

social expectations by referring only to '**activities people usually do**'. Usual activities cover all spectrums of activities: work or school, home and leisure activities.

The purpose of the variable is to measure the presence of **long-standing** limitations, as the consequences of such long-standing limitations (e.g. care, dependency) are more serious. Temporary or short-term limitations are excluded.

The **period of at least the past 6 months** is strictly related to the duration of the activity limitation and not to the duration of the health problem. The limitations must have started at least six months earlier and still exist at the moment of the interview. This means that a positive answer ('severely limited' or 'limited but not severely') should be recorded only if the person is currently limited and has been limited in activities for at least the past 6 months.

New limitations which have not yet lasted 6 months but are expected to continue for more than 6 months must not be taken into consideration, even if usual medical knowledge would suggest that the health problem behind a new limitation is very likely to continue for a long time or for the rest of the life of the respondent (such as for diabetes type 1). One reason is that in terms of activity limitation it may be possible to counteract at some point negative consequences for activity limitations by using assisting devices or personal assistance. The activity limitations of the same health problem may also depend on the individual person and circumstances, and only past experience can provide a safe answer.

This variable can be used as an indication for disability.

In the categories there is a slight change applied from previous word used 'strongly' into 'severely'.

The response categories include three levels to better differentiate the severity of activity limitations: severely limited (severe limitations), limited but not severely (moderate limitations), not limited at all (no limitations).

'Severely limited' means that performing or accomplishing an activity cannot be done or only done with extreme difficulty, and that this situation has been ongoing for at least the past 6 months. Persons in this category usually cannot perform the activity alone and would need further help from other people.

'Limited but not severely' means that performing or accomplishing a usual activity can be done but only with some difficulties, and that this situation has been ongoing for at least the past 6 months. Persons in this category usually do not need help from other persons. When help is provided it is usually less often than daily.

Persons with recurring or fluctuating health conditions should refer to the most common (most frequent) situation impacting their usual activities. People with conditions where several activity domains are affected but to different extent (less impact in some domains but more impact in some other domains) should make an overall evaluation of their situation and prioritise more common activities.

'Not limited at all' means that performing or accomplishing usual activities can be done without any difficulties, or that any possible activity limitation has NOT been going on for at least the past 6 months (i.e., it is not a long-standing limitation).

The category 'not applicable' is to be used to count statistical units which are part of the population of the data source but for which it systematically does not report any information on the variable (e.g., persons below a certain age).

During the interview, all possible answer categories should systematically be read to respondents.

Information on 'limitation in activities because of health problems' is to be collected through two questions (see section 'reference question'). However, the data should always be transmitted to Eurostat as one single variable. The final variable for data transmission is as follows:

- TRANSMITTED_VARIABLE_CATEGORY = 'severely limited' if QUESTION_1 = 'severely limited' and QUESTION_2 = 'Yes'
- TRANSMITTED_VARIABLE_CATEGORY = 'limited but not severely' if QUESTION_1 = 'limited but not severely' and QUESTION_2 = 'Yes'
- TRANSMITTED_VARIABLE_CATEGORY = 'not limited at all' if QUESTION_1 = 'not limited at all' or QUESTION_2 = 'No'