**VFR Flight Plan** Fuel Required: Fuel Consumption: Fuel on Board: Endurance:

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| **Pilot:** | | | | **Aircraft:** | | | | **Date:** | | | | **Departure Time:** | | |
| From/To | Safety Alt. | Alt. | CAS | TAS | W/V | TRK  °T | Drift | HDG  °T | Var. | HDG  °M | GS | Dist. | Time | ETA |
| Temp. | ATA |
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| **Emergency** | **121.500** |  | **Safetycom** | **135.475** |  | **Pass Your Message** | **Position Report** |  | **Notes** |
| **London Information** | **124.750** |  |  | **A** Aircraft callsign + type  **D** Departure point  **D** Destination  **P** Present position  **A** Altitude/flight level  **A** Additional details | **A** Aircraft callsign  **P** Position  **T** Time  **L** Level  **N** Next position and ETA |  |
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|  |  |  |  | **MAYDAY / Pan-Pan** | |
|  |  |  |  | Mayday, Mayday, Mayday / Pan-Pan, Pan-Pan, Pan-Pan  Name of the station addressed  Aircraft callsign + type  Nature of the emergency  Intention of the pilot-in-command  Present or last known position  Flight level / altitude  Heading  Pilot qualifications  Any other useful information (e.g. endurance, POB) | |
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