# ANUSHA LOHANI

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Kathmandu, Bagmati - 44600, Nepal

# **OBJECTIVE**

Seeking a challenging position in research and analysis where I can leverage my expertise in geospatial technologies, environmental assessment, and data-driven problem-solving. I aim to contribute to innovative projects focused on sustainable resource management, climate resilience, and land-use planning while further developing my analytical and technical skills.

### **ACADEMIC EXPERIENCES**

• Tri-Chandra Multiple Campus

Jan 2023 - May 2023

Research Trainee

Kathmandu, Nepal

 $\circ$  Assisting in Plant Research and Data Collection

Learning and Applying Laboratory Techniques

Contributing to Literature Reviews and Report Writing

Agriculture Technology Centre (ATC)

June 2023 – Aug 2023 Kathmandu, Nepal

Lab Trainee

• Analyzed soil nutrients including nitrogen, carbon, and organic matter.

• Assessed soil properties such as pH, moisture, and temperature.

• Tri-Chandra Multiple Campus

Sep 2023 – Mar 2024

Teaching Assistant

Kathmandu, Nepal

• Assisted professors in preparing lecture slides and materials for presentations.

• Led classes and provided academic support during lectures.

#### **EDUCATION**

• Tri-Chandra Multiple Campus

2019 - 2022

Kathmandu, Nepal

Bachelor Degree
• Grade: 67.70%

• Canvas International College

2016-2018

Pre-University Education

Kathmandu, Nepal

• GPA: 3.25

# **PROJECTS**

Environmental Assessment
 Environmental Assessment Intern

Himalaya Research Forum Nepal (P) Ltd, Maitidevi-30, Kathmandu, Nepal

Oct 2024 – Jan 2025

• Conducted Environmental Assessment (EA) and analyzed vegetation survey data.

- Assisted in environmental parameter analysis and report preparation.
- Coordinated field visits and facilitated stakeholder communication.
- Contributed ideas and engaged in environmental discussions.

#### · Community Forest Restoration

Forest Action Nepal, Satdobato, Lalitpur, Nepal

Sep - Nov 2023

- Conducted biodiversity assessments and soil analysis for community forest restoration.
- · Assisted in developing afforestation plans and restoration strategies.
- Worked with local communities to implement sustainable forest management practices.

# **PUBLICATIONS**

Field Research Assistant

C=Conference, J=Journal, P=Patent, S=In Submission, T=Thesis

- [S.1] Lohani, A., Khadka, S., and Sharma, P. K. (2024). Ecological Insights into a Sub-Tropical Mixed Community Forest: Tree Diversity, Regeneration, and Carbon Sequestration in Nuwakot, Central Nepal. (Manuscript under peer review in *Journal of Tropical Forest Science*.)
- [S.2] Khadka, S., Lohani, A., and Sharma, P. K. (2024). Community Forestry in Eastern Nepal: Biodiversity and Carbon Perspectives. (Under Peer review in *Banko Jankari*).

#### SKILLS

- Soft Skills: Communication and teamwork, Critical thinking and problem-solving, Time management and adaptability,
   Scientific writing and presentation
- Technical Tools: QGIS, ArcGIS (Field Maps, Spatial Analysis), Google Earth Engine (GEE), Excel, Word
- Programming & Analysis: R programming, Python (statistical analysis)
- Geospatial Tools: DEM Analysis, Slope and Aspect Calculations
- · Research Techniques: Ecological surveys, Biodiversity monitoring, Data collection, Data interpretation
- Writing Tools: LaTeX for scientific writing

GRANTS AND SCHOLARSHIPS	
Merit-Based Undergraduate Scholarship	2019
Tri-Chandra Multiple Campus  • Undergraduate Research Grant	2023
Resource Himalayan Foundation, Nepal  • Top Rank in Major Botany	2022
Ashok Kumar Smriti Samaj	2022
Best Presenter Award     Thesis Presentation and Defense, Department of Botany	2023
TRAININGS AND CERTIFICATES	
Geographic Information System (GIS) and Remote Sensing	February 2022
Scientific Article Writing, Publication, and Data Analysis Basics	August 2023
	11ugusi 2025
Soil Laboratory Analysis (International Soil Day)	December 2022
Assessing Satellite Data for Analysis Using ArcGIS Pro	March 2023
• Spreadsheets for Data Analysis and Visualization	April 2024
• R for Data Science	March 2024
EDUCATIONAL WEBINARS	
Improvement of Research Skills	August 2023
Climatic Resilience and Environmental Sustainability	January 2024
• Environmental Awareness and Application	July 2024
• Environmental Impact Assessment (EIA)	July 2024
Soil and Nutrient Management	June 2024
• Foundation of Educational Research	February 2024
VOLUNTEER EXPERIENCE	
Environmental Education  The Land Company  The Compa	March 2020
Teach For Nepal (TFN)  • Conducted sessions for local school students in rural areas of Kavre.	
$\circ \ Educated \ students \ about \ plant \ diversity, ecosystem \ restoration, and \ sustainable \ environmental \ practices.$	
Climate Change Awareness Campaign  MALL Novel	August 2022
<ul><li>WWF Nepal</li><li>Collaborated with WWF Nepal to organize awareness drives on climate resilience.</li></ul>	
<ul> <li>Focused on community-based adaptation strategies, especially in rural areas.</li> </ul>	
Sustainable Urban Gardening Initiatives	April 2023
Love Green Nepal    Volunteered to implement urban gardening projects in Kathmandu.	
<ul> <li>Planted native species to improve air quality and enhance urban biodiversity.</li> </ul>	
Professional Affiliations	
The Leo Club of Kathmandu Miracle     Nepal Red Cross Society (NRCS)	2021-2022 2019-2021

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Nepal Red Cross Society (NRCS)	2019-2021
Amnesty International	2022-2023
Green Love Nepal	2023-Present

# **CONFERENCE PRESENTATION**

- First National Graduate Conference 2023 National Agriculture and Forestry Conference 25-27 November 2023, Rampur, Chitwan
- Role: Oral Presenter
- **Project Title:** "Ecological Insights into a Sub-Tropical Mixed Community Forest: Tree Diversity, Regeneration, and Carbon Sequestration in Nuwakot, Central Nepal"

# **ADDITIONAL INFORMATION**

Languages: English (Fluent), Nepali (Native)

Interests: Reading, Adventurous Activities, Sports, Playing Guitar, Photography, Blogging

# REFERENCES

# 1. Krishna Prasad Sharma

Assistant Professor of Botany Tri-Chandra Multiple Campus Email: botanist.krishna@gmail.com

Phone: +9779849005956

Relationship: Project Supervisor, Co-author, Research Mentor

## 2. Dr. Bindu Pokhrel

Associate Professor of Botany Head of Botany Department Tri-Chandra Multiple Campus Email: bindupokharel.bp@gmail.com

Phone: +9779841490094 Relationship: Academic Advisor

## 3. Dr. Akhanda Raj Upreti

**Environmental Consultant** 

Himalayan Research Forum Nepal (P) Ltd

Email: akhandaraj@gmail.com Phone: +9779841684413

Relationship: Internship supervisor, Mentor