




# Containers & Virtualization

John Cunniff

Some slides derived from: G. Sandoval, Tanenbaum/Bo,  
Jérôme Petazzoni, and Brendan Dolan-Gavitt  
Thanks !!



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 wabscale

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**John McCann** Cunniff Jr

wabscale

Creator of the Anubis LMS | Senior Software Engineer at voladynamics.com

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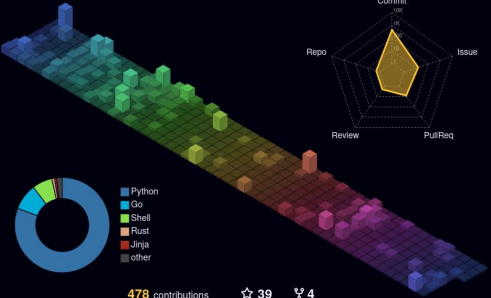
**Hi I'm John 🙋**

I've been living and breathing programming since I was 15 (24 now). I mostly specialize in Cyber Security, Distributed Computing, and Full Stack development these days. I have a bit of an obsession for linux, containers, and kubernetes (it is a problem).

- Senior Software Engineer at VolaDynamics
- Creator of the Anubis Learning Management System (with a blog)
- Former President of the OSIRIS Cyber Security Research Lab
- Former Infrastructure Manager of the OSIRIS Cyber Security Research Lab

My Vola Dynamics gitlab profile: <https://gitlab.com/john.cunniff>

Some stats



2020-12-11 / 2023-12-12


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Repo

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Python

Go

Shell

Rust

Jinja

other

478 contributions · 39 stars · 4 forks

Check Anubis out! <https://anubis-lms.io/>



# whoami

- Graduated from NYU 2+ years ago
- Was president of the **OSIRIS Lab**
- Created & maintaining **Anubis LMS**
- Senior Engineer & Partner

at **Vola Dynamics**

**VOLA**  
**DYNAMICS**

Intuitive. Fast. Robust.  
Industry-leading options analytics.



# What is Volatility Dynamics?

- “Swiss army knife” for options analytics
- 100x faster, robust & accurate option pricer & volatility fitter

VOLA  
DYNAMICS

Intuitive. Fast. Robust.  
Industry-leading options analytics.



# Jobs Jobs Jobs

**Volta Dynamics** is also hiring!  
(SWEs & Options Quants)

- Send your resumes to  
[resumes@voladynamics.com](mailto:resumes@voladynamics.com)



# Applied Containers & Orchestration

I may be teaching a class next semester!

## Applied Containers & Orchestration

**Put in your course reviews that you want a modern  
containers course!**





# Virtualization in VMs

## → Virtualization in VMs

- Containers
  - Namespacing
  - Cgroups
- Where containers run
- Cloud / k8s / Anubis





# Virtualization in VMs

Until today we've been talking about operating systems running on **physical machines**: a collection of

1. **real hardware** resources,
2. that the operating system has **exclusive** access
3. through **hardware interfaces** (instruction set architectures, device I/O ports, etc.



# Virtualization in VMs

Operating systems can also run inside **virtual machines (VMs)**.

- We refer to an operating system running inside a virtual machine as a **guest OS**.
- Virtual machines differ from physical machines in important ways.
- They **do not provide** the guest OS with **exclusive** access to the underlying physical machine.
- Equivalently, they **do not provide** the guest OS with **privileged** (or fully-privileged) access to the physical machine.



