

INTERACTIVE 3-SCREEN SCHOOL ASSEMBLY

#BE AMAZING!



TEACHER'S DISCUSSION GUIDE

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PROGRAM OVERVIEW:

BE AMAZING is a high-energy interactive three-screen multi-media assembly that will encourage your students to strive each day to attain their personal best, to leave a legacy they can be proud of, and to help others do the same. They'll discover that those they consider to be amazing didn't just happen to be that way. Amazing people live courageously, deliver more than expected, and inspire others.

GROUP DISCUSSION

OBJECTIVES:

Everyone wants to BE AMAZING! We talk about it, desire it, even make an effort to be it - but in the end too many fall short. Your students will discover that those who do amazing things are passionate about what they do and are driven to perform at their personal best. They practice self-discipline by working hard and managing their time. They don't get caught up in negative activities like smoking, drugs or alcohol because they're aware of the negative consequences associated with them. Amazing people won't bully others, and they don't let negative criticism or uncontrollable circumstances hold them back from pressing on to achieve their goals. BE AMAZING will challenge your students to strive to be amazing in all that they do in order to achieve their personal best.

1. **SECTION OF SHOW TO DISCUSS: INTERVIEW WITH STUDENTS & SONG -YOUR LIPS ARE MOVING**
The words of the song, YOUR LIPS ARE MOVING, states, *"If your lips are moving, then you lie, lie, lie"* The students interviewed talk about Internet posts that are fictitious. One student comments, *"There's people that post things to make a façade, to make it seem like they're doing something that they're really not."*

Too many post things in the social media world that are simply not true. Talk about the various reasons why people will lie about who they are or what they are doing? Another student commented, *"When you're on the Internet you can be whoever you want to be."* Discuss why it is important to be discerning when viewing information in the social media world. What are some ways to validate information received on the Internet?

2. **SECTION OF SHOW TO DISCUSS: INTERVIEW WITH ZION ECHOLS** Zion is a very talented athlete who works hard to develop his skills. He is also driven to do well in school by putting in the time and effort necessary to succeed in his classes. He doesn't need to brag about what or how well he can do. His grades in school and actions on the football field do the talking for him.

Many people talk about what they want to do or what they think they can do, but it's all talk and no action. Discuss how we feel when we discover that someone is all talk and no action. Truly amazing people let their actions do the talking. Think of those around you who you consider to be amazing. How do their actions declare their character, their abilities, or their friendship? Talk about why we like hanging out with those types of people?

3. SECTION OF SHOW TO DISCUSS: INTERVIEW WITH THE KING AND QUEENS – Part 1

Amazing people see problems as opportunities, to show what they can do. The King and Queens are a robotics team that competes against other schools in a competition called the F.I.R.S.T. Tech Challenge. During the competition, the robots encounter various problems, but the team learns from their mistakes. They use those problems as opportunities to improve their skills.

Too many give up on achieving their goals when they hit a big obstacle. What makes the robotics team amazing is that they see those obstacles as learning experiences. Talk about the various obstacles we face during a regular school week. One student commented, *"If you don't give it your best, you really shouldn't expect to do very well."* How can we apply that statement to our next school exam?

4. SECTION OF SHOW TO DISCUSS: INTERVIEW WITH MONTANA WISCOVICH Montana is the California Archery State Champion for 2014. She started in archery when she was young but was hesitant to tell her peers. Her success has led to her confidence in the sport and at school. She likes the mental aspects of archery. The sport has taught her to forget past mistakes, take her time, focus on her goals, and go after them.

Archery has taught Montana an important life lesson. She stated, *"You have to pull back on the bow. You're moving backwards at first before you focus in on your target. You have to sit there and aim for a while and know what you're going after before you can release."* Talk about how we can apply these concepts to our lives: (A) Moving backwards before going forward, (B) Taking your time to get focused on your goals, and (C) Putting out the effort to achieve success.

5. SECTION OF SHOW TO DISCUSS: INTERVIEW WITH SABRINA Sabrina's parents divorced when she was quite young. Her father struggled with a drug and alcohol addiction, her parents fought regularly with each other, and her home life was anything but normal. To cope with this she immersed herself in soccer. She was doing quite well until she had two concussions which forced her to quit. She then started running cross country and has done very well. She has earned a scholarship to run for the University of Arkansas.

Sabrina couldn't control her family life or her surroundings but she could control how she reacted to it. She has worked hard to succeed at whatever she puts her mind to doing. That's what amazing people do. Amazing people don't let uncontrollable circumstances stop them from being amazing. Talk about what we can learn from her when trying to cope with circumstances beyond our control. Discuss the satisfaction we get in life when we make the best of what we have been given and work to develop the skills and talents we enjoy.

