

ANALYSIS OF THE FOOD WHICH IS EATEN BY THE PEOPLE DURING THIS COVID- 19 PANDEMIC



AGENDA

- ❑ *Introduction*
- ❑ *Problem statement and data science*
- ❑ *Objective and methodology*
- ❑ *Solution description*
- ❑ *Impact*

149 responses collected in my survey



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introduction

This survey is related with the people of India . Basically the survey was about the sudden change in their intake of food stuffs due to the sudden impact of living that is covid-19. The survey was of 15 questions with preferable options to just see the changes the people of different regions have made in their day to day life.

The overall analyzation was done by the framing of 10 questions with the responses got from the survey.

Problem statement and Data source

- ❖ Understanding the pattern and changes of covid-19 pandemic affected on the people all over the world
- ❖ The changes made in their life style
- ❖ Increment on some products mainly , the products required for the good health
- ❖ Search on the best and needful items required and supplement of those products with much safety measures

Objective and methodology

- I. The primary objective of the survey is to derive the consumption patterns of people who was affected due to covid-19.
- II. Help consumers make choices about food by making sure that they are fine with it
 - i. Support public health by promoting healthy food choices
 - ii. Maintaining and responding to specific health concerns
 - iii. Some methods like supplying more fruits , nutritious food to the people who suffers from various health problems,
For those people who cannot even manage to have proper food due to money problems.

Solution Description

A minimum number of food items that should be included in each one of their normal routine is eggs , leafy veggies , fiber rich vegetables, fruits , and a maximum liters of water.

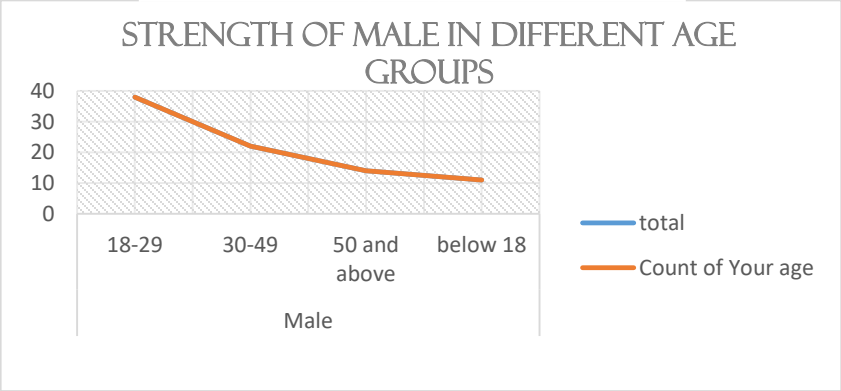
As the pandemic surprised all of the human beings , everyone was stuck in their houses , and the people who used to travel for their jobs , colleges , who where not able to have food properly on time started having homely food

So the solution could be seen as to be healthy , homely foods are the best . Because one at house while preparing food will see to all the responsibility of the other persons health.

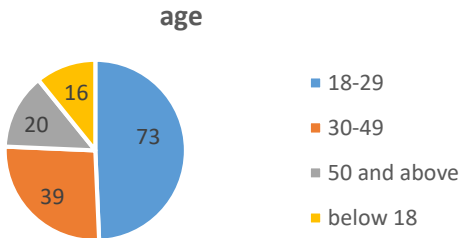
Quality of data consumed on food like fast food is low , despite evidence of the fast growing share of fast food in household consumption

Graphical representation of different analysis

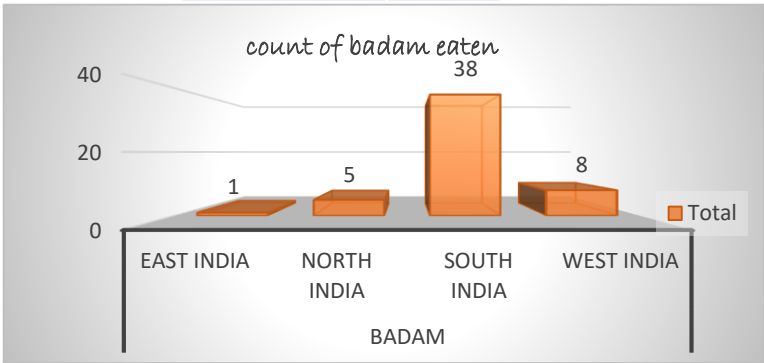
Male	85	85
18-29	38	38
30-49	22	22
50 and above	14	14
below 18	11	11
Grand Total	85	85



age	total
18-29	73
Grand Total	73

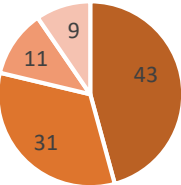


badam	52
East India	1
North India	5
South India	38
West India	8
Grand Total	52



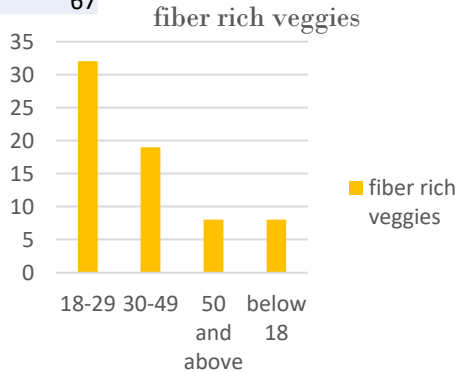
age	Count of Your age
18-29	43
protien rich food	43
30-49	31
protien rich food	31
50 and above	11
protien rich food	11
below 18	9
protien rich food	9
Grand Total	94

protien rich food



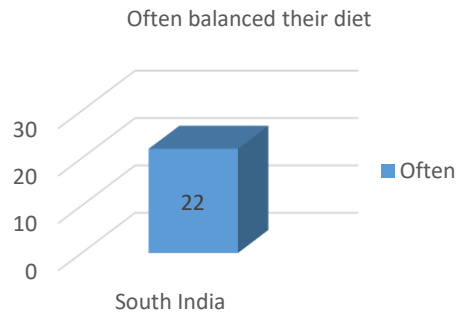
- 18-29 protien rich food
- 30-49 protien rich food
- 50 and above protien rich food
- below 18 protien rich food

question	veggies
age	fiber rich veggies
18-29	32
30-49	19
50 and above	8
below 18	8
Grand Total	67



