## Anton Nguyen

# Strengths Insight Report

SURVEY COMPLETION DATE: 01-31-2011



Father of Strengths Psychology and Inventor of CliftonStrengths

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## Your Top 5 Themes

- 1. Relator
- 2. Restorative
- 3. Positivity
- 4. Self-Assurance
- 5. Ideation

### Relator

#### SHARED THEME DESCRIPTION

People exceptionally talented in the Relator theme enjoy close relationships with others. They find deep satisfaction in working hard with friends to achieve a goal.

#### YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Because of your strengths, you feel pleased when friends seek your counsel. Being asked for guidance uplifts you. It often gives meaning to your life. It's very likely that you may be determined to share some of your knowledge, skills, or experiences with people. Perhaps you use this information as a coaching tool if you train someone. Driven by your talents, you have close companions who frequently seek your guidance. You help them find answers to their personal and professional problems. This makes you a valuable friend. By nature, you are known for making unintelligible or complex ideas, plans, procedures, or regulations easy to understand. Instinctively, you may relate to individuals better when you pay attention as they describe their goals. Because being liked is important to you, you might set out to convince people that you understand their desires, wants, or needs.

### Restorative

#### SHARED THEME DESCRIPTION

People exceptionally talented in the Restorative theme are adept at dealing with problems. They are good at figuring out what is wrong and resolving it.

#### YOUR PERSONALIZED STRENGTHS INSIGHTS

#### What makes you stand out?

Chances are good that you truly trust that your skills, knowledge, and talents help you progress toward your goals. Although you are aware of your abilities and satisfied with your accomplishments,

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you intentionally pause to reflect on things you could and need to do better — and you make the changes you deem necessary. Driven by your talents, you usually pay more attention to your shortcomings than your strong points. You customarily devote yourself to overcoming your limitations. By nature, you routinely concentrate your time, effort, energy, or money on things you want to do better. Perhaps you work hard to develop in your areas of weakness. When you are successful, you may increase your chances of being the best or declared "number one." Sometimes you are motivated when your results are compared to those of others. Instinctively, you occasionally lighten others' loads by taking on part of their burdens. Maybe you are more likely to help individuals who speak candidly to you about your shortcomings because you feel their comments are helpful rather than harmful. Because of your strengths, you automatically look for better ways to distribute available human or material resources. When the current plan no longer works, you simply redesign it. Then you show individuals or groups how the new process can help them be much more productive, efficient, or effective.

## Positivity

#### SHARED THEME DESCRIPTION

People exceptionally talented in the Positivity theme have contagious enthusiasm. They are upbeat and can get others excited about what they are going to do.

#### YOUR PERSONALIZED STRENGTHS INSIGHTS

#### What makes you stand out?

By nature, you may have an exceptional desire to leave a legacy of value and worth — to live a life that matters. This partially explains why you are compelled to make a meaningful and lasting impact on the planet or people's lives. Occasionally you urge individuals to do their part in making the world, or at least their little corner of it, a better place for all living things. Because of your strengths, you are guileless — that is, candid and frank — about what you think and feel. With ease, you reveal many details regarding your past, your present circumstances, and your future prospects. Many individuals appreciate your plainspoken and open style. You spend little, if any, time pretending you can do or be something you know you cannot. You often win lots of new friends by being completely open about yourself. Driven by your talents, you may set goals regarding the amount of recognition you give coworkers. Sometimes you lavish them with compliments. Why? Maybe you want each person to feel valued and appreciated. Recipients of your praise might be eager to please you in the future. Some of them might be willing to help when you ask. It's very likely that you sometimes go out of your way to support, inspire, motivate, or embolden individuals or groups. Perhaps you regard this task as worthy of your effort and time. Chances are good that you may energize discussions with outsiders and/or

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newcomers. How? Perhaps you encourage them to talk about their successes, talents, or big ideas. Your animated reactions or interesting questions might prompt them to further describe things in minute detail.

### Self-Assurance

#### SHARED THEME DESCRIPTION

People exceptionally talented in the Self-Assurance theme feel confident in their ability to take risks and manage their own lives. They have an inner compass that gives them certainty in their decisions.

#### YOUR PERSONALIZED STRENGTHS INSIGHTS

#### What makes you stand out?

It's very likely that you feel upbeat about life when you can register for demanding and rigorous classes. You probably aspire to enroll in specialized courses. Why? You trust yourself to meet the challenges. You know you will acquire lots of knowledge or special skills. Driven by your talents, you sometimes forge ahead to build the life you envision. You might reach goals by identifying specific opportunities to use your unique abilities and natural gifts. Because of your strengths, you choose to associate with people who think big and think smart. Exchanging ideas, concepts, or theories with intelligent individuals exhilarates you. You pull together as many thoughts as possible from these animated conversations. You never know when someone's question or suggestion will be valuable. You mentally file away or physically document these snippets — that is, small bits — of insight or wisdom for easy retrieval. Chances are good that you occasionally adopt a practical, factual, or unemotional position on certain issues. Maybe you refrain from becoming sentimental about certain people and their problems. By nature, you might be a team member in some cases and the team leader in other instances. Perhaps the role you play depends on the demands of the current situation.

### Ideation

#### SHARED THEME DESCRIPTION

People exceptionally talented in the Ideation theme are fascinated by ideas. They are able to find connections between seemingly disparate phenomena.

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#### YOUR PERSONALIZED STRENGTHS INSIGHTS

#### What makes you stand out?

Because of your strengths, you may logically think through how your team can approach its projects. Perhaps you are the person who steps back to figure out how particular things work. Sometimes you consider why certain mechanisms, processes, programs, or rules failed in the past. Maybe you rely on facts to decide how many people need to be deployed, how much time they require to complete each phase of the endeavor, or what tools they need to succeed. Driven by your talents, you may like to take apart, then study processes, ideas, problems, solutions, mechanisms, or plans. Perhaps examining the pieces and parts of things appeals to your logic. By nature, you derive great pleasure from making discoveries designing innovations. You really enjoy doing things no one has ever considered. Chances are good that you probably consider yourself an idea person. Your job, studies, or life in general are more exciting when people ask you to generate novel assignments, activities, or campaigns. Instinctively, you occasionally contrive innovative ideas. Perhaps the art of invention stimulates your mind. You may spring from one original thought to an entirely different one. Now and then, you find ways to link two or more unique concepts.