



P.O Box 924 00502

Pmwc5141@gmail.com

 facebook.com/PMWCKE

 instagram.com/pmwc_ke

1. ALCOHOLICS ANONYMOUS KENYA

- 0724 219 570- Helpline
- 0799 458 616
- 0705 571 000
- 0705 570 979
- inquiries@aa-kenya.or.ke

ELDORET

2. Moi Teaching and Referral Hospital

- 0722 201 277
- 0734 600 461
- mentalhealth@mtrh.or.ke/moprolyne@gmail.comELDORET

3. Eldo Care Recovery Centre

- Jasho Estate, Eldoret
- 0720494483
- 0731477831
- eldocarecentre@yahoo.com

ELGEYO MARAKWET

4. Haven Recovery Centre

- Near Illula Primary School in Limo Farm, along Elgeyo Border Road
- 0728 974 344
- 0706 055 664
- havenrecoverycentre@gmail.com

EMBU

5. Hope and Future family rehabilitation centre

- Embu
- 0726 969 405
- 0711 764 477
- hopefuturefamily@gmail.com



HOMA BAY

6. Asumbi Treatment & Rehabilitation Centre

- Homabay
- Suneka-Rodi Kopay Road
- 0716 039 019
- 0726 941 722
- info@asumbi-tcentre.org

KARATINA

7. Karatina Recovery Centre

- Karatina, Along Karatina Nyeri Highway
- 0717170571

KIAMBU

8. Sober Living and Recovery

- Kiambu
- 0720 059 363
- soberliving@gmail.com

9. Oasis of Hope

- Kiambu
- 0722 302 406
- 0704 751 881
- oasisofhoperehabilitationcenter@yahoo.com

10. Lifetime Wellness Centre

- Kiambu
- 0721 415 729
- njorogemwathi@gmail.com

11. Blessed Talbot

- Ndumberi
- 0722 341 452
- Email: concernmissioncentre@yahoo.com

12. Lifetime Wellness Centre

- Kiambu
- 0721 415 729
- njorogemwathi@gmail.com

13. Care-tech Medical & Rehabilitation Center.

- 0720 419 499
- 0720 419 440
- caretechmedical@gmail.com
- info@caretechmedical.com



14. Dove International Treatment & Training Centre

- + 254 728 687 464
- 020 440 3716
- info@doveinternational.co.ke
- theraphaelites@wananchi.com

15. Thika Counseling Home

- Kiambu
- 0702 103 841
- info.psychocare@gmail.com

KAJIADO

16. Crossway Medical Rehabilitation Centre

- Kajiado, Kategoro centre/Area
- 0732 873 311
- 0733 805 510
- admin@crosswaypsychometrics.org

KENDU BAY

17. Life Hope Rehabilitation Centre

- Kendu Bay Town -SDA Headquarters
- 0799 791 737
- 0722 926 318
- 0724 387 187
- lifehoperehab@gmail.com

KILIFI

18. Omari Drop-In Centre

- Kilifi
- 0721 254 600

KISII

19. RAM Rehabilitation Centre for Alcoholics

- Kisii Town next to Law Courts
- 0724 387 187
- 0704 516 627
- hospitalramkisii@gmail.com

KITALE

20. Serenus Treatment & Rehabilitation Centre

- Kitale
- 0726 610 813
- 0714 067 606
- serenuscentre@gmail.com



LIMURU ROAD /OFF LIMURU RD &TIGONI AREA/REDHILL

21. Eden Halfway House

- Limuru Road
- 0722867693
- 0726 5524 76
- 0722 901 804
- justin.farrar@yahoo.com

22. Asumbi Treatment Centre

- Kentmere
- 0721 287 822
- dohbasumbiproject@yahoo.com

23. The Retreat

- Off Limuru Road, 5km before Limuru Conference
- 0715003150,
- 0796630063,
- 0732740938,
- +254 0208081739
- info.theretreat@gmail.com

24. Jorgs Trust and Jorgs Sober House

- Tigoni
- 066-73558
- 020-3573083
- 0723 692 848
- 0721 712 968
- admin@jorgs.org

25. The Raphaelites

Redhill Limuru 5 km off Limuru Road

- 0722 714 300
- 0722 837 627

LIKONI

26. Eden House -Likoni

- Between Shelly Beach Academy and Happy Gardens
- 0722 867 693
- edenhousefoundation@yahoo.com

MACHAKOS

27. New Life Mwangaza Rehabilitation Centre

- Katani Machakos.



MURA'NGA

28. Faith Based Rehabilitation Centre, Muranga

- 0723434845
- faithtreatmentrehab@gmail.com

29. Faith Treatment & Rehabilitation Centres

- Murang'a Town – County Council Room No. 206
- 0723 434 845
- smarash05@yahoo.com

MOMBASA TOWN

30. Mewa Rehabilitation Centre

- Mtopanga (opp. Kisauni Post Office) old Malindi Road
- 0722 819 795
- 0711 104 297
- 0722 677 481
- 0722 891 793/0724 526 099
- secretariat@mewa.or.ke

31. Coast General Hospital

- Kisauni Road
- 0722 207 868

32. Port Rietz District Hospital- Mental Health & Substance Abuse Unit

- Port reitz Road Changamwe, near KMTC & Moi International Airport.
- 0720 419 492
- medsuptprdh@yahoo.com

33. Reach Out Rehabilitation Centre

- Junction corner of Mtongwe, Mombasa
- 0722 415 475
- 0722 796 287.
- 0729766481
- info@reachout.or.ke,
- director@reachout.or.ke

MOLO

34. Dawn of Hope Rehabilitation Centre

- Molo
- 0721 854 374
- jkihenja@gmail.com

MTITO ANDEI

35. Good Hope rehabilitation centre

- Mtito Andei
- 0722 231 273/ info@goodhoperehab.org



NAIROBI

36. Lifeway House

- Off Kiambu Road in Ridgeways Springs, Nairobi.
- 0746 968 702
- 0731 366 38034.

