



## Swordplay and Scones: A Jolly Joust of Heritage

**Instructor:**

Sir Nigel Butterfield

**Location:**

Edinburgh

**Course Type:**

Heritage Crafts

**Cost:**

**£95.00**

### Learning Objectives

- Master the basic techniques of medieval swordsmanship
- Learn about the history and evolution of swords in British heritage
- Develop coordination and balance through fun, interactive exercises
- Craft traditional Scottish scones using historical recipes
- Foster camaraderie and teamwork through historical reenactment games

### Provided Materials

- Foam practice swords
- Historical Scottish scone recipe booklet
- Aprons
- Medieval-style tunics for class use
- A variety of jam and clotted cream for scone topping

## Skills Developed

Heritage Crafts

Swordsmanship

Baking

History

Teamwork

## Course Description

Step back in time with "Swordplay and Scones," a delightful escapade into the world of medieval Scotland, right in the heart of Edinburgh. Under the watchful eye of Sir Nigel Butterfield, a renowned local historian and swordsman, students will embark on a journey that combines the art of sword fighting with the charm of traditional scone baking. The class kicks off with a crash course in medieval sword techniques. Using safe foam replicas, participants will learn basic stances, strikes, and defenses that were once employed by Scottish knights. Sir Nigel, clad in a tunic reminiscent of the era, will guide you through interactive drills designed to boost coordination, balance, and confidence. Expect lively historical anecdotes to punctuate your swordplay, adding context and color to each move. Once you've worked up an appetite, transition from the battlefield to the kitchen. Under Sir Nigel's guidance, you'll delve into the culinary arts, crafting authentic Scottish scones using recipes passed down through generations. Engage in a hands-on baking session complete with traditional aprons and all the fixings. End the day by savoring your creations over a cup of tea, as the group shares their experiences and newfound skills. "Swordplay and Scones" is not just a class; it's an entertaining blend of history, physical activity, and culinary delight, perfect for those seeking a joyful and educational escape from the ordinary.

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