

# WHAT TO KNOW ABOUT THE COVID-19 VACCINE?



- California has witnessed many people coming together while being physically apart.
- Getting the vaccine can end this pandemic and keep you and your loved ones safe.



## 1 WHO SHOULD GET VACCINATED?

- **Everyone should get vaccinated** when the vaccine is available.

## 2 WHEN CAN I RECEIVE THE VACCINE?

- The vaccine is available based on county - specific phases:

Phase 1A



Healthcare Workers



Patients in long-term care (nursing homes)

Phase 1B



Frontline Essential Workers



People aged 65 years and older

Phase 1C



People aged 16-64 years old with underlying medical conditions and other essential workers

- Once these high risk individuals get the vaccine:
  - **Everyone 16 years of age and older** can receive the **Pfizer** vaccine.
  - **Everyone 18 years of age and older** can receive the **Moderna** vaccine.

## 3 WHERE CAN I RECEIVE THE COVID-19 VACCINE?

- Visit your county's **public health department website** for vaccine availability near you.
- Your county may offer vaccines through local pharmacies or vaccination events.

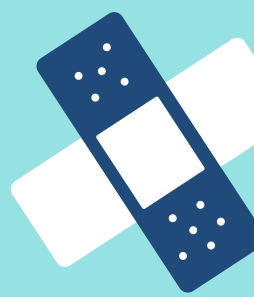


## 4 HOW MANY DOSES WILL I NEED?

- The Pfizer-BioNTech vaccine requires **2 doses at least 21 days apart**.
- The Moderna vaccine requires **2 doses at least 28 days apart**.

## 5 ARE THERE ANY SIDE EFFECTS?

- It is normal to experience a few side effects from the vaccine.
- Some mild to moderate reaction may mean that your immune system is learning to protect the body from COVID-19.



### COMMON SIDE EFFECTS:



Pain/soreness at injection site



Redness



Swelling



Tiredness, Headache, Fever/Chills, Muscle or Joint Pain



- The above symptoms have a **10-30%** higher risk of occurring **after receiving the second dose**.
- Call your healthcare provider immediately if you have serious, life-threatening reactions, such as severe allergic reactions.



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## WANT TO LEARN MORE?

COVID-19 VACCINE & DISEASE STATE INFOGRAPHICS:

[HTTPS://TINYURL.COM/AMCPHEALTHHELPER](https://tinyurl.com/amcphealthhelper)  
OR TEXT (402) 732-2627 FOR MORE INFORMATION ABOUT THE COVID-19 VACCINE



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