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def fol_to_cnf(fol):
    statement = fol.replace("<=>", "-")
    while '-' in statement:
        i = statement.index('-')
        new_statement = '[' + statement[:i] + '=' + statement[i+1:]
            + ']' & '[' + statement[i+1:] + '=' + statement[:i] + ']'
        statement = new_statement
    statement = statement.replace("=", "-")
    exps = '\[([^\]]+)\]'
    statements = re.findall(exps, statement)
    for i, s in enumerate(statements):
        if '[' in s and ']' not in s:
            statements[i] += ']'
    for s in statements:
        statement = statement.replace(s, fol_to_cnf(s))
    while '-' in statement:
        i = statement.index('-')
        br = statement.index('[') if '[' in statement else 0
        new_statement = '-' + statement[br:i] + ']' + statement[i+1:]
        statement = statement[:br] + new_statement if br > 0 else new_statement
    while '~v' in statement:
        i = statement.index('~v')
        statement = list(statement)
        statement[i], statement[i+1], statement[i+2] = ']', statement[i+2], '-'
        statement = ''.join(statement)
    while '~f' in statement:
        i = statement.index('~f')
        s = list(statement)
        s[i], s[i+1], s[i+2] = 'v', s[i+2], '-'
        statement = ''.join(s)

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statement = statement.replace('[V]', '[¬V]')
statement = statement.replace('[F]', '[¬F]')
expr = '([¬V|F])'
statements = re.findall(expr, statement)
for s in statements:
    statement = statement.replace(s, fol_to_cnf(s))
expr = '¬\[[^]]+\]'
statements = re.findall(expr, statement)
for s in statements:
    statement = statement.replace(s, DeMorgan(s))
return statement
```