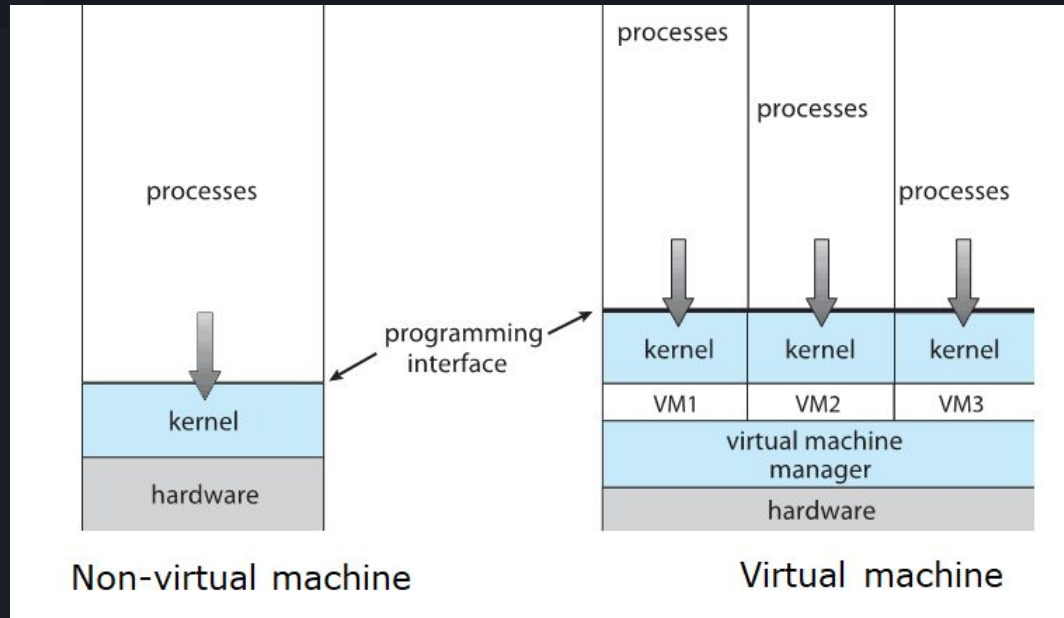
# Virtualization in VMs

Virtualization adds a **new layer** to the software stack: the **hypervisor** (aka *Virtual Machine Monitor* or **VMM**). The VMM mediates shared access to hardware by the different OSes and is:

- a piece of software running on an operating system (the **host OS**)
- that can allow another operating system (the **guest OS**) to be run as an application
- alongside other applications.

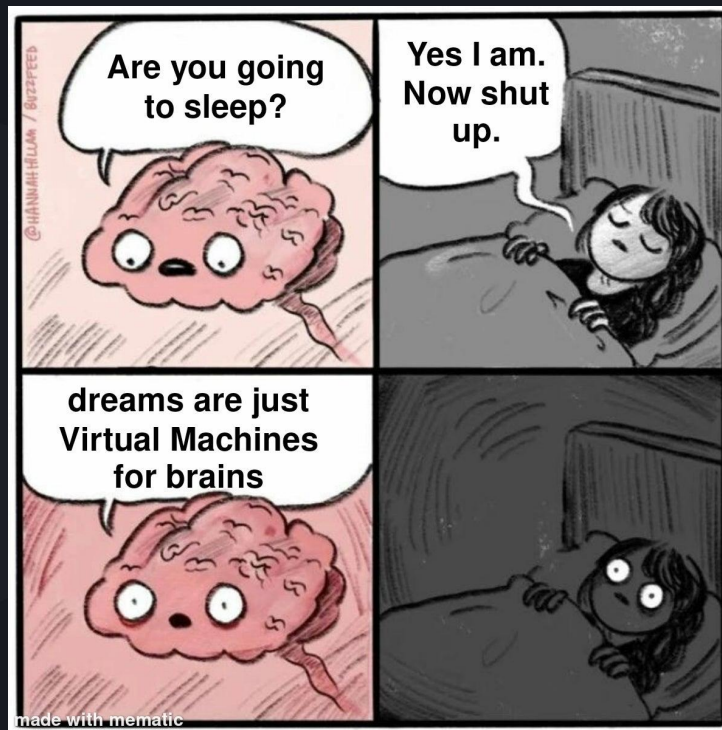


# No-VM vs VM





# Questions?





# Why Virtualize?

- **Flexibility:** virtual machines are easier to instantiate and tear down, can be *migrated* between physical hosts
- **Stability:** by splitting services across different virtual machines, if one crashes it will not affect the others
- **Security:** virtual machines are isolated from one another, so (e.g.) the web server can't access data on the email server



# Some Terminology for VMs

- The running hypervisor is known as the **host**
- The virtual machines running under the hypervisor are **guests**
- If there is a special guest VM that is used for managing the rest, it is usually called **domain 0** or the **control domain**



# Three approaches to Virtualization

- **Full virtualization**. Should be able to run an **unmodified** guest OS. **Example**: VirtualBox, VMWare.
- **Paravirtualization**. Includes **small changes** to the **guest operating system** to improve interaction with the virtual machine monitor. **Example**: Xen, Amazon EC2.
- **Container virtualization**. **Namespace** and other isolation techniques performed *by the operating system* to isolate sets of applications from each other. **Example**: Docker





# Requirements for Virtualization

- On most CPUs, there are **sensitive** instructions –those that **behave differently in kernel vs user mode**
  - Performing I/O, changing MMU mappings, etc.
- There are also **privileged** instructions – those that cause a **trap** into kernel mode
- Popek and Goldberg showed that an architecture is virtualizable only if the sensitive instructions are a *subset* of the privileged instructions

