

8.2: Causal Inference

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References:

- AIMA (Artificial Intelligence: a Modern Approach)
- Pearl et al., The Book of Why, 2017



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THE NEW SCIENCE
OF CAUSE AND EFFECT

- ***Causal Networks***

- Causal DAGs and Structural Causal Models
- Variables
- Type of Variables in Causal AI
- Paths
- Back-door Adjustment
- Front-door Adjustment
- Do-calculus
- Intervention and Counterfactuals
- Randomized Controlled Treatment

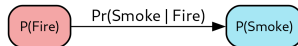
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(Non-Causal) Bayesian Networks

- **Bayesian networks** represent a joint distribution function
 - The direction of the arrow represent *conditional dependence* (not causality)
 - $A \rightarrow B$ requires to estimate $\Pr(A|B)$
- **Many possible Bayesian networks** with same nodes, different edges to explain the same phenomenon

- **Example**

- A Bayesian network with *Fire* and *Smoke*, which are dependent
- $Fire \rightarrow Smoke$
 - Need $\Pr(Fire)$ and $\Pr(Smoke|Fire)$ to compute $\Pr(Fire, Smoke)$
- $Smoke \rightarrow Fire$
 - Need $\Pr(Smoke)$ and $\Pr(Fire|Smoke)$



- **Different Bayesian networks:**
 - Are equivalent and convey the same information
 - Have different difficulties to be estimated
- There is an **asymmetry in nature**
 - Extinguishing fire stops smoke
 - Clearing smoke doesn't affect fire

Causal (Bayesian) Networks

- **Causal networks are Bayesian networks with only causal edges**
 - Use judgment based on nature instead of just statistics
 - E.g., you need to go from
 - “Are random variables *Smoke* and *Fire* correlated?” to
 - “What causes what, *Smoke* or *Fire*?”
- **"Dependency in nature"** is like assignment in programming
 - E.g., nature assigns *Smoke* based on *Fire*:
 - ✓ $Smoke := f(Fire)$
 - ✗ $Fire := f(Smoke)$
- **Structural equations** describe “assignment mechanism” in causal graphs

$$X_i := f(X_j) \iff X_j \rightarrow X_i$$

Causal DAG

- **Causal DAG**

- *Directed*: Arrows show cause \rightarrow effect
- *Acyclic*: No feedback loops
 - Causal relationships assume temporal order: cause before effect
 - A cycle implies a variable is both cause and effect of itself

- **Benefits**

- DAGs makes explicit *causal* links
- Support explainable AI models
- Stability in conditional probability estimation
- Reason about interventions and counterfactuals

- **Limitations**

- Requires domain knowledge for structure
- Assumes all relevant variables included (no hidden confounders)

Causal Edges are Stable

- **Causal edges reflect stable relationship**
 - *Mechanistic stability*
 - Causal relationships show system function, not just behavior in one dataset
 - E.g., “*Temperature* \rightarrow *ice melting rate*” holds true in Alaska and Arizona
 - *Invariance under interventions*
 - If X causes Y , intervening on X affects Y consistently, despite confounders or context changes
 - *Easier estimation through causal modeling*
 - Identifying causal direction focuses estimation on effect size (e.g., regression of Y on X under intervention)
- **Example:** study *Exercise* \rightarrow *Health*:
 - Correlation may differ in young or elderly populations
 - Causal effect remains stable, as physiological mechanism doesn't change

Causal DAG: Example

- **Explanatory variables**

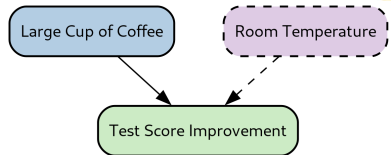
- You can manipulate or observe when changes are applied
- E.g., *“does a large cup of coffee before an exam help with a test?”*

- **Outcome variables**

- Result of the action
- E.g., *“by how much did the score test improve?”*

- **Unobserved variables**

- Not seen or more difficult to account
- E.g., *“temperature of the room makes students sleepy and less alert”*



Structural Causal Model

- A **Structural Causal Model** (SCM) translates a causal DAG into mathematical equations to define how variables interact

- **Structure of SCMs**

- *Variables* X_1, X_2, \dots, X_n represent quantities in the system
- *Equations* model each variable as a function of its direct causes
- Formally, X_i is modeled as:

$$X_i = f_i(\text{Parents}(X_i), \varepsilon_i)$$

where:

