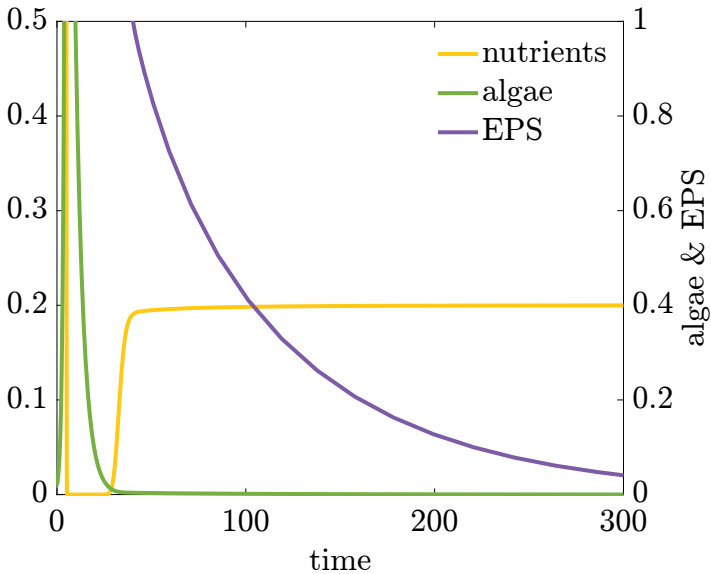


nutrients



time