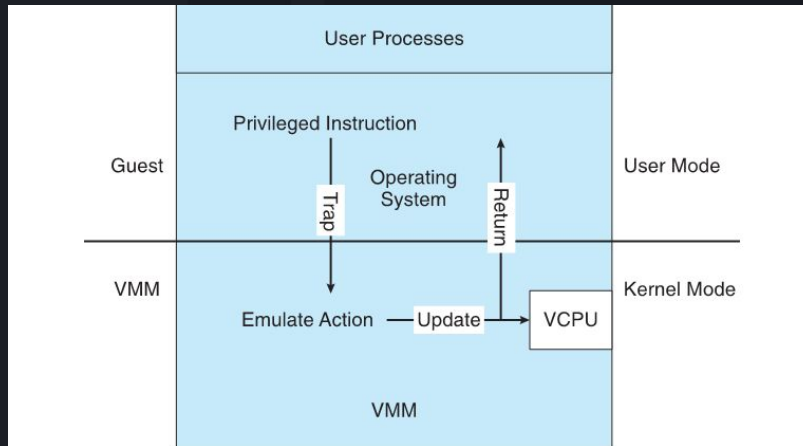


# x86 Hardware Virtualization

- In 2005 Intel fixed these issues by introducing VT-x
  - Around the same time AMD also fixed them... with an incompatible set of virtualization extensions 😞
- VT-x introduced two new processor modes: *root mode* and *non-root mode*
- When the processor is running in non-root mode, **sensitive instructions** cause a **vmexit** – aka, a **trap to the hypervisor**



# Virtualization Implementation



1. Priv.  
Instruction
2. Trap
3. Emulate Action
4. Update VCPU
5. Return



# I/O Virtualization

- Two final issues exist with virtualized I/O: DMA and interrupts
- For DMA, the problem is that the DMA hardware will be programmed with physical addresses, which must be **remapped** by the hypervisor
  - (~2009) Intel added an **IOMMU** that allows device memory accesses to be remapped without hypervisor intervention
- Interrupts from devices must also be **remapped** – the interrupt number seen by the guest virtual machine may not be the same as the interrupt number seen by the host



# Review: Virtualization

How did we create a virtual machine (VM)?

- Start with a **physical machine**
- Create software (hypervisor) responsible for **isolating** the guest OS inside the VM
- VM resources (memory, disk, networking, etc.) are provided by the physical machine but **visibility outside of the VM is limited**



# Review: Virtualization

What were the implications?

- VM and physical machine *share same instruction set*, so must the host and guest
- Guest OS can provide a *different application binary interface (ABI)* inside the VM
- Lots of challenges in getting this to work because guest OS expects to have privileged hardware access



# Questions?





# Containers

- Virtualization in VMs
- Containers
  - Namespacing
  - Cgroups
- Where containers run
- Cloud / k8s / Anubis





# OS Virtualization $\Rightarrow$ Containers

How do we create a virtual operating system (container)?

- Start with a real operating system.
- Create software responsible for isolating guest software inside the container
- (That software seems to lack a canonical name—and today it's actually a bunch of different tools.)
  - runc, rkt, lxc, and docker to name a few
- Container resources (processes, files, network sockets, etc.) are provided by the real operating system but **visibility outside the container is limited**



# Containers

What are they exactly

- Sort of like chroot on steroids
- They are implemented through user level Container Engines / Runtime, **not by the kernel itself**
- You probably already know Docker
  - Docker itself uses containerd/runc for the actual containers
- There is also lxc, rkt (pronounced rocket), and runc for example



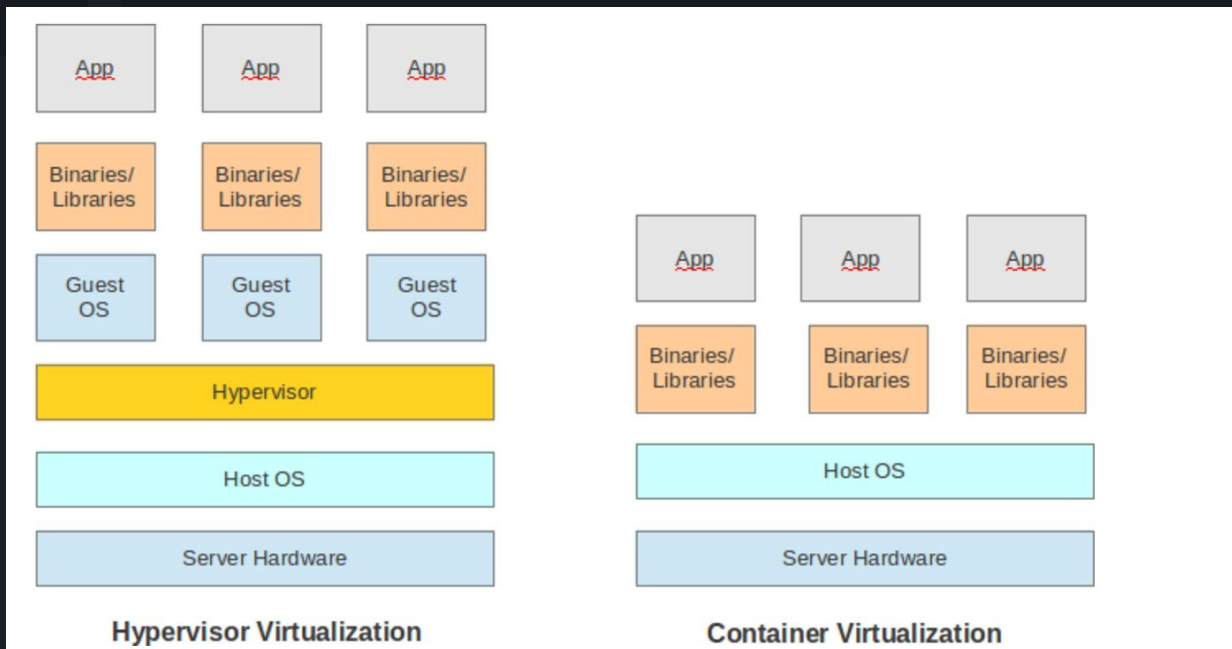
# Containers

What are the implications?

