

Instructions for individual reflections

- Describe what you have done individually during the past sprint
- Also describe how you have cooperated with the others in the team and how this cooperation have worked.
- Show if and when you have participated in the team meetings and activities.
- Reflect over if and how you have developed during the past sprint, for instance in terms of knowledge development and team cooperation.
- Relate your reflections to the course objectives – however, you do not have to discuss each course objective in every reflection, but each course objective must be discussed in at least one reflections (of four).
- What are your experiences of the methods and tools that you have used during the previous sprint, and how do you plan to change this for the next sprint?
- For first sprint only: Have you and your group presented proposals for solutions and demonstrated results that you think were unexpected by the company? Motivate your answer.