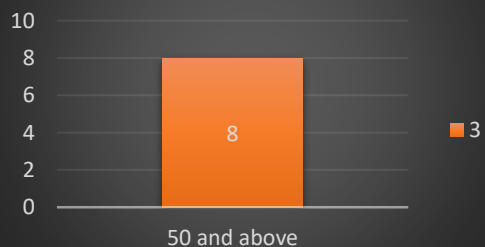
Graphical representation on different analysis

location	diet
situated	Often
South India	22
Grand Total	22



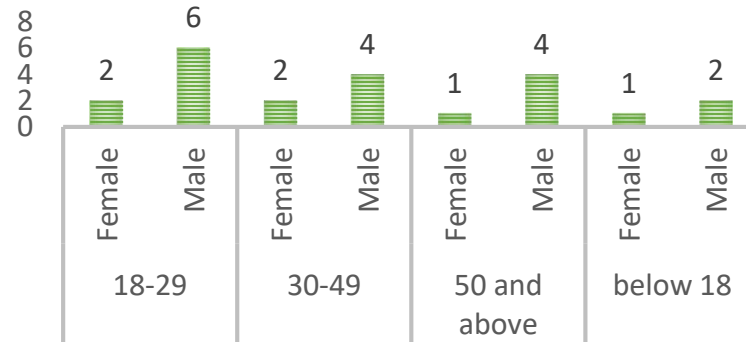
Count of Your age	liters
age group	3
50 and above	8
Grand Total	8

3 liters of water consumed
by age group 50&above

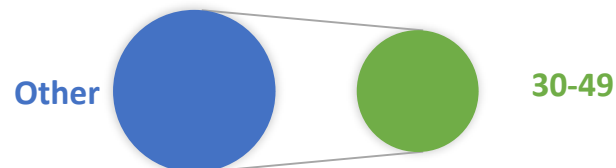


age group and gender	West India
18-29	8
Female	2
Male	6
30-49	6
Female	2
Male	4
50 and above	5
Female	1
Male	4
below 18	3
Female	1
Male	2

WEST INDIA

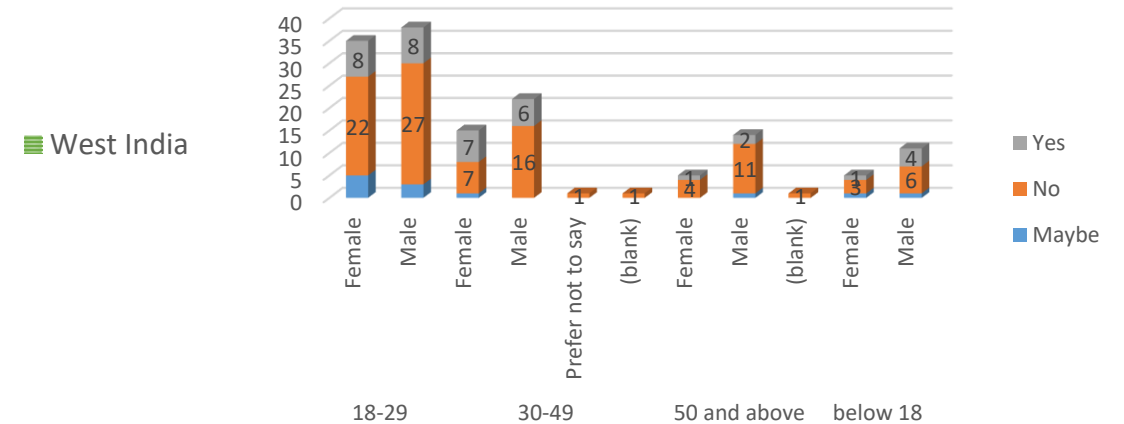


GREEN GRAM



age and gender	Maybe	No	Yes	Grand Total	
18-29		8	49	16	73
Female		5	22	8	35
Male		3	27	8	38
30-49		1	25	13	39
Female		1	7	7	15
Male			16	6	22
Prefer not to say			1		1
(blank)			1		1
50 and above		1	16	3	20
Female			4	1	5
Male		1	11	2	14
(blank)			1		1
below 18		2	9	5	16
Female		1	3	1	5
Male		1	6	4	11

overall strength of covid and non covid



age group	green gram
30-49	3
Grand Total	3

Impact

- Adding more healthy snacks and more of the foods which are usually considered to be a part of a healthy diet.
- Include more amount of whole grains foods, vegetables and fruits
- Foods that are low in fat, saturated fat, and cholesterol
- Calcium rich foods to for the daily requirements
- Iron rich , vitamin rich foods
- Increase in routine of immunity booster

THE END



~ ANUSHMA JOY N

DS-55th batch ,
top mentor