- Container and real OS *share same kernel*
- So applications inside and outside the kernel must *share the same ABI* (Application Binary Interface)
- Challenges in getting this to work are due to *shared OS namespaces*



# VM vs Container





# Containers vs VMs (T/F)

You can run a **Windows** container on **GNU/Linux**.

- **False**. Container shares the kernel with the host.

You can run a **Debian** container from **Glorious Arch Linux**.

- **True**. As long as the container uses the same kernel



# Containers vs VMs (T/F)

Running `ps` inside the container will show all processes running on the machine.

- **False**. Container process namespaces is isolated from the host.



# LINUX USERS

[illegible]

## INSTALLING A WEB BROWSER



# Why use containers at all?

Shares many (but not all) of the benefits of hardware virtualization with **much lower overhead**.

- Can **package** a program / service into something that will run exactly the same on most any machine.
- Can **adjust / limit** hardware container resources to system needs.
- Can **split a system** up into **microservices**, then use a CNI (container networking interface) to let them connect to each other.





# Why use containers at all?

## Isolation

- Container should not leak information inside and outside the container
- Can isolate all of the configuration and software dependencies a particular application needs to run



# Containers

Container system call path:  
Application inside the container **makes a system call**

- **Trap** to the host OS
- It is then up to the **kernel to consider** resource namespacing



# Containers

On GNU/Linux you are always in a container!

- **Linux starts in a container** with **no limits** that can see everything
- So if you think you're getting a performance benefit by not using containers you're wrong!



# Containers

- Virtualization in VMs
- Containers
- Namespacing
  - Cgroups
- Where containers run
- Cloud / k8s / Anubis



# Namespacing

- When you run a container, your container runtime creates a set of namespaces for that container
- Provide a layer of isolation. Limits what you can see/affect/use
- Implemented within the kernel
- Multiple types of resource **namespaces**



# Types of Namespaces

- pid
- net
- mnt
- uts
- ipc
- user



# Namespacing

`ls -l /proc/self/ns` to see what namespaces you are in

```
jc@athena ~/jcs <master>
└─ ls -l /proc/self/ns
total 0
lrwxrwxrwx 1 jc jc 0 Apr 10 18:08 cgroup -> 'cgroup:[4026531835]'
lrwxrwxrwx 1 jc jc 0 Apr 10 18:08 ipc -> 'ipc:[4026531839]'
lrwxrwxrwx 1 jc jc 0 Apr 10 18:08 mnt -> 'mnt:[4026531840]'
lrwxrwxrwx 1 jc jc 0 Apr 10 18:08 net -> 'net:[4026531992]'
lrwxrwxrwx 1 jc jc 0 Apr 10 18:08 pid -> 'pid:[4026531836]'
lrwxrwxrwx 1 jc jc 0 Apr 10 18:08 pid_for_children -> 'pid:[4026531836]'
lrwxrwxrwx 1 jc jc 0 Apr 10 18:08 time -> 'time:[4026531834]'
lrwxrwxrwx 1 jc jc 0 Apr 10 18:08 time_for_children -> 'time:[4026531834]'
lrwxrwxrwx 1 jc jc 0 Apr 10 18:08 user -> 'user:[4026531837]'
lrwxrwxrwx 1 jc jc 0 Apr 10 18:08 uts -> 'uts:[4026531838]'
```

Number is what pid  
namespace the  
current process is in



# PID Namespacing

- . Processes within a PID namespace only see processes in the **same PID namespace**
- . Each PID namespace has its **own numbering** starting at 1
- . If PID 1 exits, the whole namespace is killed





# PID Namespacing

- Those namespaces can be **nested**
- A process ends up having different PIDs **depending on namespace**



# PID Namespacing

What happens when you run `ps` in a container?

**PIDs start at 1**

**Only the `ps` process visible**

```
jc@athena ~  
└─> docker run -it alpine ps aux  
PID    USER     TIME    COMMAND  
1      root     0:00    ps aux  
jc@athena ~  
└─> █
```



# Net Namespacing

Net namespace in practice

- **Typical use-case:** use `virtual ethernet` (veth) pairs (two virtual interfaces `acting as a cross-over cable`)
  - `eth0` in container network namespace  
paired with `vethXXX` in host network namespace  
all the `vethXXX` are bridged together
- But also: the magic of `--net host shared localhost` (and more!)



