TASK 8: Working with VPNs

> Research VPN encryption and privacy features.

VPN Encryption Technologies :

These define **how** data is encrypted and tunnelled through the VPN:

| Protocol | Encryption | Speed | Security | Notes |
|-------------|-------------------|-----------|-----------|----------------------------------|
| OpenVPN | AES-256-GCM | Moderate | Very High | Open-source, widely audited |
| Wire Guard | ChaCha20-Poly1305 | Very Fast | High | Modern, lean codebase |
| IKEv2/IPSec | AES-256 | Fast | High | Great for mobile (autoreconnect) |
| L2TP/IPSec | AES-128/256 | Slow | Moderate | Old but still used |
| PPTP | MPPE (128-bit) | Fast | Very Low | Deprecated – avoid |

- VPN Privacy Features

To protect user identity and browsing behaviour, privacy-focused VPNs include:

1. No-Logs Policy

- Means the VPN provider does **not store connection, traffic, DNS queries, or user metadata**.
- Must be backed by independent security audits or warrant canaries.
- Example: Mullvad, ProtonVPN, IVPN (have had audits or operate without user accounts).

2. Kill Switch

- Cuts off your Internet traffic if the VPN tunnel drops.
- Prevents accidental IP/DNS leaks during disconnects.
- Crucial for anonymity in OSINT or red team scenarios.

3. DNS Leak Protection

- Ensures your DNS queries are not sent to your ISP or third parties.
- Uses **encrypted DNS** or custom DNS resolvers (often DoH/DoT).

- Check via: <u>dnsleaktest.com</u>
 - Using Windscribe free Vpn:
 - Before Connect to VPN dnsleaktest:

Your public IP: 12.78.145.223 Test complete Query round Progress... Servers found 1 1 IP Hostname ISP 12.78.145.223 12.78.145.223.actcor... ACT Fibernet

• After Connect to VPN dnsleaktest :

```
Your public IP: 146.70.250.11

Test complete

Query round Progress... Servers found
1 ..... 1

IP Hostname ISP

205.147.105.90 hkg.controld.com. NetActuate
```

4. WebRTC & IPv6 Leak Protection

- WebRTC can expose local IP addresses via browsers.
- IPv6 can leak traffic if not properly tunnelled.
- Good VPNs disable or block both.

Write a summary on VPN benefits and limitations

- VPN Benefits:

1. Encryption & Security

- Encrypts your internet traffic, protecting it from eavesdropping on public Wi-Fi or untrusted networks.
- o Shields sensitive data from attackers or network sniffers.

2. Privacy & Anonymity

- Masks your real IP address, making it harder for websites, ISPs, or government entities to track your online activity.
- o Prevents DNS leaks when properly configured.

3. Remote Access

- o Securely access internal company networks or lab environments from anywhere.
- o Common in enterprise environments for secure remote work.

4. Bypass Censorship & Geo-Restrictions

- Access blocked websites and services in restricted regions (e.g., streaming platforms, news sites, social media).
- Useful in countries with strict Internet controls (e.g., China, Iran).

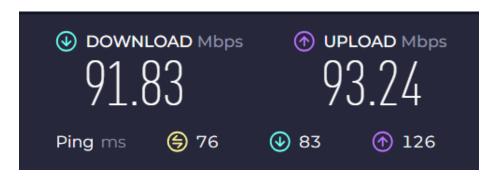
<u>Limitations of VPNs</u>:

1. Not Total Anonymity

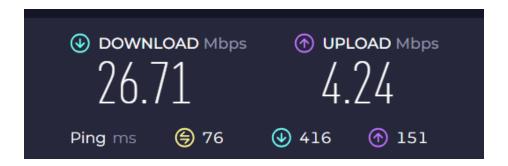
- VPNs don't anonymize like Tor; the provider can still see your traffic origin unless they have a strict no-logs policy.
- If the VPN is compromised or subpoenaed (and logs exist), your identity could be revealed.

2. Performance Impact

- o Encryption overhead and routing through distant servers can reduce speed.
- Some free VPNs have strict bandwidth or speed limitations.
- o Before Connect to VPN Internet speed:



After connect to VPN internet speed:



3. Blocked by Some Services

- Many platforms (Netflix, banking, government portals) detect and block known VPN IPs.
- o May require rotating servers or obfuscation features to bypass.

4. False Sense of Security

VPNs don't protect against malware, phishing, or browser fingerprinting.

5. Free VPN Risks

- Free VPNs may log and sell your data, inject ads, or operate insecure infrastructure.
- o Some are outright malicious (e.g., Hola VPN's past incidents).

Permissions

- · Read and change all your data on all websites
- Display notifications
- Manage your apps, extensions, and themes
- · Change your privacy-related settings