- $\text{Parents}(X_i)$ are direct causes of X_i
- ε_i is an exogenous (external, unobserved) noise term

- **Properties**

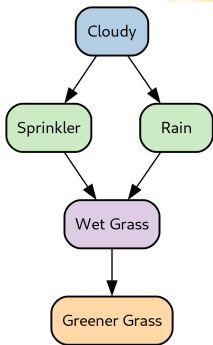
- Same properties of causal networks
 - Explain causal relationships between variables
 - Provide a foundation for causal reasoning and simulation
 - ...
- Quantify effect

- Used in econometrics and genetics for a long time (even before theory of causality)

Structural Causal Model: Sprinkler Example

- **Structural equations** for this causal DAG:

$$\begin{cases} C := f_C(\varepsilon_C) \\ R := f_R(C, \varepsilon_R) \\ S := f_S(C, \varepsilon_S) \\ W := f_W(R, S, \varepsilon_W) \\ G := f_G(W, \varepsilon_G) \end{cases}$$



- **Unmodeled variables** ε_x represent error terms
 - E.g., ε_W is another source of wetness (e.g., *MorningDew*) besides *Sprinkler* and *Rain*
 - Assume unmodeled variables are exogenous, independent, with a certain distribution (prior)
- Express **joint distribution** of all variables as a product of conditional distributions using causal DAG topology:

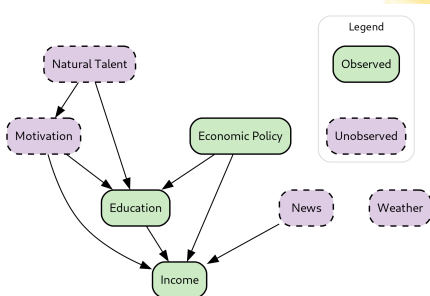
$$\Pr(C, R, S, W, G) = \Pr(W|R, S) \Pr(G|W) \Pr(S|C) \Pr(R|C) \Pr(C)$$

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Observed Vs. Unobserved Variables

- **Observed variables**

- Aka “measurable” or “visible”
- Variables directly measured or collected in a dataset
- E.g.,
 - Education
 - Income



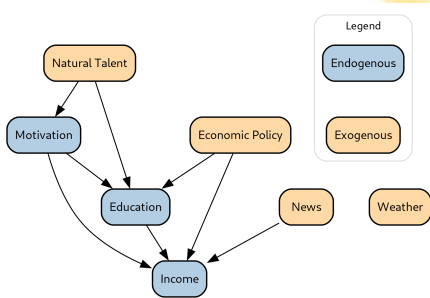
- **Unobserved variables**

- Aka “latent” or “hidden”
- Exist but not measured or included in data
- E.g.,
 - Natural talent
 - Motivation
- Ignoring unobserved variables leads to incorrect conclusions
 - E.g., $IceCreamSales \leftarrow Temperature \rightarrow DrowningRates$

Endogenous Vs. Exogenous Variables

- **Endogenous variables**

- Values determined *within* the model
 - Dependent on other variables in the system
- Represent system's internal behavior and outcomes
- E.g.,
 - Motivation
 - Income

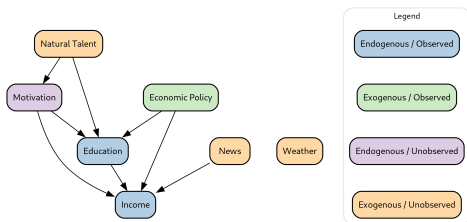


- **Exogenous variables**

- Originate *outside* the system being modeled
 - Not caused by other variables in the model
- Represent background conditions or external shocks
- E.g.,
 - Natural talent
 - Economic policy
 - Weather
 - News

Endo / Exogenous, Observed / Unobserved Vars

- **Typically**
 - *Exogenous / unobserved variables*: capture randomness or unknown external factors
 - *Exogenous / observed variables*: potential intervention factors
 - *Endogenous / observed variables*: focus for prediction and intervention



