



SmartEdge

Use Case 5b: Healthcare: Digital Rehabilitation

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HES-SO

SMARTEDGE Project

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- Demonstrate a prototype that can accommodate dynamic and selforganizing wearables to support head and neck digital rehabilitation
- Integrate a stream of data from wearable sensors placed on various body parts.
- Facilitate continuous home-based physiotherapy through near real-time feedback and data analytics.
- Digital rehabilitation, particularly for chronic conditions and post-surgical recovery, is increasingly favored over traditional methods.





- Traditional physiotherapy heavily relies on the manual skills and episodic observation of therapists.
- Normally effective but these methods are limited by scalability, accuracy, and the capacity to personalize treatment based on comprehensive data analysis.
- There has been a recent trend towards integrating digital tools into rehabilitation practices, such as wearable sensors, 3D cameras, and data analytics, to enhance patient monitoring and therapy personalization





- Near Real-time Analysis: Provide real-time data processing and feedback due using distributed sensing and data orchestration.
- Semantic-Based Orchestration: Utilize semantic information to determine system actors (nodes) and their corresponding roles, resolving challenges in managing a diverse range of devices and sensors.
- Dynamic Adaptation and Scalability: Dynamically reconfigure the system when a device or sensor fails.
- Enhanced Personalization: Provide highly personalized therapy options tailored to individual patient needs.



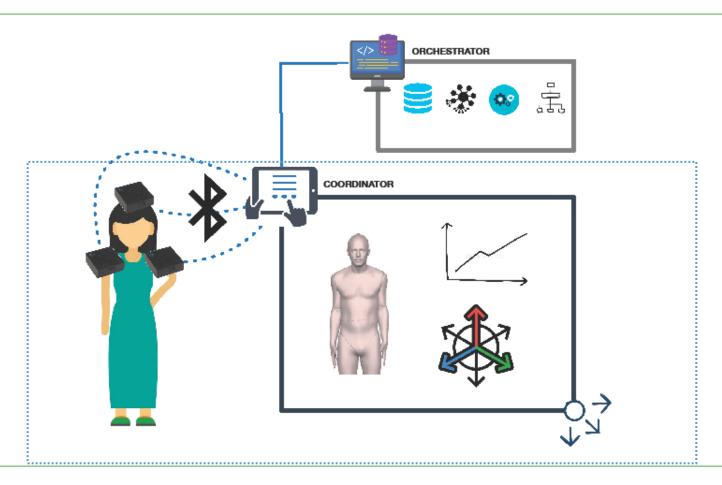


- How can we provide a near real-time feedback to the user for physical rehabilitation?
- Build a mobile application using Flutter with a body model.
- Apply the stream of sensor data onto the model.





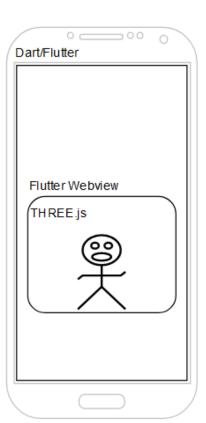








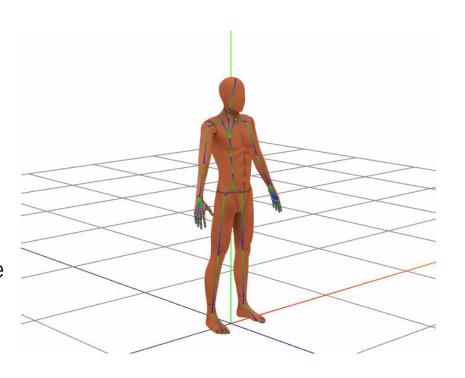
- How do we make it work with Flutter?
- Unfortunately Flutter can not render 3D models natively (yet).
- But it can render WebGL provided we have a web interface.







- First, we need a WebGL based 3D model viewer using web technologies.
- We use THREE.js and Maximo model.
- Use webpack (or alternatives) to compile a single html/js file
- We can host the web file internally using the WebViews (mobile embedded browsers)







- How do we make the model replicate the users' movement?
- We use sensors (Thingy52)
- 9-axis inertial motion unit (IMU) and Bluetooth Low Energy
- Accelerometer, Gyroscope and Compass

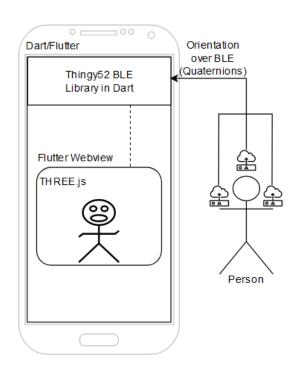








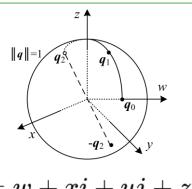
- Put the sensors on the users' head and shoulders.
- Continously stream data from the sensors using the bluetooth addresses.
- Notification services via Bluetooth Low Energy.
- Observe the data coming from the sensors.







