC Member Clubs, arts and cultural groups from the NTU community, Halls of Residences and National Institute of Education, NAF brings them to convergence in the celebration of our very own NTU arts scene.

In close collaboration with CAC Arts From The Heart (AFTH), we are happy to announce that proceeds from NAF will be contributed towards our beneficiaries of the Singapore Association for Mental Health to contribute back to our community at large. We are also pleased to present NAF's second year running in hosting a livestream showcase for the NTU arts community.

The committee and I would like to give our heartfelt gratitude towards the following teams for which without their support, NAF would not be possible. Thank you to NTU Student Affairs Office, CAC Member Clubs, Special Projects & Support Committees for your generous and inspiring support. I would also like to thank the NAF committee for your unending hardwork and steadfast dedication in the past months to make this festival come to life.

We look forward to seeing you at NAF! Delve into our Marketplace selections featuring a variety of NTU small arts and craft businesses, support our NTU performing arts clubs at Surge Livestream and join in on our Sticker Olympia Contest amongst our other offerings.

**Pearlyn Tay**  
Special Projects Director  
NTU Arts Festival



# FESTIVAL CALENDAR

★ ARTS FOR GOOD SUPPORTED PROGRAMME

ripple  
PUBLICITY DRIVE

★ PUBLICITY BOOTH

31 JAN – 8 FEB | LINKWAY @ ADMIN BUILDING

Find out more about NAF here and sign up for FREE workshops!

★ NAFCRAFT KIT

31 JAN – 8 FEB | LINKWAY @ ADMIN BUILDING

Collect a craft kit and create a meaningful piece for someone you care about!

★ STAMP HUNT

31 JAN – 17 FEB | VARIOUS LOCATIONS IN NTU

Visit the iconic locations of NTU and complete your pamphlet for a lucky draw chance! Begin your journey at our Publicity Booth!

oasis

WORKSHOPS

- Art Swap
- Guitar
- K-Pop Dance
- Tote Bag Printmaking
- Rumba Samba Night
- Popular Music Arrangement with Technology
- Contemporary Dance
- Paint Scraps
- Soap Making

- Indian Dance
- Theatre Games: Engagement Through Play
- Lindy Hop Dance
- Jewellery Making
- Painting with Oil & Acrylic
- Painting with Watercolour
- Batik
- Ceramics
- Wushu

14 FEB – 23 FEB

### STICKER OLYMPIA CONTEST

24 JAN – 14 FEB | ONLINE @ NAF.SG

Calling all creative souls, it's time to design your very own stickers! Stand a chance to win goodies and be featured on our NAF Telegram Sticker pack and sticker sheets!

### ★ ART LABEL INSTALLATION

31 JAN – 23 FEB | SKYDECK @ NORTH SPINE

Do your part for the environment by bringing your stickers or labels and decorating our installation! Pen down whatever's weighing you down and discard them at our installation!

### ★ SNAPSHOT SOCIAL WALL

31 JAN – 23 FEB | RIPPLE PUBLICITY BOOTH & SURGE MARKETPLACE SHOWCASE

Get to better understand the service users of the Singapore Association for Mental Health through their meaningful posts.

### ★ CASCADE

31 JAN – 23 FEB | SKYDECK @ NORTH SPINE

Discover the diversity of relationships through the works of people from various walks of life.

### ONLINE MARKETPLACE

31 JAN – 23 FEB | ONLINE @ NAF.SG

Discover and support local craftsmen and designers within and outside of our NTU community! Our virtual marketplace is sure to offer something that will capture your attention!

### MARKETPLACE SHOWCASE

23 FEB | LINKWAY @ ADMIN BUILDING

Check out the display booths featuring products from our Marketplace vendors, with a special line of limited edition products!

### ★ SURGE: THE STREAM

23 FEB | ONLINE @ NAF.SG

A livestreamed virtual concert featuring a sensational line-up of performances put up by our very own NTU students!

