

COLD VS FLU VS COVID-19

COMMON COLD



What is it caused by?

The cold is caused by an infection due to the Rhinovirus. People who smoke, have chronic stress, and are sleep deprived are more susceptible to catching a cold.

Symptoms

- Sore throat
- Runny/stuffy nose
- Sneezing
- Cough

Treatment options:

- Usually will go away over time but can take OTC meds if needed
- Benadryl (for runny nose)
- Sudafed (for nasal decongestion)
- Vicks VapoRub (for sore throat)
- Robitussin (for dry cough) Mucinex (for wet cough)

What is it caused by?

The flu is caused by an infection of the Influenza virus. Children are more likely to get sick from the flu.

Symptoms

- Everything from Common Cold **except sneezing**
- Fever
- Headaches
- Muscle pain/body ache
- Breathing difficulties
- Vomiting & diarrhea
- Fatigue

Treatment options:

- Antiviral drugs (Tamiflu)
- Drugs stated above in Common Cold to treat similar symptoms
- Tylenol (for headaches)

FLU



COVID-19



What is it caused by?

COVID-19 is caused by an infection of the coronavirus SARS-CoV-2. Everyone is susceptible to COVID-19, especially the immunosuppressed.

Symptoms

- Everything from Flu **except sneezing**
- Change in or loss of taste and smell

Treatment options:

- Antiviral drugs (Paxlovid/Remdesivir)
- Drugs stated above in Common Cold & Flu for similar symptoms

**TEXT (402) 732-2627 FOR MORE
INFORMATION ABOUT THE COVID-19
VACCINE**



SCAN ME

**COVID-19 VACCINE & DISEASE
STATE INFOGRAPHICS**

[HTTPS://TINYURL.COM/AMCPHEALTHHELPER](https://tinyurl.com/amcphealthhelper)