- Quaternions are mathematical objects used to represent rotations in 3D space, offering a way to smoothly interpolate and combine rotation.
- The sensor outputs quaternion information (its orientation) at 100 Hz
- q_{relative} is the total displacement in orientation, represented by another quaternion.
- q_{new} is the final orientation of the model after the relative rotation is applied



$$q = w + xi + yj + zk$$

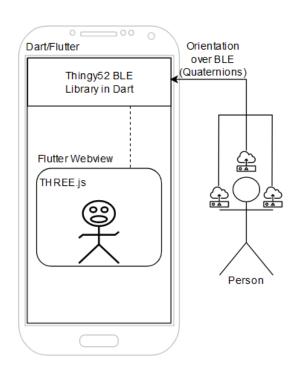
$$q_{ ext{relative}} = q_0^{-1} \cdot q_{ ext{current}}$$

$$q_{
m new} = q_{
m relative} \cdot q_{
m model}$$





- How do we use the data from the sensors on the model?
- Apply the orientation delta to the model.
- The orientation is applied to the model via assumptions of the human body.
- With the constraints we estimate if the user has made a correct or false move.
- Collect the data for future analysis.

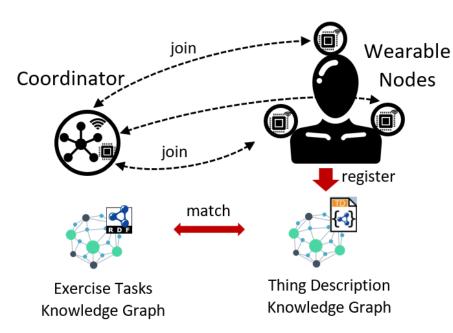






Towards distributed semantic knowledge:

- The Coordinator:
 - o queries the system requirements of the exercise from the orchestrator,
 - o is aware of the capabilities of the sensors,
 - matches the capability of the sensors and the exercises during discovery.
- The Sensor:
 - o broadcasts its name and capabilities (TBD),
 - shares information on how to use its output (TBD).





```
{ "@context": { "schema": "http://schema.org/", ... },
      "@id": "http://hevs.ch/exercise1",
      "@type": "schema:PhysicalTherapy",
      "name": "Movement control tests",
      "description": "Active cervical flexion and extension tests",
      "video": "https://www.youtube.com/watch?v=uKjSvHtylUo",
      "bodyLocation": "cervical spine", "procedureType": "Noninvasive",
      "howPerformed": {
        "@id": "http://schema.org/howPerformed",
        "text": "The patient flexes the cervical spine so that the chin moves ..."},
10
      "schema:exercisePlan": {
11
        "@type": "ExercisePlan", "schema:repititions": 3,
12
        "schema:activityDuration": 120, "schema:activityFrequency": 5 },
13
      "schema:observes": {
14
        "@type": "OuantitativeValue",
15
        "schema:measuredProperty": "oum:Acceleration",
16
        "schema:marginOfError": "...", "schema:measurementMethod": "..." }
17
```





Demo: Towards Dynamic Self-Organizing Wearables for Head and **Neck Digital Rehabilitation**







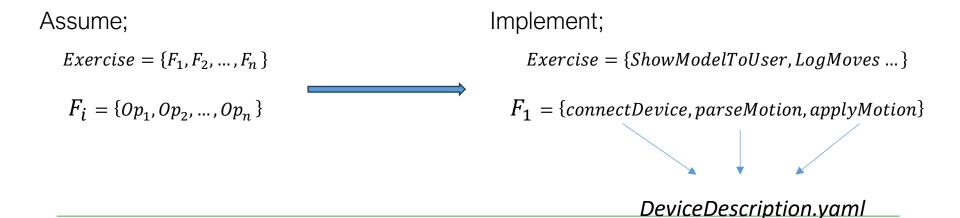








- Nodes should acquire functionality from the knowledge graph.
- An Exercise (E) is composed of Functionalities (F) which are made of Operations (Op).
- All operations have a mapped functionality in the node library.







- Push the knowledge further toward the edge.
- Take experiments with physiotherapists for a proof of concept.
- We still need to incorporate heterogenous sensors.
- Enrich the knowledge graph with personalization.





- We created a Flutter-based mobile application for exercise monitoring and real-time feedback.
- By utilizing decentralized knowledge, we will try to combine heterogenous sensor capabilities in exercises.
- Multi-modality is particularly important in complex tasks and verification of sensor inputs.





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