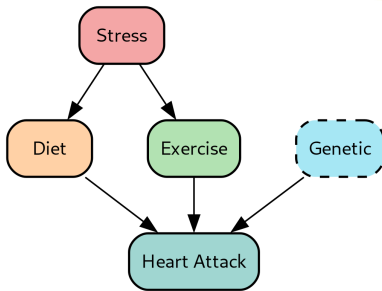
Variable Type	Observability	Example
Endogenous	Observed	Income
Exogenous	Observed	Education
Endogenous	Unobserved	Motivation
Exogenous	Unobserved	Natural Talent

Building a Causal DAG

- **Causal models** visually represent complex environments and relationships
 - Nodes are like “nouns”:
 - E.g., “price”, “sales”, “revenue”, “birth weight”, “gestation period”
 - Variables can be endogenous/exogenous and observed/unobserved
 - Relationships between variables are “verbs”:
 - Parents, children (direct relationships)
 - Descendants, ancestors (along the path)
 - Neighbors
- **Modeling as a Communication Tool:**
 - Shared language bridges gaps between technical and non-technical team members
- **Iterative Refinement:**
 - Continuously update models with new variables and insights

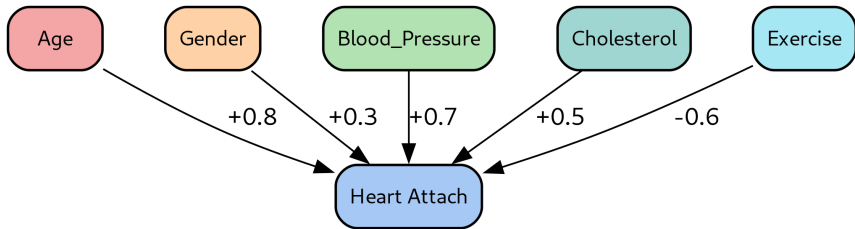
Heart Attack: Example

- Research question: *What's the relationship between stress and heart attacks?*
- **Build a causal DAG**
 - *Stress* is the treatment
 - *Heart attack* is the outcome
 - Stress is *not* a direct cause of heart attack
 - E.g., a stressed person tend to have poor eating habits and tends not to exercise
 - *Genetics* is unobserved



Weights

- Assign weights to paths to represent causal strength
- Sign indicates direction



- **How to estimate sign and weight**
 - Estimate using correlation
 - Use priors and then estimate using Bayesian approach

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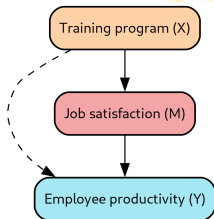
Mediator Variable

- A **mediator variable** M
 - Is an intermediate variable that *transmits* the causal effect from X (treatment) to Y (outcome)
 - Lies **on the causal path** between X and Y
 - Captures the **mechanism or process** through which X influences Y



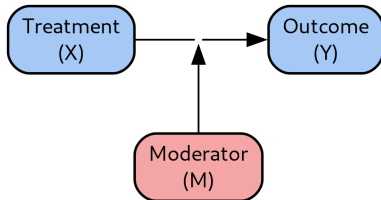
Mediator Variable: Example

- **Research question:** “Does a training program increase employee productivity?”
- Causal effect may be indirect, through a **mediator**
 - Training might not immediately boost productivity
 - Could enhance job satisfaction, raising productivity
- **Causal interpretation**
 - X : Training Program (cause)
 - M : Job Satisfaction (mediator)
 - Y : Employee Productivity (effect)
 - Path: $X \rightarrow M \rightarrow Y$
- **Direct vs. Indirect effects**
 - *Indirect effect:* X affects Y through M
 - *Direct effect:* X affects Y not through M
 - Controlling for M separates effects, clarifying training impact



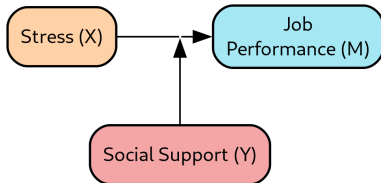
Moderator Variable

- A **moderator variable** M
 - Changes the *strength* or *direction* of the relationship between an independent variable (X) and a dependent variable (Y)
 - Is not part of the causal chain but conditions the relationship



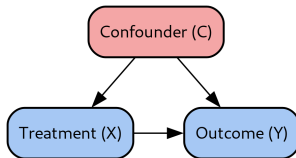
Moderator Variable: Example

- **Research question:** “Study relationship between stress and job performance”
- **Social support** *M* as a moderator
 - High social support weakens stress's negative effect on performance
 - Low social support strengthens stress's negative effect on performance