INTERNAL SHOWCASE



surge

# RIPPLE PUBLICITY DRIVE



## PUBLICITY BOOTH

31 JAN – 8 FEB  
LINKWAY @ ADMIN BUILDING

The publicity booth is a sneak peek of what our theme Ebb & Flow is about. It provides a platform for students to learn more about our various workshops and activities in the few weeks ahead. Seeking to learn a new art form like dance, watercolour, ceramics or soap making? Come visit us, sign up for workshops and earn freebies that are sure to brighten your day! What a treat!

## NAFCRAFT KIT

PUBLICITY BOOTH AT LINKWAY @ ADMIN BUILDING

There are 2 kinds of NAFCRAFT Kits up for grabs for each person! Get your hands dirty with our kits and create unique gifts for someone who deserves it! Here's how:

STEP 1

STEP 2

STEP 3

Sign up for a  
Workshop on the  
NAF website

Follow  
[@ntuartsfestival](#)  
on Instagram and  
Facebook

Get a NAFCRAFT Kit!



# STAMP HUNT

31 JAN – 17 FEB

VARIOUS LOCATIONS IN NTU

For this year's NAF, we have a fun, mini trail waiting for you! Explore and collect some awesome and cute stamp designs on a pamphlet that you can collect around the campus! Curious? Come drop by and pick up a pamphlet from our publicity booth! Submit a photo of your completed pamphlet and stand a chance to win a staycation at our NAF Lucky Draw!



**RIPPLE** marks the launch of NAF, a kickstart to promote the variety of programmes we have lined up for you in NAF. There will be interactive activities both online and physically, aimed at highlighting what NAF has to offer. Come join us!

# STICKER OLYMPIA CONTEST

**24 JAN – 14 FEB**

Have you always wanted to express yourself through design? Interested in creating your own sticker? Look no further, NAF invites you to share your creativity and individuality with the rest of NTU! Create a sticker (traditional or digital art) to represent our theme, Ebb & Flow, and stand a chance to win attractive prizes! What's more, the Top 6 sticker designs chosen will be immortalised as part of the NAF Sticker Pack available for all in our very own NAF Goodie Bags (while stocks last!). Fret not, the Top 12 designs will also be featured on NAF's Telegram Sticker Pack! You have a chance to vote for your personal favourites too! Come join us in this contest and perhaps create a meme-worthy sticker!

**24 JAN – 4 FEB**

Sticker Olympia Contest Submission

**5 FEB – 6 FEB**

Judging + Public Voting



**7 FEB**

Announcement of Winners!

**7 FEB – 14 FEB**

Publishing of Stickers

# SNAPSHOT SOCIAL WALL

**31 JAN – 23 FEB**

RIPPLE PUBLICITY BOOTH & SURGE MARKETPLACE SHOWCASE

Displayed at our physical locations of the Ripple Publicity Booth and Surge Marketplace Showcase, the Snapshot Social Wall features posts from service users of the Singapore Association for Mental Health. These posts are dedicated to capturing and sharing the moments where the service users find relief from their anxieties by engaging in a meaningful activity. You are invited to share your thoughts and responses too!

# CREST

## EXHIBITIONS & CONTESTS

31 JAN – 23 FEB

### ART LABEL INSTALLATION

31 JAN – 23 FEB

SKYDECK @ NORTH SPINE

The Art Label Installation aims to promote sustainability whilst improving the well-being of staff and students of NTU. You are encouraged to bring labels and stickers from your home to decorate our interactive installation! The end product promotes unity through the diversity of our participants who play a part in decorating the large letters. Pen down whatever is weighing you down and discard them at our installation. Come on over to find out more!

### CASCADE

31 JAN – 23 FEB

SKYDECK @ NORTH SPINE

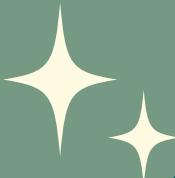
NAF's visual arts exhibition, Cascade, brings to you a diverse array of artworks of people from all walks of life. Cascade explores the central themes of Ebb & Flow and Relationships to deliver an exhibition showcasing how these themes are reflected through the lenses of our artists; children, migrant workers, service users and budding talents.