# Net Namespacing

Let's think about what this lets us do

- Create a virtual interface with its own network
- Use net namespace in multiple containers
- **You then have multiple docker containers that are connected to each other on a virtual network**



**This is where things get really powerful**



# Questions?





# Containers

- Virtualization in VMs
- Containers
  - Namespacing

→ Cgroups

- Where containers run
- Cloud / k8s / Anubis



# Cgroups

- **Control Group**

- Implemented within the kernel
- limits what resources you are allowed to use
- cpu and memory cgroups very common with containers
- It is up to your container engine to handle the cgroup



# CPU Cgroups

- CPU cgroup Keeps track of user/system
- CPU time Keeps track of usage per CPU Allows to set weights
- Because of variations in things like core clock speed, and instruction time execution, there is no 100% precise way to limit CPU





# CPU Cgroups

Try systemd-cgtop to see cgroup usage!

Control Group	Tasks	%CPU	Memory	Input/s	Output/s
/	1689	5.0	6.0G	0B	254.7K
user.slice	1122	4.4	37.8G	0B	127.3K
user.slice/user-1000.slice	1122	4.4	37.8G	-	-
user.slice/user-1000.slice/session-9.scope	821	3.2	5.5G	-	-
user.slice/user-1000.slice/session-8.scope	268	1.1	31.0G	-	-
system.slice	102	0.3	1.0G	-	-
system.slice/tailscaled.service	21	0.2	137.9M	-	-
user.slice/user-1000.slice/user@1000.service	32	0.0	89.6M	-	-
system.slice/systemd-oomd.service	1	0.0	1.6M	-	-
system.slice/containerd.service	21	0.0	88.7M	-	-
dev-hugepages.mount	-	-	56.0K	-	-
dev-mqueue.mount	-	-	80.0K	-	-
init.scope	1	-	7.2M	-	-
sys-fs-fuse-connections.mount	-	-	8.0K	-	-
sys-kernel-config.mount	-	-	24.0K	-	-
sys-kernel-debug.mount	-	-	4.0K	-	-
sys-kernel-tracing.mount	-	-	4.0K	-	-
system.slice/boot-efi.mount	-	-	36.0K	-	-
system.slice/dbus.service	1	-	1.8M	-	-
system.slice/docker.service	39	-	639.7M	-	-
system.slice/home.mount	-	-	84.0K	-	-
system.slice/polkit.service	3	-	4.9M	-	-



# There's so much more!

- Some stuff we're not covering but is very cool
  - Linuxkit
  - Storage drivers
  - Overlay networks
  - Copy-on-Write!
  - Container registries
  - selinux + capabilities
  - Rootless docker
  - Build-kit
  - Breaking security



## Docker on Linux



## Docker on Mac



## Docker on Windows





# Questions?





# Containers

- Virtualization in VMs
- Containers
  - Namespacing
  - Cgroups

→ Where containers run

- Cloud / k8s / Anubis



# Where containers run

- LXC (or linux containers) were initially released in 2008
- Since then there have been many more engines / container runtimes that have come about
- **containerd**, **rkt**, **podman**, etc...



# Where containers run

- They all revolve around Linux
- There has since been windows containers added (*but they are awful*)



# Where containers run

You may be asking how docker works on MacOS and Windows since it's kernel is not GNU/Linux

- **It doesn't**

- Docker for MacOS runs a **linux virtual machine** that then runs docker
- The networking and volumes do not always work as expected





# Where containers run

Some of you may have only used docker on MacOS or Windows and hate it

- The things you hate are all from docker-desktop not from docker itself!
- **Docker runs like a dream on GNU/Linux**
- On GNU/Linux it has barely any overhead



# Containers

- Virtualization in VMs
- Containers
  - Namespacing
  - Cgroups
- Where containers run
  - Cloud / k8s / Anubis

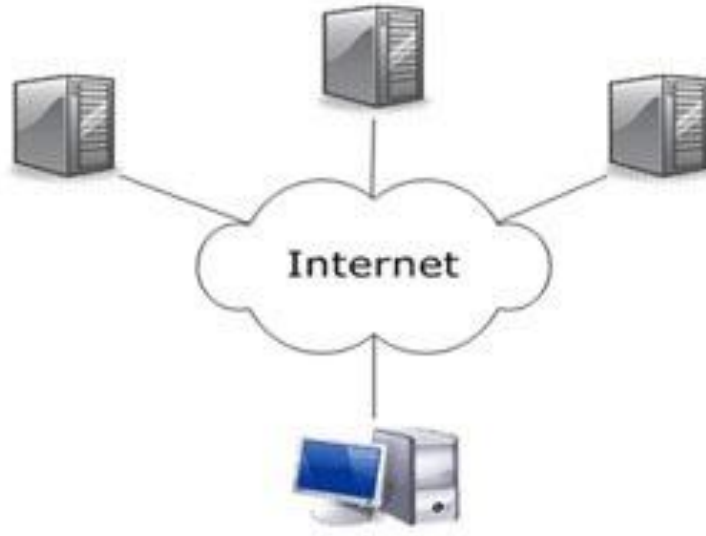


# The Cloud

- With the resurgence of virtualization, it has become popular to talk about the **cloud**
- This **somewhat nebulous concept** traces back to old network diagrams
- Usually used a **buzzword**