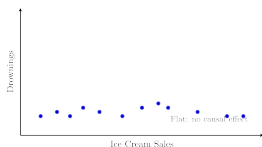
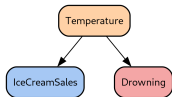
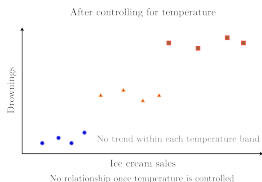
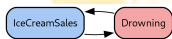
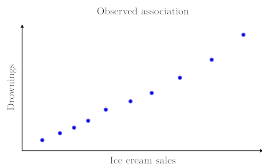
Confounder Variable

- A **confounder** C
 - Affects both treatment (cause) and outcome
 - Creates misleading association if not controlled



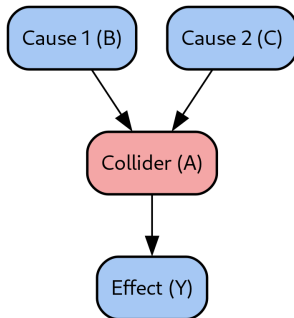
Confounder Variable: Example

- *IceCreamSales* and *Drowning* move together
 - Correlation-based model claims association, but how to use this relationship?
 - Ban ice cream to prevent drowning?
 - Ice cream maker increase drowning to boost sales?
- No cause-effect between *IceCreamSales* and *Drowning*
 - *Temperature* is a confounder
 - Control for season in regression or intervention, association disappears



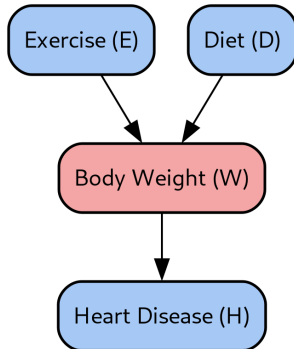
Collider

- A **collider** A
 - Is a variable influenced by multiple variables B , C
 - Complicates understanding relationships between variables B , C and those it influences, Y



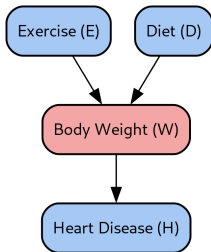
Collider: Examples

- Study the relationship between *Exercise* and *HeartDisease*
 - *Diet* and *Exercise* influence *BodyWeight*
 - *BodyWeight* influences *HeartDisease*
 - *BodyWeight* is a collider



Collider Bias

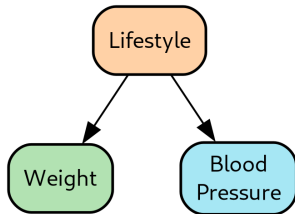
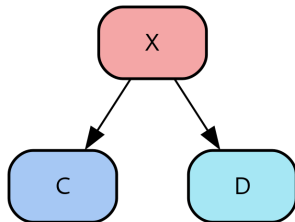
- Aka “Berkson’s paradox”
- **Conditioning on a collider** can introduce a spurious association between its parents by “*opening a path that is blocked*”
- Consider the variables:
 - *Diet* (D)
 - *Exercise* (E)
 - *BodyWeight* (W)
 - *HeartDisease* (H)
- **Without conditioning on W**
 - E and D are independent
 - E.g., knowing exercise level E doesn’t inform about diet D, and vice versa
 - Collider W blocks association between E and D
- **After conditioning on W**
 - E.g., individuals with specific body weight
 - Introduce dependency between E and D
 - With W fixed, changes in E balanced by changes in D, inducing spurious correlation between E and D



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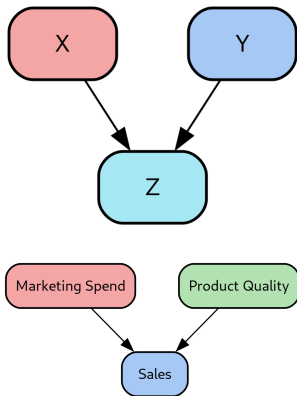
Fork Structure

