



## Mystical Yarn Spinning for Joyful Souls

**Instructor:**

Dame Twizzle Woolwhirl

**Location:**

Cambridge

**Course Type:**

Fiber Arts

**Cost:**

**£85.00**

### Learning Objectives

- Master the ancient art of spindle spinning.
- Learn how to dye yarn with natural, magical colors.
- Understand the history and folklore of yarn craftsmanship.
- Create a personalized, enchanted yarn ball.
- Develop mindfulness through spinning practice.

### Provided Materials

- Drop spindle
- Assorted fibers
- Natural dye kit
- Instruction booklet
- Tea and biscuits

## Skills Developed

Spindle spinning

Yarn dyeing

Fiber history

Mindfulness

Personalized crafts

## Course Description

Join Dame Twizzle Woolwhirl in Cambridge for a whimsical journey into the world of yarn spinning. This delightful class is designed for adults seeking a creative escape from the mundane. In 'Mystical Yarn Spinning for Joyful Souls,' students will delve into the enchanting craft of spindle spinning, a technique used by artisans and magical beings alike. Participants will have the chance to spin their fibers into colorful yarns using drop spindles provided in class. Under Twizzle's guidance, students will learn to dye their yarns with a palette of natural, mystical colors, adding a touch of whimsy to their creations. As Dame Twizzle shares tales of yarn folklore, students will be wrapped in stories that bind the past to their present crafting. The class will culminate in crafting a personalized enchanted yarn ball, a charming keepsake to remind participants of their journey. Students will also practice mindfulness, finding joy and serenity in the rhythmic motions of spinning. Materials such as fibers, dye kits, and instruction booklets are provided. A comforting selection of tea and biscuits ensures a cozy atmosphere, while fostering an environment of creativity and camaraderie. By the end of the session, students will leave not only with handcrafted yarn but also with newfound peace and joy woven into their daily lives.