

Figure 1: Plane slab

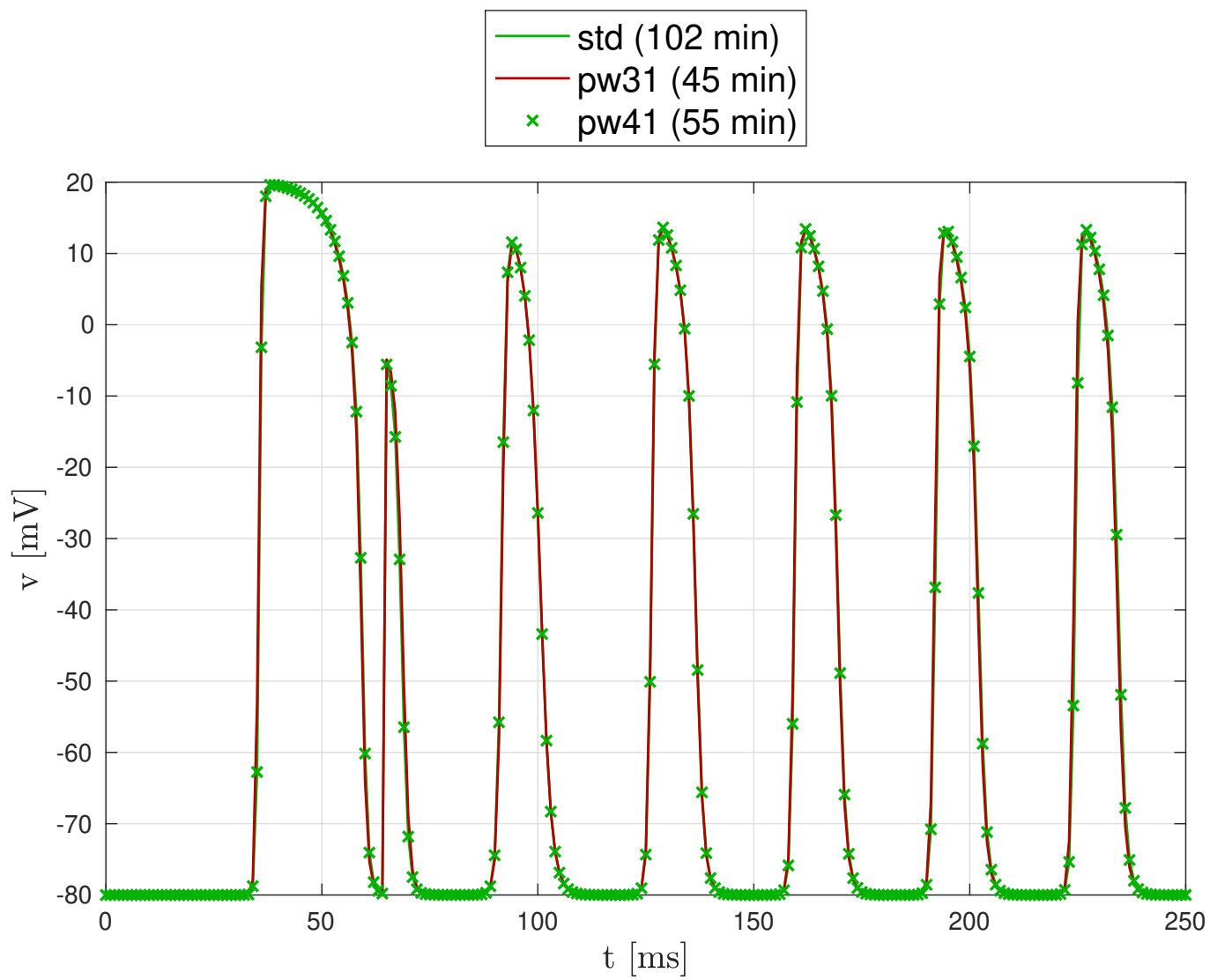


Figure 2: Spiral