- A **fork** $D \leftarrow X \rightarrow C$ occurs when a single variable causally influences two or more variables
 - X is a **confounder** (common cause) of C and D
 - Forks induce statistical dependence between C and D even if C and D are not causally linked
- **Conditioning** on X blocks the path and removes spurious correlation
- **Example**
 - *Lifestyle* is a confounder that affects both *Weight* and *BloodPressure*
 - These outcomes may appear correlated due to shared cause



Inverted Fork

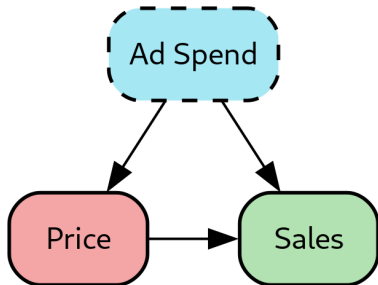
- An **inverted fork** occurs when two or more arrows converge on a common node
 - **Colliders** block associations unless the collider or its descendants are conditioned on
- **Conditioning on a collider** *opens a path*, inducing spurious correlations
 - This is the basis of selection bias
- **Example**
 - Sales influenced by multiple independent causes
 - *MarketingSpend* and *ProductQuality* both influence *Sales*
 - Conditioning on *Sales* can induce false dependence between *MarketingSpend* and *ProductQuality*



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Back-Door Paths

- A company wants to understand the causal effect of price on sales
- Advertising spend *AdSpend* is a confounder since it can affect both:
 - The price the company can set (e.g., the cost increases to cover advertisement costs and the product is perceived as more valuable)
 - The sales (directly)
- The back-door path goes from *Price* to *Sales* via *AdSpend*
- The company needs to control for *AdSpend* to estimate the causal effect of *Price* on *Sales* by:
 - Using *AdSpend* as covariate in the regression
 - Designing experiment holding *AdSpend* constant or randomized
 - Using back-door criterion



Back-Door Criterion: Overview

- A method to control for confounding in observational studies
- Relies on a causal graph (DAG) representing relationships
 - Ensures identification of causal effect from X to Y
 - Blocks all non-causal (back-door) paths from X to Y
 - Allows estimation of $\Pr(Y \mid do(X))$ from observational data

$$\Pr(Y \mid do(X)) = \sum_z \Pr(Y \mid X, Z = z) \Pr(Z = z)$$

- Essential when randomization is not possible
- Key to understanding when correlation can imply causation
- Foundation of many empirical studies in epidemiology, economics, and social science

What is a Back-Door Path?

- Any path from X to Y that starts with an arrow into X
- Represents potential confounding, not causal influence
 - If unblocked, back-door paths create spurious associations
- Goal: block these paths without disturbing the causal effect
 - Blocking done by conditioning on variables (adjusting for them)
 - Not all paths need to be blocked—only the back-door ones
 - Conditioning improperly can introduce bias (e.g., colliders)

Back-Door Criterion: Formal Definition

- A set of variables Z satisfies the back-door criterion relative to (X, Y) if:
 - No variable in Z is a descendant of X
 - Z blocks every path from X to Y that starts with an arrow into X
- If Z satisfies this, then:

$$\Pr(Y \mid do(X)) = \sum_z \Pr(Y \mid X, Z = z) \Pr(Z = z)$$

- This is called the *adjustment formula*
- It allows us to use observational data to compute causal effect

Chains, Forks, and Colliders

- In a **chain** $X \rightarrow M \rightarrow Y$
 - Conditioning on M blocks causal effect (avoid)
- In a **fork** $X \leftarrow Z \rightarrow Y$
 - Conditioning on Z removes confounding (good)
- In a **collider** $X \rightarrow M \leftarrow Y$
 - Conditioning on M introduces bias (avoid)
- Back-door sets block forks, not colliders
 - Colliders must remain unconditioned unless for specific causal queries
- Essential to read and interpret graph structure correctly

Common Mistakes

- Conditioning on a descendant of X can bias the estimate
- Controlling for too many variables can open colliders (introduce bias)
- Forgetting to block all back-door paths
- Using variables that lie on the causal path (blocks the effect)
- Ignoring unobserved confounders: can make causal effect unidentifiable

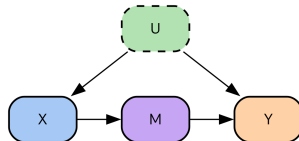
When Back-Door Adjustment Fails

- No set of observable variables satisfies the back-door criterion
- Unobserved confounders make $\Pr(Y \mid do(X))$ non-identifiable
- Alternatives:
 - **Front-door criterion**: uses mediators
 - **Instrumental variables**: uses external variation
 - **Do-calculus**: symbolic transformations to eliminate $do()$
- Graph structure determines whether causal effect can be estimated
- Back-door is simple but not universally applicable