Our Exhibitions and Contests segment of NAF, **CREST**, aims to bring fresh perspectives through exciting interactive exhibitions and contests to you. Explore the various installations and exhibitions and indulge yourself in the visual arts!

# OASIS WORKSHOPS

14 FEB – 23 FEB

Keep a look out on our website for details!



## TOTE BAG PRINTMAKING

An introduction to silkscreen printing as an artistic practice of creating an image on fabric, learn how to press ink through a stenciled screen during our Tote Bag Printmaking Workshop! Bring your own designs and images to print onto your tote bag and participants are even welcome to bring their own t-shirts to print on.

## PAINTING WITH OIL & ACRYLIC

Looking to express yourself through a fun and creative outlet? If you enjoy rich colours and prefer a thicker medium, then oil and acrylic painting is the workshop to sign up for! In this workshop, you will learn to identify interesting nuances about perspective and colour. If you are looking forward to learning more about painting practices, this is a perfect starting point for you!



# PAINTING WITH WATERCOLOURS

Watercolour painting has become very popular in recent years. Its approachability as an art-medium and the seemingly effortless nature of its beauty are a couple of reasons why it is one of our most popular workshops. Suitable for beginners and practitioners alike, this workshop will focus on the basic watercolour technique, highlighting the intricacies of colour combination and the skill of blending harmoniously to create your very own masterpiece. With this new-found skills and knowledge, participants are free to create their own unique starry galaxy landscapes.



# BATIK

Batik is a technique of wax-resist dyeing applied to cloth. In this workshop, you will be introduced to the art of traditional Batik painting. Design your own prints or paintings and learn to use traditional tools such as the 'tjanting' to create Batik pieces with wax-resist dyeing technique. You will also get to bring home your own self designed 50 x 43cm Batik artwork at the end of the session!



## Enjoy the workshops and pay as you wish!

All proceeds will go to the Singapore Association for Mental Health.

*Scan to sign up at [naf.sg!](http://naf.sg/)*





## CERAMICS

Growing up, we've all had our experiences playing with playdough, but here's a chance to make a permanent artwork. This three-hour workshop will allow participants to learn the basics of making a cup with hand-building pottery by rolling slabs of clay on a textured surface to create patterns on their artwork. Artwork will be fired and glazed by professionals, after which they will be ready for collection in 2-3 weeks after the workshop.



## ART SWAP CHALLENGE

Inspired by Tiktok, Art Swap is a fun and lively freestyle paired activity where participants can take turns painting on each other's canvas. Guided by prompts by our facilitators, unleash your creativity through painting in a novel format with your friends!



## PAINT SCRAPES

Paint Scrape is an easy activity where everyone can get involved. It is a process of color mixing, where participants can add a small amount of paint on a paper or canvas, and use a piece of pre-cut cardboard to drag it across the paper to push the paint in any direction they like. They can repeat the process and try scraping it over the previous colors to blend the paint.





## JEWELLERY MAKING

When COVID-19 happened and Circuit Breaker hit, Yu Zhe decided that it was finally time he translated the knowledge he possessed by watching others make jewellery from YouTube videos by actually making them on his own. In the world of handmade jewellery, there is always something for everyone. By crafting jewellery on your own, you get to decide your style and what you ultimately decide to wear. In this workshop, participants will be creating your very own geometric earrings and a simple yet stylish bracelet chain. Through this workshop, participants will acquire fundamental jewellery making skills. Come and be captivated in the world of handmade jewellery.

## SOAP MAKING

Soap making is a workshop where participants are able to customise and make their own soap. Hosted by Nanyang Arts Ensemble, come and join us for the opportunity to design your very own customized soap that is unique to you!



# POPULAR MUSIC ARRANGEMENT WITH TECHNOLOGY

This workshop aims to provide you with an introduction on the knowledge and tools to record and arrange popular music. Using one of the most ubiquitous music-making tools in the market, this workshop allows you the opportunities to explore recording and editing of melodies, harmonies, and basic bass & drum patterns using software instruments. You will also explore the use of Apple Loops to enhance your arrangement ideas. In addition, you will learn about the specific musical terms and concepts that will help you better understand and describe your music arrangement. Through this experience, you will deepen your technological content knowledge and at the same time improve self-efficacy in the development of your musical abilities!





