



POWERLIFTING INDIA

Affiliated to: International Powerlifting Federation
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No:194/22752/2023




This is to certify that **ANUGRAHA MARY A.S** representing **Kerala** has secured **Seventh** place in the **52kg - Sub Junior** in the **National Sub Junior & Junior Women's Classic Powerlifting Championship 2023** held at **Ranchi, Jharkhand** from **06-06-2023** to **11-06-2023**

Squat[PL] : 90.0 Kg [8]
Bench Press[PL] : 47.5 Kg [7]
Deadlift[PL] : 110.0 Kg [10]
Total : 247.5 Kg

Date of Birth : 13-June-2006

Body Weight : 50.64 Kg


SATHISH KUMAR
President
Powerlifting India


P J JOSEPH (Arjuna)
Secretary General
Powerlifting India