



## Medieval Jousting Pillow Combat

**Instructor:**

Lady Gwendolyn Swashbuckler

**Location:**

Durham

**Course Type:**

Heritage Crafts

**Cost:**

£95.00

### Learning Objectives

- Master the art of medieval jousting techniques using pillows.
- Understand the history and importance of jousting in medieval society.
- Develop teamwork skills through collaborative jousting duels.
- Learn about medieval weaponry and armor in a playful context.
- Enhance physical coordination and agility.

### Provided Materials

- Handcrafted jousting pillows
- Medieval-style tunics
- Safety helmets
- Booklet on medieval jousting history
- Refreshments inspired by medieval feasts

## Skills Developed

Heritage Crafts

Physical Coordination

Teamwork

History Appreciation

Playful Combat

## Course Description

Step into the shoes of valiant knights with our 'Medieval Jousting Pillow Combat' class, designed to transport students back to the thrilling tournaments of the Middle Ages—all minus the bruises! Led by Lady Gwendolyn Swashbuckler, a connoisseur of medieval traditions, participants will learn to wield handcrafted jousting pillows as they engage in friendly duels. This engaging class blends the rich history of jousting with modern-day fun, offering an educational romp through the past. Students will begin by donning medieval-style tunics and safety helmets, ensuring both authenticity and protection during their playful battles. The class dives into the history of jousting, exploring its role in medieval society as a sport and a means of demonstrating knightly prowess. Armed with a booklet exploring these fascinating details, participants will gain insights into the techniques and strategies employed by historical jousters. Through spirited pillow duels, students will develop teamwork and physical coordination skills, all while immersed in the camaraderie of a true medieval tournament. As the day concludes, enjoy refreshments inspired by medieval feasts, celebrating a day of learning, laughter, and playful combat. Join us in Durham for a chance to become a knight of the softest order, where the only thing at stake is your enjoyment and newfound appreciation for heritage crafts.