## THEATRE GAMES: ENGAGEMENT THROUGH PLAY

This workshop examines a range of theatre games conventionally used in a participatory classroom to build specific skills and capabilities. The theories, methods and practices will be used to engage participants in a range of reflective processes, critical dialogue and physical activities that promote stronger social-emotional learning opportunities, interpersonal and intrapersonal skills, as well as civic and social awareness through activities that enhance team-building, trust, confidence, collaboration and the extension of imagination. The principles of practice that underpin the use of theatre games will be explored and explicated in relation to non-traditional theatre contexts. Participants are encouraged to come in loose-fitting clothes suitable for moving around in.

## CONTEMPORARY DANCE

This workshop provides a safe space for participants to express their individuality and creativity. You will be able to enjoy a journey of self-discovery, through a fine balance of artistic movements and techniques in this class.





## RUMBA SAMBA NIGHT

Rumba Samba Night is a dance type under NTU DanceSport Academy (DSA) which aims to bring people, from different backgrounds, together as one. With the warm yet fun guidance from their dance coach, come enjoy this enriching experience!



## K-POP DANCE

Have you ever wanted to learn the dance routine of that trendy K-pop song you hear blasting everywhere? Come down to NAF's K-pop Dance Workshop to learn the current dance trends with your friends! Since 2005, KCS has been a cultural appreciation club that actively promotes Korean culture in NTU. KCS provides a platform for Korean students to interact with students of all races and nationalities. Our K-pop Dance Programme (KDP) holds weekly dance classes to the hottest K-pop choreographies. Also, KDP performs dance covers of famous songs, such as BTS - Boy with Luv and TWICE - Feel Special! Find us on YouTube and Instagram (@ntukdp) for exciting contents such as dance tutorials, covers, and Annual Concert!

## INDIAN DANCE

NTU Indian Dance provides a platform to develop dancers in various Indian dance forms. Focusing on different dance styles such as Indian Folk, Bollywood, and Indian Classical, to name a few, this workshop will expose and give you the opportunity to try out different styles!



## LINDY HOP

NAF is set to bring back one of our most popular workshops from the previous year! Born from the blending of African rhythms and movements with European structured dance, the Lindy Hop is an American partner dance that evolved in Harlem, New York City, in the 1920s and 1930s. Now, Lindy is mainly based on jazz, tap, breakaway, and Charleston, a cheeky and jolly dance style which is gaining popularity in Asia! NTU's Lindy Hop will bring you back to the golden age of the 1900s, with old school carnivals and glamour, where the big bands would play their tunes till the early morning. Like other dance genres, the moves in Lindy Hop have its distinct rhythm and strictness. However, the nature of Lindy Hop is far from rigid so for those who have always wanted to try out dance, NTU Lindy Hop is a good starting point!



## GUITAR

NTU Guitar Ensemble aims to achieve versatility in artistic expression across genres through a full range of pitches and tones. There are a mix of genres and guitar styles. Come and learn how to play the guitar!



## WUSHU

Wushu is a traditional Chinese martial art with a rich history, and it has a huge diversity of routines for different fist styles and weapons. In this workshop, you can look forward to learning some basic Wushu routines, as well as an opportunity to play around with weapons such as the spear and straight sword!





# ONLINE MARKETPLACE

**31 JAN – 23 FEB**  
**ONLINE @ NAF.SG**

Looking to connect with like-minded individuals and discover various designers in the local arts scene? Our Online Marketplace is a virtual platform for you to explore a plethora of handmade jewellery, accessories and thrifted clothes from both NTU and external vendors! These items will be available for purchase for the entirety of the Marketplace period, or until items are sold out. As for collection of orders, you may opt for either self pick-up at NTU or mailing. With 10% of all proceeds donated to Singapore Association for Mental Health, our beneficiary this year, do a little good while finding a little something to take home!

