For data gathering my proposed solution is:

Survey can be used through google form and also simple html forms.

I have choose both options. Now depends on a patient what they like to use ease.

Form link:

https://docs.google.com/forms/d/e/1FAIpQLSd_S2xeRD_oY4rpcZCYTaGuj4F6CZwei8V9uIgnmVXfKQGyGA/viewform?vc=0&c=0&w=1&flr=0