# The Cloud





# The Cloud

- In modern usage, the cloud refers to a **large number of physical servers** that rent out virtual machines for various services
- Clients get access to a **full virtual machine**
- Billing usually works according to how and what resources you use



# The Cloud

- Importantly, creating and destroying virtual servers can be accomplished **without human interaction**
- This ability to **flexibly acquire computing resources** can allow services to **scale** in response to changes on demand



# Questions?





# Kubernetes

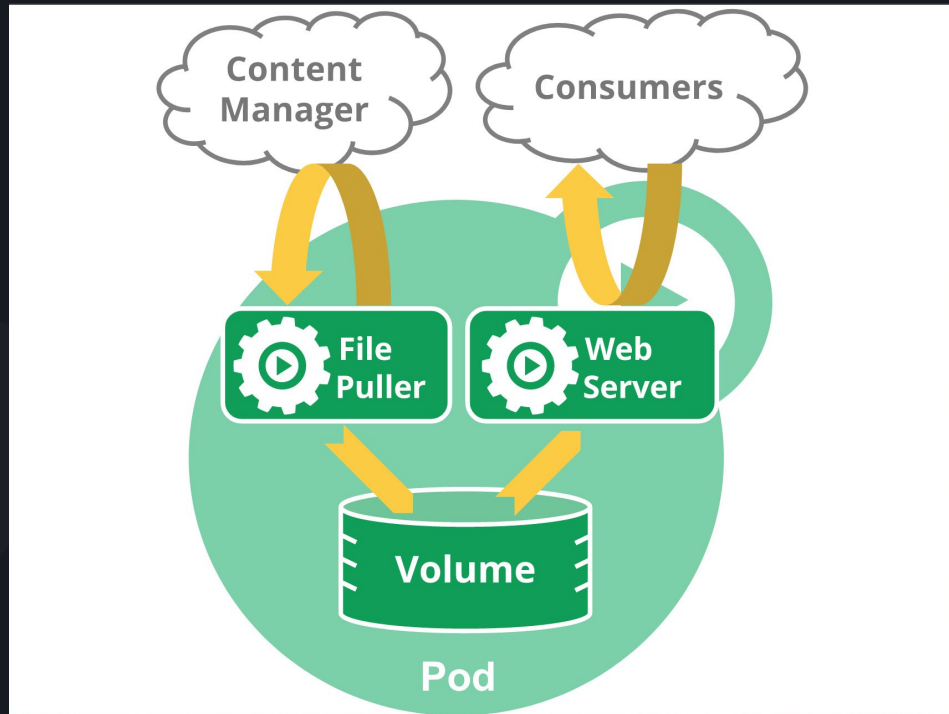
- Anubis runs on a **container orchestration tool** called **Kubernetes** or k8s (the 8 is for the number of letters in between k and s)
- Kube allows for things like CNI (**container networking interfaces**) and CSI (**container storage interface**) to be extended to many, many machines connected on a network
- This lets us design and easily implement large systems that rely on **many many individual containers** communicating at once



# Kubernetes Pod



- A single unit of work in kubernetes
- Pods contain **containers**, **volumes**, **config-maps**, **secrets**, ...
- Designed to be easy to **share resources** between containers in a pod