## MARKETPLACE SHOWCASE

**23 FEB**  
**LINKWAY @ ADMIN BUILDING**

If you like the sound of our Online Marketplace, head down to our Marketplace Showcase which will feature a variety of these vendors and booths! The Marketplace Showcase provides an opportunity for these student and external vendors to display their unique products available for your purchase. You won't want to miss out on the exclusive products available only on 23rd February! A delivery option will be provided for orders placed on the day of the Marketplace Showcase.



# SURGE INTERNAL SHOWCASE

# SURGE: THE STREAM

23 FEB

ONLINE @ NAF.SG

Tune into Surge: The Stream, a livestreamed virtual concert featuring a sensational line-up of performances put up by our very own NTU students. Be inspired by the talent of our NTU community and look forward to a chance at snatching some exciting prizes from our NAF Lucky Draw! Catch Surge: The Stream on our NAF website from the comfort of your own home; sit back, relax, and you're sure to enjoy the show!

## PERFORMERS

NTU Breakers  
Chinese Drums  
Jazz & Blues  
Harmonix  
Contemp{minated}  
Wing it Wednesday  
Friends of Tama  
Crescendo  
Crespion Acapella



Our Internal Showcase, titled **SURGE**, is the finale segment of NAF held within NTU. Presenting an exciting variety of performances and booths that will catch your eye, the festival serves to cast a spotlight on the vibrant arts scene within NTU, tying up the 4 weeks of NAF on a high note.

Scan to find out more!





## NTU BREAKERS

Established in 2006, Breakers have been practicing its own art form known as breaking globally. Breaking is well-known to be more athletic in its dance which comprises 4 elements in its dance, 1) Top-rocking, 2) Footwork, 3) Freezes and 4) Power moves. In Breakers, we strive to build a vibrant community for both bboys and bgirls to share passions and knowledge of breaking.

## CHINESE DRUMS

NTU Chinese Drums Club was formed in the year 2001, by a group of NTU students passionate in the unique performing art of 二十四节令鼓 also known as “24 Festive Drums”. Originating from Johor, Malaysia, this drumming style traditionally involves 24 performers and drums, with dance-like choreography that marvellously incorporates traditional martial arts elements with rhythm to create a captivating drum performance. For the past two decades, the club has continuously strived for excellence in this art and aims to spread the love for the traditional Chinese Culture and the 24 Festive Drums to the school and the larger community in Singapore.



## JAZZ & BLUES

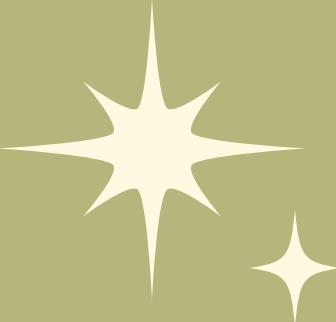
NTU CAC Jazz & Blues has always been about the people and making music. During COVID-19, we have been relegated to smaller groups, but our members stay headstrong and vibrant. While we can't share our music in our live performances, this has allowed us to grow as a club and explore the digital world of studio recordings and audio mixing to bring our music online for people to enjoy in the comforts of their own homes. We love doing what we do, and will always be creating memories by chillin', jammin', and bustin' out some great music with lovely people.



## HARMONIX

NTU Harmonix is a vibrant and thriving family with members who have the passion to share their love for music using only their voices. Harmonix has been working towards bringing a different sound to the college community as well as the local A capella scene. With the blend of different personalities and colourful vocals, they strive to showcase a coherent and sophisticated sound and sensational harmonies to engage and entertain audiences.





## CONTEMP{MINATED}

Since inception, Contemp{minated} has developed our artistic flair through a repertoire of performances aimed at engaging and captivating our audience. Having grown and diversified with dancers of various backgrounds, Contemp{minated} prides itself in providing a safe space for members to explore while expressing their individuality and creativity. The club strives to continually push the boundaries of growth as we embark on new chapters with our resident instructor, Shannon Choo. With the combined experiences of our current members and alumni, Contemp{minated} hopes to further nurture and guide dancers in their journey of self-discovery, through a fine balance of artistic movements and techniques.