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Front-Door Adjustment in Causal Inference

- **Front-door criterion** identifies causal effects with unobserved confounders
 - Applies when a **mediator variable** transmits all causal influence from treatment to outcome
- Basic Setup
 - X : treatment or cause
 - M : mediator
 - Y : outcome
 - U : unobserved confounder
- Hypotheses:
 1. All directed paths from X to Y go through M
 2. No unobserved confounder affects X and M
 3. All backdoor paths from M to Y are blocked by X
- Thesis: estimate the causal effect $P(Y|do(X))$ despite unobserved U

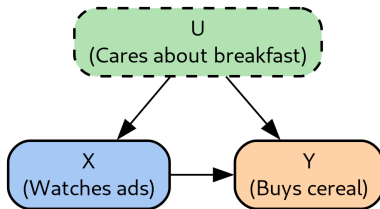


$$P(Y \mid do(X)) = \sum_m P(M \mid X) \sum_{x'} P(Y \mid M, X') P(X')$$

- Intuition: estimate observed link $X \rightarrow M$ and $M \rightarrow Y$

Cereal and Ads: Example

- **Research question:** “Does watching ads (X) make people buy more cereal (Y)?”
- **Hidden factor:** “Parents who care about breakfast (U)” might
 - Let kids watch more TV (see ads)
 - Buy more cereal anyway
- Hidden factor U confounds ads and buying
 - Correlation exists even if ads don't cause it
 - Observing X and Y without controlling for U leads to spurious association



Cereal and Ads: Solutions

- **Strategy 1: Back-Door adjustment**

- If you *know* and can *measure* U “how much parents care about breakfast”, include U as a control variable in analysis
- Intuition:
 - Compare families with *the same* breakfast attitudes (U fixed)
 - See if ads (X) still change cereal buying (Y)

- **Strategy 2: Use randomization**

- Randomized experiments break link between X and U
 - Randomly show ads to some families, not others
 - Randomization ignores parental breakfast attitude; differences in buying come from ads
- This is why controlled experiments are gold standard for causal inference

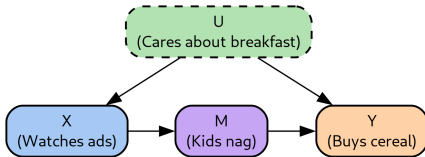
- **Strategy 3: Front-door Adjustment**

Cereal and Ads: Finding a Mediator

- Imagine ads work by “*making kids ask for cereal*” (aka “nagging”) M
 - This is a true advertisement strategy!
 - At the convenience store the candies are at the bottom of the desk
- There is a **mediator** variable

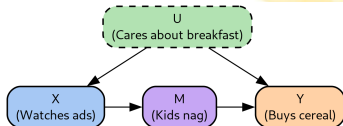


- So the **causal chain** is:
 - Ads (X) \rightarrow Kids Nagging (M) \rightarrow Parents Buy Cereal (Y)
- The hidden factor “*parents’ breakfast attitude*” U :
 - Affects how much cereal gets bought
 - But doesn’t affect how much kids nag (only ads do that)



When Front-Door Works

- You can use “kids’ nagging” M to “see inside” the causal path if:
 - Influence of ads on buying goes through nagging ($X \rightarrow M \rightarrow Y$)
 - No hidden confounders affect both ads and nagging (TV schedule is random, not linked to parents’ breakfast attitudes)
 - All confounding between nagging and buying is blocked by controlling for ads



- Instead of doing an intervention $do(X)$, just observe!
 1. Measure how often ads make kids nag ($\Pr(M|X)$)
 2. Measure how nagging changes buying ($\Pr(Y|M, X')$)
 3. Combine both to estimate what happens if you *force* more ads

$$\Pr(Y|do(X)) = \sum_m \Pr(M|X) \sum_{x'} \Pr(Y|M, X') \Pr(X')$$

- Intuition: “How ads cause nagging” \times “How nagging causes buying”

