

# SCHIZOPHREN Our minds are chaotic, not crazu



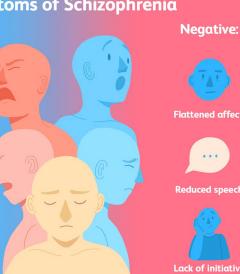
## skɪtsə(ʊ) ˈfriːnɪə

Schizophrenia is a treatable serious mental illness that affects a person's thoughts, feelings, mood and their overall functioning. Causes hallucinations, delusions, and unusual behaviours. Affects memory, atention, concentration.

#### Symptoms of Schizophrenia

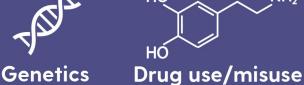






#### What causes schizoprenia?













Childhood trauma

### **Treatment**

These therapies prove effective when paired with pharmacology:

Cognitive behavioural therapy Mindfulness therapy Narrative therapy Meta-cognitive training Individual therapy



#### **MYTHS**

Bad parenting is the cause. Exorcism can cure schizophrenia. It means you have multiple personalities. Schizophrenics are very dangerous people.

#### **FACTS**

Schizophrenia is treatable. Risk of suicide is high in schizophrenia. Schizophrenia is associated with considerable disability and may affect educational and occupational performance.





#### Helpline

Psychiatric Emergency Helpline (24x7 Service) **97414-76476** Schizophrenia Research Foundation 044-2615-1073

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