About Pasang Lhamu Sport Climbing Center

(Managed By Himalayan Climbing & Mountaineering School)

Location: Dumbarahi 4, Shankha Park, Kathmandu,

Open climbing hours: 7AM-7PM daily

Contact: 4015515, 9851076159, 9849443685 website: www.hcmsnepal.com

FACILITIES

- 45 foot tall and 40 foot width first indoor climbing wall in Nepal
- Different level of climbing routes for beginner to advance climbers and for all age group
- 8 inch high density safety mattress
- Belayers
- Climbing equipment
- Classroom
- Slack-Line
- Zip-Line
- Canteen, Changing room, Toilet
- Private parking
- Easy to get there by public transportation
- Screening climbing and mountaineering movie
- Free Wi-Fi

ABOUT SAFETY

- Safety is our first priority
- Our expert provide safety orientation & climbing demo for first time client
- Our expert monitoring climbing safey
- Our climbing gears internationally certified
- Daily climbing gear inspection
- Weekly climbing wall inspection
- Weekly climbing wall cleaning
- Belay test compulsion for first timer

TRAINING AND EVENTS

- Introductory Tope Rope Climbing and Belay Training
- Lead Climbing and Belay Training
- Active Rappelling Training
- Weekend Lesson for Kids, Teen, Adult
- Private Training for Kids, Teen, Adult
- Corporate Team Building Training
- Birthday Parties

COMPETITIOIN

- Tope Rope Climbing (inter-media /corporate house/inter college/inter school)
- Lead Climbing (open lead climbing male and female category)
- Speed Climbing (inter-media/corporate house/inter college/inter school)

Challenge yourself on our 45 foot climbing wall

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CLIMBING FEE STRUCTURE

For Local Clients	
Day Climb	Membership
Male: Rs. 350 Female: Rs. 250 This is standard climbing fees including equipment for Kids, Teen and Adult participants.	
For International Client	
Day Climb	Membership
Rs. 450 for both Male/Female	1 month: Rs. 4000 3 months: Rs. 7500 6 months: Rs. 9500 1 Year: Rs. 12500
This is standard climbing fees including equipment for Kids, Teen and Adult participants.	We charge Rs. 100 per day per client for equipment depreciation.

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