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Do-Calculus

- Do-calculus is a formal system for reasoning about causal effects in graphical models (Judea Pearl, 2000)
- Provides algebraic rules to transform intervention expressions (do-operator, e.g., $\text{do}(X = x)$) into expressions computable from observational data, given certain conditions
- Identify causal effects like:

$$\Pr(Y|\text{do}(X = x))$$

Distribution of Y if you intervene and set X to x, breaking causal links into X

- Observational data provides:

$$\Pr(Y|X = x)$$

Generally **not equal** to $\Pr(Y|\text{do}(X = x))$ due to confounding

The Rules of Do-Calculus

- Do-calculus provides **three transformation rules** for manipulating expressions involving $do()$:

- Insertion/Deletion of Observations:** If $Y \perp Z \mid X, W$ in $G_{\overline{X}}$ (where incoming edges to X are removed), then:

$$P(Y \mid do(X), Z, W) = P(Y \mid do(X), W)$$

- Action/Observation Exchange:** If $Y \perp Z \mid X, W$ in $G_{\overline{X}, \underline{Z}}$ (incoming edges to X removed, outgoing from Z removed), then:

$$P(Y \mid do(X), do(Z), W) = P(Y \mid do(X), Z, W)$$

- Insertion/Deletion of Actions:** If $Y \perp Z \mid X, W$ in $G_{\overline{X}, \overline{Z(W)}}$ (incoming edges to X and to Z excluding those from W removed), then:

$$P(Y \mid do(X), do(Z), W) = P(Y \mid do(X), W)$$

- These rules allow the systematic reduction of expressions involving $do()$ into observational terms if the causal graph permits

Back-door and Front-door Adjustments and do-calculus

- The **back-door** and **front-door** criteria are **specific applications** of do-calculus
- They are simpler, graphical conditions that allow $P(Y \mid do(X))$ to be expressed using observational probabilities
- Back-door adjustment If a set of variables Z blocks all **back-door paths** from X to Y (paths that go into X), then:

$$P(Y \mid do(X)) = \sum_z P(Y \mid X, Z)P(Z)$$

- Front-door adjustment If there exists a variable Z such that:
 1. Z is affected by X ,
 2. Z affects Y ,
 3. All back-door paths from X to Z are blocked, and
 4. All back-door paths from Z to Y are blocked by X , then:

$$P(Y \mid do(X)) = \sum_z P(Z \mid X) \sum_{x'} P(Y \mid Z, X')P(X')$$

- Causal Networks
 - Causal DAGs and Structural Causal Models
 - Variables
 - Type of Variables in Causal AI
 - Paths
 - Back-door Adjustment
 - Front-door Adjustment
 - Do-calculus
 - *Intervention and Counterfactuals*
 - Randomized Controlled Treatment

The do-operator and interventions in causal inference

- **Causal Bayesian Networks**

- Represent cause–effect relations between variables (e.g., Rain \rightarrow WetGrass)

- **Interventions**

- *Intervention* means setting a variable to a fixed value, overriding its causal mechanism
- E.g., *Turning the sprinkler on manually* regardless of cloudiness
- Replace equation $S = f_S(C, U_S)$ with $S = \text{true}$
- Causal link from Cloudy to Sprinkler is *cut*, forming a new “mutilated” model

- **The do-operator**

- Denoted as $\text{do}(X = x)$
- Represents performing an action that *sets* X to x , not *observing* $X = x$
- After $\text{do}(X_j = x_j^k)$, new joint distribution:

$$P_{x_j^k}(x_1, \dots, x_n) = \begin{cases} \prod_{i \neq j} \Pr(x_i | \text{parents}(X_i)) & \text{if } x_j = x_j^k, \\ 0 & \text{otherwise.} \end{cases}$$

Removes $\Pr(x_j | \text{parents}(X_j))$ from the product

• **Difference between observation and intervention**



Intervention

- **Effect estimation**

- Causal effect of X_j on X_i :

$$\Pr(X_i = x_i | \text{do}(X_j = x_j^k)) = \sum_{\text{parents}(X_j)} \Pr(x_i | x_j^k, \text{parents}(X_j)) \Pr(\text{parents}(X_j))$$

- Known as the *adjustment formula*

- **Example (Sprinkler model)**

- $\text{do}(S = \text{true}) \rightarrow$ New distribution:

$$\Pr(c, r, w, g | \text{do}(S = \text{true})) = \Pr(c) \Pr(r|c) \Pr(w|r, S = \text{true}) \Pr(g|w)$$

