**Project Title: Anuvruddhi**

Life quest balance

* **Project Description:**

This app is a habit-building prototype that helps users turn daily tasks into a point-based personal economy. Activities like waking up early, exercising, or journaling give users points.

* **Features:**

- Point-based rewards for positive habits

- Chain reaction bonuses for habit combos

- Adaptive goal tracking

- Custom daily schedule

- Simple, clean UI built using Lovable.dev

- real world tree plantation program

* **GitHub Code Repository:**

<https://github.com/Anushka25052007/anuvruddhi>

* **App Prototype link ( On lovable.dev):**

<https://lovable.dev/projects/2261b706-cbde-4a67-98bf-48bd75acff99>

Thank You for Consideration.

Summary: Anuvruddhi – Flourish with Nature. Rise with Purpose.

Anuvruddhi was never created just for a hackathon. It was born from a dream – a dream to help people reconnect with themselves, their habits, and the world around them.

In a time where screens dominate our days and stress shadows our joy, Anuvruddhi gently reminds us to slow down, reflect, and grow – not just digitally, but emotionally, spiritually, and environmental. It encourages users to meditate, care for their health, learn new things, and even plant real trees – turning everyday choices into tiny seeds of progress.

Each action earns points, but what truly grows is the user’s self-awareness, consistency, and love for nature. As they level up, they unlocked not just digital badges and certificates, but pride, motivation, and purpose. And through every step, the app celebrates their journey – with soulful avatars, motivational reflections, and personal milestones.

This isn’t just an app, It’s a movement – one that invites even the youngest students, forgotten workers, and future leaders to contribute. It envisions a world where growth is shared, where every tree planted matters, and where kindness is rewarded. It blends modern tech with timeless values: responsibility, balance, discipline, and care.

Built by a first-year engineering student with nothing but belief it can change the world if we started it, Anuvruddhi is more than a submission – It’s a story, a feeling, and a future.