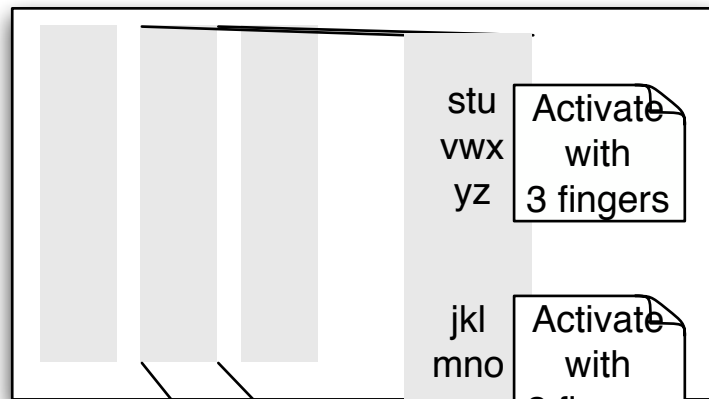


1. Position the left hand in the appropriate region



2. Choose a subgroup of letters by placing one, two, or three fingers in the region

stu
vw
yz

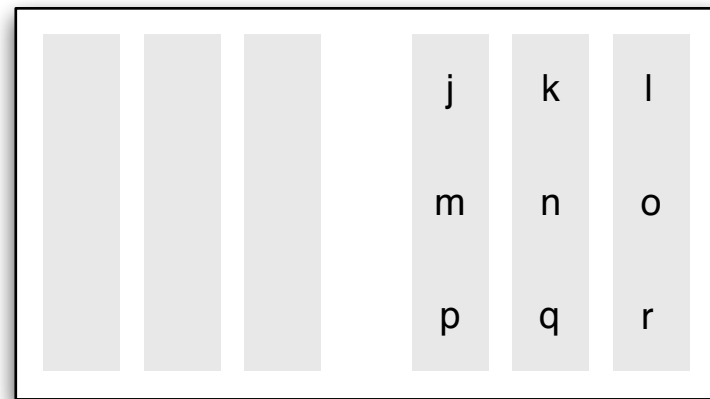
Activate
with
3 fingers

jkl
mno
pqr

Activate
with
2 fingers

abc
def
ghi

Activate
with
1 finger



3. Use the right hand to choose a letter in the same manner. For example, to chose "m", place two fingers in the left-most region, or to chose l, place three fingers in the rightmost region.