



The Art of Edible Poetry: Culinary Sonnet Creations

Instructor:

Chef Rhymus Scone

Location:

Brighton

Course Type:

Culinary Arts

Cost:

£85.00

Learning Objectives

- Compose culinary sonnets using food ingredients as metaphors
- Learn the basics of poetic structure applied to dish presentation
- Understand flavor pairings to create harmonious 'verses'
- Develop creative thinking by transforming literary themes into edible art
- Master plating techniques that visually represent poetic forms

Provided Materials

- Assorted fresh herbs and edible flowers
- Selection of gourmet cheeses and charcuterie
- A variety of seasonal fruits and vegetables
- Edible ink pens and rice paper
- Professional plating kits

Skills Developed

Culinary Creativity

Poetry Composition

Plating Techniques

Flavor Pairing

Artistic Expression

Course Description

Step into the delightful world of 'The Art of Edible Poetry', where culinary creativity meets literary genius. Under the whimsical guidance of Chef Rhymus Scone, students will embark on a journey to create gastronomic masterpieces inspired by the timeless beauty of poetry. This class will teach you how to construct edible sonnets, where each line is thoughtfully crafted from fresh, flavorful ingredients. In this playful yet educational experience, participants will begin by exploring the basics of poetic structure. Chef Rhymus will demonstrate how to apply these principles to dish presentation, turning plates into visual poetry. You'll learn to use ingredients like rosemary and figs to convey themes, much like metaphors in a poem. Students will engage in hands-on activities, including composing their own culinary sonnets. With provided edible ink pens and rice paper, you'll literally write your sonnet's verses, while experimenting with flavor pairings to ensure each 'stanza' delights the palate. The class culminates in a gallery-style tasting, where participants present their edible poems, discussing the inspiration and creative process behind each dish. Prepare to see food from a fresh perspective, and leave with not only the skills to impress dinner guests but also the inspiration to see the poetry in everyday ingredients. This is a class that nourishes the soul as well as the senses, perfect for anyone looking to add a dash of whimsy to their culinary repertoire.