37. Brightside Treatment & Rehabilitation Center

- Lower Kabete
- 0722 867 693
- 0726 552 476
- 0722 901 804
- justin.farrar@yahoo.com

38. Brightside Treatment & Rehabilitation Center

- Kitusuru, Kirawa Rd
- 0722 847 130
- brightsidedart@yahoo.com

39. Asumbi Treatment & Rehabilitation Centre

- Karen
- 020-2664540
- 0721287822
- info@asumbi-tcentre.org

40. Kenyatta National Hospital-Department of Mental Health

Kenyatta National Hospital

- 0713 033 028
- 2726300-9 Ext. 44101
- dmh.knh@gmail.com

41. Precision Counseling Home

- Off Thika Rd Super Highway Exit 10
- Between Kahawa Barracks and Kenyatta University.
- 0702 378 314
- 0721 305 450
- info@precisioncounseling.org

42. New-Life Rehabilitation Counseling Centre

- 0722 785 440
- info@newliferehab.co.k

43. Emmanuel Resource Centre

- 0722 565 397
- 0732761 666
- erc.trust@gmail.com



44. Nairobi Place Addiction Treatment and Specialized Medical Centre

Magoyety Road West- Karen (off Lang'ata road)

- 020-267839
- 0735-550000
- 0733-44000
- info@nairobi-place.org
- admin@nairobi-place.org

45. Mathari Hospital Treatment and Rehabilitation Centre

- Muthaiga off Thika Rd, opp. Muthaiga Police Station
- 0703 848 536
- 0721 336 017

46. SAPTA

- Corner House – Kimathi Street, Nairobi
- 0724 511 709
- 0722216032
- evans@sapta.or.ke

47. Springs of Hope Rehabilitation Centre

- Eastleigh, Kiambiyu Slums
- 0727 367 837
- 0722 503 743
- alex.ongadi@yahoo.com

48. Bustani Treatment Centre

- Lavington, Muthangari Road, House No. 37
- 020-2017962
- 0733778609
- bustani@clmc.co.ke

49. Mariakani Villa – Nairobi

- 020- 6004724
- 0707 839 933,
- 0714 647 507
- enquiries@mariakanivilla.com

50. Nairobi Outreach Services- NOSET Maisha House

- Ngara – Ramesh Gautama Road (opposite fig tree hotel)
- 020- 2396597
- 0733901657
- 0720401793
- nairobioutreach@yahoo.co.uk



51. The Bridge Center

- Ridgeways
- 0722574125
- 0724830821
- info@bridgecentre.or.ke

52. Teens Challenge

- Ridgeways Estate, Nairobi
- 207 7691
- 0711 627 087
- Email: info@kenyadc.com

53. Chiromo Lane Treatment Center

- Chiromo Lane, Muthithi Road
- 0729-359501
- 0786 265 143
- info@clmc.co.ke

54. Recovery Options-Kajiado

- Rongai
- 0724 427 675
- 0711 100 384
- recoveryoptionstrust@gmail.com

55. Karira Miracle Rehabilitation Centre

- Kiserian
- 0722 281 261
- kariramiracle@gmail.com

56. Sober Homes Trust

- Kibiku, Ngong
- 0727 151 813
- 0736 091 565
- isaacnjuguna40@yahoo.com

57. A-kili Foundation rehabilitation center

- 0700 383 996
- 0720 531 179
- Collins@a-kilifoundation.org

58. Ray of Hope

- 2km from Ngong Town near Silicon Valley.
- 0728 666 550
- 0775 122 747
- rayofhopebo@gmail.com



59. Changes Rehabilitation & Resource Center

- Zambia road, past Naisenya. Ngong town.
- 0716 332 738
- 0731 090 490
- changesrehabilitationcentre@gmail.com

60. Hope and future family rehabilitation center

- Rukuriri Gichegeni road (Gichegeni)
- 0711 764 477
- 0726 969 405
- hopeandfuturefamily@gmail.com

NAKURU

61. The Link Therapeutic Centre

- Nakuru
- 0722 758 947
- 0722 476 640
- 0721 279 205
- 0722 334 932
- linktherapeutic@gmail.com

62. Nakuru Drop-In Centre

- SDA church – Nakuru Central, Bondeni
- 0706 391 668
- nakurudropincentre@gmail.com

63. Teen challenge Kenya – Nakuru campus

- JB pipeline
- 0713 908 708
- 0724 711 601
- 0722 254 699
- teenchallengekenya_nakuru@yahoo.com

64. JOMEC Rehabilitation Center

- Along Nakuru-Nairobi Highway, Mwariki Estate
- +254 774 514 635
- [info @ jomec.co.ke](mailto:info@jomec.co.ke)

NYERI

65. Serenity Springs Centre

- Nyeri
- 0723986492
- 0705570712



THIKA

66. Mediva Wellness Centre

- Lenana Road, Adjacent to Thika Golf Club, Thika.
- 0721423888
- info@medivawellness.org

67. Serenity Springs Centre, Muringato

- 0707 314 611
- 0723 986 292
- serenityspringscentre@gmail.com

68. Recovery Trails Treatment Centre, Mairo-inya

- 0717 607 383
- 0736 664 394
- recoverytrails@gmail.com

69. Wonder peace Rehabilitation Centre

- Off Nairobi-Thika Highway after Ruiru Town
- 0722 807 882
- 0706 312 696
- wonderpeace@live.com