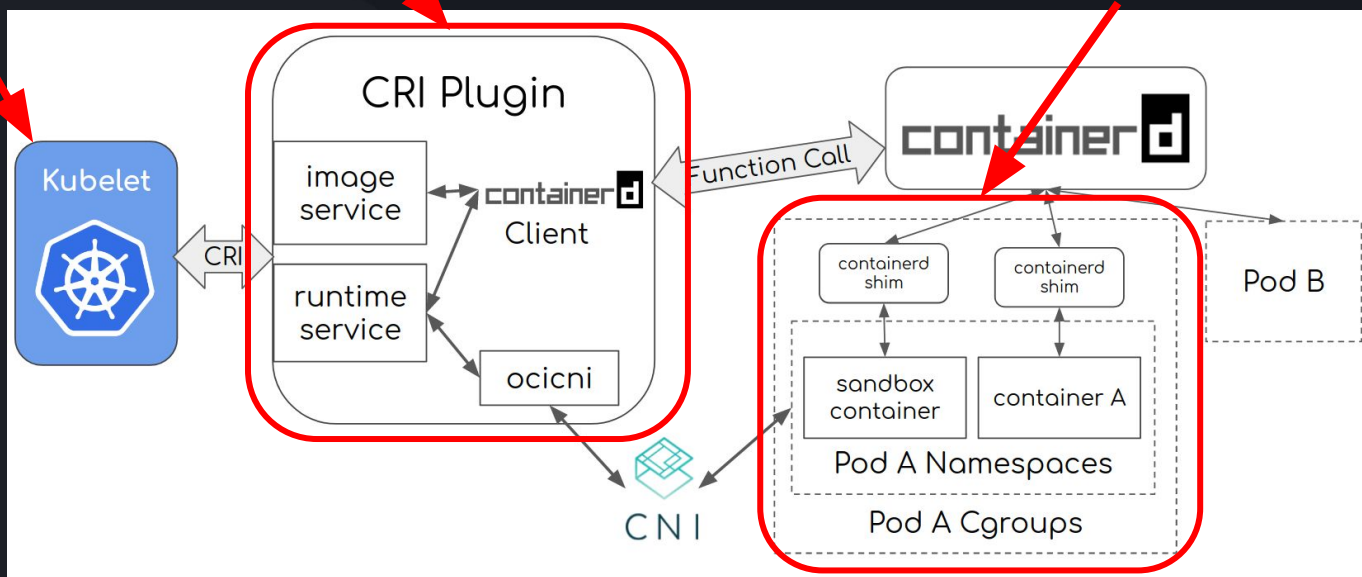
# Kubernetes Pod Containerd



Primary K8S  
Node Agent

Container  
Resource  
Interface  
Plugin

Containerd  
Creates Pod  
Containers



# Kubernetes in Production





# Questions?

My Arch install watching me read LFS





# Anubis



- Anubis is a large system split up into **microservices**
  - Example: the web static (html and js) is separate from the python api
- There can be **many containers** within those microservices

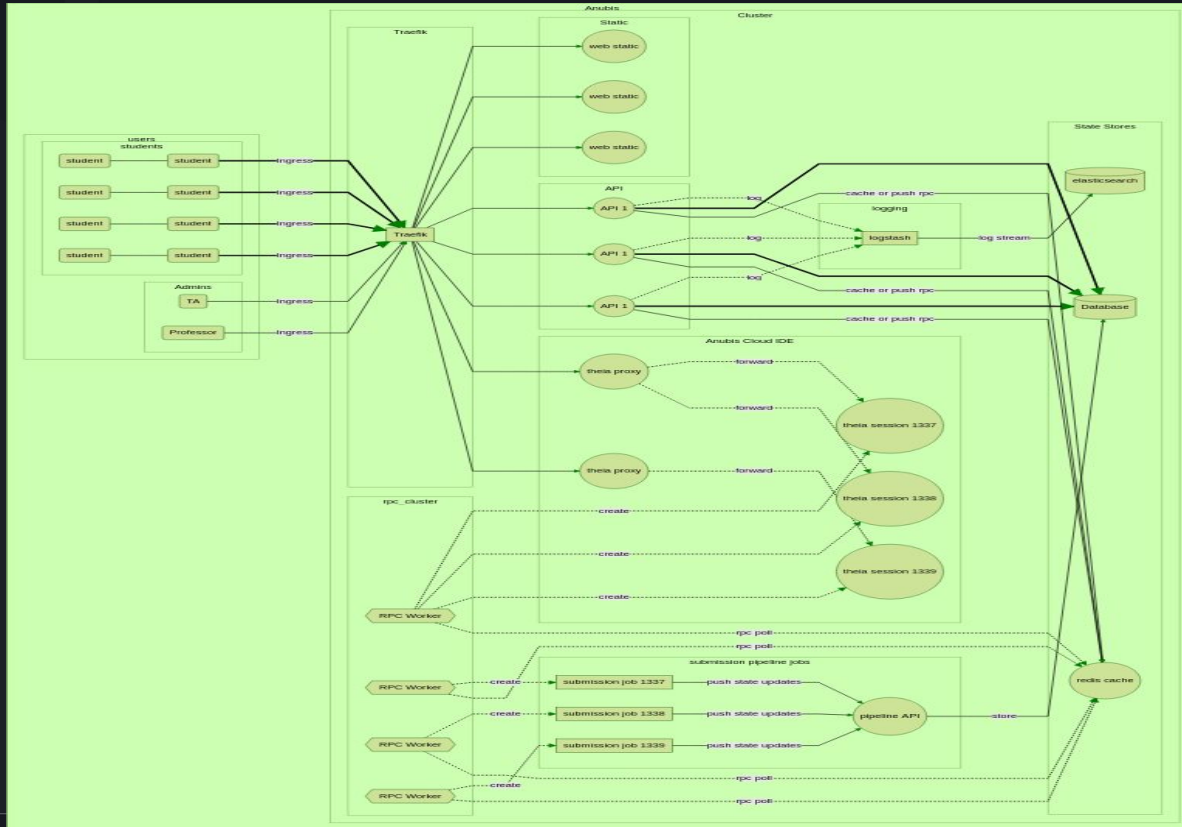


# Anubis



- There may be up to **1000+ containers running at any one time**
- (2022-05-01) there were ~535 IDEs that were opened over the day