## WING IT WEDNESDAY

One of Pioneer Hall's jam bands and the name came about as they... (pause) wing it on Wednesdays! They are made of multi talented musicians from different backgrounds, coming together to share their love for music. Their goal is simple, to play great music and enjoy themselves!





## FRIENDS OF TAMA

Coming from diverse musical backgrounds and all walks of life, but united under one goal: to enjoy making music! Presenting to you Tamarind Hall's FRIENDS OF TAMA! With Isaac on the drums, Benson the bassist, Elvin the keyboardist, John on vocals and Kae on guitar, we hope to bless your ears with wonderful, beautiful hits!

## CRESCENDO

Crescendo is a band made up of passionate musicians from different music backgrounds who love to just come together and make music. We love to explore a variety of genres from pop to funk and even jazz. Our participating band will consist of 4 instrumentalists and 2 vocalists, and we will be performing 2 songs from popular music.



## CRESPION ACAPELLA

Hello! We are a subgroup from Crespion Acapella, consisting of Chong Han, Swati, Kar Man, Yu Yun and Peiyao. Chong Han's our resident male voice and the rest of us are sopranos and altos.



# ARTS FOR GOOD

## NAF X AFG INITIATIVE

A unique collaboration between NAF and Student Community Engagement (SCE), Arts For Good (AFG) aims to marry the beauty of creative expression and doing good for the community. In this year's edition of NAF x AFG, we want to highlight the potential of the arts to heal in a time when healing is needed the most. We want to go back to basics, portraying art in its purest, joyous form. Be it an avenue for self-expression, an outlet for emotions, or a proponent for mental well-being, the arts has the ability to unite us in times of uncertainty while preserving our identity.

During the extended periods of isolation we experienced, many looked to arts-related hobbies like sewing, cooking and painting in order to de-stress and occupy their inner creatives. Through NAF, we aim to remind the public about these rejuvenating benefits of the arts that allows all to freely express their emotions and feelings.

Through our thematic focus on joy and unity, NAF x AFG allows us to do good and feel good through our programmes, from the plethora of workshops with a safe space to create and learn new skills, to our Art Label Installation imploring you to look deeper into your whole self. Our collaboration with the Singapore Association for Mental Health aims to spread acceptance of mental health, both monetarily in terms of donations and by using NAF as a platform to showcase their cause.



# ARTS FOR GOOD

31 JAN - 23 FEB 2022

*What would you do for good?*

## WHAT WOULD YOU DO FOR GOOD?

We hope that by the end of NAFxAFG, you will be inspired to use the arts to do good for the community, to be kinder to yourself, and to influence others around you to do the same.

As you embrace the new normal, do prioritise your well-being, be it physically, emotionally or mentally. Engage in artful activities like sewing, dancing, or just whistling a tune to your inner rhythm. Even the simplest artistic endeavors hold merit in managing life's pressures and unearthing your creativity within.

If you would like to find out more information about mental wellness, you can drop by the Cozy Corner at the Global Lounge, managed by NTU's Peer Helpers Programme (PHP), who also regularly hosts art-jamming sessions. Feel free to drop by for some much-needed art therapy.

As you steer through your ever-so unpredictable life in NTU, you can be comforted through the solace that the arts brings. Remember, EARTH without ART is just EH, so live artfully and let it inspire you to make doing good your new norm!



# NAF 2022 MERCHANDISE

This year's NAF merchandise features a diverse range of fun pieces to set you apart from the crowd! Boost your love of art with our adorable froggy T-shirts, or opt for one of our stickers to rep your school! Want something more versatile? Check out our comfortable minimalist Ebb & Flow T-shirt or our useful froggy lanyards!



Interested? Scan the QR code to visit our Online Marketplace!

\* These images are only for illustration purposes, actual products may differ.

# ACKNOWLEDGEMENTS

NAF IS PROUDLY ORGANISED BY A STUDENT-LED COMMITTEE



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PRODUCTION PARTNER



# SPONSORS

## PLATINUM SPONSOR



## GOLD SPONSORS



## SILVER SPONSORS





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 NTU Arts Festival

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