- Only descendants of Sprinkler (WetGrass, GreenerGrass) change
- Cloudy and Rain remain unaffected

- **Intuition**

- Do-operator isolates *causal effects* by simulating external manipulation
- Essential for answering “what if” questions: *What happens if you intervene and change X?*

Counterfactuals

- A **counterfactual** describes what would have happened under a different scenario
 - *"What would the outcome have been if X had been different?"*
 - *"If kangaroos had no tails, they would topple over"*
 - *"What if we had two suppliers instead of one? Would we have more sales?"*
 - *"Would customers be more satisfied if we shipped products in one week instead of three?"*
- **Causal reasoning:**
 - Goes beyond correlation and association
 - Requires a causal model to simulate alternate realities
 - E.g.,
 - Actual: A student received tutoring and scored 85%
 - Counterfactual: What if the student didn't receive tutoring?
 - Causal model estimates the alternative outcome (e.g., 70%)
- **Challenges:**
 - Requires strong assumptions and accurate models
 - Difficult to validate directly since counterfactuals are unobservable

Causal Discovery

- **Definition**

- Causal discovery learns the structure of a causal network from data
- Identify which variables directly cause others (learn the direction of causal arrows, not just correlations)

- **Approaches to causal discovery**

- **Search-based methods**

- Start with an empty or initial model and iteratively modify it (adding, reversing, or deleting links)
- Evaluate each candidate network based on its fit to data (likelihood or score-based approach)
- Use search strategies like hill climbing or simulated annealing while ensuring the network remains acyclic

- **Constraint-based methods**

- Infer causal directions from conditional independence tests among variables
- If X and Y are independent given Z , this constrains which arrows are possible
- E.g., the PC algorithm uses statistical independence tests to infer structure

- **Dealing with complexity**

- The number of possible network structures grows superexponentially with the number of variables
- Complexity penalties help avoid overfitting by discouraging unnecessary

- **Causality connection**

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What is a Randomized Controlled Treatment?

- A method to estimate causal effects by comparing treatment and control groups
- Treatment is assigned randomly, not chosen by the subjects
- Ensures the two groups are statistically equivalent in all respects except for the treatment
- Goal is to isolate the effect of the treatment itself
- Fundamental question: $\Pr(Y \mid do(X))$ vs $\Pr(Y \mid X)$
- Randomization simulates the do-operator by removing all incoming arrows to X
- Eliminates confounding paths from background variables
- Allows causal inference without knowing all confounders

Why is Randomization Important?

- Removes influence of hidden biases and confounders
- Ensures independence between treatment and background variables
- Guarantees that observed differences in outcomes are due to the treatment
- Makes $\Pr(Y | X) = \Pr(Y | do(X))$
- Randomization turns observational data into experimental data
- Enables fair comparisons between groups
- Example: Assigning a new drug vs placebo to patients by lottery
- Prevents self-selection bias (e.g., healthier people choosing treatment)

Limits of RCT

- May be unethical (e.g., assigning harmful treatment)
- Can be expensive or impractical
- Non-compliance: some participants may not follow assigned treatment
- Attrition: dropout rates may differ between groups
- May not generalize to broader populations
- Requires careful implementation and monitoring

RCT vs Observational Studies

- Observational: treatment not randomized, subject to confounding
- RCT: removes confounding by design
- Observational data gives $\Pr(Y | X)$
- Causal effect requires $\Pr(Y | do(X))$
- In observational studies, need methods like back-door adjustment, instrumental variables, or front-door criterion
- RCTs bypass need for model assumptions if implemented correctly
- RCT is a design strategy, not a statistical formula
- Key distinction: intervention (doing) vs passive observation (seeing)

Summary: Why RCT is Powerful

- Implements intervention in a principled, unbiased way
- Severs all back-door paths to isolate treatment effect
- Translates the abstract $do(X)$ into concrete randomized assignments
- Gold standard of causal inference (when feasible)
- Empowers data to answer causal, not just correlational, questions
- Supported by formal tools like causal diagrams and do-calculus
- Bridges the gap between statistics and cause-effect reasoning
- Foundation for scientific experimentation and evidence-based policy