6. SECTION OF SHOW TO DISCUSS: INTERVIEW WITH STUDENTS ABOUT CYBERBULLYING

These students talk about the hurtful ways people cyberbully. One student commented, *"They take pictures of people by surprise and they think it's funny. And they don't realize that it hurts those other people a lot."* Students commented about the hurtful statements posted and how even though they're just words, they have a hard time letting it go.

The bully comments and photos posted in the cyberworld are intended to make another person look or feel bad. Discuss the various social media sites used by your students. How does cyberbullying take place in these various media streams? Talk about what we can do to stop or limit this type of negativity. What can we do to help those who are being picked on?

- 7. SECTION OF SHOW TO DISCUSS: INTERVIEW WITH RAYMOND ANDREW LOPEZ** Raymond is a high school freshman with dwarfism. He experienced bullying when he was younger but has learned to deal with the constant stares and comments. He recognizes that he does have limitations because of his size, but he is determined to become the best he can be in whatever he chooses to do. He is the freshman class president, plays on the school's golf team, and works hard to do well in school.

There is nothing Raymond can do about his disability, but he can strive to be better. Talk about the various limitations those at your school have to deal with regularly. Why do some feel it's okay to pick on those with physical or mental limitations? What can we do to help those who are struggling to fit in and do well in school because of their disability? What have you learned from Raymond's example.

- 8. SECTION OF SHOW TO DISCUSS: KING AND QUEENS – Part 2** The Kings and Queens robotics team has a goal of making it all the way to the world championships each year. To do this, the seniors have a welcoming attitude toward incoming freshman. They realize that getting the freshmen involved will further the team's ability to achieve future success. For those incoming freshmen, it can be intimidating joining a team with such lofty goals, but the upperclassman make them feel like they're an important part of the team, and work hard to pass on their knowledge to help them succeed.

Amazing people work to help others feel included and build others up with their words and actions. Talk about the difficulties freshman may feel or encounter when they join a club or team at school. How can those already established in the club or team help those joining feel welcomed and feel like they are a valuable contributing member of the group?

- 9. SECTION OF SHOW TO DISCUSS: INTERVIEW WITH LUKE WILLETT** Luke, an 8th grader, didn't set out to be amazing. He just wanted to help others. He started a Teens for Jeans campaign at his school to help cloth homeless children. He has ignited his school to get behind this program. They have acquired over 500 jeans this year and he is hoping to continue the program at his high school next year.

CONCLUDING THOUGHTS:

Amazing people let their actions do the talking for them. They are focused on their goals and deliver more than expected. Those who are amazing don't make excuses. They understand their limitations and work to become the best they can be. Amazing people help those who are being bullied and look for ways to help others achieve and become the best they can be. So come on, get out there and BE AMAZING. You are the director, the conductor, the contractor of your life. Create, evolve, and endeavor to attain your personal best.

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Outline

Program Description:

BE AMAZING is an interactive motivational program highlighting the importance of striving to achieve our personal best. Too many people desire to be seen as amazing without putting out the effort needed to be truly amazing. Those who are amazing let their actions do the talking. They are focused on their goals, deliver more than expected and help others achieve and succeed.

- A. Too many people are all talk and no action. Amazing people let their actions do the talking; they practice self-discipline and are passionate about what they are doing.**
- B. Amazing individuals avoid negative activities like smoking, drugs, or alcohol because they're aware of the negative consequences associated with them.**
- C. Those who are amazing don't let circumstances stop them from achieving their goals. They are aware of their limitations but are determined to become the best they can be.**
- D. You won't hear an amazing individual make excuses for their failures. They learn from their mistakes and then put those mistakes in the rear view mirror. They look forward to what they can and will do in the future.**
- E. Amazing people don't let criticism from others get them down, and they go out their way to help those who are being bullied.**
- F. Finally, those who are amazing help others feel welcome, included, and encourage others to achieve their goals.**

Amazing people recognize that they are the director, the conductor, the contractor of their lives. They create, evolve, and endeavor to attain their personal best.

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Worksheet

- 1) Why do some people talk about goals they have but then never put out the effort needed to achieve them?
- 2) Why do we like hanging out with people whose actions show them to be reliable?
- 3) Why is it important to see obstacles as learning experiences?
- 4) How will smoking, drugs, or alcohol hinder people from achieving goals?
- 5) Everyone has limitations or circumstances beyond their control that will challenge or curb their ability to achieve various goals. How does your attitude toward these limitations of circumstances hold you back or help you excel?
- 6) Amazing people help those who are being bullied and those in need of assistance. What can you do today at your school to help those around you?