# Anubis



Check Anubis out! <https://anubis-tms.io/>



# Questions?



Programmers

Anything stupid happening

I bet it Microsoft did this.

made with mematic





# Anubis IDEs

- Anubis Cloud IDEs are made up of **individual containers**
- Each student gets their own IDE pod (and therefore **separate environment/filesystem**)
- The IDEs have **CPU and Memory limits** handled by cgroups

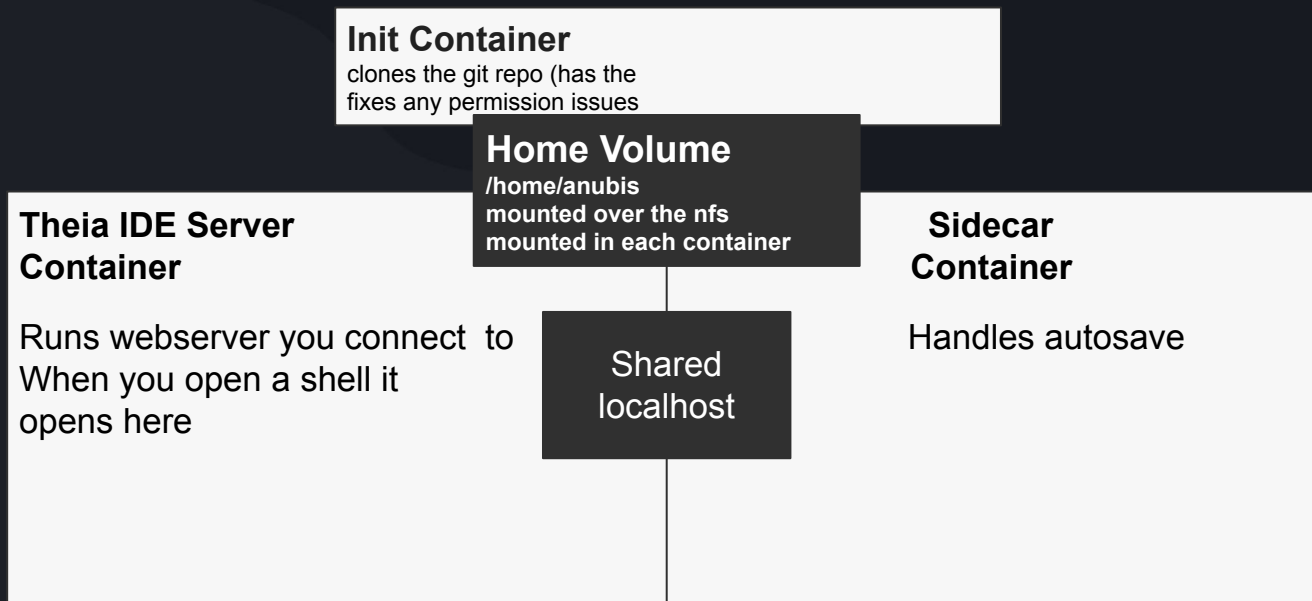


# Anubis IDEs

- Each Anubis Cloud IDE is itself made up of **3+ containers**
  - An “init container” that clones your repo
  - IDE server
  - Autosave “sidecar”
- The containers work together to make the Cloud IDEs possible



# Anubis IDEs





# Anubis IDEs

- The **containers work together** to make the Cloud IDEs possible
- It is all about **breaking up responsibilities**



- Recently I have added a **dockerd** sidecar container
- This means **docker in IDEs!**

```
Anubis
```

- Welcome to Anubis!
- Try using `l` instead of `ls` for prettier file listing.
- Try the autosave command to manually trigger an autosave: `% anubis autosave`

```
anubis@anubis-ide : ~  
● [0] % docker ps  
CONTAINER ID   IMAGE      COMMAND                  CREATED        STATUS        PORTS          NAMES
```



# Questions?

When people ask me why I  
don't go outside





# Containers

DEMO **Up to you!**

1. Look at bomblab stuff
2. Take a look at container security in Anubis



## Future Readings

- Container Security by Liz Rice
  - [github/lizrice](https://github.com/lizrice)
- Basically everything by Jess Frazelle
  - [github/jessfraz](https://github.com/jessfraz)
- Presentations by Jérôme Petazzoni
  - [github/jpetazzo](https://github.com/jpetazzo)





## Code to Read (All in Go)

- `runC` - OCI container spawning tool
  - [github/opencontainers/runc](https://github.com/opencontainers/runc)
- `containerd` - container runtime
  - [github/containerd/containerd](https://github.com/containerd/containerd)
- `kubernetes`
  - [github/kubernetes/kubernetes](https://github.com/kubernetes/kubernetes)